





Serve with

HONESTY
EMPATHY
ACCEPTANCE
RESPECT
TRUST



LIONS MINTS
DIABETIC ALERT DOG
LOGAN VILLAGE LIONS BIG SATURDAY CELEBRATIONS
AUSTRALIAN LIONS CHILDHOOD CANCER FOUNDATION
AUSTRALIAN LIONS HEARING DOGS
LIONS ALZHEIMER'S FOUNDATION
'LAP THE MAP' FOR DIABETES
LIONS MEDICAL RESEARCH FOUNDATION
HAS YOUR LIONS CLUB BOUGHT RESOURCES?
LEHP AUSTRALIA LIONS EYE HEALTH PROGRAM
EMAIL & SPAM, CYBERCRIMINALS
ZONE 11 SPOTLIGHT

CHRISTMAS

ESSENTIAL TREMOR AWARENESS

'LIONS CAMP DUCKADANG A BRIEF HISTORY' Lions club of Brisbane MacGregor Update





DG Nicole Phillips	.3-4
Treasurer's Travails	5
The Global Leadership Team	6
Guiding Lion Course	7
Upcoming Multiple District Leadership Institutes	8
PR Update	9
Grants Officer	10
Donate A Cake Campaign - Spreading The Kindness Of Christmas	10
Essential Tremor Awareness	11
'Lions Camp Duckadang a Brief History'12	!-13
Lions Club of Brisbane Macgregor Update	14
Lions Mints14	-15
Diabetic Alert Dog	16
Logan Village Lions Big Saturday Celebrations17	'-19
Australian Lions Childhood Cancer Foundation	20
Australian Lions Hearing Dogs	20
Lions Alzheimer's Foundation	21
'Lap The Map' For Diabetes	21
Lions Medical Research Foundation	22
Has Your Lions Club Bought Resources?	22
LEHP Australia Lions Eye Health Program	23
Email & Spam, Cybercriminals24	25
Zone 11 Spotlight26	-27
Events & General Information27	-34
DISTRICT 201Q1 - Contact Details	35















I would like to open up my article and be honest and apologise to our District on the belated newsletter this month this was due to me

being unwell and have fallen behind this month.

In October I had the pleasure of attending Q3 District Governor Steve's convention which was held at Eatons Hill and catching up with the northern side Lions family which I haven't seen for some time. Thank you, Steve, Sharon and Q3 for your hospitality.

November the month of our District Convention, what a GREAT day it was. Unfortunately, I was unwell that weekend but I still enjoyed everyone's company. Thank you so much to the committee who handled everything on the Friday while I rested up ready for the big day.

Our 1 day convention went smoothly with a number of Lions joining us virtually and face to face at Kooralbyn. We had three great speakers at the convention from Ben Cox speaking about Fundraising options, Katura Halliday our District Youth of The Year Winner who gave us a laugh on how well we draw and Kai Spence our Multiple District Leo of the Year Winner all inspiring us on how and "Why" we should be assisting our youth which will intern assist our wonderful organisation.

Thank you to everyone who was involved in the planning of the convention and a big shout out to Kooralbyn Valley and the Committee. We were very excited to hear a few days prior to the convention that the Scenic Rim has been named #8 place to visit by the Lonely Planet, so if you get a chance to visit, I would highly recommend to visit the region.

Congratulations to all the Lions Clubs who have participated in "Lap the Map" promoting Diabetes. As I am typing this article the statistics are.... 35,715 km walked so far which exceeds the Australia's circumference of 25,760 kms there are more KM's to be recorded still.

I am also wishing everyone the best for their applications to attend the Advanced Lions Leadership Institute (ALLI) course being hosted in Brisbane in February 2022, if you are interested the expiry date has been extended – so get your application in NOW!

Also, regarding courses, the District Leadership Team are also running the Guiding Lion course which you can still apply for simply contact Kee.

I am sure all our club's calendars are getting full with all the Lions activities which are approaching, don't forget while you are out there selling Christmas Cakes, Running Christmas Parties for the local retirement home, delivering food package ensure that you are advertising of your club.

Start to think about to invoice your clubs members or simply ask them to deposit \$10 p/wk into the clubs bank account for the next 8 weeks to cover the membership invoice which you will be receiving in January.

The District Governor's team are looking forward to visiting our NSW Lions Family in the New Year as we have missed our little drives down south. We are thinking of you all in NSW and wishing you all the best.

CABINET OFFICER POSITIONS

- District Child Safety Officer
 - Pre-Requisites: someone who has a current Blue Care/WWWC and have held a work related position in this area



DG Micole Phillips

- Environment Chairperson
 - o someone who has an ideas around environmental & recycling projects
- Public Relations and Media Co-ordinator
 - Pre-Requisites: currently or have held a work related position in the marketing/public relations area
- District Historian
 - o Great person to find history and collate it into a easy to keep format
- Leo-Lion Cabinet Liaison
 - o Facilitate communication between Leos and Lions within the district
 - o Coordinate with the district Leo chairperson in the promotion of the Leo club and Leo-Lion programs, and engagement opportunities for young people within the Lions district
 - Serve as support and point of contact for district Leos to explore Lions membership program opportunities.

Please let me know if you are interested in any of the following positions above.

NOVEMBER MONTHS QUESTIONS TO START THINKING ABOUT:

- 1. How can you ensure to have fun while selling Christmas Cakes?
- 2. How can you utilise this time of year to really promote your Lions Club and your achievements this year?

In my previous articles I have asked you questions to think about which were:

1. "Why?" are you in Lions?

- 2. Have you set your 3 5 year strategic plan or goals for your club? If not Why?
- 3. Have you got a greeter at all your events to approach the community and ask "Do you know Lions do in your community?
- 4. Created a Marketing/Promotion Plan?
- 5. Have you reviewed your Constitution & Policy Minutes? Is it up to date?
 - a. If you are up to date let our CBL Rob know cbl.q1@lions.org.au
- 6. Have you thought about having an assistant secretary or treasurer to help with you succession planning?
 - a. If you are currently doing this please let our District Leadership Team know glt@lions201q1.org.au

Remember always assess a project of the effectiveness, adjust, implement, reassess and repeat.

Don't forget SHARE your achievements. If you need any assistance please "Just Ask!"

Celebrating 75 years and counting...

Where there is a need, there is **ALWAYS** a Lion









TREASURER'S TRAVAILS

Hi everyone,

As I look back at my Treasurer's Travails over the past few months, it seems that I am spending

the majority of my articles writing about dues and the number of clubs that haven't paid yet. A month ago, there were 35 (out of 75) clubs which owed LCI and/or MD/D dues. Today (26/10), it is down to 4. These Clubs have until the 15 November to pay before they are placed into "financial suspension" by LCI. DG Nicole has already received the warning letter.

"Suspension is the temporary deferment of the charter, rights, privileges and obligations of a Lions club due to an unpaid balance.

Clubs on suspension shall **not:** (a) Conduct service activities (b) Conduct fund raising activities (c)....

Clubs on suspension shall: (a) Hold meetings to discuss the future of the club and identify the steps needed to regain an active status (b) Make payments to clear the existing outstanding balance, or request a payment plan.

