

# 2 10Q1



DISTRICT NEWSLETTER 2023-2024

## Savva's Ant Trail



WORKING FORWARD TOGETHER

DISTRICT 201Q1. 2023-2024  
DISTRICT GOVERNOR SAVVA ARGYROU

GOONDIWINDI Q1 CONVENTION 2023

ART OF SERVICE

SEPTEMBER 2023 EDITION



# 201Q1 Newsletter

September 2023

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ARE YOU *following* US?



[www.facebook.com/District201Q1Lions](https://www.facebook.com/District201Q1Lions)

[www.twitter.com/201Q1Lions](https://www.twitter.com/201Q1Lions)

[www.instagram.com/lionsdistrict201Q1](https://www.instagram.com/lionsdistrict201Q1)

**YouTube** - Coming Soon - Watch this Space!





Fellow Q1 Lions,



## SERVICE

As I have been looking at club services for the past few months in our district, I have noticed many clubs think they are doing service in their communities. Many clubs when asked “what service activities do you as a club do for your community”, I always hear these three top answers.

1. Bunnings sausage sizzle
2. Lions Christmas cakes.
3. Raffles

Unfortunately, these are not service activities these are fundraising. Fundraising is the financial support of service activities.

Many clubs have been collecting items for service but are handing over their hard work to other organisations who are doing the service and getting no recognition.

Think about what you are doing, who is getting the recognition? how is the community seeing what good your club is doing to help those in need?

Use the process of service to promote your club in your community. Are you branding your products (collections) with a simple sticker or label showing who collected it or who worked hard for them to receive that item. Start using your service as a membership drawcard.

I understand in the times we are in; hands-on service is getting difficult each day with the restraints and difficulties that are in the way of our service to our communities. Let’s use this as opportunities to find alternative ways to serve and be recognised for our work.

**At the Goondiwindi Convention don’t miss out on the forum on “What is real service and thinking outside the box in service.” Look at ways to be noticed in our community through our service.**

**with Lion Libby Whitestyles District Service Team Chairperson.**



# DG Savva Argyrou

September 2023

## District Convention in Goondiwindi 27<sup>th</sup> -29<sup>th</sup> October 23.

For those attending this year's convention thank you in advance for your support.

At this year's Convention the focus is on service therefore I would ask those attending if they could bring non-perishable food items, toiletries, or children's toys to be packed by the Lions Club of Goondiwindi before Christmas to support their community for those who are finding it difficult especially during the Christmas period.

For those who do not play golf or lawn bowls on Friday 27<sup>th</sup> the committee has arranged an environmental service activity planting trees in the local area. All are welcome to join in this activity. More information will be coming out soon.

Go the website and see what's planned for you all.

<https://convention.lions201q1.org.au>



**District 201 Q1**

DG Savva Argyrou 2023-24

The October Newsletter will be sent out on 31 October so that we can include articles and photos from the Goondiwindi Convention.

## **CUT OFF FOR OCTOBER NEWSLETTER**

**15th October for General Info/Club Info**

**30th October for Convention Articles/Photos**

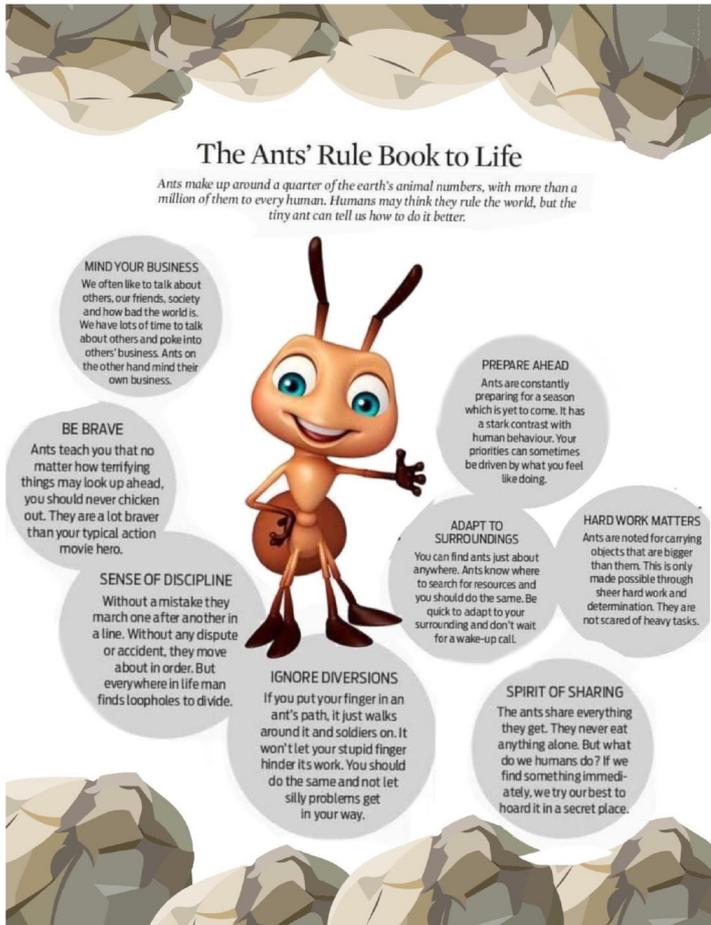
[newsletter@lions201q1.org.au](mailto:newsletter@lions201q1.org.au)



**District 201 Q1**

Newsletter Editor Christine Cufflin 2023-24

## DG Savva's mascot for the year is Leo the Ant.



**The Ants' Rule Book to Life**  
*Ants make up around a quarter of the earth's animal numbers, with more than a million of them to every human. Humans may think they rule the world, but the tiny ant can tell us how to do it better.*

