

# District 201Q1 Newsletter



**BUILDING A STRONGER TOMORROW**



***Jan Bruning***  
District Governor 2022 - 2023



## April 23

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[www.twitter.com/201Q1Lions](https://www.twitter.com/201Q1Lions)

[www.instagram.com/lionsdistrict201Q1](https://www.instagram.com/lionsdistrict201Q1)  
**YouTube** - Coming Soon - Watch this Space!





# DG Ian Bruning

BUILDING A STRONGER TOMORROW

APRIL 2023



I would like to thank the Lions of our District for the kind wishes and concern they have expressed to me on my recent hospital stays. Therese and I have had a very busy April where we have attended the Youth of the Year District and State finals, visited Ashmore Lions Club, Capalaba Lions Club, Goondiwindi Lions Club, Moorooka Lions Club, and Sunnybank Lions Club 60th Anniversary. It was great to catch up with the club members and share what's happening in the District. We really enjoy meeting our Lions and hearing about the fantastic service activities they are engaged in.

I am writing this report after attending the Council of Governors meeting and the Multiple District Convention.

Next year will be the final opportunity for Lions members to attend the Advanced Lions Leadership Institute (ALLI) as this programme will be sunsetted and replaced by specific 2nd Vice District Governor

training. I encourage all those who are interested in gaining an increase of knowledge of Lions Clubs International procedures and also taking advantage of the fantastic networking opportunities with other Lions in our Constitutional Area to apply for this course. Even if you are not looking to advance your Lions journey to District Governor at the moment, the learnings and contacts you make on this course will change your perception of our great organisation and be of immeasurable assistance to you.

A reminder to all club officers that the new Sales Force LCI website will be introduced in July so please ensure that all your My LCI updates to members and positions in your clubs are completed by the end of June.

The 30 by 30 – 50 by 50 Big Audacious Plan (BAM) was discussed with the goal to increase our service to our communities. All Districts confirmed their support to encouraging Clubs to commit to one new member net per annum and Districts to charter one new club per annum. Please contact your District Membership Team or your Zone Chair for any assistance you require. Remember “Together We Can”.





# DG Ian Bruning

**BUILDING A STRONGER TOMORROW**

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Therese and I had a fantastic time with the Lions who attended the Multiple District Convention on the Gold Coast. Over 1000 Lions from around Australia, New Caledonia and Papua New Guinea met and enjoyed swapping information and experiences as Lions. The Convention was organised by a committee headed by Past Council Chair David McKenzie assisted by District Governor Elect Savva Argyrou, Lion John Clark, PDG Lorraine McKenzie and Lions from Clubs in the Q1 District. We can all be proud of the efforts of all our clubs that made this a fantastic event. The guest speakers were inspirational and the entertainment was fantastic. Although Our District and Queensland Youth of the Year contestant Lindsey White was not placed, she did us proud and showcased the exceptional youth in our State. The Q Districts dinner was well attended by Lions from Q1, Q2 and Q4 and an enjoyable evening was had by all. Therese and I were also privileged to be asked to lay a wreath at the Anzac Day Dawn Service held at Southport on behalf on District 201Q1. The moving ceremony was attended by District Governors, DGEs and their partners plus other Lions attending the Convention.

I would encourage all members to attend Lion conventions and conferences as it revitalises your service enthusiasm with knowledge and fun.



Until next month, let's remember that **"Together We Can"** and by working together we can start **"Building A Stronger Tomorrow"**.

Kind regards – DG

**Ian Bruning**







# Q Districts Dinner

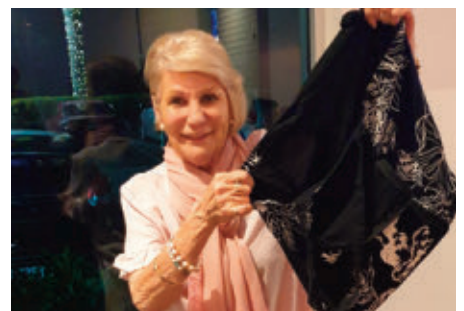
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District Governors Ian, Michael and Tim were joined by members from Q1, Q2 and Q4 Districts for a fun evening during the Convention at the Dog and Parrot Tavern in Robina.

A quick coin line was organised to raise funds for LCIF with \$133.45 raised.



