

OUR BEAT

CREATING A NEW RHYTHM WITH MANY VOICES
LIONS Q1 NEWSLETTER



MAY 2020

INSIDE:

District Governors Update

Connect Our Community

Office 365

More.....

lion201q1.org.au



Lions Clubs International

"If you cannot do great things, do small things in a great way"
Napoleon Hill



Greetings Lions

Resilience is what gives people the psychological strength to cope with stress and hardship. It is the mental reservoir of strength that people are able to call on in times of need to carry them through without falling apart.

Resilience does not eliminate stress or erase life's difficulties. People who possess this resilience don't see life through rose-colored lenses. They understand that setbacks happen and that sometimes life is hard and painful. They still experience the emotional pain, grief, and sense of loss that comes after a tragedy, but their mental outlook allows them to work through such feelings and recover.

Instead, resilience gives people the strength to tackle problems head-on, overcome adversity, and move on with their lives. In the wake of traumas such as the 2019 Bushfires, ongoing drought, floods and now the Global Health Crisis, many Lions demonstrated the behaviors that typify resilience. Not only were they able to remain strong in the face of almost unbearable loss but they were also able to carry on and even offer emotional support to others affected by the same tragedies.

This month I'm remind of the first step in building resilience is the gift of gratitude. Each day being

grateful for at least 3 things in our lives helps us become more present and move away from many of the stress we see in our day to day lives. As you practise this and you will come to realise you have more in your life to be grateful for in addition to your health, family & home.

As District Governor I am grateful for all our Lions who actively participated in ANZAC Day activities in their driveways and homes.

Thankful to all our Lions who have stepped up and have decided to be a Guiding Lion or be re-accredited. They have made a personal commitment to help build your Lions Club with the support of your members. Guiding Lions understand the challenges & stress the club faces and are here to support and are ready for you to ask, "Can you help us?"

Finally to our clubs who have taken a digital leap. Whether you are meeting online or taking part in our Office 365 Training we recognise our future as an organisation has changed.

We are all here to support & serve.

David Greenup
Q1 District Governor

The Operations Team

Operations Coordinator: Jorge Salles

Newsletter Editor: Carey Dobson

Social Media: Amanda Harrison

Digital Coordinator: Kerry Kilpatrick

For all enquiries: newsletter@201q1.org.au

An Important Message

The Q1 Newsletter welcomes all submissions from Lions Clubs, Lions and other diverse organisations. The information contained is designed to inform, illustrate and celebrate the activities of Lions Clubs.

Submissions are encouraged to the Editor (newsletter@201q1.org.au) by the 5th of each month.

Advertisements in the Q1 Newsletter will be accepted only if they meet the relevant laws and will not give rise to any legal claims or liability and they reflect the culture and purpose of the newsletter.



CONNECT OUR COMMUNITY

In April, Q1 commenced weekly online broadcast to keep our members and community connected. Proudly our team bring a variety of notable Lions guest's locally and globally to share their stories to keep us service focused. You can join in interactively via our live stream through our District Facebook Channel or watch episodes on replay through our new YouTube Channel.

Watch guests like PIP Barry Palmer & PID Tony Benbow each Sunday afternoon from 1 pm.



OFFICE 365 TEAMS

Congratulations to all the Clubs so far that have moved across to Office 365 and starting to become familiar with all the options it can offer.

This month we have created a special page on our website to provide Office 365 resources to help you and your members navigate the system.

Many clubs are now meeting online and regardless of the tool you use we thought we'd share a tip or two to help you on your journey.