- MIND YOUR BUSINESS**  
We often like to talk about others, our friends, society and how bad the world is. We have lots of time to talk about others and poke into others' business. Ants on the other hand mind their own business.
- BE BRAVE**  
Ants teach you that no matter how terrifying things may look up ahead, you should never chicken out. They are a lot braver than your typical action movie hero.
- SENSE OF DISCIPLINE**  
Without a mistake they march one after another in a line. Without any dispute or accident, they move about in order. But everywhere in life man finds loopholes to divide.
- IGNORE DIVERSIONS**  
If you put your finger in an ant's path, it just walks around it and soldiers on. It won't let your stupid finger hinder its work. You should do the same and not let silly problems get in your way.
- PREPARE AHEAD**  
Ants are constantly preparing for a season which is yet to come. It has a stark contrast with human behaviour. Your priorities can sometimes be driven by what you feel like doing.
- ADAPT TO SURROUNDINGS**  
You can find ants just about anywhere. Ants know where to search for resources and you should do the same. Be quick to adapt to your surrounding and don't wait for a wake-up call.
- HARD WORK MATTERS**  
Ants are noted for carrying objects that are bigger than them. This is only made possible through sheer hard work and determination. They are not scared of heavy tasks.
- SPIRIT OF SHARING**  
The ants share everything they get. They never eat anything alone. But what do we humans do? If we find something immediately, we try our best to hoard it in a secret place.

In addition to their work ethics, Lion Savva says “ants teach us that no matter how terrifying things may look up ahead, you should never chicken out and give up. They are a lot braver than your typical action movie hero”.

They have a sense of discipline, without a mistake they march one after another in a line. Without any dispute or accident, they move about in order.

They have a spirit of sharing—they share everything they get. They never eat anything alone. Ants are constantly preparing ahead for a season which is yet to come. It has a stark contrast with human behaviour. Our priorities can sometimes be driven by what you feel like doing.

They adapt to their surroundings. Ants know where to search for resources and you should do the same. Be quick to adapt to your surrounding and don't wait for a wake-up call.

**JUST OVER 1 MONTH  
UNTIL THE DISTRICT  
CONVENTION !**

**Register now, all  
details on the District  
201Q1 Website.  
Hope to see you there!**




**201Q1 Annual District Convention 2023**  
**Goondiwindi Cultural Centre**  
 26 Russell Street  
 Goondiwindi QLD 4390

## EDITORS Q & A

Christine Cufflin (Editor)  
& Phil Notaro  
(Lions Club of Logan Village)

# VARIETY BASH QLD

**Q. What is the Variety Bash?**

A. The Variety Bash is not a race or a rally. It's an adventure with mates driving 30 year old plus cars through regional parts of Australia that you might otherwise not see, all in support of Variety the Children's Charity. Variety raises money to assist disadvantaged kids all over Qld and in particular kids in remote areas. This year the bash raised over \$1.6 million.

**Q. When did your club get involved?**

A .We started 3 years ago

**Q. Where did you get your car from?**

A. It was located in a paddock, and we have driven the same car for the last 3 years



**Q. How do you fundraise?**

A. We get sponsorship from local businesses and hold fundraising events



**Q .How much have you raised for Variety?**

A. We raised \$8,500 in our first year, \$12,000 in our second year and for this year we have raised just over \$15,000

Next year we are aiming to be a Gold sponsor, so we need to raise over \$25,000

**Q. Where does the Variety Bash start?**

A. We set off from Toowoomba on the 15<sup>th</sup> August and arrived in Cairns on 24<sup>th</sup> August.

**Q. Who prepares your meals?**

A. Each place we stop the local community group do the catering such as Lions Clubs, Rotary, P&C and Locals. It is great to see the locals come out and the school kids too, the communities benefit from doing the catering.



**Q .Do you pay to enter?**

A. Yes it is \$1200 each, which covers breakfast, lunch & dinner each day, camping and nightly entertainment.

Continued .....



# EDITORS Q & A

September 2023

## EDITORS Q & A **VARIETY BASH QLD** With Phil Notaro, Lions Club of Logan Village

**Q. How many cars were there in the Bash?**

A. There were 75 Bash Cars and over 35 AW Cars (Auxiliary Worksop)

**Q. Where is next year's Variety Bash?**

A. It is in Q1 District next year, it starts at Goondiwindi and finishes on the Gold Coast

Tell us more about the Variety Bash:

We are taking the car to the District Convention in Goondiwindi in October, so if you are attending the convention I will see you there. We have a motion to make this a District Project, it would be great to get more Lions Clubs involved and it is a perfect opportunity to raise the profile of Lions. We have plans to Lionise the car for next year – a fibre glass mould of a Lion, Lions Stickers and more.

If any other Lions clubs wish to support this great cause they can donate through our club as our aim is to get the Lions car into the top 10 fundraisers to really raise the general awareness of Lions Australia.

If clubs would like to donate and assist this great cause they, they can by depositing into our bash account : Lions Club of Logan Village BSB 633000 A/c: 184070365 Ref: Club name. Send us a club sticker to take pride of place on the bash car.