An enjoyable evening and a big thank you to the venue for the fabulous food and service.

*Lion Therese Bruning*

Social Media and Public Relations





*Lion John Gadd,  
Lion Rod Johnston,  
Lion Bruce Sheaffe,  
Lion David Lodge*

## Lions Club of Capalaba donate a refrigerated cook trailer to Lismore City Lions Club

The Lions Club of Capalaba had a specially constructed cook trailer which had not been used to its full capacity since the Covid restrictions. The trailer was in excellent repair and fitted with a 1.5 m3 commercial grade refrigerator, and two barbecue plates. It was fully self-contained and operated off 240volt power, either from an external source, or a suitable portable generator.

The Club reluctantly advertised it for sale at a price of \$11,000, which was well below the replacement cost.

The advertisement prompted an enquiry from Lismore City Lions Club, who had lost their well - equipped caravan style cook trailers and were now operating using a converted 6x4 box trailer. Arrangements were made for them to inspect the trailer to see if it fulfilled their needs.

In the meantime, the Board of the Lions Club of Capalaba discussed the plight of Lismore due to

the severe effect of the floods, voted to donate the trailer to Lismore City Lions Club as gesture of support between Lions and to support a needy community. The offer was gratefully received.

Lismore City Lions Club representatives Bruce Sheaffe and Rod Johnston arrived to inspect the trailer and take it back to a new home.

*Lion Christine Cufflin*

President and Social Media/Public Relations  
LIONS CLUB of CAPALABA INC.





of the wife's left behind when their husbands went to fight in Vietnam. These stories are a reflection of the current government and peoples negative perspective of the soldiers who went to war. The stories are heartbreaking true accounts of the experiences of loneliness and struggle to live alone waiting for their men to return. We honour our ANZAC soldiers and now have a clearer understanding of the woman left behind. AS Lions we support all kinds of people as best we can. Our group shared some of their own experiences of like as a soldier.

*Linda Quilter*

## ANZAC day

## Carrara Lions

With the coming of ANZAC day we were lucky enough to have an inspiring speaker come to our Carrara Lions meeting to tell us stories from the Book 'Like shadows in the Corner'. Helen Austin(author) explains the heartache and tragedy





The end of this Lions year is coming close to an end, and you want to get a start on your training modules for your upcoming roles on your Club's board.

As a reminder, (and also as I have had a few requests on how to log onto the MyLion – the Lions Learning Centre), here is the step by step instructions on how to log onto the Learning Centre so that you can get a head start on your training.

## **MyLion – Lions Learning Centre**

You need to be registered in MyLCI first – usually your email address will be your “Lion Account ID” and then your Password will be what you have entered.

### **How to find the available course Content Library :**

- Access your MyLion account by logging in
- Select the “MyLion” icon up the top left hand corner – where the nine square boxes are shown
- Select the “learn” icon – (the 5th icon, it will be an icon that is an open book with an arrow on it)
- Select : Lions Learning Centre “GO” button
- Select “Content Library” on the left hand side – and a list of all courses & learning paths will come up.

- Select the one that you would like to complete, and follow the prompts.
- You can pause the course anytime, and come back to complete it – the course will be in the “In Progress” tab up the top of your Home Page screen, just click on it and then click the “continue this course button”
- When the course is done, it will be in the “Completed” tab up the top of the Home Page, and you are ready to do the next one.

***“Happy Learning”:  
Jenny Maguire***

**District Global Leadership Team**

**Training Coordinator**

**Ph : 0412 358 205**

**Email: [Training@lions201q1.org.au](mailto:Training@lions201q1.org.au)**





## BUILDING A STRONGER TOMORROW

APRIL 2023



National Volunteer Week (NVW) is Australia's largest annual celebration of volunteering. The celebration will be held on the 15th to the 21st of May 2023 and this year the theme for National Volunteer Week 2023 is **The Change Makers**.

This week-long event recognises the vital support millions of volunteers in our country provide to the communities and encourages people to consider volunteering.

This National Volunteer Week (NVW), Australian Lions Hearing Dogs wants to recognise the support Lions Clubs from all over Australia have provided for the Hearing Dog Program.

