



DISTRICT 201Q1

Newsletter

SERVE WITH H.E.A.R.T



Story: **TONGA DISASTER RELIEF UPDATE**
SEE PAGES 6-7

MAY 2022

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Nicole Phillips
DISTRICT GOVERNOR 2021 - 2022



Serve with

HONESTY
EMPATHY
ACCCEPTANCE
RESPECT
TRUST





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ARE YOU *following* US?



www.facebook.com/District201Q1Lions
www.twitter.com/201Q1Lions

www.instagram.com/lionsdistrict201Q1
YouTube - Coming Soon - Watch this Space!



COUNTDOWN STARTS....

I am very sorry for the May newsletter being late distributed. Countdown starts....the year is very close to closing for 2021/2022 year I do hope that everyone has had a wonderful and fun year and make sure you finish the year with a BANG!

Lions Australia have created some FANTASTIC new promotional videos which you can use on your social media -See the Lions Australia YouTube account
https://www.youtube.com/c/LionsAustralia_we_serve

Melbourne Mini Multiple District Convention which was held over the weekend of **14 & 15th May** at the Crown Melbourne was a great 2 day convention with many guest speakers and a panel discussion. For those Lions who watched the convention via the Lions Australia YouTube channel - I hope you enjoyed it. Once again the Leo of the Year and Youth of the Year program were inspiring - we are all in good hands in the future. **Congratulations!** Leada who is our Leo of the Year winner from Tasmania, Leo Club of King Island. **Congratulations!** Huda from Lions Club of Armadale-Kelmscott W2

Well done to all the nominees who went for International Director including our very own PDG Peter Ho – well done on all your hard work. The election results were announced at the convention and **Tim Irvine from WA** was successful to represent our **Constitutional Area VII as our International Director.**

YOUTUBE RECORDINGS FROM THE MD CONVENTION:

Day 1 - <https://youtu.be/mDdSsCpkwnE>

Day 2 - <https://youtu.be/56hZL3UHMGA>

IMPORTANT: As the year is reaching the end you need to ensure that your **membership and service reporting is all UPDATED.** Your invoices from District/Multiple and International will be issued in early July. **Your invoices will be based on the membership you have as of the 30th June.** The membership dues will be increasing in line with CPI on 1 July 2022. The annual CPI increase (All Groups Australia) to 31 December 2021 was 3.5%. Accordingly, member dues will **increase by \$1.60 to \$47.40 (incl GST) per member per annum (\$23.70 per half year).**

This means that all clubs will need to increase their club membership dues accordingly. The recent pandemic of COVID has proven that clubs are not letting their members know of the actual cost of the Lions membership as the club subsidise the membership. I highly recommend to ensure that **ALL members know the actual cost** as there might be times that you are not able to raise funds for your administration account and members will have to pay the full cost.

On another note from the upcoming International convention being held in Montréal that there is a motion to **increase the international dues** as well which will affect all our Lions membership. If this motion is passed at the convention this will be in effect from **1st July 2022.** Please see a copy of the information:

- **LIONS CLUBS INTERNATIONAL (LCI) DUES** - delegates at the LCI Convention being held in Montreal on 25 to 29 June 2021 will be asked to vote on a staged increase in LCI dues of US\$3.00



from 1 July 2022, US\$2.00 from 1 July 2023 and an additional US\$2.00 from 1 July 2024.

I have included an article in the newsletter called "Taking the Pain out of semi-annual Dues" to give you some ideas to help you.

MAY QUESTIONS TO START THINKING ABOUT AND ACTIONING:

1. What are you planning to do to celebrate **75 years of Lionism in Australia** in September?
2. Are you going to recognise your members, sponsors, donors at your changeover?
 - a. It is very important to say "Thank you" to your sponsors or people who have assisted your club.
 - b. Have you invited your sponsors/donor to a function to see the end result of a project which they have helped you with?

IN MY PREVIOUS ARTICLES I HAVE ASKED YOU QUESTIONS TO THINK ABOUT WHICH WERE:

1. **"Why?"** are you in Lions?
2. Have you set your **3 – 5 year strategic plan** or goals for your club? If not Why?
3. Have you got a greeter at all your events to approach the community and ask "Do you know Lions do in your community?"
4. Created a Marketing/Promotion Plan?
5. Have you reviewed your Constitution & Policy Minutes? Is it up to date?
 - a. If you are up to date let our CBL Rob know cbl.q1@lions.org.au
6. Have you thought about having an assistant secretary or treasurer to help with you succession planning?
 - a. If you are currently doing this please let our District Leadership Team know glt@lions201q1.org.au
7. How can you ensure to have fun while selling Christmas Cakes?
8. How can you utilise this time of year to really promote your Lions Club and your achievements this year?
9. Have you ensured that you have been reporting your service activities, updating your Lions and Leo membership?
10. What is your plan for the next 6 months?
11. What are you going to do to promote your Australia Day events in the community and afar?
12. Lions Club Awareness Day is approaching in March, start to plan a promotional event and ensure to have a impactful 30 second elevator pitch, what are your plans?
13. Have you thought about implementing a process for your members to have an automatic transfer of \$15 p/mth to pay towards their dues?
14. Start to plan your changeover event? Maybe a think of a different format... lunch?
 - a. Start planning your recognition awards now and order to arrive in time
15. Are you using the following social media outlets? Did you know the District is NOW ON TIKTOK?
 - a. Facebook, Youtube, Twitter, Instagram, TikTok



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DC

Nicole Phillips

- 16. Have you started to mentoring your newly elected members in their next years term position? What about inviting them to help/shadow you in your current role?