# DISTRICT ZONE TEAM

September 2023

Introducing the District  
Zone Team 2023-24



**PDG Lorraine McKenzie**  
**Zone Chair Co-ordinator**



Zone 1  
**John Perkins**

Zone 2  
**TBA**

Zone 3  
**TBA**



Zone 4  
**Sharon McDonald**



Zone 5  
**Paul Krahen**



Zone 6  
**Natalie Reinke**



Zone 7  
**Sophia Argyrou**



Zone 8  
**Kathlyn McCarthy**



Zone 9  
**Peter Matthews**



Zone 10  
**Henry Pellinkhof**



Zone 11  
**Mark McCosker**



Zone 12  
**Anni Colbran**



# District Team

September 2023

Introducing the District Team 2023-24



**Amanda Harrison**  
Leo Club  
Chairperson



**PDG Kent Wilcox**  
Youth Exchange  
Chairperson



**Paul Sime**  
Youth of the Year  
Chairperson



**Vicky Clark**  
Peace Poster  
Essay Co-ordinator



**Jenny Rainbird**  
Australian Lions  
Childrens Mobility



**Bev Waldron**  
ALCCRF Australian  
Lions Childhood  
Cancer Research



**Jenny Rainbird**  
Lions Hearing Dogs



**PDG Lorraine McKenzie**  
Lions Reading Story  
Dogs Chairperson



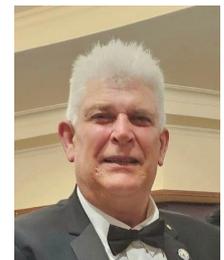
**John Clark**  
ALWF Australian  
Lions Wellbeing



**PDG Ken Scells**  
Diabetes  
Chairperson



**PDG Narelle Parkins**  
LMRF Lions Medical  
Research  
Foundation



**IPDG Ian Bruning**  
LCIF Lions Club  
International  
Chairperson



# District Team

September 2023

Introducing the District Team 2023-24



**David Lyons**  
ALF Australian  
Lions Foundation  
Chairperson

**PDG Kent Wilcox**  
Club Twinning &  
Operation  
Friendship  
Co-ordinator

**Roslyn Keim**  
Disaster Relief  
Management

**Christine Cufflin**  
Newsletter Editor



**2VDG Stuart Perrett**  
District Webmaster

**Therese Bruning**  
Social Media Officer

**David Lyons**  
Public Relations  
Officer

**Di Henderson**  
Cakes and Mints  
Co-ordinator





# Leadership Team Coordinator

September 2023

## Leadership Team Coordinator

PDG Lesley Lyons

Assistants Tim Trainor & Libby Salles

My team and I will be conducting a **Guiding Lion Course** over a couple of nights hopefully in early October. It would be around an hour each time. If you would like to attend please email me.

Below you will see Leadership Institutes that will be held in 2024 Application forms are available from me. If we can assist your club in any way please don't hesitate to contact me or one of my team. **We are here to assist you.**



**Dates: 23<sup>rd</sup> to 25<sup>th</sup> February 2024**

**Location: Melbourne, Victoria**

**Application Deadline: November 30<sup>th</sup> 2023**

The Regional Lions Leadership Institute is targeting those Lions and Leos (over 18 years of age) who are looking to take on leadership positions at Club or District levels, maybe for the first time. It focuses on the skills required to build teams and manage people effectively. It also builds knowledge of Lions activities outside of club level and includes strategies for making change to move our organisation forward. There are no pre-qualifications required.



At this stage there is no FDI on the LCI program for 2024



**Dates: 12<sup>th</sup> to 14<sup>h</sup> April 2024**

**Location: Auckland, New Zealand**

**Application Deadline: December 29<sup>th</sup> 2023**

The Advanced Lions Leadership Institute is targeted towards those Lions who are looking to take on a leadership role at Zone, Regional and District levels. It focuses on higher level leadership skills, managing project portfolios, and dealing with the responsibilities of senior leadership within districts. Applicants must have completed a successful term as Club President, but not have yet attained the position of 1<sup>st</sup> VDG (a 1<sup>st</sup> VDG elect is eligible).

Note: There is no requirement for candidates for the position of District Governor to have completed the ALLI, although it is seen as desirable.

This application form needs to be signed by applicant, District Governor and District GLT Coordinator before forwarding directly to Lions International via email: [institutes@lionsclubs.org](mailto:institutes@lionsclubs.org)



**Dates: 9<sup>th</sup> to 12<sup>th</sup> February 2024**

**Location: Sydney, Australia**

**Application Deadline: 17<sup>th</sup> October 2023**

The Lions Certified Instructor Program is designed to develop and expand the number of the most senior skilled lions' trainers. Lions who complete the LCIP are eligible to serve as faculty at locally approved institutes (ALLI, FDI, LCIP), as well as International FVDG/DGE Seminar and other training-related events conducted by LCI and from July 2023 it will be a requirement to have LCIP certification to be on faculty for these training programs.

There are several pathways into LCIP but for this course it covers Lions who have training experience, but have not served as FVDG/DGE Seminar Group Leader or Lions Clubs International-directed institute faculty.



# Youth of the Year

September 2023



Q1 Youth of the Year District Coordinator Lion Paul Sime

[yoty@lions201q1.org.au](mailto:yoty@lions201q1.org.au) or

0416 220704

**The time is now for Q1 Lions Clubs to engage with their High Schools and Colleges in the Youth of the Year project (YOTY).**

Club and Zone Finals can be held this year and our Regional and District Finals will be early in 2024.

Clubs will be receiving an email with more information soon, look out for it.

This year, the YOTY project is seeking younger students to be involved in the process, please check the age eligibility in the resources. Let's get younger students eager to be involved as they get older.

Clubs need to nominate for the YOTY ASAP.

I am also looking for Clubs to organise the Zone and Regional Finals for their areas. District has set aside finances to support clubs, so if you are interested please contact me about amounts.

Very Important, ensure your club members have 'Working with Children' cards where appropriate.

### Participating Clubs/Finals:

- District Final – EOI Open
- NSW Region 1 Final – EOI Open
- Gold Coast 2 Final – EOI Open
- Redlands/Logan Region 3 – EOI Open
- Brisbane Region 4 Final – EOI Open
- Region 5 Final – EOI Open

Q1 Youth of the Year District Coordinator Lion Paul Sime  
[yoty@lions201q1.org.au](mailto:yoty@lions201q1.org.au) or 0416 220704



# Youth of the Year

September 2023

## Schedule of Events - 2023/24

### Club, Zone and Region Finals

Contact your Club Chairperson for these details.

