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It is the month of festivities from Christmas Present wrapping, selling Christmas Cakes, Puddings and not to forget dressing up as Santa or little Elves. I am wishing you all the happiness over Christmas ensure to enjoy

your time with family and friends.

I understand it has been a very frustrating time with the delays with your deliveries, however, we have found other ways to work together to continue our Christmas Cake selling. To all those clubs who have come together to help each by swapping Christmas Cake stock, or simply taking someone's name and phone number to let them know when you have stock—Thank You.

I would like to pass on our heartfelt wishes to the Inglewood & Goondiwindi communities in the recovery efforts from the floods which occurred a few weeks ago. The Inglewood Lions Club are providing food hampers to those in the community who need assistance. I would also like to recognise Zone Chair Philip for all his updates on the situation out west and Goondiwindi Lions Club assisting their community in the recovery efforts. This really proves that when clubs and communities all band together so much work can get done!

The District Leadership Team conducted a Guiding Lion course in November which was facilitated by Jorge Salles – Thank you Jorge.

Congratulations! to the following Jenny Maguire, Johnson Chen, Kerry Kilpatrick, Libby Salles and Sophia Argyrou who are now certified Guiding Lions to gain further knowledge and assist our District.

On some very exciting news Lions Australia have our first Ambassador to be an advocate for the Skin Cancer Screening and detection programs. She shared her own personal skin cancer battle at the 2021 Lions Convention in Canberra expressing how important it is to get regular skin checks. See the full article here.

https://lionsclubs.org.au/our-stories/lionsappoints-deborah-hutton-as-ambassador-for-skincancer-screening-program/

CELEBRATING 75 YEARS AND COUNTING OF AUSTRALIAN LIONS ALWAYS BEING THERE!

There is just under 12 months remaining for you to start planning a commemorative garden or another type of anniversary event. Please visit the Lions Australia Website

https://lionsclubs.org.au/members/lions-australia-75-years-and-counting/ > Members to access plenty of resources anything from Banner Artwork, Zoom backgrounds, Template Letter to your local Council... let's celebrate our wonderful organisation and tell the community what we have accomplished and what they can do to help and join us.

To all the club executives who have either new to the role or have been in the role prior, well done on completing your first 6 months and let's keep the momentum going for the next 6 months – Think BIG!

Ensure to guide, mentor your members, have fun, find new activities to do over the next 6 months. Think of conducting a brainstorming session or anonymous survey to find out what your members are interested in.

Our organisation has many volunteers who have different personalities and temperaments however, we are all here to do the same thing ... which is 'We Serve'. Each person provides our organisation an extra pair of hands and if we loose an extra pair of hands this will reduce our serving capabilities. It is important that we remember we are all volunteers and we are here to Serve with





H.E.A.R.T (Serve with Honesty, Empathy, Acceptance, Respect and Trust)

Communication to our members is very important for our organisation to ensure everyone knows what is the latest information and keep everyone engaged. To all the club secretaries you are the conduit of communication between District and your club members please ensure to pass on all the information.

UPDATES FROM DISTRICT

To ensure that all our members can be well informed we will be adding all our members and new members to the newsletter database, if you choose not to receive the newsletter directly you will be able to unsubscribe. This will take effect for the January newsletter.

We will also be creating a centralised database of all our members to be able to send certain key critical communication to you as an individual member of our district which may include event changes, training events. We will be sending further information out to clubs shortly about this particular change.

If you are interested in taking on any of the following positions in cabinet please let me know.

CABINET OFFICER POSITIONS

- District Child Safety Officer
- Environment Chairperson
- Public Relations and Media Co-ordinator
- District Historian
- Leo-Lion Cabinet Liaison

DECEMBER MONTHS QUESTIONS TO START THINKING ABOUT:

- 1. Have you ensured that you have been reporting your service activities, updating your Lions and Leo membership?
- 2. What is your plan for the next 6 months?