...clubs placed on suspension may regain an active status by paying the balance in full... In the event, the Club does not achieve an active status by the 28th day of the month following suspension; their charter would be automatically cancelled." www.lionsclubs.org

Whilst talking to Treasurers the length and breadth of the District over the past month, one thing has become obvious. Many new Treasurers were shocked at the amount of the dues payable. When you add LCI, Multiple District, District, insurances and various other levies, it works out at an average of \$85 per member per half year. And with that sort of amount, Clubs need to be proactive with dropping inactive members or encouraging them to remain active.

I am aware of some Clubs where members pay \$5 or \$10 each dinner meeting to go towards their dues so that the Treasurers don't have to collect large sums from members each July/January. I commend this practice to all Clubs.

Lion Bruce Mettor

District 201Q1 CABINET TREASURER 2021-2022





THE GLOBAL LEADERSHIP TEAM

- Lion Kee Cheung (Coordinator, Brisbane Chinese)
- Lion Jorge Salles (Brisbane Camp Hill Carindale)
- Lion Wendy Poole (Goonellabah-Wollongbar and District)

TRAINING AND DEVELOPMENT FOR MEMBERS

GUIDING LION

Our District is looking at hosting a Guiding Lion Course and asking Lions Members to submit their interest in participating in the course when it is scheduled. All Lions are welcome to take the course, it is recommended as a foundation to anyone who will work with new or existing clubs or serve (or plan to serve) in a leadership position. Upon completion of the course, you will become a Certified Guiding Lion!

The Guiding Lion Program is designed to assist clubs that are newly chartered, established or are rebuilding. Guiding Lions are assigned for a two-year term by the district governor in consultation with the sponsoring or established club president. Guiding Lions are limited to serving no more than two new clubs at any point in time.

leadership positions at Club or District levels for the first time. It focuses on the skills required to build teams and manage people effectively. It also builds knowledge of Lions activities outside of club level and includes strategies for making change to move our organisation forward. There are no pre-qualifications required.

Please contact the Leadership Team for further information, and feel free to submit your ideas of topics that you would like the GLT to host in training.

Global Leadership Coordinator

Email: GLT@lions201q1.org.au

REGIONAL LIONS LEADERSHIP INSTITUTE (RLLI)

Dates: 18-20 Feb 2022 Location: Launceston, Tas

Application Deadline: 30 Nov 2021

The Regional Lions Leadership Institute is targeting those Lions and Leos who are looking to take on



GUIDING LION COURSE

"Leadership is more than service, it is enabling others to be more productive."

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The Certified Guiding Lion Course will help you:

- 1. Understand your role as a Guiding Lion
- 2. Help you develop a plan to guide the club to become self-sufficient and strong
- 3. Provide tools to help the club officers manage their club
- 4. Establish a system to track development over the course of your term

Please submit your interest to District GLT Co-ordinator

Email: GLT@lions201q1.org.au



UPCOMING MULTIPLE DISTRICT LEADERSHIP INSTITUTES

LIONS LEADERSHIP DEVELOPMENT PROGRAMMES 2021/22

- ✔ Develop your leadership skills
- ✓ Share experiences with others
- ✓ Learn more about Lions
- ✔ Become an effective leader
- ✓ Enjoy fun and fellowship
- ✓ Skills for Lions, business & family

REGIONAL LIONS LEADERSHIP INSTITUTE

Dates: 18th to 20th February 2022 Location: Launceston, Tasmania

Application Deadline: November 30 2021

The Regional Lions Leadership Institute is targeting those Lions and Leos who are looking to take on leadership positions at Club or District levels for the first time. It focuses on the skills required to build teams and manage people effectively. It also builds knowledge of Lions activities outside of club level and includes strategies for making change to move our organisation forward. There are no pre-qualifications required.

ADVANCED LIONS LEADERSHIP INSTITUTE

Dates: 4th to 6h February 2022 Location: Brisbane, Australia

Application Deadline: November 06 2021

The Advanced Lions Leadership Institute is targeted towards those Lions who are looking to take on a leadership role at Zone, Regional and District levels. It

focuses on higher level leadership skills, managing project portfolios, and dealing with the responsibilities of senior leadership within districts. Applicants must have completed a successful term as Club President, but not have yet attained the position of 1st VDG (a 1st VDG elect is eligible).

Note: There is no requirement for candidates for the position of District Governor to have completed the ALLI, although it is seen as desirable.

LIONS CERTIFIED INSTRUCTOR PROGRAM

Dates: 11th to 14th February 2022 Location: Christchurch, New Zealand Application Deadline: November 13 2021

The Lions Certified Instructor Program is designed to develop and expand the number of the most senior skilled lions' trainers. Lions who complete the LCIP are eligible to serve as faculty at locally approved institutes (ALLI, FDI, LCIP), as well as International FVDG/DGE Seminar and other training-related events conducted by LCI and from July 2020 it will be a requirement to have LCIP certification to be on faculty for these training programs.

There are several pathways into LCIP but for this course it covers Lions who have training experience, but have not served as FVDG/DGE Seminar Group Leader or Lions Clubs International-directed institute faculty.

Please contact the District's Leadership Team for further information.

istrict's Leastership

Regards







Five Ways to Promote Your Club

Changing lives is what Lions do, and people need to hear about it. That's where a bit of marketing know-how can make a big difference. With a little effort, your club can raise awareness and support for our global causes, create opportunities for service and build lasting relationships within your community.

Here are five ways your club can get started today:

1. The power of our brand.

Our emblem is a powerful symbol of hope and one of the best marketing tools you have. Whether you're designing a flyer, creating a web video or creating signage for a project, showcase the iconic Lions logo so that your community knows who you are and that you're working to solve the issues that matter to them.

Image matters. And so do images. In addition to the great photos your club has taken, we have some high quality images that can help you promote your service activities, your events and your club.

Download logos and images that can help you <u>showcase your brand</u> today.

2. Gear up to serve.

Put on your Lions gear whenever you go out to serve and show your community that wherever your club goes, good things happen.

Whether you're wearing Lions hats, shirts or vests, your gear immediately identifies you as part of a club in a time when many people are looking to be a part of something meaningful. We don't just deliver kindness, we are a destination for it. Seeing that iconic Lions logo will make it easy for someone looking to serve to know they can start their service journey with us.

You can $\underline{\text{find your best look}}$ when you visit the Club Supplies Store today.

3. Let your social networks do the talking.

Social media is a great way to connect with your local community and beyond. But keep in mind that people want media. At each project, take impactful images and video that show your Lions serving and the people you're serving. Media can bring your story to life in a way that words can't.

In addition to sharing media and service stories, social media is one of the best ways to invite others to join you in service and connect with community organizations so you can get plugged into the conversations happening in your community. Comment, like and post regularly to grow your presence online, and turn your club into a trusted voice on important community issues.

If you haven't already, consider creating a social media page for your club today. You can also <u>visit the SMiLE Facebook page</u> for helpful advice on how to maximize your club's social media network or you can <u>browse the Lions blog</u> for more tips on how to improve your online visibility.

4. Don't tell them about service. Show them.

Lions don't just deliver good, we inspire it. For your next project, consider inviting potential members to serve with you so they can see what being a Lion is all about. There are many people who want to make a difference in their communities, but may not know where to start. Getting them involved in a project is a great way to get them excited about serving. And excited about your club.

If you're looking for new ideas for your next great project, <u>download the Service Project Planners</u> to make it easy.