Don't forget SHARE your achievements with us District PR Team!. If you need any assistance please "Just Ask!"

Celebrating 75 years and counting...
Where there is a need, there is **ALWAYS** a Lion



Always.
lions australia 75 years and counting District 201Q1

<https://lions201q1.org.au/resources/office-365-resources/>

Home » Resources » Office 365 Resources

Office 365 Resources



1. Getting Started
2. Outlook
 - i. Create an email signature
 - ii. Managing your Inbox
3. One Drive
 - i. Getting Started
 - ii. Managing your documents with Office 365
4. Teams

QR CODES



AVAILABLE
FOR CLUBS
TO DOWNLOAD:



<https://lions201q1.org.au/resources/qr-codes/>



APPLE – MAQ LIONS CLUB TONGA DISASTER RELIEF UPDATE

THANK YOU to those 15 Lions Clubs who have generously donated either funds or items towards the recovery in Tonga after the devastating Volcano eruption/Tsunami.

Lion Alex who is Tongan from our club along with his Tongan Group "Mission of Hope Tonga United 'o Brisbane " has been driving the project to help his country to recover, it will be a long recovery process but every little bit will help.

To help make it possible, it has been a joint project with Someone Who Cares to help send the first container over which was shipped on Wednesday 20th April which included building supplies and tools, sporting equipment, medical/first aid equipment, clothing, fishing equipment, linen and mattresses etc.



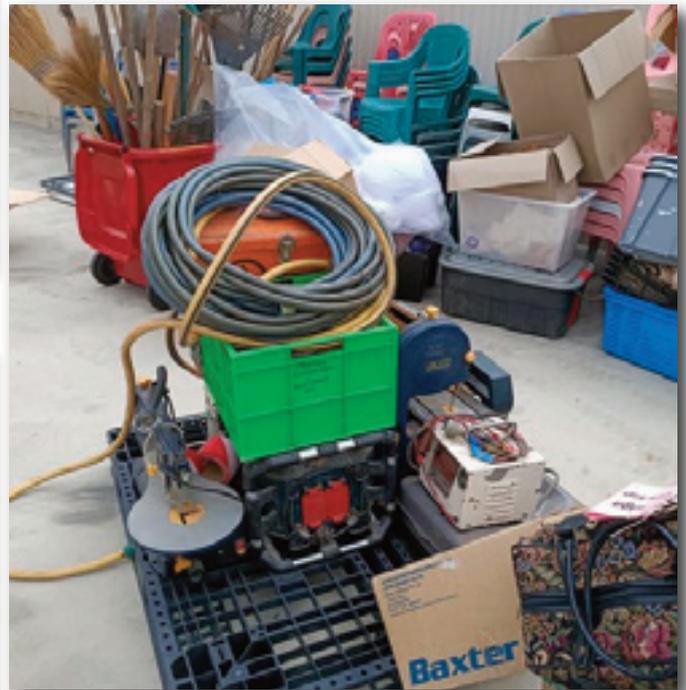


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Robina, Capalaba, Brisbane MacGregor, Gold Coast Tallebudgera, Pineland, Bangalow, Palm Beach Currumbin, Carrara, Greater Mt Gravatt Mansfield, Runaway Bay and Redland Bay Victoria Point.



We will still be assisting Tonga with their recovery efforts so if you would like to participate either by financial donations, required items or provide a helping hand to pack the containers please let us know.

Thank you once again

Apple-M.A.Q. Lions Members

applemaqlions@yahoo.com.au
07 3391 3159

The Tongan group has also worked with Rotary DIK as they were also helping to fund two containers to be sent to Tonga with similar items.

Thank you to Sandstone Point Lions, Tamborine Mt Lions, Boondall Lions Camp Duckadang for their donations of items to fill the containers.

Thank you to the following clubs who have provided financial donations: Brisbane Holland Park, Brunswick Mullumbimby, Warwick, Sanctuary Cove/Hope Isl,



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AUSTRALIA DAY EVENTS AND AWARDS

LIONS COMMUNITY PROJECT - BUDDY BENCH

Back in 2019 our Lions Club discussed the possibility of helping a school in our local community by way of donating a Buddy Bench for the students to use. The school we decided on was Yarranlea Primary School, an independent co-educational Primary School located in the Mt Gravatt campus of Griffith University. Our project leader and Club Treasurer Lion Judith Hoey contacted The Principal Mr David Costin who was very keen for this project to happen, but due to Covid the process has been a slow one. A site was chosen for the bench and it has been installed for some time but on 25th March, 2022 we finally had the opportunity to officially handover the bench at the Schools Leadership Awards Ceremony and a plaque was presented to the school to be affixed to the bench, courtesy of the Griffith University Lions Club. The Principal was very appreciative of the Club's support and is keen for the Club to continue being involved with the school. So much so, that the idea was raised of the possibility of members from the Lions Krafters Group attending the school

and teaching the children to knit! Introducing the young students to skills that need to be passed down and kept alive for future generations.

Great community Project!

Lion *Marg Kupper*

GRIFFITH UNIVERSITY LIONS





COINLINE CHALLENGE FOR KIDS WITH CANCER APRIL 2022 UPDATE

WOW, WE'RE HALFWAY THERE!

We are happy to announce we are halfway to our donation goal to break the World Record for the longest continuous line of coins. We will need to convert over \$200,000 into 5 cent coins. To date, the donations by Lions Clubs, individuals and some businesses has just topped \$101,500.00. Thank you for your generous support.