In my previous articles I have asked you questions to think about which were:

- 1. "Why?" are you in Lions?
- 2. Have you set your 3 5 year strategic plan or goals for your club? If not Why?
- 3. Have you got a greeter at all your events to approach the community and ask "Do you know Lions do in your community?
- 4. Created a Marketing/Promotion Plan?
- 5. Have you reviewed your Constitution & Policy Minutes? Is it up to date?
 - a. If you are up to date let our CBL Rob know cbl.q1@lions.org.au
- 6. Have you thought about having an assistant secretary or treasurer to help with you succession planning?
 - a. If you are currently doing this please let our District Leadership Team know
 glt@lions201q1.org.au
- 7. How can you ensure to have fun while selling Christmas Cakes?
- 8. How can you utilise this time of year to really promote your Lions Club and your achievements this year?

Remember always assess a project of the effectiveness, adjust, implement, reassess and repeat.

Don't forget SHARE your achievements. If you need any assistance please "Just Ask!"

I would like to wish each and every member a

Merry Christmas and a

Happy New Year!!

Celebrating 75 years and counting...

Where there is a need, there is ALWAYS a Lion





TREASURER'S TRAVAILS

Hi everyone,

Well, it is December already. I would like to thank you all (except one Club still outstanding) for

having paid your LCI, MD and District dues.

As Your Club will most likely be closing down for a month or so over Christmas, now is the time when you, together with your President and Secretary, should be considering your Club membership and whether there are any members who should be dropped for non-attendance or financial reasons. Invoices for the next half-year will be sent out in early January based on LCI membership records as at 31 December.

If your Club looks after a school-based Leo Club, it is most important that your graduating seniors are dropped before 31 December and that new Leos are added in February.

Prompt attention to all of this will ensure that, as far as possible, the invoicing will reflect actual numbers of Lions and Leos in the District.

Finally, as we head into this festive season, I would like to wish all Club Treasurers a very happy Christmas and a prosperous new year.

Lion Bruce Metter

District 201Q1 CABINET TREASURER 2021-2022



ADMINISTRATION HINTS AND REMINDERS

Clubs are reminded that, by now, annual general meetings should have been held at which

audited or certified financial statements should have been adopted. Board members are responsible for ensuring that these statements accompany the returns to the Offices of Fair Trading in your state, and that this is done as soon as possible after the AGM.

The end of December is fast approaching. It is important that any dropping of members is done by 31st so that dues are not raised by LCI, MD and District for those members. 1st January is too late! Also, please ensure that the WMMR is completed by the Secretary or other authorised Lion.

Now would be a good time for Clubs conducting Youth of the Year activities to recruit Judges, and at the same time asking them to have Working with Children checks as I understand that this requirement remains Multiple District policy and applicable to YOTY activities.

ion Rob Johnson, (PDG)

District CBL Chair 2021-2022

THE PBC LEOS CLUB

The PBC Leo's Club is a charity club with a wide variety of 30 passionate students from years 7 to 12. The Leo's had a great year participating in several social activities, fundraisers and donating to many organisations. A few organisations that we donated to include:

- Baby Give Back \$700
- The Smith Family \$624
- Fred's Place \$600
- Girl Guides and Scouts \$500
- Currumbin Special School \$200

The Currumbin Wildlife Sanctuary visited PBC Leo's and talked about the sanctuary and adopting an animal. We will be adopting a Koala, Echidna and donating an additional \$250 to the sanctuary.

To raise money for these worthy causes, our main source of income is our weekly IGA BBQ which takes place on a Saturday morning at Currumbin Fair. We additionally raise money through our occasional Bunnings BBQ's.

Despite Covid-19 restrictions and lockdowns, the PBC Leo's participated in many community and social events including volunteering at Baby Give Back, preparing breakfasts for the students at Currumbin Special School, marching in the Gold Coast Beach Parade to save the koalas, Clean up Australia Day and others. We have also started our own Instagram account! - @ pbc.leos

Future events planned for 2021 include a trivia night to raise money for Multiple Sclerosis research, Relay for Life and a Christmas performance at a local nursing home. We plan on helping wherever we can and

thrive when we are volunteering in the community. If you would like to join the Leo's, please come along to our weekly 8:00am meeting in 101 on Wednesday mornings or email pbcleosclub@gmail.com for more information.