**District Finals:** Should be completed by Sunday, 7th April

**State Finals:** Must be completed by Sunday, 28th April

— The National Final —

**Lions National Convention - Darwin**

**27th May. 2024**



## Lions Youth of the Year

Will you be at least 15 and under 19 on 30th June, 2024?



Lions youth of the year

Would you like to:

- enhance your prospects for entering tertiary education and gaining employment?
- develop new friendships and networking opportunities with other like-minded students?
- optimise your leadership and citizenship qualities and play a constructive role in the community?
- gain experience in presenting yourself to prospective employers and speaking in a public forum?

**then consider entering the Lions Youth of the Year Program.**

Since its inception in 1964, the Lions 'Youth of the Year' Program has fostered and optimised the confidence, leadership and citizenship qualities in thousands of school leavers.



**The Program**  
You can get all this because Lions Clubs across Australia support our youth in their endeavours to grow and become active and contributing members of our society.

**Future Rounds**  
The overall winner at the Club Final will be invited to compete in the next round of the program. There is no expectation that you should accept, but the ultimate prizes for State and National winners are very attractive.

- The State Winners receive \$1,500
- The National Winner receives \$5,000
- The winner of the Public Speaking receives \$2,500 (unless the Best Overall wins both sections.)

*We aim to provide an opportunity for young people to experience success*

LOCAL LIONS CLUB CONTACT DETAILS	
CLUB NAME:	
LIONS MEMBER :	
EMAIL:	
PHONE:	

For more information visit the Youth of the Year website at Lions Australia by following this link [lionsclubs.org.au](https://www.lionsclubs.org.au) and visit our Facebook page at <https://www.facebook.com/youthoftheyearaustralia/>



Fred Kearney – NSW National Winner 2023

**“I have thoroughly enjoyed being part of the Lions Youth of the Year program and have met some highly motivated and inspiring students as well as some incredibly kind and generous Lions Club members. Each part of the process has reminded me of the importance of community and the valuable impact each individual can have.”**

**Fred.**

Fred Kearney – NSW National Winner 2023



# LAP THE MAP

September 2023

*A reminder that Lap the Map is starting soon. Information has been sent out to all clubs.*

**PDG Ken Scells  
Diabetes Chair**

**LIONS  
LAP THE  
MAP  
FOR DIABETES**



**Lions Australia**



## LAP THE MAP 2023

Join your local Lions Club in raising awareness, having fun, and contributing to raise funds for Diabetes Awareness



On 14<sup>th</sup> November 2023, donate a gold coin and walk alongside your friends, family, and fellow Lions.

All funds raised will go towards  
Diabetes Awareness, prevention, and research

For further info please visit:

<https://lionsclubs.org.au/lions-lap-the-map-for-diabetes/>

**LIONS  
LAP THE  
MAP  
FOR DIABETES**



**Your local Lions Club is raising funds for Diabetes Awareness!  
Donate a gold coin & walk alongside your friends, family, and fellow Lions.  
All funds raised will go towards Diabetes awareness, prevention & research.**

In the lead up to **World Diabetes Day** on the 14th of November 2023, Lions volunteers across the country are putting on their walking shoes for our annual **Lions Lap the Map for Diabetes** event.

We're aiming to walk a combined distance that will **exceed** Australia's circumference – 25,760 kms!

These family-friendly walks encourage people to get outside in their communities to promote a healthy lifestyle and raise awareness of the Diabetes epidemic in Australia.

To find out where a Lions Lap the Map for Diabetes event is happening near you, follow the **Lions Lap the Map Facebook page**.

### NATION-WIDE TALLY

*Coming soon...*

710

kms walked so far!

**Record your walk & upload your photos here...**



### Event Resources

Promote Lions Lap the Map for Diabetes

Record your kilometres!



# OPERATION FRIENDSHIP

September 2023

AUSTRALIEN  
VS  
DANMARK

Distrikt 106B Denmark



## OPERATION FRIENDSHIP IN DENMARK 2024

District Governor Jens Jørgensen Hald and the Lions family of District 106B, Denmark, extend an invitation to the Lions of District 201Q1 Australia, to visit our District in 2024 as part of the Operation Friendship program.

District 106B is one of the 3 Lions Districts in Denmark, which collectively make up Multiple District 106, which also includes the Faroe Islands and Greenland. The district has 112 Lions Clubs with about 2400 female and male Lions.

From the applications received, one Lion, with his or her spouse, will be selected, to spend approximately 4 weeks, as guests of the Lions of District 106B. Other applications may be kept on file for future years. The visitors are expected to attend and address a number of Lions Clubs, and the District Convention which will be held from Saturday April 20th, 2024 to Sunday April 21th, in the city Holstebro. To enable this, the visit should be planned for the visitors to arrive on or about Saturday April 6th, 2024, and leave on or about Sunday May 5th.

During the one-month period, food at host family homes and accommodation will be provided by the Lions of District 106B. Every effort will be made that the interests of the visitors will be included in the leisure and sightseeing activities. An itinerary will be planned, so that the visitors will be hosted in various parts of District 106B, these having different environments.

The visitors must arrange and pay for all travel costs and travel insurance from Australia to Denmark and return, and during the stay. Lion 106B District will not be responsible for any medical and general expenses incurred during the stay.

A recent photograph should be included with in the application.

Typed applications to participate in Operation Friendship should be submitted to the address below, and must be received by November 15th, 2023. The successful applicants will be advised by December 1th, 2023 which will allow adequate time for travel preparations.