Australian Lions Hearing Dogs is a Lions project that was initially founded in 1980. For 42 years, the organisation was able to deliver Hearing Assistance

Dogs to Australian who are deaf or hard of hearing a set of 'furry ears' free-of-charge. We are only possible largely due to the support of Lions all around Australia. In 2022, Lions Clubs provided 3,456 hours towards supporting each Hearing Dog placement.

We could not thank you all enough for how much you've done for our organisation. To Australian Lions Hearing Dogs, Lions Clubs are **The Change Makers**.

***Belinda Henschke***

**Australian Lions Hearing Dogs**



**BUILDING A STRONGER TOMORROW**

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Helping young people lead

**HAPPY & HEALTHY**  
*lives*

## PROJECT PROFILES

ALWF runs a number of youth focused health and wellbeing projects. Today we introduce you to:

**[www.tuneinnotout.com](http://www.tuneinnotout.com)**

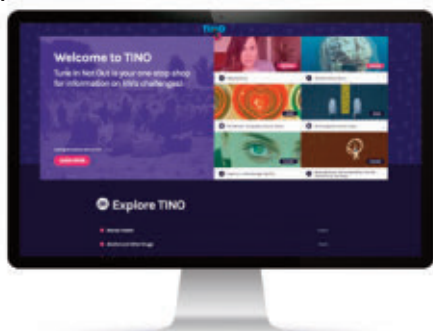


### Overview

Tune In Not Out (TINO) is an award winning health and wellbeing website full of information to help young people navigate life's challenges, from mental health, relationships, alcohol and other drugs, self esteem, body image, to work, school life and much more.

### What Does TINO Deliver?

- Content on over 50 health and wellbeing related topics aimed at 14-25 year olds.
- A simple and easy website to navigate from a mobile, tablet or desktop computer.
- Content from across Australia delivered in one central location (we've done the searching for you!)
- Information in a range of mediums; videos, factsheets, stories & even music!
- Options for young people to leave their own stories or music playlist.
- Dedicated area for indigenous created content
- A teachers and youth educators section with worksheets full of activities across a range of topic areas.

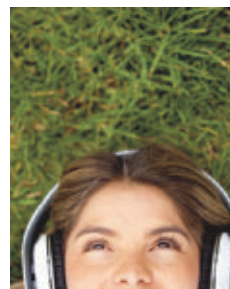


*Turn over for a topic page tour!*

### Case Study

The TINO music section was started in conjunction with Music Therapist Dr Carmen Cheong-Clinch as part of Tune Your Mood - an initiative to promote young people's understanding of how music can affect their wellbeing, both positively and negatively.

Dr Cheong-Clinch uses the TINO website to explore related topics and promote help-seeking with young people who are inpatients at a number of QLD hospitals. They then create music playlists which positively help them manage their situation and consider their intentional music listening.



This project has grown so much it now has its own section on TINO featuring a number of playlists as well as music submitted by other young people visiting TINO.

Be sure to check out this innovative way of bringing information and coping tools to young people.

**TUNE IN NOT OUT**

### How Can Lions Get Involved?

- Visit the website and take a look around, the 'About Us' page has a short video tour that is great to watch
- Contact us for some promotional postcards and drop these at your local school and youth services
- Request a copy of our PowerPoint presentation and script to present TINO at your Lions meeting

**tuneinnotout.com**  
**crew@tuneinnotout.com**  
**0488008880**

**Find out more about this project and others at [alwf.org.au](http://alwf.org.au)**



# BUILDING A STRONGER TOMORROW

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## Take a tour of a topic page on [www.tuneinnotout.com](http://www.tuneinnotout.com)

As we navigate through life we can face many challenges. A key to positively managing these is having information and support to help get things back on track. Tune In Not Out is our youth health and wellbeing website, delivering information in a range of formats, from a range of services across 50 topics. Every topic page is packed full of content, making it easy to find a wealth of information in one location. Take a quick tour of everything you can find on our simple one-shop style topic pages.

### 1. Topic Intro

A snappy intro so you know you are in the right spot. We have 50 topics across mental health, alcohol and other drugs, relationships, school life identity, health and more.

### 2. Quick View Content

Check out the featured videos, factsheets, stories and music playlists for the topic.

## As you explore content appears

### 3. Videos

Explore and watch videos by a range of youth services. Scroll to see more.