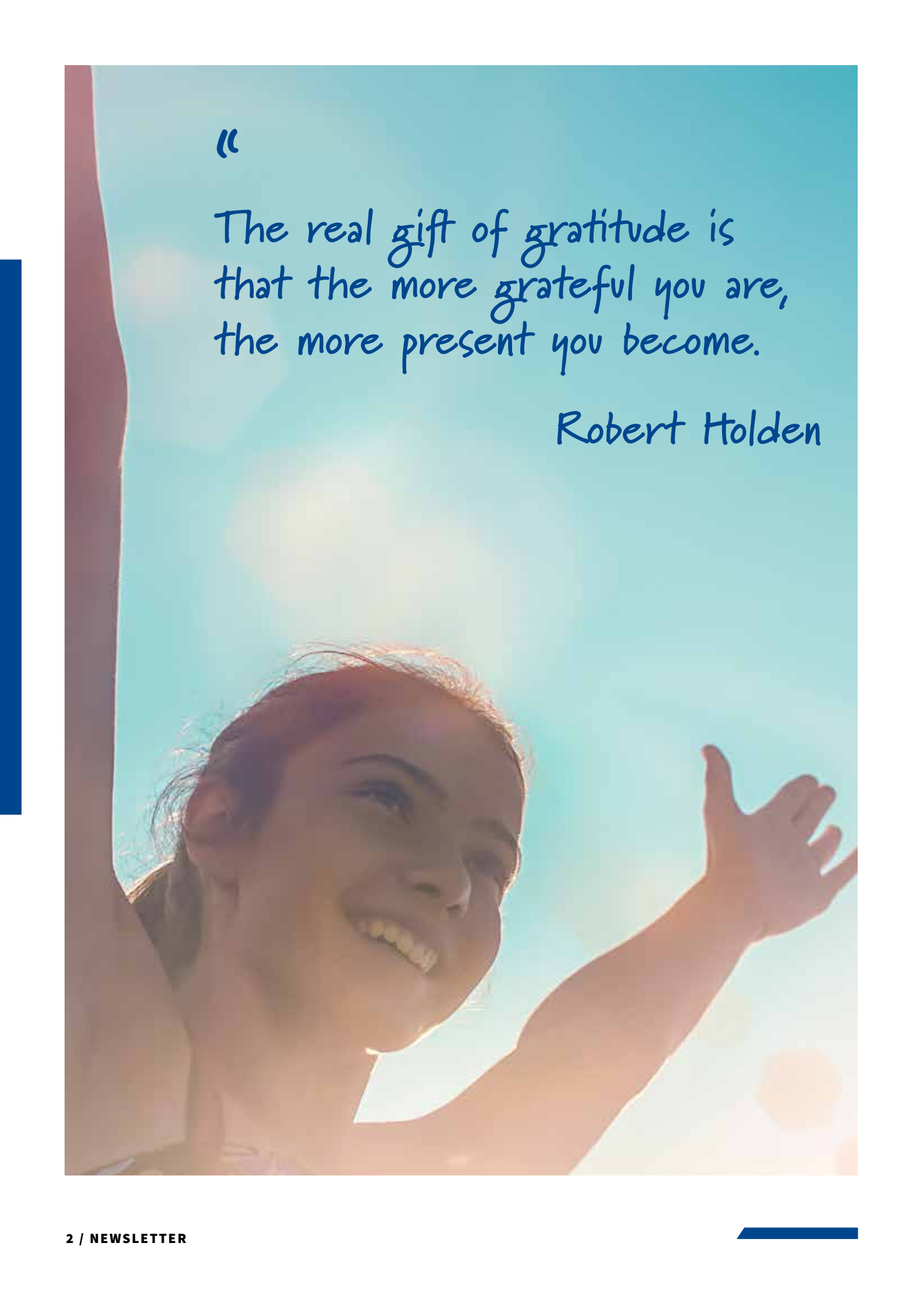
#TIP 1 - Guest access

You don't have to be a member of Microsoft Teams and Office 365 to connect via Teams. The tool provides secure guest access so that people in a club can connect without having the administrator access. Anyone with an email account can join a chat, view files, participate in video meetings and more.

Tip 2 - Meeting recording

Recording Microsoft Teams meetings is a great way to make sure that you're capturing crucial information so you don't miss it later. Recordings capture video, audio and screen sharing activities at the same time. The meetings you record can also be saved to an Office 365 tool called Stream, which means you can manage and download the content later.

If your Club hasn't registered for your Club's Office 365 Account training session yet, please [book online](#) a session in as a group today.

A young woman with dark hair is smiling broadly, looking upwards. Her arms are raised, with her hands open, against a bright blue sky. There is a strong lens flare effect in the center of the image, creating a warm, glowing atmosphere. The overall mood is one of joy and positivity.

