

OUR BEAT

Creating a new
rhythm with
many **voices**

LIONS Q1
NEWSLETTER

December 2019
Edition



DAVID GREENUP
DISTRICT GOVERNOR 2019 - 2020

**DREAM BIG
WALK TALL**



Lions Clubs International

DISTRICT GOVERNOR'S MESSAGE

“

It isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it.

Eleanor Roosevelt



GREETINGS LIONS

“Life is a marathon not a sprint, run your own race and focus on what you can do and not what you can't” are the words and the mottos of our 12 year boy and our Q1 Peace Essay finalist.

These words encourage him to live his best life inspite of being legally blind with a rare eye condition and inspired him to share his peace journey.

Its just one example of the wonderful entries recieved in this year's Peace Poster & Essay Competition. I congratulate both Tamborine Mountain and Camp Hill Carindale Lions on their respective winners.

As the holiday season fast approaches its a time for reflections, for growth, for gratitude and for renewing our committment to our service goals with fresh vigour.

Our communities this Christmas are showing our Lions Clubs the same vigour and gratitude through their support of the many fundraising activities you have planned. Maybe they will buy a Christmas Cake at your local outlet or a business is happy to allow them to be sold or you are present wrapping in local shopping centre or raising funds for fire or drought.

Being thankful for every good thing that comes to you is an important part connecting with your community.

William Arthur Ward once said “Feeling gratitude and not expressing it is like wrapping a present and not giving it.”

As Lions it can be a little easy to forget our own Pride (clubs) sometimes needs as much support as our community. Consider your giving approach to a club in need or how you might give personally to LCIF or ALF this year?

There are so many ways in which we can give.

Finally Government Agencies appear to be checking a number of our Lions Clubs for the first time. Remember we are here for support and we encourage you to check that your club charter name matches your ABN, Incorporations Number & Fundrasing License.

I wish all Lions & their families a joyful and safe holiday season and look forward to seeing you in the New Year to celebrate brighter 2020.

A handwritten signature in black ink, appearing to read 'David Greenup'. The signature is stylized and cursive.

**DAVID GREENUP
DISTRICT GOVERNOR**



CABINET SECRETARIES REPORT

Here we are just a few weeks away from Christmas Day and I'm sure most clubs will be out there selling Christmas Cakes, Wrapping Presents in shopping centres, selling tickets for Christmas Raffles or involved with Carols nights. It is a very busy time of the year. Best Wishes with all you are doing over this Christmas New Year period.

I'm sure most of you will be looking forward to a bit of a break or even a holiday over the next month or so. Take advantage when you can.

At the end of November I had 27 Membership reports to do. Don't forget to do these reports for December and January, they still need to be done even though some of us have a break. You can do them at the beginning of the month and then you don't need to worry about forgetting to do it.

There will be some information on My Lion with instructions on entering your club information coming out soon for those who are still having trouble. As of the 7/12/2019 the membership for the district was 1681 down 52 for this Lions year.

For Cabinet members the next Cabinet meeting will be at Beaudesert on 22nd & 23rd February 2020. I will advise location of meeting and social night early in the new year and I am looking at Accommodation at the moment and will advise as well.

District Governor David has finished his club visits for the year but DGE Narelle and 1st VDGE Nicole both still have a few to do in the new year.

I would like to wish everyone a very Merry Christmas and a Happy, Healthy and Safe New Year and I hope you are able to celebrate this time with your family or friends.

Best Wishes

Denise Jackson
Q1 Cabinet Secretary



Welcome to the Family..

CLUB

Bris. Indian Prestige

Brisbane Macgregor
Southport
Tamborine Mountain

NEW MEMBER

Ramanathan Karuppiah
Anil Subramanian
Saumya Tripathi
Luke Speerin
Jacqueline Marie-Bohm
Polly Reed
Rob Reed

SPONSOR

Shyam Das
Shyam Das
Narelle Wyvill-Anstey
Barry Rodgers
Tony Hall
Tony Hall



Did you know ?

Our slogan :

In 1919 the slogan for Lions was adopted, what is this slogan?

Answer :

Liberty, **I**ntelligence, **O**ur **N**ation's **S**afety

What is the Primary Service Activity of Lions Worldwide? :

Answer -

Sight - Helen Keller challenged Lions to become her "knights of the blind in the crusade against blindness"



The Lion magazine :

The Lion magazine first appeared in 1918, how many languages is it now printed in?