### 4. Factsheets

Read factsheets designed to help you manage the key topic area. These are provided by a range of services, also giving you signposts to other organisations who can assist further.

### 5. Stories

Just a quick click of the tab and you will get stories from young people who have successfully managed the topic. Young people who have visited TINO have told us stories and tips from other young people really help them.

### 6. Music

Every topic page features our **Tune Your Mood** music section, bringing you youth created playlists for certain times and emotions for example; Boost My Mood, Wake Me Up and Activate Me.

### 7. Your Input

Did we miss something - let us know? You can also submit your own story and music playlist!

### 8. Find Further Support

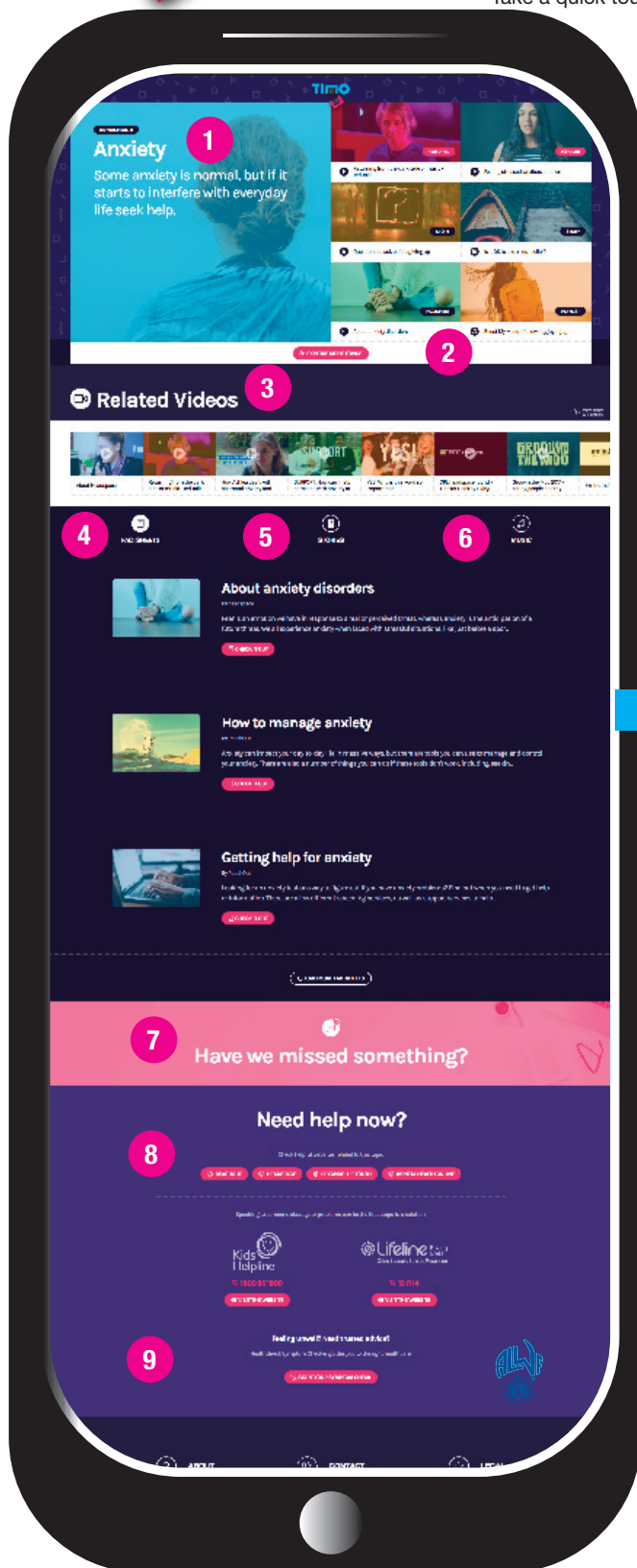
Each page features topic specific links as well as 24/7 support services.

### 9. Localised Help

Using HealthDirect find services close to you.