For a couple of years, we have been trying to run the Coin line for Kids with Cancer in a contactless, COVID environment. These restrictions on our campaign led us to postpone the 2021 World Record breaking attempt. **The Coin Line for Kids Committee have now earmarked November 2022 for the attempt to break the World Record.**

Many Lions will be aware that September is Cancer Awareness month. Therefore, we are asking all Australian Lions and Leos to consider holding a Coin line event in the next few months culminating in a massive effort during September, **so that we can attempt the Record in November.** As well as gaining a Guinness World Record, Aussie Lions will have made a great contribution funding research into cures for Childhood Cancers.

Some Clubs are holding "Coin Jar" collections. Why? Because most of us use plastic when shopping, so the coins are just filling jars and bowls around the house and gathering dust. As a public service, we can help to clean out those jars and put the coins to good use! One Club is proposing a "Putt Putt" Coin line. They are seeking sponsors for each of the eighteen holes. They in turn find people to lay their coins in a line from the Tee to the Cup. **Simple, isn't it?**

Yet another suggestion is to "Lay them in the aisles". Map out the aisles at your local Hardware store or Supermarket, then sell each metre for \$2.50. (1 metre equals approx. 50 x 5cent coins end on end, that's \$2.50.) Issue a ticket for each donation and draw a lucky winner. The prize could be a voucher from the store. If you get all the way around, start a second lap!

Whatever you can do to help us; it will be greatly appreciated by the families that are afflicted by Childhood Cancer. It is for them, that we support the work of the Australian Lions Childhood Cancer Research Foundation. It may have taken a while to reach the halfway point, **I'm sure that with a big effort we can reach our fundraising goal by September.**

Cheers,
PDG *Keith Stewart*

coinlineforkids@lions.org.au



CAMPAIGN 100 GOAL ENDS 30TH JUNE 2022

Q1 HAS A GOAL OF \$255,856

AND WE HAVE RAISED \$182,262 SO FAR

Lions Clubs International Foundation (LCIF) was founded in 1968 as the charitable arm of Lions Clubs International to take its mission to new heights by tackling global problems and assisting Lions with large-scale local humanitarian projects. LCIF's history is filled with impactful projects; meaningful partnerships; and the kindness, compassion, and tireless efforts of Lions.

LCIF Australia has a proud history of achievement in Disaster and Emergency Relief, Medical Research and Community Service. Together with LCIF and Lions of Australia, we were at the coalface for Cyclone Tracy, bushfires, and the Queensland floods.

LCIF Australia assist with local community fundraising for special causes and help with the development and building of local parks, community venues, and sporting centres.

LCIF has a goal to raise **US\$300 million** prior to the **30th June 2022**, to date **\$280 million** has been raised internationally. **Q1** has a goal of **\$255,856** and we have **raised \$182,262** so far – **Keep up the great work and get your donations sent in by the 30th June!!**

We still have a month to go. It is possible to reach our goals.

Donations can be made by donating to the **'general fund'** or by donating directly into the **'refugees and displaced person's fund'** where you can be assured that Lions will be there to help provide the support needed.

MYTH BUSTERS.

My donation money is sent overseas!

- No.** All donations to general funds from Australian Clubs are banked in an Australian bank account and remain here in Australia for Australian disasters.

If I donate specifically to an appeal, I do not receive awards credits.

- No.** Every donation whether it be for a specific appeal for overseas disasters or into general funds for Australian disaster relief, attracts awards credits towards the purchase of Melvin Jones or Melvin Jones Progressive awards.

Every day, LCIF works "To empower Lions clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally and encourage peace and international understanding."

'Doing Good Rewards' scheme is a great way to donate individually without putting your hand in your pockets. Simply log in to the LCIF website, go to the Doing Good Rewards tab, register one or multiple cards (debit or credit card- guaranteed safety) and start shopping at any of the participating retailers. Each of the participating retailers has opted to give a percentage cash back on all purchasers from



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registrants. Each month 50% of the cash back will be returned to your card and 50% will go into LCIF bank account.

At the end of each financial year, you will receive a statement of accountability, showing your donations during the year. And so:

Every time you shop with these participating retailers, you will be donating to LCIF. All donations tax deductible.

UKRAINE RELIEF GRANT UPDATE.

LCIF is awarding grants to Lions supporting Ukrainian refugees who have crossed their borders. Lions in Ukraine have also received LCIF grants to address the critical needs of people who remain in their country. Grant funding will enable Lions to purchase and distribute immediate relief items such as food, clothing, hygiene supplies, sleeping bags and medicine.

As of current, 35 LCIF grants have been given totalling \$1,153,260.00.

Please let me know if you have any questions.

Yours in Lionism

IPDG *Narelle Parkins*

LCIF Australia - <https://www.lcif.org.au>

LCIF International - <https://www.lcif.org>

Behind every LCIF grant, there's a story filled with inspiration, impact and kindness.

HELPFUL RESOURCES

Always. District 201 Q1 Home About Resources News & Links Contact Us Privacy Yellow Join Contact

Q1 Hub

Simply click on the item you need and you'll be directed to that resource.