Answer : 22 different languages

ALF

Congratulation to Logan Village Lions Club in receiving an ALF grant of \$7,228.00 to refurbish a Toilet Block on a property at Logan Village for use by the community. All Club should consider donating fund to ALF, to fully support our own Foundation.

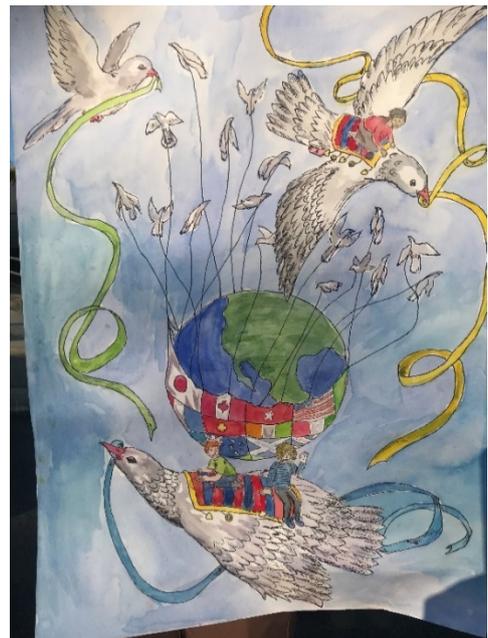
HEARING DOGS

In the last four months, there is one approved application for hearing dogs in our District, one being considered and four more in the train. They should be finalised very soon and recipients should receive their dogs in the few months. If anyone would like to purchase calendars or mugs please contact Lion Christine Forrest, email: c.forrest@bigpond.com; mobile: 0409 341 567. All for a good course.

PEACE POSTER

The District winner is a 12-year old student from St Bernard State School sponsored by Tamborine Mountain Lions Club with the theme of "Journey of Peace". See the poster on the right hand side. This has gone to MD Peace Poster Coordinator PDG Lorraine McKenzie, to compete posters from all other Districts. At the MD judging, this poster received "Honourable Mention".

An Essay written in braille is presented by a student sponsored by Camp Hill Carindale Lions Club. This essay will move to the next phase representing Australia to compete with the rest of the world.



REQUEST FOR A HART WALKER

A young boy in Tugun area required a Walker but the local Cerebral Palsy didn't understand the process and it took much longer to get the correct information to Australian Lions Children's Mobility Foundation (ALCMF). Lion Christine Forrest is working with local Clubs to raise \$5,900 for a Walker to assist this boy. ALCMF next Board meeting is scheduled in January 2020, so it is necessary to collect enough fund then seek balance from ALCMF. If any Club has assisted in contributing to the cost, please contact Lions Christine Forrest.

HEALTHY AWARENESS – SMART EATING WEEK 10-16 FEBRUARY 2020

Australia's Smart Eating Week 2020 (10-16 Feb 2020) is an initiative of the Dietitians Association of Australia (DAA), aiming to inspire people to live healthier lives, including through smart eating and evidence-based nutrition. To ensure that people are equipped with the best advice in achieving long term health and wellbeing, the week is run by Accredited Practising Dietitians, the only university qualified nutrition professionals practicing in Australia, and supported by DAA. The focus at this year's event is the label reading to bust some of the most common food marketing myths.

In early 2020, DAA will release will release a range of resources designed to support everyone, including a 30-minute label reading presentation with consumer handouts, online event registration and a social media toolkit.

REPORT VIA MYLION

We encourage all Clubs to report their activities, fund raising, number of people served via <https://myapps.lionsclubs.org>.

On behalf of the Global Service Team, we wish you all a wonderful and joyous season.

PDG Peter Ho

Global Service Team Coordinator

0412796243 Lion.peterho@gmail.com



"The Act of Giving"

"an activity or gift that benefits the public at large. contribution, donation. act of giving in common with others for a common purpose especially to a charity"

"giving impacts and touches the lives of others, creating a catalyst for good."

"to present voluntarily and without expecting compensation"

"an act of kindness is a spontaneous gesture of goodwill towards someone or something"

"a random act of kindness is an unexpected act of charity or helpfulness and is often done for a stranger"

So how does this impact us as Lions ?

Join the Lions movement - "Kindness Matters".