Yes, all of this is available on **every topic page** on TINO from body image, eating disorders, relationships, alcohol, cannabis, exams, bullying, starting in a new place, relaxation, organ donation, self care and more! Why not check it out in full now at:

**[www.tuneinnotout.com](http://www.tuneinnotout.com)**





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APRIL 2023

Get ready for the

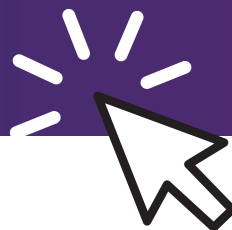
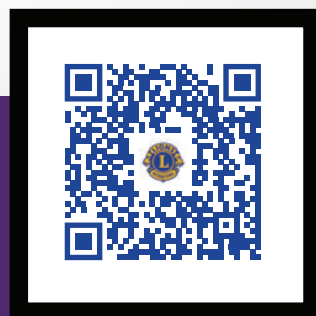


# Lion Portal

In a few months, we'll be combining MyLion, MyLCI and Insights, along with some additional tools and functionality, into a unified mobile-friendly experience called the Lion Portal.

Help ensure a smooth transition. Make sure your **Lion Account information** is correct in MyLCI or your regional reporting system and has a **unique, unshared email address**.

Learn more here: [lionsclubs.org/portal-updates](https://lionsclubs.org/portal-updates).



<https://lionsclubs.org/portal-updates>





**BUILDING A STRONGER TOMORROW**

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**lionsaustralia**  
we serve



## Community Rewards



**Introducing Lions Australia Community Rewards** - a new fundraising channel for Lions Clubs Australia via the Doing Good rewards/giving mobile app.

This loyalty program won't affect your other loyalty or fundraising programs but is even better because it's automatic... when you **SHOP** at participating retailers, you **SAVE** money (no points or anything, \$\$\$ are paid back on your card) plus you automatically **GIVE** to the **Lions Australia Fund** by LCIF.

All it takes is **2 minutes** to create an account & register your credit/debit card. Retailers will automatically recognise your card and reward you discounts. Your data is safe and we promise your tax-deductible donations will be well spent.



Every transaction makes a difference.  
Every microdonation to Lions counts.



Download the Doing Good **app** and **sign up** to **Lions** with access code

**lion2992**

or simply scan this **QR code**

Learn more: Watch this Lions Australia explainer video

<https://vimeo.com/591965559>



## BUILDING A STRONGER TOMORROW

APRIL 2023

**lionsaustralia**  
we serve



## Community Rewards



Lions Australia is offering members of our community special discounts every time you shop, all while supporting charity.

**Shop in-store and online to Save \$\$\$ and Give to Charity**



**Save up to 25% at participating retailers like:**

Woolworths

pet  
stock

asics

kate spade  
NEW YORK

THE ORIGINAL  
Ben Sherman

HOYTS

DYMOCKS

RIP CURL

LORNA JANE

catch

SEPHORA

and more.

**Scan now to register in 2 mins via website or app**



GET IT ON  
Google Play

Download on the  
App Store

Sign up with **code LION2992** via mobile app OR  
Scan this QR Code on your phone  
or click the button to register

**Register now!**





**BUILDING A STRONGER TOMORROW**

APRIL 2023



**Griffith  
University  
Lions Club**



**A Griffith University Lions Club fundraiser in  
cooperation with the Sunnybank Theatre Group.**

## **A VICAR OF DIBLEY CHRISTMAS: THE SECOND COMING**

directed by Chris Guyler



The story continues when Hugo and Alice return from their honeymoon and Alice finds she is putting on weight; she turns to Geraldine for advice..... After coping with the village quiz and organising the week of Radio Dibley, Geraldine is stunned when Alice actually has a good idea – why not put on a Nativity play? Why not indeed, what can possibly go wrong?

**2.00 pm, Saturday 8 July 2023**

**Cost \$35 (includes afternoon tea)**

**Sunnybank Theatre Group**

**14 Mains Rd Sunnybank**

Contact Diana Brennan  
for tickets on 0417 601 629

Raffle with  
great  
prizes!!