Governance	Grants
Club	LCIF Grants
Lions Club Standard Constitution & By-Laws	LCIF Grants
Club Policy & Procedures - Coming Soon	Leadership
District	Lions Learning Centre
District 201 Q1 Constitution November 2020 - Adopted 21 Nov 2021	Leadership Toolkit
District 201 Q1 Policy Minutes - adopted 21 Jul 2019, Revised 21 Feb 2021	Marketing
District Q1 Convention Minutes 2019	International Procedure's Theme
Multiple District	Brand Guidelines
Lions Australia Constitution	How to Schedule Facebook Posts
International	How to Schedule Instagram Posts
Trademark Policy	Lions Clubs International Brand Guidelines
Board Policy	Leadership Survey
International Constitution & By-Laws	Leadership survey - send completed forms to 6619@lions201q1.org.au
Meetings	Membership
Meeting Minutes	2019 International Survey

TAKE ANOTHER LOOK...

<https://lions201q1.org.au/resources/q1-hub/>



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FOR SALE VARIOUS BADGES!

**ALL MONIES RAISED WILL BE SPLIT BETWEEN
*Lions Prostate Cancer Research and
Treatment Project & Big Red Kidney Bus.***

Nominate your price per badge, however,
the minimum is \$5 per badge plus postage!

Please send the badge number/s, the \$ amount,
your name and contact number to
info.q1@lions.org.au
and we will be in contact to get your post address.

More Photos:

<https://www.facebook.com/District201Q1Lions/photos/pcb.3184911001727612/3184910391727673>



GRANTS OFFICER

Upcoming
grant
opportunities:

LORD MAYOR'S COMMUNITY FUND

The fund supports community projects that build stronger communities in Brisbane.

Applications for the 2021-22 financial year are now open. Applications will close at midnight on Friday 17 June 2022, or when each ward had spent their allocated budget (whichever occurs first).

Each Council ward is allocated \$35,000 for community projects undertaken within that ward. The Lord Mayor allocates \$35,000 for community projects that involve multiple wards.

Website:

<https://www.brisbane.qld.gov.au/community-and-safety/grants-awards-and-sponsorships/community-grants/lord-mayors-community-fund>

Email: GLT@lions201q1.org.au



50 RECRUITING IDEAS

- 1) Ask someone. Ask One!
- 2) Bring a guest to meetings
- 3) Advertise in newspapers & cable TV
- 4) Have a clear club goal & a strategic plan
- 5) Letters or personal contact with local businesses
- 6) Contact with Chamber of Commerce
- 7) Place customised bookmarks in library books
- 8) Have public meetings at malls, outdoors, etc.
- 9) Have a booth at malls, fairs, festivals etc.
- 10) Place pamphlets in doctors' offices, hospitals, cafeterias, libraries, etc.
- 11) Create videos of your events and promote your Club on YouTube
- 12) Host an Open House
- 13) Hold a club assembly only on membership
- 14) Ask former Leos, Effective Speaking Contestants, Lions Quest grads, Vision Screening school contact, etc.
- 15) Make the membership chair an active Club Officer that reports at each meeting
- 16) Put together guest information packets (see Family recruitment Brochure / Campus Club recruitment brochure / Standard recruitment brochure / Club recruitment brochure template)
- 17) Service projects that serve a need in the community
- 18) Invite family members to join
- 19) Send letters to people in the news with an invitation to visit the club
- 20) Print club business cards with club meeting location and time
- 21) Distribute extra copies of LION magazine and attached information about your club in waiting rooms, etc.
- 22) Hold high-profile meetings (all candidates meetings, special guests, etc.)
- 23) Hold wine and cheese receptions for prospective members
- 24) Ask for help from your Region Chairperson/Zone Chairperson/GMT Coordinator/DG Team
- 25) Have a special guest day
- 26) Send club members to a district membership seminar
- 27) Make prospective members feel important
- 28) Honour outstanding community members with awards like Melvin Jones, Awards by Club (certificates), etc.
- 29) Don't take age into consideration
- 30) Make some meetings social events
- 31) Build a club web site and a social media presence
- 32) Use email contacts to promote your club
- 33) Put posters in public areas (see "We are Lions" club recruitment poster / look at posters other Lions created Pinterest page of posters / or be inspired by Our Global Causes)
- 34) Ask corporations and employers to sponsor or subsidise membership
- 35) Have a reward/recognition program for those who bring in new members at Club level
- 36) Create more fun
- 37) Give a money-back guarantee—if after 3 months a new member does not want to stay, return their fees
- 38) Invite the media to cover well-known speakers
- 39) Use word of mouth
- 40) Network with coworkers, friends, and family
- 41) Follow up with guests
- 42) Place a coloured dot on the watch of every member to remind them to bring a guest
- 43) Lead by example—how many members have you recruited?
- 44) Have members give talks at other organizations
- 45) Provide guests with free meals
- 46) Update your club's satisfaction surveys. Your Club Your Way / Know your Ratings / CQI
- 47) Look for members in ethnic groups not represented in your club
- 48) Provide brochures for new employee packets in local companies with approval from HR/owner
- 49) Advertise at sports events
- 50) Ask the district for help



GUIDING LION COURSE

“Leadership is more than service, it is enabling others to be more productive.”

District are looking at hosting a Guiding Lion Course and asking Lions Members to submit their interest in participating in the course when it is scheduled. All Lions are welcome to take the course, it is recommended as a foundation to anyone who will work with new or existing clubs or serve (or plan to serve) in a leadership position. Upon completion of the course, you will become a Certified Guiding Lion!

The Guiding Lion Program is designed to assist clubs that are newly chartered, established or are rebuilding. Guiding Lions are assigned for a two-year term by the district governor in consultation with the sponsoring or established club president. Guiding Lions are limited to serving no more than two new clubs at any point in time.

