

District 201Q1 NewsLetter



BUILDING A STRONGER TOMORROW



Jan Bruning
District Governor 2022 - 2023



November 22

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DG Ian Bruning

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The District Convention is now over and was well received by those Lions and Leos who attended. Our international guests from Denmark, Lions Erik and Birget Thordal-Christensen (Operation Friendship) gave an insight to Lions in Denmark and enjoyed themselves visiting with many Lions from our District. The Gala dinner was a great night enjoyed by Lions dressing for the occasion in the theme of the Enchanted Forest and the band had everyone dancing and having fun. Our guest speakers gave us great insights to service in our communities, and our environmental impact (although the show was stolen by a Koala joey named "Heaven" courtesy of Angela Christodoulou from the Qld Koala Society). I was touched by the generosity of Lions present who put their hands in their pockets to make a donation to the Qld Koala Society with the auction of a magnificent painting (painted at the convention and donated by artist Dana Jensen, Lion Jeff Crolls daughter) which sold for \$1200 (thank you Lion Stuart Perrett) and a quick rattle of the tin after Angela's speech which added nearly another \$700!



Congratulations to DGE Savva, 1st VDGE Jorge and 2nd VDGE Stuart on your election.

Our District Cabinet meeting was held at Stanthorpe. The Stanthorpe Lions Club opened a Time Capsule (a sealed

storage room in the local park) that held all sorts of information about families, clubs, businesses and local government from 1988. The Locals have the opportunity to peruse the information and also add to it before it is closed again in December. Cabinet business included the judging of the Peace

Poster competition which was won by a student from Algester Parkinson. On Saturday evening, Cabinet members enjoyed fellowship at the International Club where they were

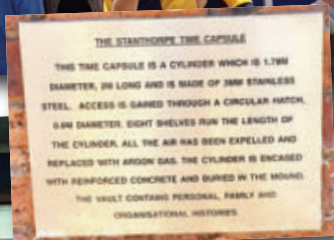




DG Ian Bruning

BUILDING A STRONGER TOMORROW

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visited
by Santa. Lion Heidi
Perrett (Peace Poster
Chair) must have
been very good this
year as she won both
the lucky door prize
and the raffle. Well
done Heidi.

Therese and I attended the
Zone 10 Lap the Map event organised by
Zone 10 Chair Peter Matthews held at
Minnippi Parklands. We had members from
Brisbane Holland Park Lions, Mt Gravatt
Mansfield Lions and a large group from



Brisbane Chinese Lions enjoy a leisurely walk through the
parklands to the lake and back. Participants enjoyed a
brunch and had the chance to test their blood sugar
levels thanks to the Lions Club of Brisbane Chinese.

I will also take the opportunity to introduce you all to “A
Big Audacious Plan” – 30 by 2030 and 50 by 2050. Your
Council of Governors from Australia have endorsed a
plan to
encourage the
growth of
Lions in
Australia to
grow
membership to
30,000
members by
2030 and
50,000
members by
2050. This will
enable Clubs



to grow their service to the community. We are all aware
that we need new members to meet the growing needs
due to increasing disasters, health/pandemics, and
environmental needs. You will see
more information from GMT Kim and
your leadership team in the next few
months.

I know we are all moving into the busy
Christmas period of the year and I ask
you all to look after yourselves. I will
catch up with some of you in the next
week or so as we are off to Southport
Lions Club for their 70th Anniversary.
What a fantastic achievement for
their Club. For those we can't catch
up with, Therese and I wish you all a
Merry Christmas season and we will see you
in the New Year.

Kind regards – DG

Ian Bruning



Convention Fun

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Convention Fun

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Convention Fun

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Peace Posters

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WINNER:

Aleah Mourilyan Age 11 Algester State School



Amelliah Hart Age 11 St. Stephen's Primary, Algester



Ayanna Lin Age 11 Redeemer Lutheran College



Annabel Yang Age 12 Coopers Plains State School



Penny Sacco Grade 6 St. Berards State School



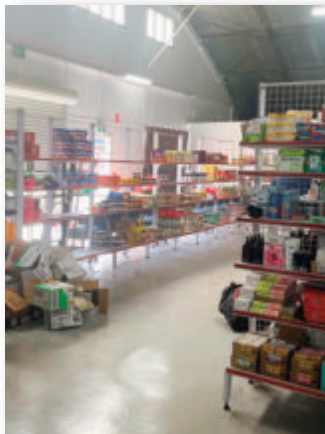
Kyogle in Northern NSW is a small township of about 3,000 people but caters for another 9 smaller villages in our wider Local Government Area. We are known as a rural community

who works together for not only our town but our close neighbours.