All proceeds go to community projects conducted by the Griffith University Lions Club



**BUILDING A STRONGER TOMORROW**

APRIL 2023



Incoming  
**District Governor Savva Argyrou**  
&  
Outgoing  
**District Governor Ian Bruning**

*Would like to invite you to attend*

## ***District 201Q1 Changeover Dinner 2023***

**22<sup>nd</sup> July 2023**  
**at The Currumbin RSL**  
**65 Daringan Street,**  
**Currumbin Qld 4223**  
**6:00pm for 6:30pm**  
**\$50 per head**

**Dress Code: Boho Chic (cream and white)**

**RSVP by 17<sup>th</sup> July to Cabinet Secretary**  
**[Cabsec.q1@lions.org.au](mailto:Cabsec.q1@lions.org.au)**

**Payments by Direct Deposit to**  
**ANZ: BSB 014202 Account 900 195229**  
**Please use name/mobile as reference.**







**BUILDING A STRONGER TOMORROW**

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# **LIONS DISTRICT 201Q1 ONLINE BUSINESS DIRECTORY**

**As a Lion, if you own a business or provide a service that your fellow Lions members maybe interested in... please send your details to our webmaster.**

**A new business listing page will be added to the district website soon!**

**Send details now to:- [it.web@lions201q1.org.au](mailto:it.web@lions201q1.org.au)**



## **OZ-CLUBHOUSE CLOSURE UPDATE**

<https://lionsclubs.org.au/members/faq/#tab-id-4>

**If your club needs help understanding what is going on,  
or needs assistance with any aspect please contact Lion Stuart Perrett:-**