The Certified Guiding Lion Course will help you:

1. Understand your role as a Guiding Lion
2. Help you develop a plan to guide the club to become self-sufficient and strong
3. Provide tools to help the club officers manage their club
4. Establish a system to track development over the course of your term

Please submit your interest to District GLT Co-ordinator

Kee Cheung

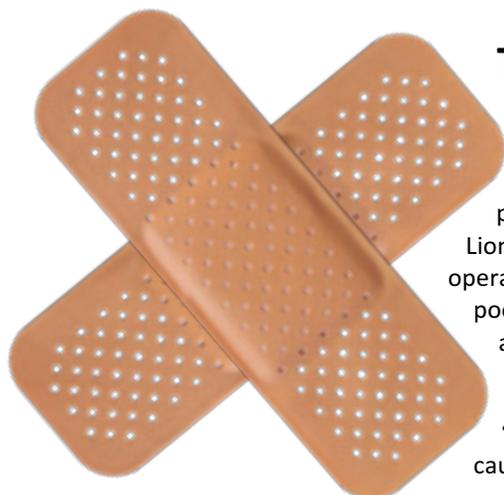
Email: GLT@lions201q1.org.au



**WESTERN CARNIVAL CONVENTION PENS WITH STYLUS
\$3.50 EACH OR 5 FOR \$15**



**DISTRICT GOVERNORS PIN SERVE WITH H.E.A.R.T
\$5 EACH**



Taking the pain out of semi-annual dues

There is one thing that Lions are rightly proud of – we pay our own way! Unlike many voluntary organisations, Lions members do not use publicly donated funds to cover operational costs. Every member pays fees from their own pocket to cover the administration at club, district, national and international level.

This means we can confidently tell the public:

‘100% of your donated funds goes to our humanitarian causes.’

Spreading the cost

Lions members are diverse. We are working people, young people, retirees and pensioners all contributing to the valuable work of our clubs. We recognise that it may be harder for some of our members to meet the cost of dues every six months, particularly if there are other costs to manage, like club dinners.

Of course, the cost of dues is usually less than \$5 per week, so why not ‘spread the load’. With the agreement of the club Board and Treasurer, why not let your members pay on a periodic basis?

You can do this by either:

- Encouraging members to “direct deposit” on a periodic basis, or
- Setting up a “Direct Debit” through a third-party company or your bank.

If your members were to set up a direct deposit of \$10 per fortnight (or an amount that will cover your club fees) into your administration fund, this will cover the cost of dues. This benefits the members and the club.

For the member, it spreads the cost into manageable amounts. For the Club Treasurer, it means that they won’t have to chase members for dues ever again. It also means that if a member resigns, they will have paid their dues up until the date of resignation.

There is, of course, some additional book-keeping work that will need to be considered

Other support

For some members, the cost of a club dinner every month, or fortnight, may be onerous.

Clubs may wish to consider commencing meetings with a purely social dinner, allowing members to join for the formal meeting afterwards. Alternatively, clubs could commence with a meeting, and allow members to choose if they wish to stay for dinner.

Let’s consider ways to not only be flexible, but make membership affordable for everyone, so that we can continue to help our communities and make a real difference.



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NOW AVAILABLE

PROMOTIONAL VIDEOS

CREATE BY LIONS AUSTRALIA

AVAILABLE TO SHARE

https://www.youtube.com/c/LionsAustralia_we_serve



A young family-oriented Lions club

Lions Australia
240 views • 1 month ago

CC

<https://www.youtube.com/watch?v=3jithmvKIM>



The joy of helping others in Lions

Lions Australia
172 views • 3 months ago

CC

https://www.youtube.com/watch?v=TdF1S7M_FLc

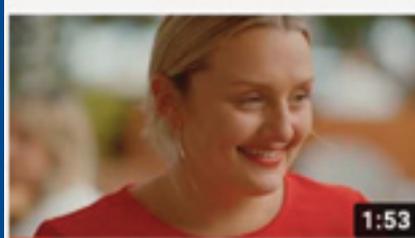


A unique Lions club with a special mission

Lions Australia
897 views • 3 months ago

CC

<https://www.youtube.com/watch?v=aLni3ItTnQ>



A Lion for life

Lions Australia
522 views • 4 months ago

CC

<https://www.youtube.com/watch?v=wr1Q462QGzc>



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lions australia
we serve



Community Rewards



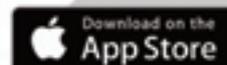
Introducing Lions Australia Community Rewards - a new fundraising channel for Lions Clubs Australia via the Doing Good rewards/giving mobile app.

This loyalty program won't affect your other loyalty or fundraising programs but is even better because it's automatic... when you **SHOP** at participating retailers, you **SAVE** money (no points or anything, \$\$\$ are paid back on your card) plus you automatically **GIVE** to the **Lions Australia Fund** by LCIF.

All it takes is **2 minutes** to create an account & register your credit/debit card. Retailers will automatically recognise your card and reward you discounts. Your data is safe and we promise your tax-deductible donations will be well spent.



Every transaction makes a difference.
Every microdonation to Lions counts.



Download the Doing Good app and sign up to Lions with access code

lion2992

or simply scan this QR code

Learn more: Watch this Lions Australia explainer video

<https://vimeo.com/591965559>



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lionsaustralia
we serve



Community Rewards



Lions Australia is offering members of our community special discounts every time you shop, all while supporting charity.