Kindness defines who we are as Lions. And why we serve. When 1.4 million men and women come together to serve, it represents a dynamic force for good.



The last Peace Poster winner quoted :

"Kindness matters because it makes you feel better about yourself and your place in the community. Every act of kindness blossoms and grows connecting people to make our world a brighter and more meaningful place".

With the recent & ongoing natural disasters currently happening around around us in our District - and the Festive Season fast approaching, take a minute to sit and reflect what you have and how lucky you are. Take a moment to think of those less fortunate in our District that have lost everything due to a bushfire. Take a moment to think about those in our District that can't turn on the tap to have a drink of water because there is 'soot' in the pipes and fear of getting sick.. And take a moment to think of those that have given up their daily lives to go help those that have been affected.

I know that you have been inundated with "help here" and "help there" - but remember why you joined Lions in the first place - **"to help those in the community, to help those in need"**- well this is that time, this is the time to "show some kindness" - this is the time to give as much as you can when you can.

I heard a comment just the other day *"why do I have to keep giving, when will this end"* - well you don't have to give, but it is good to give. It's good to know that you have helped someone in despair, it's good to know that you have let someone know that they are loved, that someone is thinking of them - to bring a small smile to their face, even for just a short while.

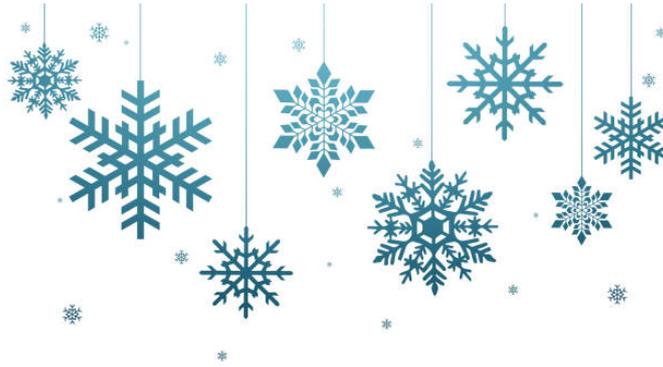
How can you help in a simple way - if you were to forgo your daily takeaway cup of coffee for just one week (5 days) - you could purchase 3 x cases of water from the supermarket and donate them to the towns in need. Remember every little bit helps.

"a random act of kindness is a selfless act performed by kind people to either help or cheer up a random stranger, for no reason other than to make people happier"

Until next time.

Jenny Maguire - District Orientation & Capability Coordinator

Email : lionjenny.01@bigpond.com Ph : 0412 358 205



Diversity and Inclusion
We are like a Snowflake,
all different in our own Beautiful way

Message from the Diversity & Inclusion Co-ordinator

December has arrived and Christmas Festivities are a foot. It is a great time to catch up with family and friends. Spread the cheer and well wishes to all. But have you ever thought about how other cultures celebrate this time of year?

In Australia we have many different Christmas cultural traditions, however, you would be surprised that most have similarities, and some are a little different. I have listed a few different cultures who's people and their family traditions have integrated their way into our own here in Australia. These are just a few, if you have any suggestions on additional cultures, that we can explore, we can list them in the next newsletter.

Italian Christmas

1. Italians celebrate Christmas, not just the day but for a whole month, from December the 8th to January 6th. It is a month of devotion to their faith and spending time with their families.
2. They have a special Santa – The good Witch (la Befana) - she visits on the 6th January and gives good children sweets and bad coal. It is rumoured that she brings a broom with her and sweeps the house. This is to sweep away the past year and clear a way for a prosperous new one.
3. Did you know that it is not just the Scots that like their Bagpipes? Yes. Italians play bagpipes also at Christmas time. In the Abruzzi region of Italy. They play to symbolise the arrival of the shepherds as they greeted baby Jesus.

Chinese

1. Christmas eve is a celebration of Peace for the Chinese. The apple symbolises this for them. Apple in Chinese is pronounced as “Ping guo”, which sounds like peace and an apple eaten on Christmas eve is said to help make for a peaceful and safe new year.
2. The Christmas holidays are celebrated differently across China – Christmas day is not a Public Holiday as most Chinese people are not Christian, however, they do celebrate Christmas only for the entertainment. Hong Kong and Macau have a two day public holiday as they are influenced by British and the Portuguese.