**[it.web@lions201q1.org.au](mailto:it.web@lions201q1.org.au)**

# BUILDING A STRONGER TOMORROW

APRIL 2023

|                           | POSITION  | NAME            | SURNAME     | EMAIL  | PREF. PHONE  |
|---------------------------|---|-----------------|-------------|--|--------------|
| DISTRICT OFFICERS         | DISTRICT GOVERNOR                                     | Ian             | Bruning     | DG.Q1@lions.org.au                             | 0417 638 834 |
| DISTRICT OFFICERS         | 1ST VICE DISTRICT GOV                                 | Savva           | Argyrou     | 1VDG@lions201q1.org.au                         | 0425 972 782 |
| DISTRICT OFFICERS         | 2ND VICE DISTRICT GOV                                 | Jorge           | Salles      | 2VDG@lions201q1.org.au                         | 0436 331 238 |
| DISTRICT OFFICERS         | IMMEDIATE PDG   | Nicole          | Phillips    | IPDG@lions201q1.org.au                         | 0407 763 007 |
| DISTRICT OFFICERS         | CABINET SECRETARY                                     | Libby           | Whitestyles | cabsec.q1@lions.org.au                         | 0404 035 884 |
| DISTRICT OFFICERS         | CABINET TREASURER                                     | Di              | McCrae      | cabtreas.q1@lions.org.au                       | 0499 604 516 |
| DISTRICT OFFICERS         | CONSTITUTION & BY-LAWS                                | David           | Greenup     | cbl@lions201q1.org.au                          | 0400 255 922 |
| DISTRICT OFFICERS         | MINUTE SECRETARY                                      | Kaylene         | Perrett     | assist.cabsec@lions201q1.org.au                | 0427 005 024 |
| DG ADVISORY COMMITTEE     | DG ADVISORY   | Graham (Jacko)  | Jackson     | DGA1@lions201q1.org.au                         | 0411 598 584 |
| DG ADVISORY COMMITTEE     | DG ADVISORY   | Ken             | Mulcahy     | DGA2@lions 201q1.org.au                        | 0407 749 425 |
| DG ADVISORY COMMITTEE     | DG ADVISORY   | Ken             | Bird        | DGA3@lions201q1.org.au                         | 0409 655 220 |
| REGION CHAIRPERSON        | REGION 1 - NSW  | Peter           | Dean        | RC1@lions201q1.org.au                          | 0412 373 722 |
| REGION CHAIRPERSON        | REGION 2 - GOLD COAST                                 | John            | Clark       | RC2@lions201q1.org.au                          | 0407 758 777 |
| REGION CHAIRPERSON        | REGION 3 - LOGAN AND REDLANDS                         | Ken             | Wilcox      | RC3@lions201q1.org.au                          | 0400 962 595 |
| REGION CHAIRPERSON        | REGION 4 - BRISBANE SOUTH                             | Ken             | Mulcahy     | RC4@lions201q1.org.au                          | 0407 749 425 |
| REGION CHAIRPERSON        | REGION 5 - WEST                                       | TBA             |             | RC5@lions201q1.org.au                          |              |
| ZONE CHAIRPERSON          | ZONE 1  | Steve           | Symonds     | ZC1@lions201q1.org.au                          | 02 6666 1535 |
| ZONE CHAIRPERSON          | ZONE 2  | TBA             |             | ZC2@lions201q1.org.au                          |              |
| ZONE CHAIRPERSON          | ZONE 3  | Denise          | Jackson     | ZC3@lions201q1.org.au                          | 0411 598 583 |
| ZONE CHAIRPERSON          | ZONE 4  | Sharon          | McDonald    | ZC4@lions201q1.org.au                          | 0412 879 562 |
| ZONE CHAIRPERSON          | ZONE 5  | Paul            | Krahn       | ZC5@lions201q1.org.au                          | 0417 731 965 |
| ZONE CHAIRPERSON          | ZONE 6  | Paul            | Sime        | ZC6@lions201q1.org.au                          | 0416 220 704 |
| ZONE CHAIRPERSON          | ZONE 7  | Tim             | Trainor     | ZC7@lions201q1.org.au                          | 0401 326 942 |
| ZONE CHAIRPERSON          | ZONE 8  | Bev             | Waldron     | ZC8@lions201q1.org.au                          | 0403 506 778 |
| ZONE CHAIRPERSON          | ZONE 9  | Amanda          | Harrison    | ZC9@lions201q1.org.au                          | 0448 969 478 |
| ZONE CHAIRPERSON          | ZONE 10   | Peter           | Matthews    | ZC10@lions201q1.org.au                         | 0414 888 392 |
| ZONE CHAIRPERSON          | ZONE 11   | Christine       | Forrest     | ZC11@lions201q1.org.au                         | 0409 341 567 |
| ZONE CHAIRPERSON          | ZONE 12   | Stuart          | Perrett     | ZC12@lions201q1.org.au                         | 0411 173 499 |
| ZONE CHAIRPERSON          | ZONE 13   | Stuart          | Perrett     | ZC13@lions201q1.org.au                         | 0411 173 499 |
| DISTRICT SERVICE GROUP    | GST COORDINATOR                                       | Kerry           | Kilpatrick  | GST@lions201q1.org.au                          | 0412 279 464 |
| DISTRICT LEADERSHIP GROUP | GLT COORDINATOR                                       | Wendy           | Poole       | GLT@lions201q1.org.au                          | 0403 522 976 |
| DISTRICT LEADERSHIP GROUP | GLT TRAINING  | Jenny           | Maguire     | Training@lions201q1.org.au                     | 0412 358 205 |
| DISTRICT MEMBERSHIP GROUP | GMT COORDINATOR                                       | Kim             | Forrest     | GMT@lions201q1.org.au                          | 0499 323 392 |