Shop in-store and online to Save \$\$\$ and Give to Charity



Save up to 25% at participating retailers like:



Scan now to register in 2 mins via website or app



Sign up with code **LION2992** via mobile app OR
Scan this QR Code on your phone
or click the button to register

Register now!



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EARLY DIAGNOSIS FOR THE PREVENTION AND EFFECTIVE TREATMENT OF ALZHEIMER'S A PROJECT OF THE LIONS CLUB OF COOLANGATTA AND TWEED HEADS

PRESENTED BY PROFESSOR RALPH MARTINS AO
SPONSORED BY NUTRICIA AUSTRALIA PTY LIMITED



ALZHEIMER'S DISEASE IS A DISEASE THAT AFFECTS MILLIONS OF PEOPLE WORLDWIDE AND IS THE NUMBER 1 KILLER OF ALL DISEASES IN AUSTRALIA. IT IS A LONG TERM ILLNESS CAUSING DISTRESS AND SUFFERING TO PEOPLE WITH THIS DEVASTATING DISEASE AND THEIR LOVED ONES.

PROFFESOR MARTINS IS THE CHAIR OF AGEING AND ALZHEIMER'S AT THE EDITH COWAN UNIVERSITY IN WA AND PROFESSOR OF NEUROBIOLOGY AT MACQUARIE UNIVERSITY NSW DUE TO HIS EXTENSIVE RESEARCH HIS ACHIEVEMENTS IN DIAGNOSIS PREVENTION AND TREATMENT OF ALZHEIMER'S ARE WELL DOCUMENTED.

A SERIES OF FORUMS WILL BE PRESENTED AT THE FOLLOWING VENUES WHERE THE AUDIENCE WILL BE INVITED TO ASK QUESTIONS AND A LIGHT SUPPER/AFTERNOON TEA WILL BE PROVIDED AT THE CONCLUSION OF THE EVENT ATTENDEES WILL HAVE THE OPPORTUNITY TO PERSONALLY SPEAK TO PROFESSOR MARTINS ABOUT ALZHEIMER'S AND ROD TANNER OF NUTRICIA AUSTRALIA WHERE YOU WILL LEARN ABOUT THE BENEFITS OF SOUVENAUD FOR THE TREATMENT OF MEMORY LOSS AND HOW YOU OR YOUR LOVED ONE CAN BE ASSISTED

ATTENDANCE AT THESE FORUMS IS FREE TO ALL WHO WISH TO ATTEND

TAKE THE OPPORTUNITY TO LEARN ABOUT EARLY DIAGNOSIS, PREVENTION AND EFFECTIVE TREATMENT OF ALZHEIMER'S DISEASE WHICH IS ONE OF THE MOST SERIOUS AFFLICTIONS THAT YOU OR YOUR FAMILY MAY HAVE TO DEAL WITH NOW OR IN THE FUTURE



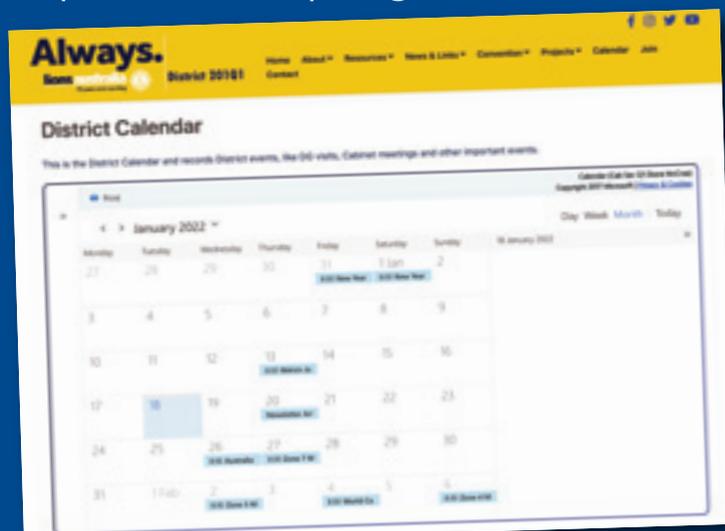
VENUES TIMES AND DATES



- TUGUN COMMUNITY CENTRE – WEDNESDAY 12TH OCTOBER 2022 - 6 PM TO 8 PM
- SOUTHPORT COMMUNITY CENTRE – THURSDAY 13TH OCTOBER 2022 - 6 PM TO 8 PM
- HELENSVALE COMMUNITY CENTRE – SATURDAY 15TH OCTOBER 2022 - 2 PM TO 4 PM
- ROBINA COMMUNITY CENTRE – SUNDAY 16TH OCTOBER 2022 5 PM TO 7 PM
- TWEED HEADS AUDITORIUM – TUESDAY 18TH OCTOBER 2022 – 6 PM TO 8 PM

DON'T FORGET TO VIEW THE PUBLIC SHARED DISTRICT CALENDAR UPCOMING EVENTS, REMINDERS AND AWARENESS DAYS.