“

The real gift of gratitude is
that the more grateful you are,
the more present you become.

Robert Holden

FROM THE CABINET SECRETARY'S DESK

There are still several PU 101 forms that haven't been completed. Please fill these in and email back to Cabinet Secretary Designate Di McCrae on janddmccrae@bigpond.com if you can't find the form which was sent out some time ago please let me know and I will send a copy to you. These forms are overdue and Cabinet Secretary Designate Di needs these to complete the Multiple District Directory. Don't forget to go online to MyLCI and enter your officers for 2020-2021.

I did set a challenge last month to see how many clubs could do their membership reports on MyLCI on time. Well you did improve from March where 31 weren't done and in April that number was down to 24. Maybe for May you can do a bit better.

Club Officer's Orientation Days: Due to Covid19 pandemic and restrictions on social gatherings our previously arranged Club Officer's Orientation Days have had to be reviewed and reorganised to present via teleconference (Zoom) as opposed to the regular face to face training days done in previous years.

Due to our new wave of change it has been necessary for a number of modifications to take place in our District in the forthcoming year and even if the elected person has previously held the same or similar position it is very much in the interest of key members of every club to attend this training. The invitation is extended to all club Presidents, Treasurers, Secretaries and Membership Chairs elected for the year 2020/2021.

Date: Saturday 30th May for Incoming Club Officers in Zone 1 to Zone 5 and Zone 11,12,13.

Time: 8.00am for 8.15am start.

Click on this link to connect. <https://qut.zoom.us/j/94252892620>

Date: Saturday 13th June for Incoming Clubs Officers in Zone 6,7,8,9,10.

Time: 8.00am for 8.15am start.

Click on this link to connect. <https://qut.zoom.us/j/92861323382>

Attendees please RSVP by email to Cabinet Secretary Designate Di McCrae by Friday 22nd May 2020 (M) 0499 604 516 Email: janddmccrae@bigpond.com to register your name.

On 14th May 2020 District Numbers were 1,641 – down 86. World Wide 1,421,181.

Denise Jackson
Cabinet Secretary





Welcome to the Family..

CLUB

Boonah
Bris Camp Hill Carindale

Brisbane Hellenic

Macleay Island

Tenterfield
Texas

NEW MEMBER

Malcolm Abbott
Robert Aurbach
Greg Woodard
Jiacoimo Pellatiero
Manuel Raissis
Marguerite Carstairs
Stephen Minchin
Jan Sutherland
Patricia Welsh
Kim Rhodes
Eyvonne Saunders

SPONSOR

Thomas O'Neill
Margaret Scells
Margaret Scells
Nikki Georgiou
Sophia Argyrou

Meg Geering
Linda Crook
Linda Crook



Did you know ?

Lions Code of Ethics



- *Show my faith*
- *Seek success*
- *Building up*
- *Resolve doubt*
- *Hold friendship*
- *Obligations*
- *Aid others*
- *Liberal with praise*

Lions Club Purposes



- *Create*
- *Promote*
- *Active Interest*
- *Unite*
- *Provide*
- *Encourage*

May Monthly Projects -

Australian Lions Drug Awareness Foundation & Lion Story Dogs

This month the district will be showcasing 2 of Lions projects - Australian Lions Drug Awareness Foundation & Lions Story Dogs. Here is some information below:

Australian Lions Drug Awareness Foundation:

The aim of the Foundation is to promote awareness and prevention of abuse of alcohol and other drugs.

The objectives of the Foundation are to:

- Promote awareness of alcohol and other drug abuse especially the factors predisposing it
- Develop education and prevention activities, especially in local communities
- Participate in campaigns in line with the aims of the Foundation
- Actively promote and support counselling and rehabilitation programmes.



Lions Story Dogs

Leah Sheldon and Janine Sigley formed the non-profit Story Dogs organisation in 2009 in Murwillumbah, NSW. At the time both Leah and Janine had primary school aged children.