Information in the applications submitted should be arranged under the following headings:

1. Personal Details

Lion's name, age and any other relevant details  
Spouse's name, age and any other relevant details  
Mail address, telephone numbers and E-mail address  
Details of any previous visits to Denmark

2. Lions Club Details

Name of Lions Club, District, Membership details  
Brief history of the Lions Club  
Club achievements and projects



# OPERATION FRIENDSHIP

September 2023

AUSTRALIEN  
VS  
DANMARK

Distrikt 106B Denmark



### 3. Involvement in Lionism

Offices held at Club, District and Multiple District Levels.

Awards in Lionism

Any involvement in Operation Friendship

### Applications should be forwarded to

Lion Kent and Josephine Wilcox

Operation Freindship chairman

District 201Q1

Mail: [j.wilcox@bigpond.com](mailto:j.wilcox@bigpond.com)

Mobile: 0428776948

and will then be passed on to

Lion Erik Thordal-Christensen or Lion Lasse Borgbjerg

Operation Friendship Chairmen,

District 106B.

Erik Thordal-Christensen

Rørgårdsvej 2

DK 7850 Stoholm

Denmark

Email: [erik@rorgaard.dk](mailto:erik@rorgaard.dk)

Mobile: +45 24 40 10 22

Lasse Borgbjerg

Vittenvej 54

DK 8382 Hinnerup

Denmark

Email: [lasse@vittengrafisk.dk](mailto:lasse@vittengrafisk.dk)

Mobile: + 45 41 38 60 01

Best Regards

Erik Thordal and Lasse Borbjerg.





# WORLD SIGHT DAY

September 2023



Lions  
Eye Health Program  
Australia



LEHP-Australia  
Lions Eye Health Program



## World Sight Day

### This World Sight Day, take the pledge to #LoveYourEyes

World Sight Day is the perfect time for Australian's to take the pledge to **#LoveYourEyes**.

World Sight Day, held on Thursday 13th October, is an international event that provides an opportunity to focus the world's attention on the importance of good eye health and vision care.

This years World Sight Day will focus on the #LoveYourEyes campaign which aims for **5 million sight tests to be pledged** during the month leading up to World Sight Day.

#LoveYourEyes is about creating awareness that everyone, at some stage in life, will experience an eye health issue. Those of us who can access eye care should prioritise our eye health and support efforts to ensure that everyone enjoys the same access.

With 90% of blindness and vision loss avoidable or treatable if detected early enough. Vision 2020 Australia, is calling on all Australian's to show their support for World Sight Day by **pledging** to get their eyes tested.

Australian's are fortunate to have access to some of the best eye care services in the world. Eye tests can be arranged directly with an **optometrist** without the need for a referral from a GP and are usually covered by Medicare.

Click here to book an **eye test** today!

### Key tips for looking after eye health:

- Make sure you have a regular eye check, especially if you are over 40
- Wear a hat and sunglasses when outside
- Wear eye protection when playing sports like squash, or performing hazardous work
- Quit smoking
- Maintain a healthy diet with regular exercise
- Manage your diabetes (blood glucose, blood pressure and cholesterol levels)

For further information about how you can support World Sight Day and get involved in the **#LoveYourEyes** campaign visit <http://www.vision2020australia.org.au/our-work/worldsightday/>



# ALWF - Australian Lions Wellbeing Foundation

September 2023



Wellbeing Foundation

## EXPLORE OUR HEALTH & WELLBEING PROGRAMS

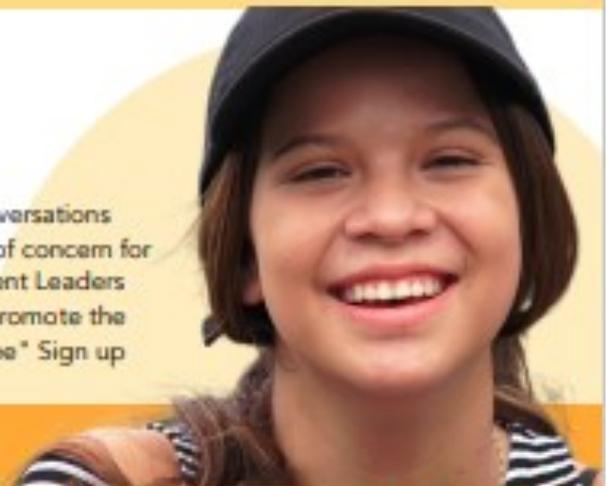


### FREEDOM TO FEEL FANTASTIC

#### POSITIVE BODY IMAGE AND SELF ESTEEM CAMPAIGN

Run a FFF event or in-class activities to start conversations about body image and self esteem, a top issue of concern for young people. A great initiative to get the Student Leaders Committee involved in. The campaign aims to promote the message "be who you want to be judgement free" Sign up for your FREE event pack.

[freedomtofeelfantastic.com.au](http://freedomtofeelfantastic.com.au)



### TUNE IN NOT OUT YOUTH HEALTH AND WELLBEING



TINO is a one-stop-shop for young people helping them navigate life's challenges from mental health, school life, relationships, sexual health, partying safe and more. We have sourced videos, factsheets, stories and even music from services nationally, bringing them together in one central location. TINO is also fantastic for teachers and school counsellors wishing to find youth-focused content to discuss health and wellbeing issues as well as lesson plan ideas.

[tuneinnotout.com](http://tuneinnotout.com)

LIONS QUEST



A Program of Lions Clubs International Foundation

### LIONS QUEST

#### SEL CURRICULUM PACKAGE F-8

Lions Quest with supporting online teacher PL is a complete curriculum-linked social and emotional learning program. Year specific lesson plans for F-8, student worksheets, teaching resources and more. Visit our website to download a FREE sample pack and find out more about this amazing teacher resource.