In 2020, Kyogle Club member Roz Knights, the current manager of the SDA Community Food Pantry, was asked by the SDA church to relocate the Community Food Pantry to another venue and to find another sponsor as the SDA church had sponsored the food pantry for 7 years and now needed the space for their growing membership. The then venue was about 6 x 6 metres and too small for the growing needs of our Kyogle Community, working out of two "double bedrooms" off the church hallway. The Kyogle Lions Club were approached and members voted to support the project with the undertaking that the Club would have no costs other than that the workers would be covered by Lions Club Insurance for volunteers.

Looking for a larger venue in a small town that was able to be food storage grade and cater for things as larger aisles, supermarket type shelving for the trade storage areas, Covid restrictions, staff rooms, registration desks (to name just a few of the set-up items needed) was an amazing journey. Applying for Government grants was a whole new ball game. Lease agreement in place. The transition of a former garage/country store/car workshop/furniture store began in July 2021.

WHS for lifting of boxes and goods: more training for staff: buying trolley jacks, pneumatic trolley lifts and supermarket trolleys: redoing Covid Plans: electrical work and painting: dealing with commercial trades and timelines, these were all part of a very steep learning curve for myself and gratefully other members of our Club. With the help of Club members, many willing workers from our clients as well as the Kyogle community, in just 11 weeks we made it happen.



Kyogle Lions Community Food Pantry began trading on 23rd September 2021. The K.L.C. Food pantry started with 90 clients and the funds from the previous 8.5 years of working with the SDA church, (approx \$6,500.00), 10 staff and a lot of smiles. We were working with communities affected over the previous 3 & 1/2 years by drought, flood, fire, more drought etc, and we faced having to assist staff to sometimes "just keep smiling, that will help all of us to get through".

Client eligibility is based on a small interview by registration staff, sighting one of:- centrelink pension, low-income health card, veterans cards or referral from one of the other 10 front-line community support agencies (churches, op-shops, FCS agency, Kyogle Community welfare agencies, sometimes neighbouring welfare agencies., and sometimes two signatures of staff members where a client has no ID. Our baseline, according to our Foodbank NSW/ ACT Limited Agreement, is that "our clients must be needy". We undertake an audit every six months and review each client's eligibility and record that the audit has been done on their member card.

In addition to supplying food and basic cleaning goods, we are able to support clients with Chemist vouchers from the Kyogle Chemist

and fuel vouchers for all of our three local service stations. We apply for grant money from the State government and the Local Council to facilitate these vouchers. A decision was made NOT to provide refrigerated or frozen goods, due to the cost of electricity and possible wastage.

Kyogle Lions Community Food Pantry is only open one day a



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Kelsi with her new Teddy "Pearl"

Kyogle Lions Club president, Tony Lickiss, and club members were privileged to visit the Coraki Preschool, and distributed New Lions Teddy Bears on behalf of the Melbourne Lions Club. Preschool Directress, Suzie, was very appreciative of the visit, telling us that the Coraki Preschool has only been back working for the past couple of weeks. The rebuild after the March 2022 flood event,

really knocked the local community "for a six". "It is so wonderful to think that Lions Clubs in other states think enough of our children to send a bit of happiness their way." Recipient of a Lions Teddy Bear, Kelsi, loves that she has a new Teddy Bear and has named her "Pearl".



Lismore City Lions Club working with Kyogle Lions to get much needed relief delivered to our Coraki neighbours

Kyogle and Lismore Lions Clubs combined today 12th August 2022, to top up the Coraki Recovery Hub.

The Kyogle Lions Community Foodpantry Volunteers, Kyogle Lions Club Members, assisted by SDA Minister, Fernand Lombart and Disaster, Recovery, Sheds and Assistance Inc. Dan Jones, today, packed over 3 tonnes of food and drove it 2 hours to the Coraki Recovery Hub.

The Coraki Hub is still very much a focal point for locals to select clothing, household goods and choose food.

www.nrtt.com.au

One of the Hub co-ordinators, Bianca, was very pleased and grateful to see full food shelves and the fresh carrots, bananas and oranges, which was part of the food delivered.

Co-jointly, the Lismore Lions Club, through Bruce Sheaffe, Lions member, arranged for eight fruit-bins of clothes, toys, shoes, pots & pans, toys, linen, blankets and other donated goods.