After seeing a similar program operating in the USA on the internet, they decided Australia needed such a program. They came up with Story Dogs, based on the successful American literacy program, Reading Education Assistance Dogs (R.E.A.D.), which was launched in 1999 in Utah, USA.

They first trialled the program in 2009 in their own children's school, Murwillumbah East Public School, even though the Principal and others were unsure how successful it would be. To the Principal's surprise, Story Dogs was very successful, with great improvements noticed in the participating students. There was positive feedback from the students, the teachers, the principal and the parents.

From there, Story Dogs expanded and has continued to grow and help all of Australia.



To find out more about these projects make sure you go onto our socials!

Do you have a suggestion for a Lions project for us to promote?

Email us socialmedia@lions201q1.org.au!

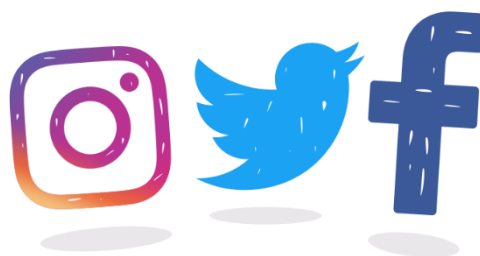
Are you following us?

Facebook - www.facebook.com/District201Q1Lions

Instagram - www.instagram.com/lionsdistrict201q1

Twitter - www.twitter.com/201q1Lions

Coming Soon - YouTube - Watch this Space

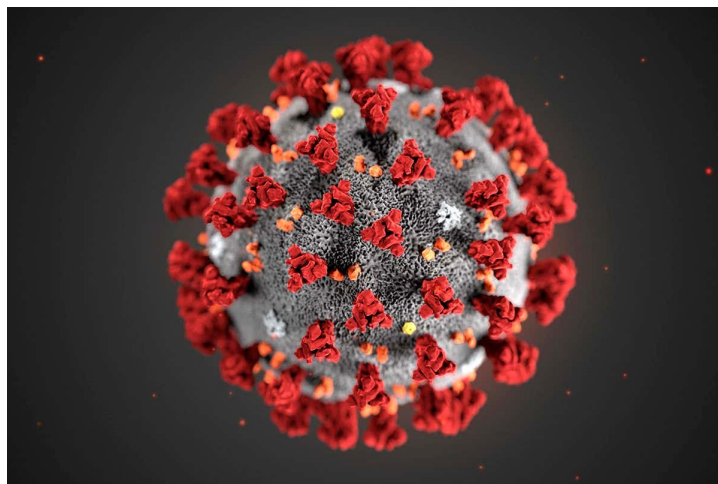




Lions Clubs International

COVID-19 response:

In response to requests for information concerning new resources and initiatives, the following is an update on the association's support of our clubs during this global health crisis. We are continuing to evolve our communication strategy to support our clubs during the coronavirus (COVID-19) pandemic, making our messaging more relevant to the realities our clubs are facing.



In March, we launched our [Coronavirus Response Center](#) on lionsclubs.org to create a centralized destination for timely updates related to the global health crisis. As part of our support strategy, we have added a virtual event center and will be adding a new resource page within our Coronavirus Response Center to help our clubs safely continue their work as Lions.

Serving Safely Webpage – This webpage will include practical tools and resources to help Lions serving during this global crisis. This page will be

published soon and we will continue to add resources as they are developed, including:

- **Tips and Tools** – We're developing blog posts that provide practical information such as choosing a virtual meeting platform, ways to serve safely and tips for running an effective virtual meeting.
- **Storytelling** – We're writing impact stories that show how Lions are continuing to make a difference in their communities.

[Virtual Events Center](#) – We are developing new ways to connect Lions with staff, leaders and fellow Lions in virtual, real-time settings. We see this as a key communication strategy now and moving forward. We recently launched this page, and we will be developing new content, including:

- **Webinars** – We're working with divisions across the organization to develop webinars on a wide range of topics. Initial events will focus on hosting a virtual meeting and using social media to connect with members and community. These live sessions will be recorded and posted online for viewing.
- **Livestreams** – We're exploring opportunities to tap into the immediacy of livestreaming tools to engage our active social community.