<https://lions201q1.org.au/resources/district-calendar/>





SERVE WITH H.E.A.R.T

MAY 2022



Lions Club of Capalaba

President Graham and President Elect Christine

Invite you to their club's

Changeover Lunch

Saturday 18th June 2022 11am—2pm

Dress Code: Smart Casual Theme: Black & White

Lucky Door Prize & Raffles

WHERE

Lions Club of Capalaba
55-57 Degen Road
Capalaba, QLD 4157

COST

\$30pp for 3 course lunch
Welcome Drink & Soft Drinks
BYO Wine and Beer

EMCEE

Nicole Phillips
District Governor
2021—2022

RSVP

RSVP with payment by Monday
6th June to Christine
Tel: 0421 013 894
info@screenprintandsign.com
Lions Club of Capalaba
BSB: 084 129
Account: 019041558
Ref: Your Name

Alternate Drop MENU

Soupe de Potiron served with Crusty Bread Roll

Herb Crusted Garlic and Lemon Chicken

Alternate with

*Herb Crusted Garlic and Lemon Barramundi
served with*

Potatoes Lyonnaise &

Seasonal Vegetables

Lemon Cheesecake

Alternate with

Chocolate Mousse

Petit chocolat served with Tea & Coffee

Please advise special dietary requirements at time of booking



SERVE WITH H.E.A.R.T

MAY 2022

THE LIONS Club of Brisbane HELLENIC Inc.



WE SERVE

INVITES YOU -

TO THEIR **CHANGE-OVER WITH A "TWIST"!**

A BBQ LUNCH* AT ABOUT 12.30 PM WILL PRECEDE THE CHANGE-OVER*

(* BOTH TO BE HELD IN THE RECEPTION ROOM)

HOWEVER, FOR THOSE WHO ARE INTERESTED,

GAMES OF **BARE-FOOT BOWLS WILL START OFF THE DAY**

AND YOU ARE WELCOME TO PARTICIPATE!



AT: - MT. GRAVATT BOWLS CLUB -

1873 LOGAN ROAD, UPPER MT. GRAVATT

ON: - SUNDAY, 19TH JUNE 2022

COACHING & GAMES WILL COMMENCE AT 10.00 AM SHARP

THE CHANGE OVER WILL TAKE PLACE @ APPROX. 2.00 PM

COST: - \$35 / PERSON, INCLUSIVE OF BOWLS GAMES,

B.B.Q. MEAL WITH COFFE/TEA, AND A LUCKY DOOR PRIZE.

RAFFLE TICKETS & DRINKS WILL BE AVAILABLE TO PURCHASE

****ALL FUNDS RAISED WILL BENEFIT THE COMMUNITY AT LARGE****

FOR MORE DETAILS AND / OR TO BOOK, PLEASE CALL -

SECRETARY - DENNIS CAYAS - 0407 145 709 / 3891 2796



SERVE WITH H.E.A.R.T

MAY 2022



Lions Club of Helensvale Inc.

District 201Q1



Date: Sunday 19th June 2022

Where: Helensvale Senior Citizens Centre
37 Discovery Drive, Helensvale

Time: 11.30am for 12 noon

BYO: Beverages

Cost: **\$30 per person – payment due by Wednesday 9th June**



To: Lions Club of Helensvale Inc
Direct Debit to NAB
BSB: 084-707
Account No: 03-550-5498



Please enter your name & club in Reference/Description box for identification

RSVP: Wednesday 9th June 2022

Dress: **Smart Casual**
Email: helensvale.qld@lions.org.au



or call Laura Boase 0419 197 027

Please advise of any dietary requirements

Raffle tickets at the door

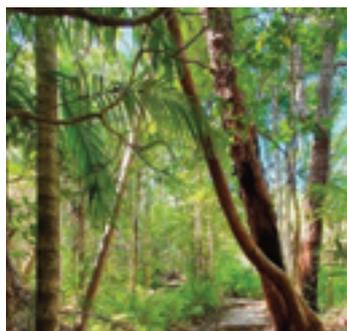




SERVE WITH H.E.A.R.T

MAY 2022

30th Anniversary



Redland Bay - Victoria Point Lions Club

Cordially invites you to join our President and members for our 2022-2023 Changeover and 30th Anniversary celebration.

Where: - AVEO, 100 Swansea Cct. Redland Bay 4165

When: - Saturday 25th June 2022

Time: - 1:30 pm for 2:00 pm

Theme: - Smart casual wear something green

Cost: - \$40.00 for a 2-course meal and Anniversary cake (Please pay in advance)

RSVP: - Thursday 16th June

Reply to Club Secretary - redlandbayvicpoint.qld@lions.org.au

Bank Details: - BSB 633 000 Acc. No 135 988 673 (please use your surname as reference)

BYO drinks

Please advise of dietary requirements

Lucky Door and Raffle prizes



SERVE WITH H.E.A.R.T

MAY 2022



1966-2022
Redlands City Lions Club
Celebration of 56 years
Of Community Service

Dear Lions and Guests

I would like to extend an invitation to all Lions, Lioness's, Leo's and friends to join the club in a special Changeover celebrating 56 years of dedicated community service.

The Venue: Redland City Lions Hall
122 Shore St North Cleveland 4163

When: Saturday 2nd July 2022 6.30pm for 7.00pm

Theme: Anything Lions colours

Dress: AFTER FIVE

Cost: \$35 per head (payment strictly in advance please)

Bank details BSB 014231 A/C 374811158 (Ref Your "Surname/Club")

Parking: plenty of free off street parking

RSVP: Jo Wilcox Treasurer by Friday 22nd June
e.mail; j.wilcox@bigpond.com

Lion Tom Kunst
Club President





SERVE WITH H.E.A.R.T

MAY 2022

SAVE THE DATE

Lions Club of Lismore Inc



1947 – 2022

Saturday Evening 1st October 2022

Dinner at Invercauld House,

Goonellabah

Sunday 2nd October – Brunch

More details coming soon



SERVE WITH H.E.A.R.T

MAY 2022



Has your club planted a Commemorative Garden?