5. A little planning goes a long way.

Good marketing can really transform the way your community sees your club, but it helps to have someone managing it. Appoint a club marketing communications chairperson who can focus on ways to engage your community. Your community wants to hear good news, and a dedicated marketing chairperson will help ensure that they'll hear about all the incredible work your club is doing.

Find the resources you need to appoint a Club Marketing Communications Chairperson in your club.

Marketing is something we all can do. Actually, it's something we all should do. Marketing can help you get noticed, get new members and get the recognition you deserve for the incredible contributions you are making to your community.

You know your club and community better than anyone, so your club can determine the approach that's right for it. But if you're looking for some advice, try this: get started—and don't stop.

Kevin Jeong is a communications specialist for Lions Clubs International.



Are you interested in a workshop on Social Media?

Register your interest by emailing <u>socialmedia@lions201q1.org.au</u>

with your Name, contact details & Club!





GRANTS OFFICER

Upcoming grant opportunities:

LORD MAYOR'S COMMUNITY FUND

The fund supports community projects that build stronger communities in Brisbane.

Applications for the 2021-22 financial year are now open. Applications will close at midnight on Friday 17 June 2022, or when each ward had spent their allocated budget (whichever occurs first).

Website: https://www.brisbane.qld.gov.au/community-and-safety/grants-awards-and-sponsorships/community-grants/lord-mayors-community-fund

CELEBRATING MULTICULTURAL QUEENSLAND (CMO) PROGRAM

An annual program that provides funding towards multicultural events and projects that engage people from culturally diverse backgrounds, to contribute to building an inclusive, harmonious and united Queensland.

Multicultural Projects — This funding round for projects to be delivered in 2022-23 is expected to open at the end of 2021.

Website: https://www.dlgrma.qld.gov.au/multicultural-affairs/programs-and-initiatives/celebrating-multicultural-qld-program

Email: GLT@lions201q1.org.au

DONATE A CAKE CAMPAIGN - SPREADING THE KINDNESS OF CHRISTMAS

Capalaba Lions Club have an exciting new project for the sale of Christmas Cakes and Puddings this year. The promotion is **DONATE A CAKE!** The idea is that anyone can purchase a Lions Christmas Cake to donate it someone in need. We will deliver the cakes and puddings in December to Homeless United, Night Ninjas, Redlands Community Centre and Aged Care Homes.

This is being advertised on our social media and also Homeless United, Redlands Community Centre and Night Ninjas are promoting it on their Facebook and Instagram. Flyers have been printed for a letterbox drop and we will be emailing a letter and a flyer to local businesses. Flyers will also be displayed at the shopping centres where we are selling Christmas Cakes.

We have printed some gift tags so they donors can write on the tag who it is from, or leave it anonymous







SPOTLIGHT ON TREMORS

Stanthorpe Lions is putting the focus on essential tremor - a neurological condition affecting up to 800,000 Australians:

Granite Belt Essential Tremor Support Group was formed in November 2020, and, according to its founder, anyone can join it for a coffee and a conversation at its monthly get-togethers, "It's a social group, not a club. We gather monthly over a coffee to chat about how this condition affects us and not feel embarrassed about it," Paul Drake says.

"Anyone can join us for a coffee and a chat. That's one more that knows what ET is." Interested can contact Mr Drake via the Granite Belt Essential Tremor Support Group or Southern QLD Essential Tremor Support Group Facebook pages.

Two years ago, Mr Drake decided to put forward a successful idea to Stanthorpe Lions club to raise awareness about Essential Tremor, the most under diagnosed movement disorder but approximately five times more common than Parkinson's.

"I do have ET. It started to become evident to me in my late 50s. Initially, I thought I had a repetitive strain injury from using power tools and hammers all my working life," tells Mr Drake.

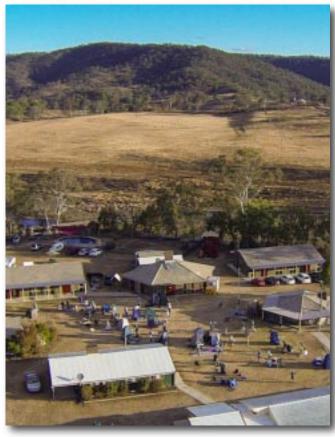
ET causes tremors but no other abnormalities, and it almost always first affects the hands. However, according to Brain Foundation Australia, other body parts may eventually become involved, such as the head or voice.

Medications for asthma, Ritalin or lithium, and stress and caffeine make most tremors worse. The condition can be developed at any age, including childhood, but becomes increasingly common with advancing age, affecting up to 10-25 percent of people.

"ET is familial in 50 per cent of cases, and the cause is unknown in the remainder. If ET runs in the family, each child with an affected parent will have a 50 per cent. chance of Inheriting the disorder," Brain Foundation Australia explains.

Phone: 0419 746 117





'LIONS CAMP DUCKADANG --A BRIEF HISTORY' BY PETER J BOGE

Many of you have read the longer history which I updated and rewrote, but this shorter one will usually suffice.

In 1972, land at 'Rathburnie', Linville was offered by Graeme and Valmai Burnett to Lions for use as a youth camp. It was inspected by Ian Dalgleish and Zone Chairman Jim Bayley (later DG 1976-77). A report was presented to the 1973 District Convention at Caloundra, and the proposal was adopted unanimously as a District project.

In 1974 Syd McDonald (District Governor

1974-75) took the first positive step to commence the project. The Federal Government had announced the RED scheme to help rural unemployed. It subsidised 50% of approved projects comprising labour within affected areas. Syd and his committee which now also included Secretary Maurice Drake (later DG 1982-83) and Brian McGrath (DG 1975-76) submitted an application which included plans and specifications. The Federal Government awarded \$250 000 to the project.

In 1975, RED scheme funds were insufficient to fitout the project, which had reached the lockup stage. The committee encouraged Lions to visit the Camp to build partition walls and to clean the grounds. Help from Lioness June Jamieson and Lions Syd McDonald and Jim Bayley in furnishing buildings named after them, was greatly appreciated. Problems were experienced in obtaining title to the land, until a Supreme Court writ resulted in the transfer of title in 1978. Clubs, however, continued to assist when asked for help with the purchase of laundry equipment, mowers and refrigeration.

In 1978, the District project was incorporated as a company in Queensland with the name 'Lions Camp Duckadang'. This enabled a Constitution to be registered, and for a Board of Directors to administer the project, instead of being



held by trustees. The Camp was opened by His Excellency Sir James Ramsay in December 1978. Phil Mitchell was Q3 District Governor at that time. Bookings were accepted from early 1979.

Since then, Lions Camp Duckadang has seen many improvements and facilities added -- Hamilton Hall (John Hamilton was the Building Committee Chairman), Jamieson House (named after Jamie Jamieson DG 1964-65), Maurice Drake Tennis Courts, Brian McGrath Pool, Rubie House (named after a Lion), Jones Rotunda (named after Bill Jones DG 1966-67), Phil Mitchell Garage (DG 1978-79), the Chapel, the Observatory, a new Mini-Golf Course and the McDonald Play Tower.

In 2004, a determined effort was made to obtain funds to enable the upgrade of buildings and facilities, one area per year. As grants chairman, I obtained \$600 000 by applications to Jupiter's Casino, Old Community Benefit Fund, Lions Clubs International Fund (2 grants worth \$US175 000), Flood Restoration Authority, besides donations from Clubs through the annual letter in March. Building upgrades, the new office, the solar panels, low ropes course, replacement of the bore and fences, an alfresco dining shelter, three sun shelters, a new mini-golf course, other sporting facilities and a tourist park for caravans are among what have been achieved.