Content will be limited in the initial launch of these two new valuable resources, but we will continue to add innovative resources to help our clubs serve safely.

Best Regards,

Frank Moore

Facebook Photo Competition - April 2020

Over the month of April, a Photo Competition was done on Facebook, to see all entries make sure you please go to our Facebook Page - www.facebook.com/District201Q1Lions

Week 1
Theme: Selfie in Solitude
Winner - Ian Bruning
(Camp Hill Carindale Lions)



Week 2
Theme: Captured in Confinement
Winner -
Jenny Maguire (Calamvale Lions)

Week 3
Theme: My Club's Memories
Winner -
Alex Harrison (Calamvale Lions)



Week 4
Theme: Virtual Meetings
Winner -
Upper Coomera Lions

"Where is Lions International HQ, you ask??"

Lions Clubs International Headquarters is located in Oak Brook, Illinois, USA, just outside Chicago. There, approximately 275 professional staff members, led by the executive administrator, work closely with the association's international officers and International Board of Directors to help Lions clubs advance their mission of local and global service.

International Headquarters serves as the association's central administrative and information source. Many services are provided to Lions through this office, including issuing charters to new clubs, providing brochures, activity guides and newsletters to members and maintaining all association records. Services and support are provided in the 13 official Lions languages: Chinese, English, Finnish, French, German, Hindi, Italian, Japanese, Korean, Portuguese, Simplified Chinese, Spanish and Swedish. Eleven operating divisions divide the administrative responsibilities of International Headquarters. They are: Convention, District and Club Administration, Finance, Information Technology, Leadership Development, Legal, Lions Clubs International Foundation, Marketing, Membership, Member Operations and Support and home Service Activities. International Headquarters is open to Lions and the general public Monday through Friday from 8:00am to 4:30pm Central Standard Time.

If you need anything - Need any help please reach out - we are here for you, we are here to help you.

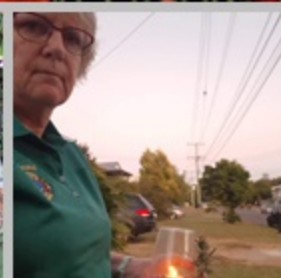
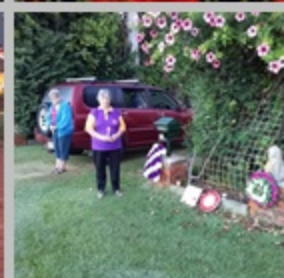
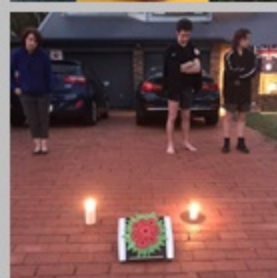
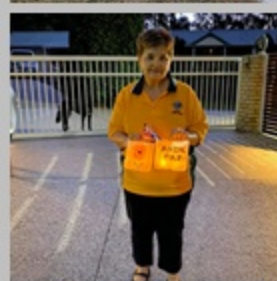
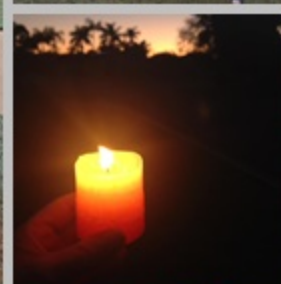
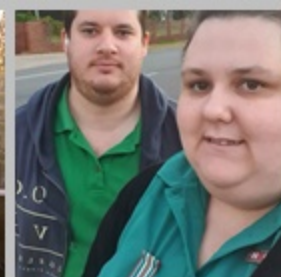
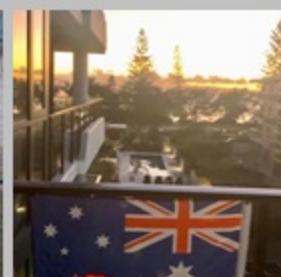
Jenny Maguire