LILY SUTTLE 2021 LEO'S PRESIDENT



26 ~ 2021 PBC Optima Yearbook

"Any obstacle is an opportunity to gain strength and think differently."

- DEBASISH MRIDHA











39 likes

pbc.leos A special congratulations to Michelle for being the first ever Leo to win the Jasmine Moore, Leo of the year award, twice. This award recognises excellence in the Leo's. This year, the award is shared between Michelle and Lily 😉





LEO COORDINATOR RFPORT

Hi Lions

口

I had the privilege on Tuesday evening to join with DG Nicole, my wife Vicky and the members of the Upper Coomera Lions Club and most importantly the Leo Club of Livingston Christine College to celebrate 3 major events. Firstly DG Nicole inducted 4 new members to the Leo club Secondly DG Nicole then inducted the new board for the 2022 year and thirdly we were there to Celebrate the Leo Clubs 10th Birthday. Also in attendance on the night were the school faculty advisors, past & present and some other past Leo members of the club who wish to continue on their Leo Lion journey.

Therefore if there is any club on the Lions Gold Coast who would like to be involved with an Omega Leo Club. Don't be shy, give me a call and I would be happy to attend your club meeting and inform your members on what is involved in being a sponsor club for a Leo Club

And in closing on behalf of the all Leo's of Dist. 201Q1, I would like to wish all Lions and their families a Very Merry Christmas and a Happy and Safe 2022

Q1 Dist. Leo Coordinator



GUIDING LION COURSE

"Leadership is more than service, it is enabling others to be more productive."

District are looking at hosting a Guiding Lion Course and asking Lions Members to submit their interest in participating in the course when it is scheduled. All Lions are welcome to take the course, it is recommended as a foundation to anyone who will work with new or existing clubs or serve (or plan to serve) in a leadership position. Upon completion of the course, you will become a Certified Guiding Lion!

The Guiding Lion Program is designed to assist clubs that are newly chartered, established or are rebuilding. Guiding Lions are assigned for a two-year term by the district governor in consultation with the sponsoring or established club president. Guiding Lions are limited to serving no more than two new clubs at any point in time.

The Certified Guiding Lion Course will help you:

- 1. Understand your role as a Guiding Lion
- 2. Help you develop a plan to guide the club to become self-sufficient and strong
- 3. Provide tools to help the club officers manage their club
- 4. Establish a system to track development over the course of your term

Please submit your interest to District GLT Co-ordinator

Email: GLT@lions201q1.org.au



UPCOMING MULTIPLE DISTRICT LEADERSHIP INSTITUTES

LIONS LEADERSHIP DEVELOPMENT PROGRAMMES 2021/22

- ✔ Develop your leadership skills
- ✓ Share experiences with others
- ✓ Learn more about Lions
- ✔ Become an effective leader
- ✓ Enjoy fun and fellowship
- ✓ Skills for Lions, business & family

REGIONAL LIONS LEADERSHIP INSTITUTE

Dates: 18th to 20th February 2022 Location: Launceston, Tasmania

Application Deadline: November 30 2021

The Regional Lions Leadership Institute is targeting those Lions and Leos who are looking to take on leadership positions at Club or District levels for the first time. It focuses on the skills required to build teams and manage people effectively. It also builds knowledge of Lions activities outside of club level and includes strategies for making change to move our organisation forward. There are no pre-qualifications required.