More recently, PCC Rodd Chignell has submitted some successful grant applications for other improvements.

Lions Camp Duckadang exists to provide recreational, educational and environmental opportunities in a safe rural environment. Schools, church groups and people of all ages and interests now use the Camp and never fail to comment on the unique opportunities which exist here. The Camp continues to rely on the strong support of the Clubs and District Governors of Districts Q1, Q3 and Q4. This takes the form of working bees, donations and meeting the accommodation and catering charges of needy groups. Thanks to Clubs for their generosity.

The Board relies on the efforts of Directors to set a strategic direction and to achieve goals. For their hands-on involvement over some decades, PDG Jim Bayley and Lion Peter Boge were awarded life membership in 2002 and 2017 respectively.

Lions Camp Duckadang has other plans still being investigated, and has a bright future as it serves the needs of youth and others.

Peter J Boge Secretary to the Board, Lions Camp Duckadang

Secretary to the Board, Lions Camp Duckadang



LION MINTS NEWSLETTER October Edition 2021

Celebrate Lions' 75th Anniversary Snapshots from our founding years...





If you want to read all about it then head to Lions Australia website, click

NEWS & FEATURES tab, and click OUR STORIES.

HOUSE KEEPING

A friendly reminder our office hours for orders are:

• Monday to Thursday • 11am to 3pm We ask that all orders to be placed during this time frame only.

Any changes to your email address, please email:

• mints@lionmints.com.au • Brendan Delahunt - bdelahunt53@gmail.com

LIONS CHRISTMAS MINTS now available to order

Spread a little Christmas cheer with these proudly Australian Made, festively packaged, refreshingly strong peppermints - all while supporting the local manufacturing industry!

Order forms can be downloaded from Lions Australia website. You can also download promotional posters to display in your outlets.

Lions Christmas Mints are a perfect seasonal offer to use in Christmas raffle or hamper prizes, send a bag to outlets as a Thank You gift, sell alongside Christmas cakes and puddings.

Great value at RRP \$2.00 per bag!

Each carton contains 20 x 150g bags

Minimum 2x cartons per order.





LION MINT AUSTRALIA PO BOX 267 PAKENHAM VIC 3810 FREECALL 1800 815 787

EMAIL: mints@lionmints.com.au HOURS: Monday to Thursday 11am-3pm

LIONS CLUB OF BRISBANE MACGREGOR

update:

Meeting on 1st and 3rd Wednesdays 6.30 pm for 7.00 pm start at Mt Gravatt Bowls Club, 1873 Logan Road, Upper Mt Gravatt, Old 4122





Lions Christmas Mints 2021 Order Form

CLUB ID:

CLUB NAME:

DATE:

CONTACT:

PHONE:

EMAIL (FOR INVOICES/STATEMENTS):

DELIVERY ADDRESS: *We are unable to deliver to PO Boxes DELIVERY INSTRUCTIONS:

E.g. Please leave in garage if not at home

ORDER:

NUMBER OF CARTONS:

(MINIMUM 2)

TOTAL \$

\$26.95 per carton

- 1 carton contains 20 x 150g bags
- Great value at RRP \$2.00 a bag
- The perfect seasonal gift/fundraiser

Stock available until 10th December, or until sold out. Minimum 2 cartons per order.



PAYMENT:

Terms: 30 Days

EFT: Westpac Bank BSB: 035 000 A/C: 310500

Please pay on reciept of invoice only, not when placing your order. Include your Customer Code or Invoice No. as a reference, otherwise or a \$35 bank trace fee may apply.

LION MINT AUSTRALIA

PO Box 267 Pakenham, VIC 3810

FREECALL: 1800 815 787

EMAIL: mints@lionmints.com.au HOURS: Monday-Thursday, 11am-3pm

Orders despatched within 14 days. Orders can be collected from Dollar Sweets, 22 Purton Road Pakenham Victoria 3810, if prior arrangements have been made.







Australia has one of the highest global rates of Type 1 Diabetes in children, and with our provision of Assistance Dogs, it was an easy decision to develop a program that would change, and potentially save, the lives of many living with Type 1 Diabetes.

In 2020 we commenced development of our Medical Alert Dog program, and now we are only months away from the placement of our very first Diabetic Alert Dog who will provide support and intervention to someone who is managing the many risks associated with Type 1 Diabetes.

For 11-year-old Clay and his mum, Sarah, a Diabetic Alert Dog would be a dream come true. Clay was diagnosed with Type 1 Diabetes just over 12 months ago at age 10, and the journey to manage Clay's blood glucose levels effectively has not been an easy one. "Clay's blood glucose levels can fluctuate between seriously low and dangerously high on any given day. I have lost count of the tears and time off from work trying to keep Clay safe", Clay's Mum, Sarah, shares.

Clay was diagnosed with Type 1 Diabetes after presenting to the hospital on August 8th, 2020. On that same day, Clay received his first insulin injection. After the injection, Clay asked Sarah, "Do I have to do that again?". When Sarah shared with her son that he would have to have the injections every day, Clay was inconsolable; "I had to step behind the head of his hospital bed to wipe away my tears, the last thing he needed was me adding to his distress. It hurts to see your child in pain".

Type 1 Diabetes is a complex, dangerous, and sometimes fatal diagnosis. Most people are diagnosed as children and struggle to safely manage their blood glucose levels during adolescence.

Clay uses a sensor inserted on his stomach to monitor his blood glucose levels. The readings are sent to the family's smart devices, including Clay's watch and phone. Every 10 days, Clay has to remove the sensor and replace it with a new one, changing sides each time. They apply numbing cream to the new sensor site to ease the pain, and rash cream to the previous site, to soothe Clay's reaction to the sensor's glue.

A Diabetic Alert Dog is taught to identify the smells associated with low, and high blood glucose levels, and alert their owner or companion to intervene with either a sugar source or insulin. A Diabetic Alert Dog is simply a life-saving companion; they work alongside technology to alleviate anxiety and concern for everyone involved.

Sarah has been looking into a Diabetic Alert Dog for the past 8 months, but has felt disheartened by the soaring price tag associated with the dogs. "Some providers are charging families up to \$20,000-\$30,000, a price many of us cannot afford. I felt it was unachievable for our family".

The most special part about our Diabetic Alert Dogs, is that unlike other providers in Australia, we will provide them free of charge as a gift from us; a gift from you. With your support, we can change the lives of children, adults, and families, suffering from Type 1 Diabetes.

Thank you in anticipation of your donation.

To make a donation to the Diabetic Alert Dog Program:

Bank deposit/transfer BSB: 035 094 Acc No: 118 965 Acc Name: Lions Hearing Dogs Inc.