[lionsquest.org.au](http://lionsquest.org.au)

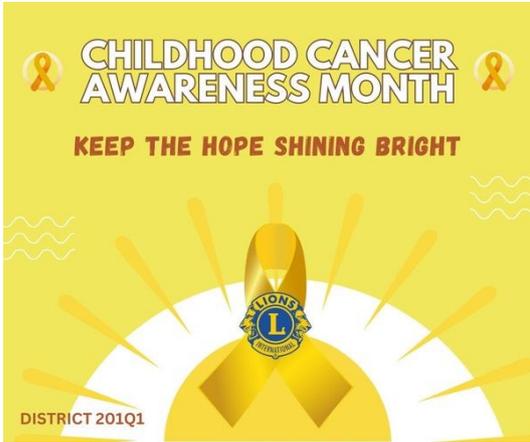
"A HPE teacher's dream"

Find out more about the foundation at [www.alwf.org.au](http://www.alwf.org.au)



# Childhood Cancer

## September 2023



**Lions Australia**  
September 1 at 12:00 PM · 🌐

Each September is Childhood Cancer Awareness Month and we believe every child deserves a chance at a healthy life.

Every year in Australia, almost 800 kids are diagnosed with cancers, many of them aggressive, hard to treat and with a high risk of mortality.

The [Australian Lions Childhood Cancer Research Foundation \(ALCCRF\)](https://alccrf.lions.org.au/) has helped fund over 10 major projects to date which has not only supported vital research but has also helped save lives. Lions Clubs from around the country have also worked incredibly hard to raise funds for the foundation, hosting BBQs and events each year.

This month, we're thinking of all the people that are battling cancer and their families. For more info about how you can join the fight against childhood cancer, visit <https://alccrf.lions.org.au/>

**Our Vision: 100% survival for kids with cancer**

### About Lions Australia

Lions Australia is one of the most trusted organisations in Australia – and with good reason. We have a proud history of supporting Australian communities, whenever and wherever they need us. From disaster relief to community service, the Lions are dedicated to serving our local communities.

For the past 30 years Australian Lions have been spearheading the fight against childhood cancer in Australia. 17 years ago, we formalised our commitment to supporting children with cancer by establishing the Lions Cord Blood and Childhood Cancer Research Appeal.

### About ALCCRF

Since 1996, Lions Australia have shown outstanding commitment contributing over \$12 million dollars to childhood cancer research. This effort has resulted in, amongst other things, safer and more effective blood stem cell transportation for leukaemia patients following chemotherapy which can lead to shorter hospitalisation and more rapid recovery. Lions have done a lot but the job is not over because we believe every child has the right to a healthy life.

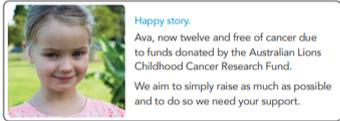
The Australian Lions Childhood Cancer Research Foundation (ALCCRF) was officially established in 2009 with our prime focus being to increase survival rates of childhood cancer by supporting cancer research efforts not just here in Australia, but around the world.

Australian Lions



Help us fight kids' cancer.

Fight kids' cancer.



**Come to the Lions Biggest BBQ!**  
All funds raised will go towards the fight against kids' cancer.

Where \_\_\_\_\_  
When \_\_\_\_\_  
Lions Club of \_\_\_\_\_

Every child deserves a chance at a healthy life  
Our Vision: 100% survival for kids with cancer



**Our Vision: 100% survival for kids with cancer**



# LIONS AWARENESS DAY

September 2023

## Lions Awareness Day 2024

### Hi Fellow Lions

I can now confirm that **Bunnings** have come on board for

#### LION AWARENESS DAY NATIONALLY

Bunnings is allowing all Lions Clubs to have a table at the front of their store on Saturday 2<sup>nd</sup> March 2024 to display, promote and strengthen our membership.

**Some clubs will need to share the day with other clubs in your area**

As we need to start **BRANDING** projects we do. Lions I would ask you if your club would be interested in having stickers made at your clubs expense with **YOUR** club details on them. Please contact me **NOW** and I will get quotes.

Club Name- Phone Number-Email Address QR code etc.

**PLEASE CONTACT YOUR LOCAL BUNNINGS STORE NOW AND BOOK YOUR TABLE**

If you do not have a **Bunnings** in your town ask a local store

**MORE DETAILS AS IT BECOMES AVAILABLE LION JOHN CLARK**

[johnc3300@gmail.com](mailto:johnc3300@gmail.com)





# CLUBS - Rosewood

September 2023

## \$50,000 Donation to Cabanda Care

Rosewood Lions recently learned that one of the buses run by Cabanda Care broke down and had to be towed back to Cabanda by a tow truck. The bus was on its' last legs and Cabanda were in urgent need of a new bus to replace this one which had been used by residents for many years.

A quote for a new bus was received and during the Lions Meeting held on 19<sup>th</sup> July, a motion was put forward and seconded that a donation of \$50,000 be made to Cabanda, to assist them in purchasing a new 12 Seater Bus. Motion was carried.

## Rosewood Lions donate \$50,000 to Cabanda for new bus

by ELIZABETH KINGTON

GETTING a new bus on the road has been made possible for Cabanda Care through a \$50,000 donation from the Rosewood Lions.

Club President Bernie Newell said the Lions were all about supporting the community and that this donation, will help the residents and families of Cabanda.

"This is one of the biggest donations that the Rosewood Lions has made in many years, and the Lions are happy to see the moneys go to a really good cause," he said.

"The Lions are always there to support Cabanda and other groups and organisations within the community, and as President of the Lions, I am so glad to be part of such a positive donation."

The new bus will replace an existing bus that has been used by Cabanda for outings for the residents and families for many years.

The new bus is a Toyota Hiace 12-seater.