| DISTRICT MEMBERSHIP GROUP | GMT ORIENTATION                                       | Nicole          | Phillips    | Orientation@lions201q1.org.au                  | 0407 763 007 |
| GLOBAL MEMBERSHIP ACTION  | GMA COORDINATOR                                       | Euan            | Stevens     | GMA@lions201q1.org.au                          | 0419 795 542 |
| DISTRICT OPERATIONS       | MASTER OF CEREMONIES                                  | Heidi           | Perrett     | masterofceremonies2022@lions201q1.org.au       | 0468 989 081 |
| DISTRICT OPERATIONS       | CONVENTION CHAIRPERSON 2022                           | Jeff            | Croll       | convention2022@lions201q1.org.au               | 0488 042 395 |
| DISTRICT OPERATIONS       | CONVENTION CHAIRPERSON 2023                           | Wayne           | Hamilton    | convention2023@lions201q1.org.au               | 0427 006 113 |
| DISTRICT OPERATIONS       | PUBLIC RELATIONS/SOCIAL MEDIA                         | Therese         | Bruning     | socialmedia@lions201q1.org.au                  | 0412 401 614 |
| DISTRICT OPERATIONS       | NEWSLETTER EDITOR                                     | Mark            | McCosker    | newsletter@lions201q1.org.au                   | 0429 998 570 |
| DISTRICT OPERATIONS       | WEBMASTER AND IT                                      | Stuart          | Perrett     | it.web@lions201q1.org.au                       | 0411 173 499 |
| DISTRICT OPERATIONS       | CAKES & MINTS   | Barbara         | Tate        | cakesandmints@lions201q1.org.au                | 0413 471 312 |
| DISTRICT SERVICE GROUP    | AUSTRALIAN LIONS CHILDREN'S MOBILITY FOUNDATION       | Narelle         | Parkins     | ALCMF@lions201Q1.org.au                        | 0409 894 221 |
| DISTRICT SERVICE GROUP    | AUSTRALIAN LIONS WELLBEING FOUNDATION                 | Narelle         | Parkins     | ALWF@lions201Q1.org.au                         | 0409 894 221 |
| DISTRICT SERVICE GROUP    | AUSTRALIAN LIONS CHILDHOOD CANCER RESEARCH FOUNDATION | Sophia          | Argyrou     | ALCCRF@lions201q1.org.au                       | 0433 773 942 |
| DISTRICT SERVICE GROUP    | LIONS MEDICAL RESEARCH FOUNDATION                     | Narelle Parkins |             | LMRF@lions201Q1.org.au                         | 0409 894 221 |
| DISTRICT SERVICE GROUP    | LIONS CLUBS INTERNATIONAL FOUNDATION                  | David Greenup   |             | LCIF@lions201q1.org.au                         | 0400 255 922 |
| DISTRICT SERVICE GROUP    | AUSTRALIAN LIONS FOUNDATION                           | David Greenup   |             | ALF @ lions201q1.org.au                        | 0400 255 922 |
| DISTRICT SERVICE GROUP    | LEO COORDINATOR                                       | Sophia          | Argyrou     | leo@lions201q1.org.au                          | 0433 773 942 |
| DISTRICT SERVICE GROUP    | LEO ASSISTANT   | Greg            | Woodard     | leoassist@lions201q1.org.au                    | 0411 474 026 |
| DISTRICT SERVICE GROUP    | LIONS AWARENESS                                       | Michael         | McDonald    | LionsAwareness@lions201q1.org.au               | 0412 879 343 |
| DISTRICT SERVICE GROUP    | YOUTH EXCHANGE  | Narelle         | Parkins     | youthexchange@lions201q1.org.au                | 0409 894 221 |
| DISTRICT SERVICE GROUP    | YOUTH OF THE YEAR                                     | Chai (Yuki)     | Hoe         | YOTY@lions201q1.org.au                         | 0424 625 020 |
| DISTRICT SERVICE GROUP    | PEACE POSTER  | Heidi           | Perrett     | peaceposter@lions201q1.org.au                  | 0468 989 081 |
| DISTRICT SERVICE GROUP    | SIGHT PRESERVATION AND AWARENESS                      | Di              | Henderson   | sight@lions201q1.org.au                        | 0403 171 672 |
| DISTRICT SERVICE GROUP    | DIABETES AWARENESS                                    | Ross            | Forrest     | diabetes@lions201q1.org.au                     | 0409 847 951 |
| DISTRICT SERVICE GROUP    | LIONS HEARING AND STORY DOGS                          | Jenny           | Rainbird    | LHD@lions201q1.org.au                          | 0432 804 826 |
| DISTRICT SERVICE GROUP    | CLUB TWINNING AND OPERATION FRIENDSHIP                | Lyndon Kurth    |             | operationfriendship-twinning@lions201q1.org.au | 0416 036 252 |
| DISTRICT SERVICE GROUP    | EMERGENCY RESPONSE                                    | John            | Lynch       | emergencyrelief@lions201q1.org.au              | 0412 649 860 |
| DISTRICT SERVICE GROUP    | DISASTER RELIEF CO - BRIS/GOLD COAST                  | Paul            | Krahn       | disasterbrisbanegoldcoast@lions201q1.org.au    | 0417 731 965 |
| DISTRICT SERVICE GROUP    | DISASTER RELIEF COORDINATOR - WEST                    | Ros             | Keim        | disasterwest@lions201q1.org.au                 | 0427 572 281 |
| DISTRICT SERVICE GROUP    | DISASTER RELIEF COORDINATOR - SOUTH                   | John            | Lynch       | disastersouth@lions201q1.org.au                | 0412 649 860 |
| NON CABINET POSITION      | NORTHERN NSW COMMUNITY TRUST CHAIRMAN                 | John            | Lynch       | nthNSWtrust@lions201q1.org.au                  | 0412 649 860 |