OR Cheque: 'Lions Hearing Dogs Inc' PO Box 164, Hahndorf SA 5245

OR Online:

www.lionshearingdogs.com.au/donate



DG Micole Phillips

LOGAN VILLAGE LIONS BIG SATURDAY CELEBRATIONS

On Saturday 30th October our club held a Triple Celebration , celebrating the following

- Our Variety Bush Bash Car 1104 thank you Day
- 2) The Official opening of our refurbished Den
- The completion of the major work on our Lions Community Hall upgrade



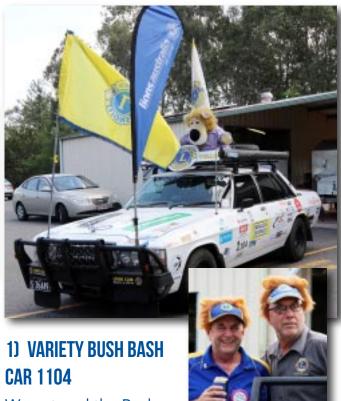
The club was pleased to welcome DG Nicole Phillips, IPDG Narelle Parkins, Region/Zone Project Coordinator Peter Ho OAM and his wife Jean , along with Tom & Val Keg from the Helensvale Club.

We were also pleased to have in attendance our local Logan City Councellor Laurie Koranski and the State MP for Logan - Linus Power, who have both assisted the club in many of it's projects.

We were also pleased to welcome all the Sponsors of our Variety Bush Bash car 1104 and everybody who had assisted us one way or another in the mammoth task of getting the vechile ready.

Also we welcomed all the people and companies who had assisted us in the work on the Den and Community Hall, a big big thank you to them all.

Yes "THANK YOU" was certainly the word of the day.



We entered the Bush Bash to help raise

money for the Variety Foundation which supports and assists children in need being, social, medical or educational a really worthwhile cause.

Our vechile a 1984 Holden Statesman DeVille was donated to us, it had been sitting in a paddock and was a bit worse for wear to put



it midly, but with the hard work put in by our team of Bob Downs - chief mechanic and miracle worker, Bill Prentagast – creator of the plan and jack of all trades, Brad Hall – chief " I know people who can help us fixer", Club



President Wayne Freeland who kept spirits up and wore his knuckels down to the bone sanding back the "bogged areas" of the bodywork and all the other Lions who assisted one way or another.

The original Bash was planned for August-Sept and was to run from Winton to Yeepoon via Birdsville but due to Covid was rescheduled for a November 6th start, the bash will now run from Longreach to Fraser Island.

Even before the start we have had one casualty with Lion Bill coming of his bicycle and breaking a few ribs so he is out of the team and has been replaced by Lion Phil Notaro who will he says" Keep us all informed" of their progress and adventures???!!! etc.



2) THE OFFICIAL OPENING OF OUR REFURBISHED DEN

The refurbishment of the Den has been an ongoing project for a while, but with the grant we received from LCIF and the assistance we got from many local trades and suppliers we were able to finally complete the work.

A big thank goes out to Lion John Watson for all his building experience and expertise that helped us complete the project, he was ably assisted by Lion Phil Notaro and some say by Lion Brad Hall, whose heart is willing, but skills at times??? and also all the Club members who assisted.

We now have a lovely Den for our Lions Club to enjoy, but also a facility that we can hire out to Community or Commercial organisations and help raise funds for Lions. We thank IPDG Narelle and Councellor Laurie for officially cutting the ribbon and declering the Den open for business (and celebrations on the day)



3) LIONS COMMUNITY HALL UPGRADE

The Lions Community Hall which was bequeived to the club under the charter that it be available to the Logan Village

Community, it has been run and maintained by the club and like all older buildings is in constant need of repair and upgrades, the building is listed by the LCC as a Heritage building so all work has to be undertaken to

meet Heritage requirements.
The club has undertaken
ongoing work on the Hall for
years, but it was in need of

some major work with regards, cooling and insulation to keep the heat in, in Winter and the Heat out in summer after receiving a Federal Government grant we were able to insulate and install two "Big Ass Fans" as they are effectionetly known in the trade!! Also with a grant from the LCC we were able to update the video/communication systems in the Hall to make them more user friendly. Lions John and Phil have done a marvellous job and we have had great feedback from our

regular rental patrons.

Again we must thank all the trades and people who assisted us in this project.

In conclusion the club is proud to be the owner of these great facilities and we plan to use them to the fullest capabilities to raise money for the club and Lions.

Any club that would like to view our facilities and perhaps hire them can contact our club secretary Brad Hall or Hall Co-ordinator Phil Notaro.

I hope this has been informative and the

I hope this has been informative and the photos give you a better picture of the great day we all had and the projects the

club has undertaken
On behalf of President
Wayne and the Club, please
all keep well and we all look
forward to a great Bush Bash
for Car 1104 and to a better
2022 for everybody.

Yours in Lions,

Lion Trevor Muy (Media Officer)

Lions Club of Logan Village Inc.



ATTENTION LIONS CLUBS ALCCRF — AUSTRALIAN LIONS CHILDHOOD CANCER FOUNDATION



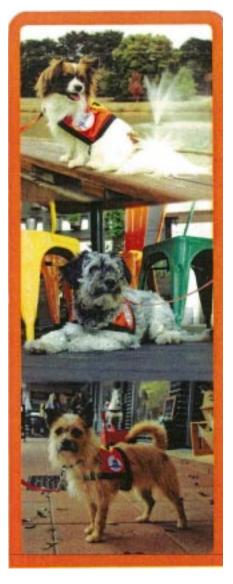
WE BELIEVE EVERY CHILD DESERVES A CHANCE AT A HEALTHY LIFE

Denny Kourra

Health Projects 0418 877 290 pkour11@hotmail.com **alcmf.lions.org.au**

AUSTRALIAN LIONS HEARING DOGS

is a not-for-profit organisation that provides hearing dogs to the deaf and hard of hearing throughout Australia.



Health Projects 0418 877 290

Penny Kourra

pkour11@hotmail.com alcmf.lions.org.au



LIONS ALZHEIMER'S FOUNDATION

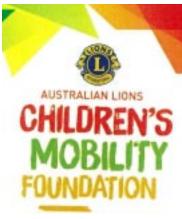
The Lions Alzheimer's Foundation (LAF) preventing Alzheimer's through research. Lions, please support your Foundation to find a cure for this terrible disease.

PLEASE DONATE

Donate to the Lions Alzheimer's Foundation and help fund research into preventing the disease.

Tell your friends Knowledge is everything. Help us to educate friends, families and colleagues.

Health Projects 0418 877 290 pkour11@hotmail.com



WHAT IS CEREBRAL PALSY?



For more information or to learn more, please visit our website alcmf.lions.org.au

Health Projects 0418 877 290 pkour11@hotmail.com

Lions Clubs, encourage your friends and community to join a wonderful cause -

'LAP THE MAP' FOR DIABETES

- Across Australia there are over 1.3 million people with diabetes 283 people are diagnosed every day
- Diabetes has been named one of the Lions' 5 key focus areas Diabetes is a serious health issue affecting many people

Lions, we are committed to raising awareness and increase education around diabetes. Whether affected by diabetes or not, Lions can get involved.

It's so important to remember to stay active and keep a healthy lifestyle.

Diabetes can lead to serious diseases affecting the heart, blood vessels, eyes, kidneys, nerves and teeth. However, early diagnosis, optimal treatment and effective ongoing support and management reduce the risk of diabetes-related complications.

Each of your walk distances will be added to the total to make up the distance around Australia. This is why it is called "Lap the Map".

Last year, Lions Australia not only lapped the map once but reported a combined distance of 199,875 kms, almost 7.75 times the distance of Australia's circumference.

LET'S MAKE 2021 LAP THE MAP BIGGER AND BETTER!