"The bus will keep the Cabanda fleet at two when the old bus is sold," said Cabanda Care General Manager Robin Christelow.

"The donation came as a result of the old bus breaking down and being towed back to Cabanda by a tow truck," he said.

"Cabanda is very grateful to receive this donation to allow us to purchase a new bus to provide safe and comfortable



Rosewood Lions President Bernie Newell presents Cabanda Care General Manager Robin Christelow with a \$50,000 cheque that will be used to purchase a new bus.

transport for our clients.

"The bus will be used to transport community members to and from activ-

ities in our day respite-centre as well as outings and shopping trips, it is expected to arrive later this month."



# CLUBS - Rosewood

September 2023

## \$3400 Community Grant

INLAND Rail Community Grant of \$3400 helps put a cement frontage slab at the Lions Shed at the Showgrounds Story courtesy of the Fabulous MBNEWS

Moreton Border News, Friday, August 4, 2023 - Page 7

### Grant provides upgrade for Rosewood Lions

by ELIZABETH KINGTON

A NEW cement slab is now complete at the Rosewood Lions Clubs shed as a result of the Rosewood Lions Club winning a \$3,400 grant from the Inland Rail Community Sponsorship and Donations Program

Past President of the Club, Dennis Kenyon said the grant was "invaluable".

"It has provided the Lions Club with the opportunity to lay a concrete apron along the front of the Lions shed, which is located at the Rosewood showgrounds," he said.

"This has provided safe access to the shed for our members and also to members of the public when working on Lions projects and when providing social functions.

"The Lions club has a strong commitment to community involvement and receives requests for assistance from a wide spectrum of local organisations including schools and community support groups.

"Without organisations such as the Inland Rail, we could not achieve the



A new concrete slab is now complete in front of the Rosewood Lions Shed.

success such as we do, and our members are sincerely grateful as we look forward to another successful year."

## Promoting Club Projects via your District Newsletter

Please send flyers, photos, information to the District Newsletter [newsetter@lions201q1.org.au](mailto:newsetter@lions201q1.org.au)

The cut off date for inserting articles in the newsletter is the 15th of each month.

All articles for the newsletter should be sent using Microsoft Word or Simple Text.



**District 201 Q1**

Newsletter Editor Christine Cufflin 2023-24



# CLUBS - Goonellabah-Wollongbar & District Lions Club

September 2023

## Local Lions Club identifies and fulfils a need in the community

Members of the Goonellabah-Wollongbar Lions Club and Wollongbar Progress Association observing the handover of the Defibrillator



## Handover of Defibrillator

President of the Goonellabah-Wollongbar Lions Club handing over the defibrillator to Pharmacist Elizabeth O'Rourke

**READ ALL ABOUT IT**

### Wollongbar Community applauds local Lions Club

Following a survey at Wollongbar Shopping Village, the Lions Club of Goonellabah-Wollongbar have donated a Defibrillator to the Wollongbar community. The Defib is held at the Wollongbar Pharmacy, and Lions representatives met recently with local community members for the hand-over.

Wollongbar Pharmacy proprietor, Abdul Alyassin, said he was very pleased to be asked to hold this life-saving device for community use in an emergency.

Retired GP and local legend, (Dr) Paul Earner, congratulated Lions members on their initiative. Paul reminded those present that, for every minute of delayed response to cardiac arrest, the patient's chance of survival reduced by 10%; thus, having an accessible Defibrillator will mean that almost immediate help is at hand.

Health statistics show those aged over 65 are most at risk of cardiac arrest. ABS Statistics for the 2021 Census report that 25.8% of Wollongbar's population is aged over 65 - over one quarter of the village population!

A Defibrillator is a medical unit used to control heart fibrillation, by applying a painless, low-energy electric current to the chest. In a cardiac episode, the Defibrillator is used as quickly as possible, to restore a normal heartbeat. Simple, spoken, step-by-step instructions allow anyone to use the unit in an emergency.

Lions have organised for signage to be strategically placed around Wollongbar Shopping Centre, to advise the location of the Defib.

On behalf of the community, Wollongbar Progress Association representatives applauded Lions for their ongoing community work, and thanked them sincerely for providing this potentially life-saving Defibrillator in Wollongbar.

If Wollongbar community folk would like to know more about this medical device and how to use it, please contact Wollongbar Progress Association on telephone 66283880.

\*\*\*\*\*



# Lions Club of Mount Gravatt Mansfield

September 2023

## MEETING LIONS CLUB INTERNATIONAL GLOBAL CAUSE HUNGER AND SERVING THE LOCAL COMMUNITY.

Every Monday, Lions Barbara and Lyn jump into the utility at Southside Community Care Inc (SSCI), Upper Mount Gravatt and take a drive to Second Bite at Murrarie.

They have an appointment at 10.30am to collect fruit, vegetables, dairy products, and other groceries for the food parcels provided by SSCI for their clients.



Tuesday mornings Lions Pete and Iain divide the fruit and vegetables into as many as 20 shopping bags, pack two big eskies with refrigerated goods and bread from another donation, load them all into the (same) utility to deliver to the SSCI homes.

Thus, SSCI provides the Lions Club of Mount Gravatt Mansfield with two projects which enable us to achieve our aims of serving our local community and meeting Lions Club International Global Cause of Hunger.

Our members who volunteer for these projects report satisfaction from providing a practical service to those



in need in our community. The clients come from a variety of situations, escaping domestic violence, are refugees or experienced family breakdown and are in crisis accommodation.

“We are proud of this project as it fulfills a local community need which our club aims to do”.

**Karen Matthews**  
President





# CLUBS - Carrara

September 2023

## Some of the faces of Carrara Lions.

Volunteering is a selfless act where you give your time, your skills, your energy, your passion and your ongoing desire to want to work towards raising funds for those within your community, who need assistance.