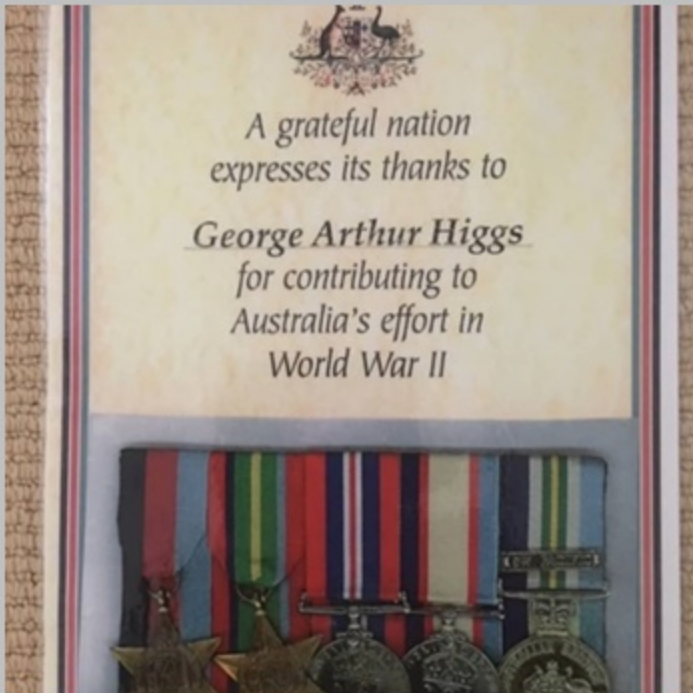
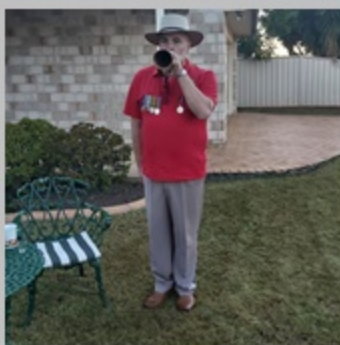
District Orientation & Capability
Coordinator

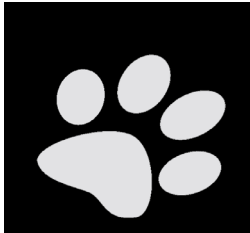
Email : lionjenny.01@bigpond.com

Ph : 0412 358 205









AUSTRALIAN LIONS HEARING DOGS.



Paws for Independence -

Australian Lions Hearing Dogs is a national Lions organisation based in South Australia, who procure, train and place Hearing Assistance Dogs with people who are Deaf and Hard of Hearing, all around Australia. We are helping to address the silent and growing issue of deafness in Australia. You may not know that 400,000 Australians suffer from severe or profound hearing loss, and the number is increasing rapidly.

Our dogs, are mostly sourced from animal rescue organisations, and come in all shapes and sizes. Once trained, they not only help their recipients by alerting them to ten daily household sounds (alarms, baby cries, someone at the door and more), but they also make their human feel more secure and help reconnect them with their community, reducing loneliness, isolation and the anxiety often associated with severe or profound hearing loss.



***"Dusty" rescued from Yorke Peninsula Puppy Rescue,
now in a loving home as an
Australian Lions Hearing Dog.***

After 40 years of operation we've reached capacity at our Training Centre, we simply can't increase the output of dogs and demand is growing exponentially, with the current waiting list approaching two years, it's too long for people to have to wait for their dogs. We need to increase our output and hence are planning to expand the National Training Centre in the Adelaide Hills of South Australia.

Mid-2020 we will launch our Philanthropic Capital Campaign in NSW, QLD, Victoria and South Australia. Results of a pre-campaign assessment show there is an appetite within the Philanthropic world for the work that Australian Lions Hearing Dogs are undertaking. We are currently in the process of establishing a team of Campaign Leaders including a National Chair, state based Campaign Advocates, Patrons and Ambassadors.

We would love to talk with you if you'd like to explore our Campaign Leadership roles either as a member of our Campaign Task Force or to perhaps suggest other people who might be a good fit. These roles are for the period of the Campaign only and don't involve a huge time commitment. Typically Campaign Leaders might be personally touched by hearing loss, people of standing and influence, community and commercial leaders, or dog lovers.

It's a really exciting project and certainly a much needed one. You'll be amazed and incredibly touched by the difference these dogs make in not only the lives of their owners but also the people who love them. ***It's very rewarding when your work helps people feel less lonely!***

If you would like more information, please contact:-

ALHD Development Director - Tass Schmidt.