Health Projects 0418 877 290

pkour11@hotmail.com alcmf.lions.org.au



HAVE YOU DONATED TO LIONS MEDICAL RESEARCH FOUNDATION



Thank you to all Lions Clubs who have made donations to support the research of Associate Professor Carlos Salomon.

Associate Professor Carlos Salomon is conducting human clinical trials to detect ovarian cancer in early stages.

Positive results are expected within 4 years and this will result in survival rates increasing dramatically.

Lions Clubs, please support his research.



Dr Olivia Holland continues researching to improve gestational diabetes and better understand the placenta during pregnancy. Gestational diabetes is on the rise.

Let's help Dr Olivia Holland and her research by donating

to Lions Medical Research Foundation.

It affects one in seven births.

Please support Lions Medical Research Foundation to support Dr Olivia Holland continue her research. Penny Kourra - Health Projects 0418 877 290

HAS YOUR LIONS CLUB BOUGHT RESOURCES? THE AUSTRALIAN LIONS WELL BEING FOUNDATION

The Australian Lions Well Being Foundation mission is to develop, promote and educate the community through health and well-being initiatives. The Foundation encourages Lions Clubs to promote the Foundation in the community.

The Foundation strives to create happier, healthier and safer communities. This Foundation will assist to achieve this.

Lions Clubs, please consider supporting this Foundation.

It offers terrific resources. These resources are fabulous and your local schools and other organisations would appreciate them.

They include -

Information brochures

Booklets and books

DVD'S

Badges and Stickers

Posters

Please browse the website

Health Projects 0418 877 290 pkour11@hotmail.com



LEHP AUSTRALIA LIONS EYE HEALTH PROGRAM



The aim of LEHP is to reduce the incidence and impact of vision loss in the Australian Community through a Lions community-based awareness and education program.

Approach your local schools and educate children about LEHP and sponsor 'Flying A Kite Day"

Buy a "Dr Bob Coulthard Recognition Award

Buy a "Roley McAtee Vision Award"

DONATE NOW TO HELP LEHP

Penny Kourra

Health Projects 0418 877 290 pkour11@hotmail.com

Fly a Kite for Sight

Spend a short time outside each day as this may help reduce the incidence of Near Sightedness (Myopia). Near Sightedness is a common vision problem where people see very well on the written page or electronic device but distant objects are blurred. Evidence shows that sunlight has special properties beneficial to eye health. Specifically, sunshine helps protect young eyes against Near Sightedness, a common problem in children. Although the quality of light and nutrition also play roles in eye health, it is important that we spend a little time outside each day. This is best done in the morning to avoid eye and skin damage caused by excess exposure to UV light.

LEHP has launched a **Fly a Kite for Sight** initiative - to bring awareness to the importance of children spending time outside.

What better way to spend time outside than Flying a Kite



SEE MORE:

https://www.facebook.com/District201Q1Lions

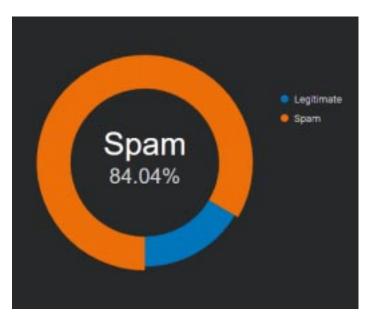






TOTAL GLOBAL EMAIL & SPAM VOLUME FOR OCTOBER 2021

I thought that this month I would share with you some statistics on spam email. These figures are provided by Cisco Talos a threat intelligence organization. The report below is the average daily email volumes for October 2021. Be vigilant.



Average Daily Legitimate Email Volume

- 17.69 BILLION

Average Daily Spam Volume -

94.02 BILLION

DAILY EMAIL VOLUME

EMAIL TYPE	AVERAGE DAILY VOLUME (BILLIONS)	PERCENTAGE OF GLOBAL TRAFFIC
Legitimate	17.79	15.95%
Spam	93.71	84.04%

ONLINE SHOPPING THIS TIME OF YEAR IS ALSO POPULAR WITH CYBERCRIMINALS

This year, Australians are predicted to spend over \$58 billion on pre-Christmas shopping – an increase of around 11% on 2019 pre-pandemic spending, according to the Australian Retailers Association and Roy Morgan.





Although online shopping is convenient and the preferred way to shop for many Australians, it comes with a risk.

Cybercriminals often target online shoppers in a bid to steal their money or personal details. They do this through a variety of methods including:

- Selling products that don't exist
- Asking for personal and payment information
- Installing malicious software ("malware") on your device

Why do you need to be secure when online shopping?

Once a cybercriminal has your financial details or receives your money, you are unlikely to get it back. Not only will you be disappointed when your goods don't arrive, you will also have lost the money you used to buy the pretend items.

What can you do?

The best way to stay secure while shopping online is to know how to look for suspicious websites and boost your protective security measures.

The Online Shopping Checklist and easy-to-follow advice on how to make sure your online shopping experience is secure on smartphones, computers and laptops is available at cyber.gov.au.

Get social

Be sure to follow us on **Twitter**, **LinkedIn** and **Facebook** and subscribe to our YouTube channel for the latest campaign content and practical advice to help Australians improve their cyber security.

Are you a victim of cybercrime? **Visit ReportCyber** to take your next steps.

We use hyperlinks to give you more information. If you don't want to click hyperlinks, you can search for the information on the cyber.gov.au.

CONTACT US

Facebook: https://www.facebook.com/cybergovau
Twitter: https://twitter.com/CyberGovAU
LinkedIn:

https://au.linkedin.com/company/australian-cybersecurity-centre

Web: www.cyber.gov.au

Please feel free to contact me if you have any questions

District Webmaster/IT Support kerrykilpatrick@yahoo.com.au or 0412 279 464







Zone 11

Clubs - Beaudesert, Boonah, Fassifern, Harrisville, Rosewood

Longest Serving Members of Zone 11

Beaudesert - Dennis (39 Years) Boonah - Brian (65 Years) Fassifern - Bruce & Donald (24 Years)

Harrisville – John, Michael, Frank, Duncan & David (39 Years)

Rosewood - Selwyn (46 Years)



Beaudesert

Clubs Charted in what Year

Beaudesert - 1960 (61 Years) **Boonah** - 1956 (56 Years) Fassifern - 1997 (24 Years) Harrisville - 1982 (39 Years) Rosewood - 1975 (46 Years)







Oldest Member & Youngest Member of Zone 11

Beaudesert - Oldest - Alan (85 Years) & Youngest - Chloe (23 Years)
Boonah - Oldest - Brian (83 Years) & Youngest - Robert (65 Years)
Fassifern - Oldest - Kevin (71 Years) & Youngest - Samantha (36 Years)
Harrisville - Oldest - Frank (81 Years) & Youngest - Josephine (20 Years)
Rosewood - Oldest - Selwyn (88 Years) & Youngest - Olivia (21 Years)







To find out more about Zone 11 make sure you go onto our socials!

Is your zone next? Keep an eye out on email from your Zone Chairperson!

Are you following us?

Facebook - www.facebook.com/District201Q1Lions
Instagram - www.instagram.com/lionsdistrict201Q1

Twitter - www.twitter.com/201Q1Lions

YouTube - https://www.youtube.com/channel/UCiuFlsVeL a-LN4ZHzYvDQ





Committee Vacancies

The Council of Governors advises applications are invited from Lions in good standing to fill the following vacancies.