Our people are happy to be up at 3am if need be, to man a triathlon or marathon no matter the weather. Stand for hours on a street corner to get the job done. Toss sausages in the Queensland heat with a smile on our face. Rally around if an organisation needs our BBQ manned for an occasion. Put our hand up to help supply an organisation with rugs, books, baby packs, essentials items for those who are doing it tough.

Like all lions we have the courage to help when help is needed. We are a special kind of breed. Thank you, covers a multitude of gratitude to our Lions members.





# CLUBS - Socials

September 2023



**Send your Club Social photos to**

[newsletter@lions201q1.org.au](mailto:newsletter@lions201q1.org.au)





# CLUBS - Service

September 2023



## Send your Club Service

## photos to

[newsletter@lions201q1.org.au](mailto:newsletter@lions201q1.org.au)





# EVENTS / INFORMATION

September 2023



LIONS CLUB OF BEAUDESERT

## 47th Annual Charity Golf Day

Sunday 15th October 2023

4 Ball  
Ambrose



Cost \$25 per entrant for club member  
\$35 per entrant for non-member

Shot gun start at 8.30am.

Raffle. Breakfast available from 7:30am - 10am

Contact Beaudesert Golf Club for registration on 5541 2291



# EVENTS / INFORMATION

September 2023



LIONS CLUB OF SUNNYBANK INC

invites you, family and friends to its annual

MELBOURNE CUP 'GIDDY UP' CHAMPAGNE BREAKFAST

SUNDAY 5 NOVEMBER, 2023 at 8:00am START

at the Lions Club Community Hall

95 Lister Street, Sunnybank

INCORRECT EMAIL ADDRESS  
our

**BIG, BIG BUFFET BREAKFAST**

with a glass of bubbly

included in the cost

of \$20.00 per head.

RSVP 30 October, 2023 - Book now with Jo 0428 776 948

**RAFFLES & LUCKY DOOR PRIZES**

**LOTS OF FUN TO BE HAD**

SEE YOU THERE





# EVENTS / INFORMATION

September 2023



## LIONS LOGAN VILLAGE CHARITY GOLF DAY



Sunday 19th November 2023

Logan Village Golf Course 55-103 Swanborough Rd, Logan Village

Supporting

**MULTIPLE SCLEROSIS QUEENSLAND & LOCAL COMMUNITY PROJECTS**

\$55/player

\$200 / team

(excl. carts)

Green Fees, Lunch & Hospitality Bag included

BREAKFAST Available From 7:45  
Refreshments—Drinks Cart all Day

- 9 Hole Novelty 2 Ball Ambrose event
- Multiple Golfing Prizes
- Hustle Hole
- Chipping Comp
- Putting Comp
- Treasure Hunt
- Over 50 Raffle Prizes
- & much more!

FULLY LICENSED  
**NO BYO ALCOHOL**



COVID PROTOCOLS APPLY

68 players max. Limited carts available

Bookings—Tim 0478 762 721 or

Logan Village Golf: 5546 8928 Mob: 0400 010 154

Registration 8.00am

Shotgun Start 9.00am

**Sponsor a Hole with your Advertising**

### If you have an event coming up, send to

[newsletter@lions201q1.org.au](mailto:newsletter@lions201q1.org.au)



**Always.**  
lions australia  
75 years and counting

*There for the community.*



# EVENTS / INFORMATION

September 2023



Griffith  
University  
Lions Club



A Griffith University Lions Club fundraiser in cooperation with the Sunnybank Theatre Group.

## RED RIDING HOOD: VILLAINS' REVENGE

Produced, Written and Directed by Ashley Worsman



The Villains are back and ready for their revenge. So come with us to Storybook Land where a new adventure awaits you.

As the pages turn and the chapters unfold, you will meet Red Riding Hood, The Big Bad Wolf, and The Evil Queen.

You will also be introduced to Snow White, the social media starlet who is looking for love. Upbeat songs, a fast-paced script, colourful sets and costumes, all mix together to form a modern style pantomime.

2.00 pm, Saturday 25 November 2023

Cost \$35 (includes afternoon tea)

Sunnybank Theatre Group  
14 Mains Rd Sunnybank

Contact Diana Brennan  
for tickets on 0417 601 629

Raffle with  
great  
prizes!!

All proceeds go to community projects conducted by the Griffith University Lions Club



# EVENTS / INFORMATION

September 2023



## MD Convention 'Tropical Bliss' Darwin 2024

*A message from 72nd MD Convention 2024 Darwin Chairperson, Delma Swan:*

Before you bring out your winter woollies next year, come and enjoy a 'Tropical Bliss' Convention to be held in Darwin in May 2024.

Our team is working hard to ensure your Convention will be both relaxing and enjoyable. And you will experience the vibrancy of a city in the Dry Season, enjoy the many outdoor functions that take place at this time of year and visit any of a host of locations. You will not want to miss it!

The month of May is the beginning of Darwin's tourist season and Tourism NT have Indicated that early bookings for accommodation bookings is a must. We're also advised that flights are not expected to be getting cheaper.

So – if you don't want to be disappointed, ensure you get cracking with your bookings to this amazing destination, enjoy the beautiful sunsets, multicultural environment and its many entertainment opportunities - but especially don't miss the Lion's 'Tropical Bliss' Convention.



# CONTACTS

September 2023

POSITION	TITLE	NAME	SURNAME	EMAIL
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1 <sup>st</sup> VICE DISTRICT GOVERNOR	1VDG	Jorge	Salles	1vdg@lions201q1.org.au
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LIONS READING STORY DOGS CHAIR	PDG	Lorraine	McKenzie	LRD@lions201q1.org.au
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