ADVANCED LIONS LEADERSHIP INSTITUTE

Dates: 4th to 6h February 2022 Location: Brisbane, Australia

Application Deadline: November 06 2021

The Advanced Lions Leadership Institute is targeted towards those Lions who are looking to take on a leadership role at Zone, Regional and District levels. It

focuses on higher level leadership skills, managing project portfolios, and dealing with the responsibilities of senior leadership within districts. Applicants must have completed a successful term as Club President, but not have yet attained the position of 1st VDG (a 1st VDG elect is eligible).

Note: There is no requirement for candidates for the position of District Governor to have completed the ALLI, although it is seen as desirable.

LIONS CERTIFIED INSTRUCTOR PROGRAM

Dates: 11th to 14th February 2022 Location: Christchurch, New Zealand Application Deadline: November 13 2021

The Lions Certified Instructor Program is designed to develop and expand the number of the most senior skilled lions' trainers. Lions who complete the LCIP are eligible to serve as faculty at locally approved institutes (ALLI, FDI, LCIP), as well as International FVDG/DGE Seminar and other training-related events conducted by LCI and from July 2020 it will be a requirement to have LCIP certification to be on faculty for these training programs.

There are several pathways into LCIP but for this course it covers Lions who have training experience, but have not served as FVDG/DGE Seminar Group Leader or Lions Clubs International-directed institute faculty.

Please contact the District's Leadership Team for further information.

istrict's Leastership

Regards



In January our Cabinet Treasurer will be sending out the membership due invoices for the next 6 months of the financial year. To ensure that it is all smooth sailing for everyone involved could you please complete the following by **31st DECEMBER:**

- 1. Update your Lions Club Membership list
 - o Add, Remove Members
 - o Update members contact details
- 2. Update your Leos Club Membership list
 - o Add, Remove, Update Members
 - o Update the Leo Clubs Executive
- 3. Invoice/notify your members of the upcoming membership dues
 - o Your club should be receiving the membership dues from your members by the end of Jan/early Feb as the invoice will be **DUE mid FEBRUARY.**

Remember the CUT OFF is **31st DECEMBER** to have the above completed as Cabinet Treasurer Bruce & LCI will be using the membership numbers as of the 31st December for the invoices.

Thank you
District 201Q1 Executive



CHILDREN OF COURAGE

Robina Lions Club hosted a Children of Courage Celebration on Sat 20th November, for 4 children from Varsity College were celebrated. Kai Crothers (Sports), Tristan Annandale (Bravery), Asa Poland (Sporting) and Aleya Anderson (Sibling). It was a wonderful hour spent with the Robina Lions, the children's family and extended family along with representatives from Varsity College. Robina Lions successfully applied for a small grant through their local Council to help them with this celebration. Medallions, frames, food and small gift.

Children of Courage Chair, Peace Poster/Essay



PEACE POSTER

This year we have 5 entries from 4 Lions Clubs. Carrara Lions Club – St Vincent's Primary School, Algester Parkinson Lions Club – Algester State School and St Stephens, Algester, Griffith University Lions – Coopers Plains State School and Rochedale Springwood Lions – Redeemer Lutheran College.



Caitlin, Redeemer Grade 7 – "Wherever we are in the world, we will always be connected through media. The flags in the background reference this idea.

Technology



Angelo, Coopers Plains Grade 6 – "Peace is a good thing." **Peace and bright colours** Unfortunately disqualified due to exceeding the maximum paper size.



Evelyn, St Vincent's Grade 6 – "It's about two people from different races drawing their dream (World Peace)." **Space**





Priyanka, Algester Grade 6 – "Peace is LOVE, Peace is HUMANITY, Peace is NATURE, Peace is THE WHOLE WORLD."

keep the peace between manmade structure and this world."

Fractured/seasons

Thank you to all the Clubs mentioned above for your participation.

Please remember to read and follow the strict rules of the Peace Poster as it is a Lions International competition.





Eva St Stephens Grade 6 – "We need to







WESTERN CARNIVAL CONVENTION PENS WITH STYLUS
\$3.50 EACH OR 5 FOR \$15





SEE MORE:

https://www.facebook.com/District201Q1Lions



201Q1 BRISBANE MACGREGOR LIONS CLUB'S 50TH ANNIVERSARY.