3. In China, Santa is depicted as playing the saxophone – in my research no one could explain this, however as the Santa is a Western idea so it makes sense that he plays the saxophone and not a traditional Chinese instrument.

Indian

1. A special tradition is attending midnight mass with family & friends. Churches in India are decorated with Poinsettia flowers and candles. There is a feast of different delicacies and gifts are exchanged afterward.
2. Nativity scenes are very important part of the Christmas celebrations and are created early in the month. Sometimes, a friendly competition is held amongst the neighbourhood churches for the best nativity scene.
3. Christmas morning often begins with people waking to the smell of a traditional breakfast of Kochi, a traditional beef stew with appam or bread. The head of the family serves a portion to everyone, then as a family they eat together. Once breakfast has been eaten they visit friends and neighbours sharing gifts of cookies, wine and fruitcake.

Greek

1. Traditionally, Greeks would decorate boats for Christmas as they are a maritime country, however, over the years the Christmas tree has integrated into their homes and town squares.
2. ST Basil's cake (Vasilopita) is prepared with a gold coin inside. The person who finds the coin in his piece is considered lucky for all the coming year. This is generally sliced on New Year's eve and is dedicated to Saint Basil who is the Santa Claus in Greek tradition. The housewife slices the portions as 1st for Christ, 2nd for Virgin Mary the 3rd for the house and then the householder cuts pieces for the members of the table by age order.
3. On the mornings leading up to Christmas and New Year Children in groups go from house to house to sing each other carols. While singing the children usually hold little metal triangles and drums.

Isn't it amazing that some of these celebrations maybe similar to yours ,such as:

School holidays are from early December to January, we decorate and clean our houses, we eat fruit and cake. Play music and sing and finally share good wishes and faith to our fellow neighbour.

We are not that different, and the same meaning of Christmas applies.

Spread joy, happiness and fellowship. Isn't that what it also means to be a Lion?

Have a wonderful Christmas, stay safe and have a fantastic New Year.

Yours in Lionism

Sharon McDonald

Diversity & Inclusion Coordinator

shazmc1968@gmail.com



Get ready to experience service in full colour.

Online registration is officially open for LCICON 2020 Singapore, where Lions and Leos from around the world will reunite through colourful expressions of service, culture, entertainment and celebration. Take advantage of early pricing and save US\$75 on your registration through January 10, 2020.

[REGISTER NOW](#)

Final event schedule

Updates have been made to the LCICON 2020 Singapore event schedule. Review the final event schedule and start planning your trip!

[▶ View schedule](#)



Singapore: The Lion City Preview

Lions of the world—come and explore the beautiful country of Singapore and all it has to offer! Check out this preview of our host city and prepare yourself to be amazed when you arrive.

[▶ Watch the video](#)



AUSTRALIAN LIONS HEARING DOGS

NEWSFLASH: “Jakeb” Aust. Lions Hearing Dog No. 600. delivered.



From this to Foster Care to Training to Forever Home.

We are delighted to announce Jakeb ALHD No. 600 has been delivered to his happy new owner in Victoria. Sincere thanks go to everyone connected to the training and placement of Jakeb. Well done.

Proudly we have reached another milestone in our journey of commitment and dedication to improving the quality of life for the Deaf & Hard of Hearing people of Australia .

Next year 2020 will be another momentous year for the Training Centre. We are looking forward to celebrating 40 years since the idea of a Hearing Dog Training Centre was approved at the 1980 MD Convention, and two years later in 1982 after purchasing land at Verdun in the Adelaide hills, building and setting up the Centre, training staff etc., the first Lions Hearing Dog “Amber” was delivered to a lady in Adelaide region. What a wonderful event in Australian Lions history.

Active Australian Lions Hearing Dogs in Australia.

At present we have 115 active Hearing Dogs Australia wide, however that number is expected to increase by 4 or 5 during the next few weeks in the lead up to Christmas and the end of the 2019 year.

**ACT = 3. TAS = 4. NT = 5
WA = 11. QLD = 17. NSW = 18.
VIC = 28. SA = 29.**



More news next month.....

***Wishing everyone a Merry Christmas
and a safe and very
Happy New Year.***

*The Board of Directors,
CEO & Staff.*

Australian Lions Hearing Dogs.



Lionsonoz in Action

Lionsonoz member PDG John Muller has become very involved in the Lions project “Lap the Map” to raise awareness in Type 2 Diabetes and its effects on our population.