All Multiple District Committee positions are honorary, & every Lion is encouraged to apply.

Under the General Rules of Reimbursement, allowable expenses incurred in the execution of these roles are reimbursed including any necessary travel and accommodation.

- Applications will only be considered if submitted on the current Nomination Form, & received at the Lions National Office by the closing date.
- Intending applicants must obtain a Nomination Form, Position Statement & Person Profile in relation to the position from the Lions National Office or website.

W: lionsclubs.org.au/members/resources/committee-vacancies/

Email: <u>info@lions.org.au</u> Phone: (02) 4940 8033

- 3. All candidates for Multiple District positions shall submit:
 - current standard Nomination Form
 - Curriculum Vitae
 - Statement covering the issues outlined in the Position Statement. - This supporting Statement with CV shall not exceed three single sided A4 pages.
- Nominations must be received by the National Office by email or post no later than 5.00 pm FRIDAY 3 NOVEMBER 2021.

Late nominations will not be considered. - Valid nominations will be considered at the Council Meeting held in January 2022.

All applicants will be advised via the following methods:

- 1. All successful applicants will be contacted by SMS.
- All unsuccessful applicants will be contacted by text message as the preferred method, or by e-mail if not mobile phone number is offered.
- 3. Following the close of the Council meeting, the appointments will be confirmed by letter. A list of Appointments will be available on the website following the meeting

Portfolio	Program	Position	Term Start	Term Exp	Description
Management Group Fundraising & Partnerships		National Coordinator	1/07/22	30/06/26	To coordinate Fundraising & Partnerships Programs as directed by the Multiple District Council.
Long Range Development Committee		Member 3 positions	1/02/22	31/01/25	To explore & recommend policies & strategies for the future benefit, growth, advantage & advancement of the Multiple District & submit direction, initiative & planning in regard to the implementation of such policies & strategies.
Finance	Insurance & Risk Committee	Chairperson	1/07/22	30/06/25	Responsible for the coordination of the activities of the Committee. To maintain liaison with the appointed Broker & the Lions Insurance Programme Consultant.
		Member 2 positions	1/07/22	30/06/24	Responsible to the Chairperson for input & counsel in relation to insurance & safety matters pertaining to the Multiple District.
		Risk Management Specialist	1/02/22	30/06/24	To advise Council on all matters relating to insurance & risk management for Lions Clubs in MD201
GLT	Committee	Committee Member	1/07/22	30/06/25	Responsible to the MD201 GLT Coordinator for the activities of the Committee which has special emphasis on the Leadership development of members.
	PNG Development	Committee Member	1/07/21	30/06/24	To guide the development of membership in Papua New Guinea to enable residents to take a full role in the work of Lions within that country
GMT	Committee	Membership Communications	1/02/22	30/06/25	This committee has special emphasis on the development of members, the establishment of
		Diversity & Women in Lions	1/02/22	30/06/25	new dubs, club membership growth & membership maintenance. *Note – committee under review & position roles will be defined shortly.
F&P	Christmas Cake & Mint	V District	1/02/21	31/01/24	Demonstrated interest in the preparation, implementation of strategies & programs for the promotion & marketing of Lions Christmas Cakes & Mints.

A full list of vacancies, appointments and position description is available here - https://lionsclubs.org.au/members/resources/committee-vacancies/





Portfolio	Program	Position	Term Start	Term Exp	Description
	Hearing Dogs Project Support Committee	Chairperson	1/07/22	30/06/25	Responsible for the management of the Lions Hearing Dogs Inc. program, including promotion of the project within & outside the Lions organisation
		Vic State Coordinator	1/02/22	30/06/23	Responsible to the Chairperson, Lions Hearing Dogs Inc. including promotion of the project within & outside the Lions organisation.
		Chairperson	1/02/25	31/01/28	The Project Support Taskforce provides guidance & direction to individual projects established by the Multiple District Convention as a Category B or C initiative, as well as assisting the proponents of intending projects.
		Member 2 positions	1/02/25	31/01/28	The Project Support Taskforce provides guidance & direction to individual projects established by the Multiple District Convention as a Category B or C initiative, as well as assisting the proponents of intending projects.
	Product Development Committee	Member	1/07/21	30/06/24	The Product Development Committee member is responsible to the Product Development Committee Chairperson, for identifying, developing, & recommending potential products that may be used for Club fundraising or for sale to Lions Clubs.
УСР	Leo	C District Coord.	1/02/22	31/01/25	
		Q District Coordi	1/02/22	31/01/25	Reporting to the Leo Committee Chairperson & responsible for promoting Leos within their state.
		W District Coord	1/02/22	31/01/25	at esponsible for promoting teos within their state.
	Youth Exchange	Child Safety Officer	1/07/22	30/06/25	Responsible to the MD201 Child Safety Officer for the implementation & operation of the Child Safe Policy within the Youth Exchange Program
		Program Coordinator	1/02/22	31/01/25	Responsible for the organisation of an allocated portfolio within the YE Program.
	Youth of the Year	Chairperson	1/07/22	30/06/25	Responsible for the coordination of all matters pertaining to the Youth of the Year.



A full list of vacancies, appointments and position description is available here - https://lionsclubs.org.au/members/resources/committee-vacancies/

January 22 Vacancies 2







Get ready for the single-use plastic items ban

starting on 1 September 2021

Half of all plastic produced in the world is designed to be used only once—and then thrown away. This is a huge contributor to the 300 million tonnes of plastic waste created every year, almost equivalent to the weight of the entire human population.

The Queensland Government is taking action to fight plastic waste and pollution, starting with a ban on some single-use plastic items.

Single-use plastic items included in the ban:

- straws: regular straws, flexible straws, straws with a scoop, cocktail straws and bubble tea straws
- stirrers: hot or cold drink stirrers, swizzle sticks and hot or cold food stirrers
- plates and bowls including single-use expanded polystyrene plates
- cutlery: knives, forks, spoons, teaspoons, sample tasting spoons, soup spoons, chopsticks, splayds and sporks
- expanded polystyrene takeaway food containers and cups.









Single-use plastic items **not** included in the ban:

- straws and cutlery attached to a shelf-ready, pre-packaged product like a juice box with an attached plastic straw or a yoghurt with an attached plastic spoon
- other single-use plastic takeaway food containers including sushi containers, triangle sandwich containers, food containers with a plastic window and bowls with lids
- serving platters and trays
- foam or plastic trays such as meat and packaged fruit and vegetable trays.



Single-use alternatives which contain compostable plastics must meet one of the following Australian Standards:

 AS 5810-2010 Biodegradable Plastics—Biodegradable Plastics Suitable for Home Composting

٥r

 AS 4736-2006 Biodegradable Plastics Suitable for Composting and Other Microbial Treatment.

Access for Queenslanders with disability or healthcare needs

Queenslanders with disability or healthcare needs may still need to access banned items and that's why the following businesses are exempt from the ban:

- clinics or facilities that provide care to persons with a disability or health needs
- hospitals
- dental clinics
- · medical clinics
- pharmacies
- aged care facilities
- medical suppliers.

Suppliers, distributors and wholesalers may continue to sell banned items to these exempt businesses.

What you can do now

All Queensland businesses and not-for-profit organisations will be required to stop supplying banned single-use plastic items after the ban begins, including supermarkets, cafes, hotels and takeaway food shops.