This was also delivered to the Coraki Hub, today as part of the co-joint Lions Clubs assistance day.

week, Thursday 8.30am - 3.00pm, and is the start of a weekly shop for our clients. Kyogle is a "one supermarket town" and as such we work together with the other agencies in buying their vouchers and then giving out vouchers for goods that we do not stock. In just six months of trade, our Service with a Smile and non-judgment of clients has seen many pensioners and other eligible clients come to us to start their weekly shop. Our February audit showed 380 clients.

Then came the 2020 Floods x 3 events within our LGA. For the first three weeks of trade in March, our food pantry gave away approximately \$5,000.00 worth of food and cleaning goods. We became the community depot for emergency Foodbank hampers and our staff worked with the ADF, local Councils and clients to house and distribute many goods to affected people.

In February 2022 our LGA and close neighbours of Lismore, Casino, Coraki and Woodburn suffered losses from major and unexpected floods, affecting 10,000 + families. You may be aware of news footage re Lismore, but Kyogle and

our other neighbours were also severely impacted, which doubled the numbers that were given in the news about Lismore. In response to the floods, Melbourne Lions Club sent 250 Lions Disaster Teddy Bears for us to give to the preschool children of Coraki and Woodburn, a privilege to facilitate. Narrabri Lions sent toys and Marysville sent sewing kits. Lismore City Lions Club worked with us to assist in getting some needed stock of goods and food to a community welfare hub being set up in Coraki.

Coraki is a small village of approx. 1200 families. We were privileged to receive gifts from our small town, Kyogle and together with Coraki locals organised a fun day for families at their River park. One of Australia's best known radio presenters, Ian "Macca" McNamara of ABC National Radio gave his 1st outside broadcast since COVID lockdowns in 2019. A

fantastic day!

At present our K.L.C. Food pantry is still serving families affected by the February flood. Some travel over 60 kms for our assistance. We have been so busy over the past 12 months with the opening of our project, Kyogle Lions Community Food Pantry, and have just celebrated our 1st year anniversary.

Yours in the Service of Lions

Roz Knights





Carrara Lions

On Saturday 5th November Carrara Lions hosted a Free sausage sizzle as a part of Lions 75th Anniversary celebrations. It was held in the Carrara Lions park at Madigan Rd. The club provide balloon twisting and face painting for the children. Councillor Bob La Castra was in attendance mixing with the Carrara residents for a chat and a laugh. Great weather, fantastic park and facilities. Carrara Lions had an opportunity to explain their role and efforts to enhance the park to all that attended.

Linda Quilter



Step back in time...

Stanthorpe celebrates 150 year anniversary, 19 November our Lions club was involved in opening the time capsule and displaying its contents. The Stanthorpe Community Club Time Capsule originally closed 1988 for the Australian Bicentennial, a cylinder which is 1.78m diameter, 2m long and is made of 3mm stainless steel. Access is gained through a circular hatch, 0.6m diameter. Eight shelves run the length of the cylinder. All the air has been expelled and replaced with Argon gas. It was originally custom made under the guidance of the local DPI and Queensland University. Surviving Members from the Stanthorpe Community Group believes this is the largest time capsule in the Southern Hemisphere. It has been a great opportunity for the Club, to show case the items for the public to see, over a 4 day period. Opening the time vault it quickly became a bigger job than expected with a lot of items personally instructed for family members to open the packets. In some cases there was only one surviving member, tracking down a challenge. It has been great to see the joy of the families opening the packets and becoming quite emotional. Some of the items included the local newspapers for that year, family history/books, photos, poetry about Stanthorpe, fabric, Old Caves Armchair port, on a personal note I was able to

open the packet from Rotaract, History of Rotaract in Stanthorpe with the photo of the founding members and the current members in 1988 in which I was the president at that time (good old days). We were amazed how well everything was persevered including the

pine shelving looked like it just came from the hardware store the day before. The Members ran a BBQ, display of Historic Machines (Stanthorpe Historic Vehicle & Machinery Group)



and the local car club supported us a well, great to see cabinet members come and visit us on site. Closing note, the Cabinet has offered to place the minutes from the Cabinet meeting held 20 November in Stanthorpe into the time vault – who will be around to open the packet in 25 years?

Mark McCosker

Stanthorpe Lions Club





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The first Lions Diabetic Alert Dog was delivered free-of-charge by Australian Lions Hearing Dogs on the 17th of October in Adelaide, South Australia. For Eliza, receiving Sal was like two long lost friends finding one another.