As you may be aware we were chartered on 11 November 1971 and we are now celebrating our 50th Anniversary. Due to Covid restrictions we have postponed the planned formal Celebration dinner to March 2022.

At the dinner meeting on 17 November which was the closest to our Charter date we had celebrations on the agenda. Here is a summary of the evening:

The dinner was attended by

- 5 representatives from charity organisations which received \$2,000 each sharing the funds raised by our member Narelle Wyvill-Anstey as a winner of the Westfield Local Hero.
- 8 members of Sunnybank Lions which sponsored our Club back in November 1971.
- 46 Club members, partners, guests and prospective members.
- The Club members included Charter Members Noel Brady, Ashley Burns and Jon LeCourt.





A 20 minute video slideshow was screened showing the highlights of the last fifty years in terms of fund-raising projects, community service projects, projects assisting District Lions and Members having a fun time.

Cutting of a cake by Ashley and Jon as Noel had to leave early. Attendees sampled the cake washing it down with a small glass of bubbly.



Presentation of gifts to the Ashley and Jon by President Kathlyn McCarthy. Noel will receive his gift next week.



A great evening was enjoyed by all. We now look forward to the formal anniversary celebration in March 2022.

Lion Baska Desha

Brisbane Macgregor Lions Club Inc Inc.





LION NARELLE WYVILL-ANSTEY WON WESTFIELD GARDEN CITY LOCAL HERO 2021

Lion Narelle received \$10,000 for Brisbane MacGregor Lions club to distribute to 5 local charity groups:

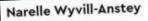
- 1. Care Kits for Kids Qld
- 2. Mt Gravatt Community Centre Inc
- 3. Southside Community Care Inc
- 4. Access Street Vans Outreach
- 5. YMCA Schools' Breakfast program

Lion Narelle is chairperson of the LAPD (Lions Assist Property Dept) program where donations are collected and distributed to those in need as well as providing toiletry care packs and non-perishable food items for the homeless and those in need. It is a positive hands on project that from 1 July 2021, approximately 1,280 people have benefitted to date. Over 4,050 people benefitted last financial year.



Local Heroes

Westfield Garden City Local Hero 2021



The Lions Club of Brisbane MacGregor



Narelle Wyvill-Anstey is an inspirational volunteer with The Lions Club of Brisbane MacGregor. She relishes being able to provide hands-on help through a program she runs that distributes donations to families in distress, the homeless, youths and the elderly. Over the past year, the program has helped over 4000 people.



Photography Grant that clubs are entitled to apply for through Lions Australia. This will enable clubs to be able to hire a Local Professional Photographer to take photos at an event and the only catch is that Lions Australia would like to use your photos for in future promotions (see below examples).

The Grant itself is worth \$500.00 and every single club is eligible to apply for this, and attached a copy of the application for you, if you have any questions please contact myself via email — socialmedia@lions201q1.org.au.

Application Form can be found - https://lionsclubs.org.au/wp-content/uploads/2021/08/PR-Grant-Application-Form.pdf

Examples of photos -







ESSENTIAL TREMOR FOLLOW UP

Recently I was fortunate enough to have an article published in the District 201Q1 Lions Newsletter about Essential Tremor.

I thought a follow up was warranted to further enlighten my fellow lions as to the effects that has on those unfortunate to have Essential Tremor.

Tremor is an unintentional, rhythmic muscle contraction over which there is no control.

A few facts: ET and Parkinson,s are both neurological tremors. ET It is considered the most common form of tremor estimated to be up to 5 or 6 times more common than Parkinson's and this goes largely undiagnosed or misdiagnosed, often mistaken for Parkinson's Disease.

Essential Tremor is a condition affecting an estimated 800,000 Australians.

Parkinson's Disease

The most significant difference between tremor associated with Parkinson's disease and tremor associated with other conditions is that Parkinson's disease is typically a resting tremor meaning it is present when an individual is at rest and goes away when that individual is active.