You are encouraged to identify whether banned items still need to be provided to customers, and if so, what they can be replaced with. If you have excess stock, you may also wish to contact your supplier to understand their returns policy.

The National Retail Association, a member of the Queensland Government's Single-use Plastic Items Ban Stakeholder Advisory Group (SAG), has been appointed to work with businesses to ensure they understand the ban and what they must do to comply, as well as options to manage excess stock.

Visit the National Retail Association website www.qldplasticsban.com.au for more information or call their support hotline on 1800 844 946.

Boomerang Alliance, also a member of the SAG, has been appointed to work with not-for-profit organisations. Learn more at www.boomerangalliance.org.au.

Compliance

The Queensland Government is using an education-first approach to ensure businesses and not-for-profit organisations are prepared for the ban. Penalties may apply after 1 September 2021 for businesses and not-for-profit organisations that supply banned items, or provide false or misleading information about banned items or their compostability.

Actions for Queenslanders

There are plenty of things Queenslanders can do to reduce the use of single-use plastics and plastic waste. Some simple tips include:

- purchasing reusable products over disposable ones
- · choosing products with less plastic packaging
- choosing products made from recycled materials
- recycling as many plastic products as you can through your kerbside recycling bin or outdoor recycling bins
- return your drink containers at a Containers for Change refund point
- remember 'soft, scrunchable' plastics don't go in kerbside recycling bins but can be returned to REDcycle bins at participating supermarkets
- avoid unnecessary plastic products like balloons (including plastic clips and sticks), ribbons and tickertape.

Learn more about the single-use plastics ban at www.qld.gov.au/plasticsban







Join our Commemorative
Garden Project
and celebrate
75 years
of Lions Australia!

Help us achieve at least 75 Lions gardens throughout Australia by September 2022.

Always.

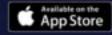
Planting seeds of hope since 1947

THE DIGITAL VERSION OF THE LION IS AVAILABLE ON OUR WEBSITE HERE.

https://lionsclubs.org.au/keep-in-touch/



LION Online
https://lionsclubs.org.au/keep-in-touch/











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Lions Australia

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...and more resources available from... Always. lionsclubs.org.au/members/lions-australia-75-years-and-counting/

https://lionsclubs.org.au/members/lions-australia-75-years-and-counting/









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DISTRICT 201Q1 - CONTACT DETAILS

POSITION	TITLE	NAME	SURNAME	EMAIL
DISTRICT GOVERNOR	DG	Nicole	Phillips	DG.Q1@lions.org.au
1ST VICE DISTRICT GOVERNOR	VDG1	lan	Bruning	1VDG.Q1@lions.org.au
2ND VICE DISTRICT GOVERNOR	VDG2	Savva	Argyrou	2VDG.Q1@lions.org.au
IMMEDIATE PAST DISTRICT GOVERNOR	IPDG	Narelle	Parkins	IPDG@lions201q1.org.au
CABINET SECRETARY		Di	McCrae	cabsec.q1@lions.org.au
CABINET TREASURER		Bruce	Mellor	cabtreas.q1@lions.org.au
CONSTITUTION & BY-LAWS	PDG	Rob	Johnson	cbl@lions201q1.org.au
MINUTE SECRETARY		Pat	Hawkins	assist.cabsec@lions201q1.org.au
DG ADVISORY	PDG	Peter	Ho OAM	DGA1@lions201q1.org.au
DG ADVISORY	PDG	Peter	Dean	DGA2@lions 201q1.org.au
REGION/ZONE PROJECT COORDINATOR	PDG	Peter	Ho OAM	RZPC@lions201q1.org.au
* ZONE 1		Steve	Symonds	ZC1@lions201q1.org.au
* ZONE 2		Derek	Audus	ZC2@lions201q1.org.au
* ZONE 3		Denise	Jackson	ZC3@lions201q1.org.au
* ZONE 4	IPDG	Narelle	Parkins	ZC4@lions201q1.org.au
* ZONE 5		Paul	Krahnen	ZC5@lions201q1.org.au
* ZONE 6		Paul	Sime	ZC6@lions201q1.org.au
* ZONE 7		Euan	Stevens	ZC7@lions201q1.org.au
* ZONE 8		Carl	Miller	ZC8@lions201q1.org.au
* ZONE 9		Mark	Shi	ZC9@lions201q1.org.au
* ZONE 10		Kerry	Kilpatrick	ZC10@lions201q1.org.au
* ZONE 11		Christine	Forrest	ZC11@lions201q1.org.au
* ZONE 12		Jenny	Rainbird	ZC12@lions201q1.org.au
* ZONE 13		Phillip	Gall	ZC13@lions201q1.org.au
GST COORDINATOR		Jenny	Maguire	GST@lions201q1.org.au
GLT COORDINATOR		Kee	Cheung	GLT@lions201q1.org.au
GLT TRAINING AND DELVELOPMEN	NT	Jorge	Salles	GLT.td@lion 201Q1.org.au
GLT TRAINING AND DELVELOPMEN		Wendy	Poole	GLT.td@lions201q1.org.au
GMT COORDINATOR		Andrew	Bader	GMT@lions201q1.org.au
MEMBERSHIP		Michael	McDonald	GMTmembership@lions201q1.org.au
GMT DIVERSE CLUBS	PDG	Ken	Mulcahy	GLTdiverseclubs@lions201q.org.au
CONVENTION SAA 2020		Chu	Laurita	SAA2021@lions201q1.org.au
CONVENTION CHAIRPERSON 202	1	Sharon	McDonald	convention2021@lions201q1.org.au
CONVENTION CHAIRPERSON 2022		Jeff	Croll	convention2022@lions201q1.org.au
PUBLIC RELATIONS AND MEDIA	_	Amanda	Harrison	PR1@lions201q1.org.au
NEWSLETTER EDITOR		Mark	McCosker	newsletter@lions201q1.org.au
WEBMASTER AND IT		Kerry	Kilpatrick	it.web@lions201q1.org.au
CAKES & MINTS		Di	Henderson	cakesandmints@lions201q1.org.au
LIONS CLUBS INTERNATIONAL FOUNDATION	LIPDG	Narelle	Parkins	LCIF@lions201q1.org.au
AUSTRALIAN LIONS FOUNDATION		Narelle	Parkins	ALF @ lions201q1.org.au
HEALTH PROJECTS		Penny	Kourra	healthprojects@lions201q1.org.au
LEO COORDINATOR		John	Clark	leo@lions201q1.org.au
LEO ASSISTANT		Greg	Woodard	leoassist@lions201q1.org.au
LIONS AWARENESS DAY		Michael	McDonald	lionsawareness_day@lions201q1.org.au
YOUTH EXCHANGE	PDG	David	Greenup	youthexchange@lions201q1.org.au
YOUTH OF THE YEAR	PDG	David	Greenup	YOTY@lions201q1.org.au
PEACE POSTER	0	Natalie	Reinke	peaceposter@lions201q1.org.au
CHILDREN OF COURAGE		Natalie	Reinke	childrenofcourage@lions201q1.org.au
DISASTER RELIEF COORDINATOR - V	VEST	Ros	Keim	disasterwest@lions201q1.og.au
DISASTER RELIEF COORDINATOR - SOUTH		John	Lynch	disasterwest@iions201q1.og.au disastersouth@lions201q1.org.au
T.S. ISTER RELEASE OF SOUTH		00/111		5.535to15544119110115201411.019.44