‘I’ve wanted a Diabetic Alert Dog ever since I first learnt about them. But I also knew it was an expensive process, plus getting the right dog from the right provider... well, I never thought about it too much further.

Diabetes is a very expensive illness to live with. While it has been cheaper with the recent government subsidies, prior to this year, it probably costed me about seven grand a year just to live with diabetes. Adding the cost of training a dog, it was not sustainable, not on top of mortgage and everything else.

When I heard about the Lions Medical Alert Dog Program, well, I got in contact with Laura. And getting Sal has been great! She fits me so well. I just take her everywhere, it’s almost like having a new baby! I get my little bag and off we go. Knowing that she isn’t just a best friend but could also save my

life... it’s pretty astounding.

I think Sal has definitely bonded with me. I’m like her mum and she’s like my daughter. Sal has actually picked up my hypos (low blood glucose levels) since day one. Our first week together she had alerted to four hypo events. This happened while I was cooking and while we were out at a café; she knew her priorities even with all the smells of food around her. Plus, I can imagine my hypos would smell very different from the samples she was trained with, so for her to pick it up and come straight to me was pretty amazing!’

Sal was delivered just in time for World Diabetes Day, which falls on the 14th November, and is the first of many Diabetic Alert Dogs to come. This is just the start of our Medical Alert Program; a gift from Lions to the Australian community. To read more about Sal and Eliza, subscribe to our newsletter or visit our Facebook!

Belinda Henschke

Lions Hearing Dogs



FREE to all Lions

Free Lions Learning Centre
Courses - All you need to

create a free account is your Lions member ID
number (ask your Club Secretary if you don't know
it).

Being a Lion is more than just providing volunteer
work to your local community – although that's a big
part of it. Being a Lion also means leading others,
working as a team, communicating, planning,
improving and achieving results.

Lions Clubs International provides free online
courses at the Lions Learning Centre in order to help
Lions develop these skills, so you have the know-how
and resources needed to serve to the best of your
ability.

Lions Learning Centre courses are broken into the
following categories :

- **Leadership.**
- **Managing Others.**
- **Achieving Results.**
- **Communication.**

How long will it take to complete an LLC course?

Courses are made up of one or more modules, which
average 10-15 minutes in duration. There may be
courses which require more or less time to complete.
You can also save the course half way through and
come back and finish it later.

Recommended Courses to help build your Club :

Invite for Impact (EN) (89):

The well-being of Lions clubs depends on continually
recruiting new members who are passionate about
service. This course comprises two modules that
take a comprehensive look at the four steps of
inviting new members to join clubs.

Promoting Innovation (EN) (214) :

Sustainable growth and effective service require new
ideas and actions. This course provides tips on
stimulating creativity and creating an environment
that supports innovation in your club.

Visit the Lions Learning Centre
(<https://www.lionsclubs.org/EN/member-center/leadership-development/lions-learning-center/index.php>) to learn more and register for a
course. It's really easy – and you can only “gain” by
completing a course or two.

***“Happy Learning”:
Jenny Maguire***

**District Global Leadership Team
Training Coordinator**

Ph : 0412 358 205

Email: Training@lions201q1.org.au



Member Orientation:

Unfortunately we were unable to proceed with member orientation this month. Two in-person programs have now been scheduled as detailed below:

Sunday, 26 February 2023 - Brisbane/Logan region

**Sunday 12 March 2023 - Lower Gold Coast/
Tweed region**

Invitations will be forwarded to new members and their sponsors to attend, however the program is open to any interested Lions who would like to learn more about the history of Lions, an understanding of the structure of Lions across the globe and the various causes and foundations of Lions. A great opportunity to understand how Lions are connected to each other across the globe.

If you are interested in participating in this program or would like further details please contact: orientation@lions201q1.org.au

Our Future Leaders:

Within your club you may already be starting to think about the process for electing your 2023/24 leadership team. Discussing with each other the opportunity club leadership provides, supporting those members who wish to stand for a role within your club.

If you are interested in standing for a club leadership role, I encourage you to discuss this with your current leadership.

In addition, you may wish to talk to others who have taken on leadership in their own club, their experiences and what they get out of the role. To supplement the work already being done within clubs, there will be an online **Club Leadership Forum** held the evening of **Thursday 2 February 2023**. This forum will be led by current club leaders across the district, holding roles, such as President, Secretary, Treasurer, where they will talk about their experiences in the role and be available to answer questions on what they have got out of taking on leadership roles within their club.