Parkinsons as it progresses can cause other health problems, a decline in movement and bodily functions etc

Essential tremor differs from Parkinson,s in that the tremor becomes an action tremor meaning that the shaking increases when a person is active and decreases when the person is at rest

ET can progress over time making simple everyday tasks that are mostly taken for granted the most difficult things to do.

Things that come to mind are writing ,cleaning one's teeth, shaving, drinking, applying makeup to name a few.

People with ET start to become conscious and embarrassed in public about their condition and start

to withdraw from social interaction.

There is a lesser known side effect of Essential Tremor and Parkinson's disease is a weakened voice which can lead to speech and swallowing issues .

There are no specific medications to treat ET some are mildly helpful but as usual these come with side effects

Tremors can be caused by many things including Caffeine, certain medications, alcohol, Illegal drugs, and stress.

ET tends to show up in hand movement and more so on the dominant side it can also cause voice tremor, head nods and can be a full body tremor.

ET also seems to show up in later life 50s 60s but can afflict persons of any age, gender or race, if one of your parents has ET then you have a 50% of inheriting it as it runs in families.

Surgical Options. These options are expensive costing up to \$30,000.

DBS deep brain stimulation is an operation where probes are inserted into the brain with a pulse maker placed under the skin which can be adjusted by your specialist to help control the tremor. This is reversible

FHUS Focused high frequency Ultrasound is used to destroy part of the brain to alleviate the tremor. This is not reversible

Gamma Knife similar to FHUS This is not reversible.

Botox is also used for ET treatment in particular vocal cord tremor.

There are a number of support groups around the world in the USA The International Essential Tremor Foundation.

In the UK The National Tremor Foundation.

Australia has a number of support groups Goulburn Valley Essential Tremor Group

Southern Old Essential Tremor Support Group . Granite Belt Essential Tremor Support Group .

These groups can be found on social media platforms on the internet

Phone: 0419 746 117







Zone 12

Clubs - Killarney, Tenterfield, Stanthorpe, Warwick

Longest Serving Members of Zone 12

Killarney - Cecil (38 Years) Stanthorpe - Len (62 Years) Tenterfield - Kenneth (44 Years) Warwick - Robert (49 Years)





Clubs Charted in what Year

Killarney - 1983 (38 Years) Stanthorpe - 1961 (60 Years) Tenterfield - 1966 (55 Years) Warwick - 1958 (63 Years)





Oldest Member & Youngest Member of Zone 12

Killarney - Oldest - Cecil (92 Years) & Youngest - Mark (31 Years)

Stanthorpe - Oldest - Boysen (94 Years) & Youngest - David (47 Years)

Tenterfield - Oldest - Lois (90 Years) & Youngest - Leyla (21 Years) **Warwick** - Oldest - Arthur (87 Years) & Youngest - Leslie (41 Years)



Warwick





To find out more about Zone 12 make sure you go onto our socials!

Is your zone next?
Keep an eye out on email from your Zone Chairperson!

Are you following us?

Facebook - www.facebook.com/District201Q1Lions
Instagram - www.instagram.com/lionsdistrict201Q1

Twitter - www.twitter.com/201Q1Lions

YouTube - https://www.youtube.com/channel/UCiuFlsVeL a-LN4ZHzYvDQ









Zone 13

Clubs - Goondiwindi, Inglewood, St George, Texas

Longest Serving Members of Zone 13

Goondiwindi - Dudley (54 Years) Inglewood - Anthony (50 Years) St George - Keith (44 Years) Texas - Bernard (60 Years)



Goondiwindi



Clubs Charted in what Year

Goondiwindi - 1965 (54 Years) Inglewood - 1971 (50 Years) **St George** - 1977 (44 Years) **Texas** - 1961 (60 Years)









Oldest Member & Youngest Member of Zone 13

Goondiwindi - Oldest - Dudley (88 Years) & Youngest - Nandi & Nicky (30 Years) **Inglewood** - Oldest – Anthony & Randal (86 Years) & Youngest - Greg (53 Years) **St George** - Oldest - Veronica (81 Years) & Youngest - Spencer (26 Years)

Texas - Oldest - Bernard (90 Years) & Youngest - Elissa (53 Years)



To find out more about Zone 13 make sure you go onto our socials!