Phone: 08 8388 7836. (8.30am – 4pm. South Australian time)

Mobile: 0412 861 586.

Email: tass@lionshearingdogs.com.au

More news next month.....

The Board of Directors, CEO & Staff.

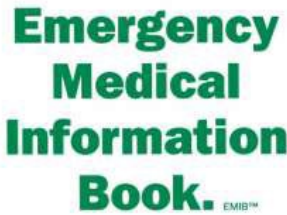
Australian Lions Hearing Dogs.

Emergency Medical Information Book

GREETINGS TO YOU ALL! MAY 2020 NEWSLETTER

WHO Cares is a statement made by the World Health Organisation. But it can also be a question - Who cares? The answer of course is the EMIB committee. At a time like this with the world in the grip of a health Pandemic, what better opportunity can there be than to approach your local Council and apply for a grant to purchase up to \$5,000 worth of books to distribute to members of your local community. \$5,000 will purchase 3,551 books. A lot of books to distribute? It is, but not impossible. I share this idea with you because a few Lions Clubs have told me they have done this and they distribute the books in quantities to places like their local Hospital, Ambulance Service, Doctors, Chemists, Retirement Villages, Rest homes and the list goes on.

A community service project from your Rotary and Lions Clubs and Ambulance Service



Lions Club of
Blackwood
District 201C2



Rotary
Tea Tree Gully
Modbury
Golden Grove

Name.....

Book started...../...../.....

AMBULANCE
UPDATE YOUR INFORMATION REGULARLY
AND KEEP YOUR BOOK ON THE FRIDGE

**CALL TRIPLE ZERO
000.
FOR ASSISTANCE**

I am aware that Clubs are not holding organised meetings yet but we still can carry on by contacting members of your Club to gain their support to undertake such an ambitious project. An application to your local Council applying for a grant on humanitarian grounds will I'm sure, receive in many cases a favourable reply. At this time, I am not aware of the results of the voting to enable the EMIB Project to be granted a three year extension, but live in hope.

Best Regards

Lion Bernie Donohue

Chairman Lions EMIB committee

Good morning Lions,

Please join us for a very special presentation from the 2020 Australian of the Year Dr James Muecke AM:

“Blinded by Sugar”

22 May 2020

9:30am AEST

Dr Muecke has offered to provide this free webinar specifically for our Australian Lions members regarding diabetes and eye disease.

The webinar will include the opportunity to ask questions of Dr Muecke about this important cause for Lions Clubs International.

Pre-register here to ensure you do not miss out on this special opportunity. Places are limited. You will receive a reminder email the day before the event.

Please feel free to forward this invitation to any Lions you feel may be interested in attending.

About Dr Muecke

Dr James Muecke AM is passionate about fighting blindness. In 2009, he co-founded Sight For All, with the aim to create a world where everyone can see.

His not-for-profit organisation is now impacting nearly one million people each year in Australia and the low-income countries of the world.



LIONS CAMP DUCKADANG NEWS

Lions Camp Duckadang is an organisation that runs on Volunteers, Donations from Club and Grants. This support allows us to keep prices at a reasonable level for accommodation and meals for the youth and disadvantaged, as well as the organizations, various interest groups and Clubs. Income from the Camp is for the maintenance, general upkeep and staff wages. Any equipment and items that need to be purchased such as beds, generators, freezers etc are funded through our Lions Clubs of Districts 201Q1, Q3 and Q4 and Grants. So as a Lion, you are a part-owner of the Camp. We are also grateful to various Companies and other wonderful people who support our camp.



Clubs would have received the Lions Camp Duckadang annual letter sent out by the Secretary in March 2020. This reported on recent upgrades at the Camp and the Board sought donations for ongoing maintenance and improvements, as well as upgrading facilities already in existence. In line with current government regulations for Covid-19, the Board has been obliged to close the Camp until 30 June 2020, unless government advice to the contrary is received.