Should you wish to participate please email gl.t.q1@lions.org.au for further details and a link to this online forum. Information will also be forwarded to all clubs in the coming weeks to share with any interested members.

Regional Lions Leadership Institute

Lions Australia is running a Regional Lions Leadership Institute program in Sydney from 17-19 February 2023.

The Regional Lions Leadership Institute (RLLI) (<https://www.lionsclubs.org/en/resources-for-members/resource-center/regional-lions-leadership-institute>) prepares Lions and Leos for leadership positions throughout Lions. The program is there to support members who wish to pursue leadership roles within their Lions communities. Club leaders would benefit from attending.

Applications close 16 December 2022, please contact gl.t.q1@lions.org.au for further information and an application form.

Finally, both Jenny and I would like to wish you all the best for the festive season.

Wendy Poole
GLT Coordinator



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NOW AVAILABLE

Promotional Videos

CREATE BY LIONS AUSTRALIA

AVAILABLE TO SHARE

https://www.youtube.com/c/LionsAustralia_we_serve



A young family-oriented Lions club

Lions Australia
240 views • 1 month ago

CC

<https://www.youtube.com/watch?v=3jithmvKIM>



The joy of helping others in Lions

Lions Australia
172 views • 3 months ago

CC

https://www.youtube.com/watch?v=TdF1S7M_FLc

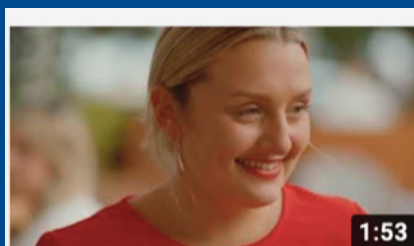


A unique Lions club with a special mission

Lions Australia
897 views • 3 months ago

CC

<https://www.youtube.com/watch?v=aLlni3ItTnQ>



A Lion for life

Lions Australia
522 views • 4 months ago

CC

<https://www.youtube.com/watch?v=wr1Q462QGzc>



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Community Rewards



Introducing Lions Australia Community Rewards - a new fundraising channel for Lions Clubs Australia via the Doing Good rewards/giving mobile app.

This loyalty program won't affect your other loyalty or fundraising programs but is even better because it's automatic... when you **SHOP** at participating retailers, you **SAVE** money (no points or anything, \$\$\$ are paid back on your card) plus you automatically **GIVE** to the **Lions Australia Fund** by LCIF.

All it takes is **2 minutes** to create an account & register your credit/debit card. Retailers will automatically recognise your card and reward you discounts. Your data is safe and we promise your tax-deductible donations will be well spent.



Every transaction makes a difference.
Every microdonation to Lions counts.



Download the Doing Good **app** and **sign up** to **Lions** with access code

lion2992

or simply scan this **QR code**

Learn more: Watch this Lions Australia explainer video

<https://vimeo.com/591965559>



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Community Rewards



Lions Australia is offering members of our community special discounts every time you shop, all while supporting charity.

Shop in-store and online to Save \$\$\$ and Give to Charity



Save up to 25% at participating retailers like:

Woolworths

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asics

kate spade
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THE ORIGINAL
Ben Sherman

HOYTS

DYMOCKS

RIP CURL

LORNA JANE

catch

SEPHORA

and more.

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Download on the
App Store

Sign up with code **LION2992** via mobile app OR
Scan this QR Code on your phone
or click the button to register

Register now!



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Has your club planted a Commemorative Garden?

By September 2022, our aim is to have at least 75 Lions gardens planted throughout Australia to celebrate our 75th Anniversary.

We've been keeping count and sharing progress photos of our gardens on our Facebook page here: www.facebook.com/Lions75Gardens/
If your club hasn't started, now is the time to plan your garden.



THE DIGITAL VERSION OF THE LION IS AVAILABLE ON OUR WEBSITE HERE.