Is your zone next?
Keep an eye out on email from your Zone Chairperson!

Are you following us?

Facebook - www.facebook.com/District201Q1Lions
Instagram - www.instagram.com/lionsdistrict201Q1
Twitter - www.twitter.com/201Q1Lions

YouTube - https://www.youtube.com/channel/UCiuFIsVeL a-LN4ZHzYvDQ







LIONS CLUB OF SUNNYBANK INC

Cordially invite you to our Annual Combined Community Service Club Dinner to be held at the

Sunnybank Lions Community Hall, 95 Lister Street, Sunnybank on Tuesday 11 January, 2022, 6:30pm for 7:00pm start

Meal Cost per person of \$20.00

Direct Payment for Meals by Direct Deposit or Electronic Transfer to the National Australia Bank Account of Lions Club of Sunnybank 084-402 508556341







Join our Commemorative
Garden Project
and celebrate
75 years
of Lions Australia!

Help us achieve at least 75 Lions gardens throughout Australia by September 2022.



Planting seeds of hope since 1947

THE DIGITAL VERSION OF THE LION IS AVAILABLE ON OUR WEBSITE HERE.

https://lionsclubs.org.au/keep-in-touch/



LION Online
https://lionsclubs.org.au/keep-in-touch/











Lions Austral

Plantin; seeds of h since 19.

Alway:

lionsclubs.org.

Lions Austra

Planting seeds (since 194

Alway

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Lions Australia

Planting seeds of hope *since 1947*

Always.

lionsclubs.org.au

75th Anniversary Free Pull-Up Banner Artwork

...and more resources available from... Always. lionsclubs.org.au/members/lions-australia-75-years-and-counting/

https://lionsclubs.org.au/members/lions-australia-75-years-and-counting/









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DISTRICT 201Q1 - CONTACT DETAILS

POSITION	TITLE	NAME	SURNAME	EMAIL
DISTRICT GOVERNOR	DG	Nicole	Phillips	DG.Q1@lions.org.au
1ST VICE DISTRICT GOVERNOR	VDG1	lan	Bruning	1VDG.Q1@lions.org.au
2ND VICE DISTRICT GOVERNOR	VDG2	Savva	Argyrou	2VDG.Q1@lions.org.au
IMMEDIATE PAST DISTRICT GOVERNOR	IPDG	Narelle	Parkins	IPDG@lions201q1.org.au
CABINET SECRETARY		Di	McCrae	cabsec.q1@lions.org.au
CABINET TREASURER		Bruce	Mellor	cabtreas.q1@lions.org.au
CONSTITUTION & BY-LAWS	PDG	Rob	Johnson	cbl@lions201q1.org.au
MINUTE SECRETARY		Pat	Hawkins	assist.cabsec@lions201q1.org.au
DG ADVISORY	PDG	Peter	Ho OAM	DGA1@lions201q1.org.au
DG ADVISORY	PDG	Peter	Dean	DGA2@lions 201q1.org.au
REGION/ZONE PROJECT COORDINATOR	PDG	Peter	Ho OAM	RZPC@lions201q1.org.au
* ZONE 1		Steve	Symonds	ZC1@lions201q1.org.au
* ZONE 2		Derek	Audus	ZC2@lions201q1.org.au
* ZONE 3		Denise	Jackson	ZC3@lions201q1.org.au
* ZONE 4		Sharon	McDonald	ZC4@lions201q1.org.au
* ZONE 5		Paul	Krahnen	ZC5@lions201q1.org.au
* ZONE 6		Paul	Sime	ZC6@lions201q1.org.au
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