A further Board meeting will be held on 06 June 2020 to further assess the situation, and decide whether the working bee set down for 19-21 June 2020 can go ahead. **Clubs will be advised after 06 June.** This virus and lockdown have had a huge effect on the income of our Clubs and of the Camp. Directors of the Board realise that Clubs' earning powers have been reflected in their ability to help their local communities financially. Many Clubs have come to a halt as far as their ongoing functions and fund raising are concerned.

In view of this, the Board acknowledges that until the current situation changes, Clubs will probably hold back from donating to the Camp in preference to their communities. This is understandable, however we ask that you don't forget this Lions project when funds allow ... donations small or large will always be gratefully accepted.

The idea of a large see-saw as another attraction for the camp was mooted back in April 2018, when our Chairman Graham visited Lions Camp Licola in Victoria. It's a giant see-saw approximately 2000mm x 4000mm, on which teams of kids (big and small) stand at each end and try to balance themselves. See the photo of this see-saw below, which has been placed beside our tennis and basketball courts.



In addition, a Zip Line (Flying Fox) was recently installed. When the Zip Line is operational, it is sure to draw a lot of interest for visitors ... both young and mature persons.

Any donation, however small, is always very welcome. To avoid confusion, please send all donations to:

***The Secretary
Lions Camp Duckadang
P O Box 437
STRATHPINE Q 4500***

Alternatively, use direct deposit at a Westpac Bank to Lions Camp Duckadang Business Cash Reserve Account: BSB 034---114 Account: 124-437. Please email a copy of the bank's deposit slip to: pboge@bigpond.net.au so that I can promptly acknowledge all donations and issue a receipt.

Thanks for your generous support in the past. The Board hopes you can visit the Camp later in the year.

Yours in Lionism

*Peter J Boge, Secretary to the Board, Lions Camp Duckadang
(E) pboge@bigpond.net.au*

Robina Lions Updates

Collecting at Coles



We picked up and delivered our donation of \$1000.00 worth of food from Coles for Havafeed.





ANZAC Day Wreath



Lion Toula's 85th Birthday celebrated on 26 April 2020 at lion Wendy's place





We Serve



Guest speaker

Nicky Carr

Optometrist

Lions Club of Tamborine Mountain Inc

Virtual Dinner Meeting

Tuesday 28 April 2020



We Serve



Our newest member

Alexandra Stubbs



Nicki spoke of her trip to Sri Lanka to assist with the diagnosis of vision defects

The Team: Richard, Tannis, Marilyn,
Nicky, Josh, Dianne, Robyn, Newfer.



A message from the Editor

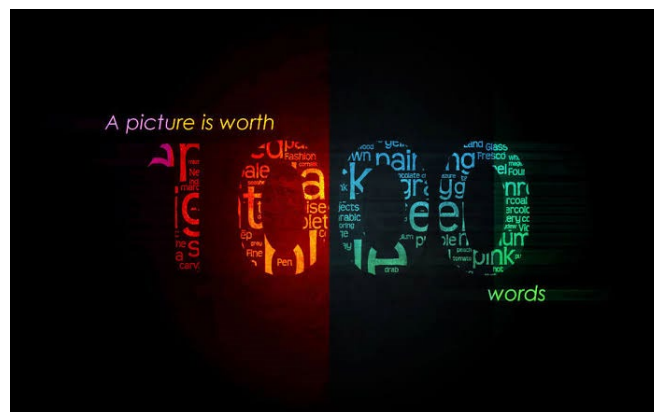


As always, thank you so much to those of you who have already taken the time to put fingers to keyboard in order to keep the District up to date on the amazing work that you are doing for your local, and wider communities.

If you would like to share your opinions, news and updates with the District, please can you submit your articles by the 5th of each month? Late submission can be included, but cannot be guaranteed, so don't be put off submitting late entries... ☺

This allows us to compile the details together in time for the 15th when the plan is to send it out to individual subscribers, and Clubs who have joined out mailing list.

TIP: You will find that a picture really helps to bring your stories to life...



Please submit your stories and articles to newsletter@lions201q1.org.au

Many thanks in advance!!

Carey Dobson

Cabinet Communications Officer

District 201Q1 Lions Clubs International