<https://lionsclubs.org.au/keep-in-touch/>



LION Online

<https://lionsclubs.org.au/keep-in-touch/>



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	POSITION	NAME	SURNAME	EMAIL	PREF. PHONE
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DISTRICT OFFICERS	IMMEDIATE PDG	Nicole	Phillips	IPDG@lions201q1.org.au	0407 763 007
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DISTRICT OFFICERS	CABINET TREASURER	Di	McCrae	cabtreas.q1@lions.org.au	0499 604 516
DISTRICT OFFICERS	CONSTITUTION & BY-LAWS	David	Greenup	cbl@lions201q1.org.au	0400 255 922
DISTRICT OFFICERS	MINUTE SECRETARY	Kaylene	Perrett	assist.cabsec@lions201q1.org.au	0427 005 024
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REGION CHAIRPERSON	REGION 4 - BRISBANE SOUTH	Ken	Mulcahy	RC4@lions201q1.org.au	0407 749 425
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DISTRICT MEMBERSHIP GROUP	GMT ORIENTATION	Nicole	Phillips	Orientation@lions201q1.org.au	0407 763 007
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DISTRICT OPERATIONS	NEWSLETTER EDITOR	Mark	McCosker	newsletter@lions201q1.org.au	0429 998 570
DISTRICT OPERATIONS	WEBMASTER AND IT	Stuart	Perrett	it.web@lions201q1.org.au	0411 173 499
DISTRICT OPERATIONS	CAKES & MINTS	Barbara	Tate	cakesandmints@lions201q1.org.au	0413 471 312
DISTRICT SERVICE GROUP	AUSTRALIAN LIONS CHILDREN'S MOBILITY FOUNDATION	Narelle	Parkins	ALCMF@lions201Q1.org.au	0409 894 221
DISTRICT SERVICE GROUP	AUSTRALIAN LIONS WELLBEING FOUNDATION	Narelle	Parkins	ALWF@lions201Q1.org.au	0409 894 221
DISTRICT SERVICE GROUP	AUSTRALIAN LIONS CHILDHOOD CANCER RESEARCH FOUNDATION	Sophia	Argyrou	ALCCRF@lions201q1.org.au	0433 773 942
DISTRICT SERVICE GROUP	LIONS MEDICAL RESEARCH FOUNDATION	Narelle Parkins		LMRF@lions201Q1.org.au	0409 894 221
DISTRICT SERVICE GROUP	LIONS CLUBS INTERNATIONAL FOUNDATION	David Greenup		LCIF@lions201q1.org.au	0400 255 922
DISTRICT SERVICE GROUP	AUSTRALIAN LIONS FOUNDATION	David Greenup		ALF @ lions201q1.org.au	0400 255 922
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DISTRICT SERVICE GROUP	LEO ASSISTANT	Greg	Woodard	leoassist@lions201q1.org.au	0411 474 026
DISTRICT SERVICE GROUP	LIONS AWARENESS	Michael	McDonald	LionsAwareness@lions201q1.org.au	0412 879 343
DISTRICT SERVICE GROUP	YOUTH EXCHANGE	Narelle	Parkins	youthexchange@lions201q1.org.au	0409 894 221
DISTRICT SERVICE GROUP	YOUTH OF THE YEAR	Chai (Yuki)	Hoe	YOTY@lions201q1.org.au	0424 625 020
DISTRICT SERVICE GROUP	PEACE POSTER	Heidi	Perrett	peaceposter@lions201q1.org.au	0468 989 081
DISTRICT SERVICE GROUP	SIGHT PRESERVATION AND AWARENESS	Di	Henderson	sight@lions201q1.org.au	0403 171 672
DISTRICT SERVICE GROUP	DIABETES AWARENESS	Ross	Forrest	diabetes@lions201q1.org.au	0409 847 951
DISTRICT SERVICE GROUP	LIONS HEARING AND STORY DOGS	Jenny	Rainbird	LHD@lions201q1.org.au	0432 804 826
DISTRICT SERVICE GROUP	CLUB TWINNING AND OPERATION FRIENDSHIP	Lyndon Kurth		operationfriendship-twinning@lions201q1.org.au	0416 036 252
DISTRICT SERVICE GROUP	EMERGENCY RESPONSE	John	Lynch	emergencyrelief@lions201q1.org.au	0412 649 860
DISTRICT SERVICE GROUP	DISASTER RELIEF CO - BRIS/GOLD COAST	Paul	Krahn	disasterbrisbanegoldcoast@lions201q1.org.au	0417 731 965
DISTRICT SERVICE GROUP	DISASTER RELIEF COORDINATOR - WEST	Ros	Keim	disasterwest@lions201q1.org.au	0427 572 281
DISTRICT SERVICE GROUP	DISASTER RELIEF COORDINATOR - SOUTH	John	Lynch	disastersouth@lions201q1.org.au	0412 649 860
NON CABINET POSITION	NORTHERN NSW COMMUNITY TRUST CHAIRMAN	John	Lynch	nthNSWtrust@lions201q1.org.au	0412 649 860