By September 2022, our aim is to have at least 75 Lions gardens planted throughout Australia to celebrate our 75th Anniversary.

We've been keeping count and sharing progress photos of our gardens on our Facebook page here: www.facebook.com/Lions75Gardens/

If your club hasn't started, now is the time to plan your garden.



THE DIGITAL VERSION OF THE LION IS AVAILABLE ON OUR WEBSITE HERE.

<https://lionsclubs.org.au/keep-in-touch/>



LION Online

<https://lionsclubs.org.au/keep-in-touch/>





DISTRICT 201Q1 - CONTACT DETAILS

SERVE WITH H.E.A.R.T

MAY 2022

POSITION	TITLE	NAME	SURNAME	EMAIL
DISTRICT GOVERNOR	DG	Nicole	Phillips	DG.Q1@lions.org.au
1ST VICE DISTRICT GOVERNOR	VDG1	Ian	Bruning	1VDG.Q1@lions.org.au
2ND VICE DISTRICT GOVERNOR	VDG2	Savva	Argyrou	2VDG.Q1@lions.org.au
IMMEDIATE PAST DISTRICT GOVERNOR	IPDG	Narelle	Parkins	IPDG@lions201q1.org.au
CABINET SECRETARY		Di	McCrae	cabsec.q1@lions.org.au
CABINET TREASURER		Bruce	Mellor	cabtreas.q1@lions.org.au
CONSTITUTION & BY-LAWS	PDG	Rob	Johnson	cbl@lions201q1.org.au
MINUTE SECRETARY		Pat	Hawkins	assist.cabsec@lions201q1.org.au
DG ADVISORY	PDG	Peter	Ho OAM	DGA1@lions201q1.org.au
DG ADVISORY	PDG	Peter	Dean	DGA2@lions 201q1.org.au
REGION/ZONE PROJECT COORDINATOR	PDG	Peter	Ho OAM	RZPC@lions201q1.org.au
* ZONE 1		Steve	Symonds	ZC1@lions201q1.org.au
* ZONE 2		Derek	Audus	ZC2@lions201q1.org.au
* ZONE 3		Denise	Jackson	ZC3@lions201q1.org.au
* ZONE 4		Sharon	McDonald	ZC4@lions201q1.org.au
* ZONE 5		Paul	Krahn	ZC5@lions201q1.org.au
* ZONE 6		Paul	Sime	ZC6@lions201q1.org.au
* ZONE 7		Euan	Stevens	ZC7@lions201q1.org.au
* ZONE 8		Carl	Miller	ZC8@lions201q1.org.au
* ZONE 9		Mark	Shi	ZC9@lions201q1.org.au
* ZONE 10		Kerry	Kilpatrick	ZC10@lions201q1.org.au
* ZONE 11		Christine	Forrest	ZC11@lions201q1.org.au
* ZONE 12		Jenny	Rainbird	ZC12@lions201q1.org.au
* ZONE 13		Phillip	Gall	ZC13@lions201q1.org.au
GST COORDINATOR		Jenny	Maguire	GST@lions201q1.org.au
GLT COORDINATOR		Kee	Cheung	GLT@lions201q1.org.au
GLT TRAINING AND DELVELOPMENT		Jorge	Salles	GLT.td@lion 201Q1.org.au
GLT TRAINING AND DELVELOPMENT		Wendy	Poole	GLT.td@lions201q1.org.au
MEMBERSHIP		Michael	McDonald	GMTmembership@lions201q1.org.au
GMT DIVERSE CLUBS	PDG	Ken	Mulcahy	GLTdiverseclubs@lions201q.org.au
CONVENTION SAA 2020		Chu	Laurita	SAA2021@lions201q1.org.au
CONVENTION CHAIRPERSON 2021		Sharon	McDonald	convention2021@lions201q1.org.au
CONVENTION CHAIRPERSON 2022		Jeff	Croll	convention2022@lions201q1.org.au
PUBLIC RELATIONS AND MEDIA		Amanda	Harrison	PR1@lions201q1.org.au
NEWSLETTER EDITOR		Mark	McCosker	newsletter@lions201q1.org.au
WEBMASTER AND IT		Kerry	Kilpatrick	it.web@lions201q1.org.au
CAKES & MINTS		Di	Henderson	cakesandmints@lions201q1.org.au
LIONS CLUBS INTERNATIONAL FOUNDATION	IPDG	Narelle	Parkins	LCIF@lions201q1.org.au
AUSTRALIAN LIONS FOUNDATION	IPDG	Narelle	Parkins	ALF @ lions201q1.org.au
HEALTH PROJECTS		Penny	Kourra	healthprojects@lions201q1.org.au
LEO COORDINATOR		John	Clark	leo@lions201q1.org.au
LEO ASSISTANT		Greg	Woodard	leoassist@lions201q1.org.au
LIONS AWARENESS DAY		Michael	McDonald	lionsawareness_day@lions201q1.org.au
YOUTH EXCHANGE	PDG	David	Greenup	youthexchange@lions201q1.org.au
YOUTH OF THE YEAR	PDG	David	Greenup	YOTY@lions201q1.org.au
PEACE POSTER		Natalie	Reinke	peaceposter@lions201q1.org.au
CHILDREN OF COURAGE		Natalie	Reinke	childrenofcourage@lions201q1.org.au
DISASTER RELIEF COORDINATOR - WEST		Ros	Keim	disasterwest@lions201q1.org.au
DISASTER RELIEF COORDINATOR - SOUTH	PDG	John	Lynch	disastersouth@lions201q1.org.au