This was part of his involvement in the Lions Australia National Global Service Team (GST) where he is a Coordinator.



Above: Children participating in an obstacle race in the Rollingstone Lions Club project “Lions Lap the Map”

Lion John said “As part of my Lions Australia National Global Service Team (GST) Coordinator role I have been working industriously behind the scenes on what is now our first Australia Wide Diabetes Awareness Campaign – “Lions Lap The Map” - which has been held right across the country over the last weekend to coincide with Global Diabetes Day on 14 November.

Many individual Lions, Leo and Lioness Clubs, and in some cases Zones and Districts, have hosted activities in their local community to involve both Lions and friends in healthy lifestyle activities – promoting exercise and good eating habits as one of the best ways to either combat or prevent Type 2 Diabetes.

The idea of “Lap The Map” is to host an event which includes an easy self-paced walk of not more than 5 kilometres that everyone can participate in, with the total distance covered by participants in all locations and sundry events adding up to more than 25,760 kilometres – the circumference of Australia including Tasmania and some of the larger islands. Many events also included things like Line Dancing Demonstration, mini golf putt-putt, colouring-in competition for kiddies, and of course supported by many health professionals doing diabetes testing, conducting diabetes workshops, handing out flyers etc.

In our own very small community of Rollingsstone just north of Townsville, The Rollingsstone And District Lions Club hosted an “Activities Afternoon” where other community groups could come together to promote themselves and the work they do in the local community. Attendees included our local Community Association, Rural Firies, SES, RSL, and our local Councillor who also conducted Cyclone Preparadness training for locals.

And to top that off, the Rollingsstone Leos Club hosted a mini Touch Football competition on the oval – 8 teams of young people playing 5 games each in a “round robin” tournament. And then, while the Lions and friends did their 5 klm walk around our beautiful oval the Leos staged their own event – a Colour Run including an interesting obstacle course on the outside of the oval with most of them completing another 9 klms – after the Touch Footy! Shirley and I are very pleased to be the Leo Coordinators for this group.

To find out more about “Lap The Map” just go to the Lions Lap The Map Facebook Page to see all of the wonderful reports, PR and photos now being posted. Have attached a couple of photos from local events that may be of interest.”

PDG Warren White.



Pictured: Touch Football in conjunction with the “Lions Lap the Map” project as an awareness to the effects of Type 2 Diabetes.



1st December 2019

RUNAWAY BAY LIONS SUPPORT PARADISE KIDS

Runaway Bay Lions Club, in association with Runaway Bay Centre conducted a Carols Raffle last week in the lead up to the Runaway Bay Carols by Candlelight. The \$1,000 prize value of groceries, vouchers and Brad Pitt memorabilia was donated by Coles Runaway Bay, Runaway Bay Centre, and Runaway Bay Lions Club

The raffle was well supported by the shopping public and attendees at the Carols, so much so that the result will see \$2,000 donated to Paradise Kids.

For over 20 years Paradise Kids has been passionate about physically, emotionally, socially and spiritually supporting children after trauma. Their programs provide education for children about how big life changes such as trauma, death or divorce might affect their bodies, minds and spirits.

They believe in the importance of teaching children safe ways to deal with strong feelings and provide the right inner-life skills and other tools so they can emotionally grow into confident, caring, resilient, healthy individuals.

Runaway Bay Lions Club would like to thank Coles Runaway Bay, Runaway Bay Centre, and all those that purchased tickets in supporting this wonderful Lions project. As is the case with all Lions projects, every cent raised from the public is returned to the community.



Congratulations to our lucky winner, Jenny Bowe of Runaway Bay, who was thrilled to get the call advising of her win.

As Lions we serve together.



LIONS SPONSOR LOCAL MUSIC FOR DEMENTIA PROGRAM

Runaway Bay Lions Club is proud to announce its sponsorship of a Music for Dementia program at Lions Haven for the Aged, Hope Island.

The Music for Dementia program is based upon the concept that music stimulates some long-term positive memory in the dementia sufferer, the effect of which can include, calming, or reduced anxiety, physical movement through dancing and singing, or simply being more engaging.

The program is a simple introduction of a headset, pre-loaded with the favourite music from the personal collection of the dementia sufferer (if available).



Photo – Runaway Bay Lions Max Tunnicliffe, Steve Grech and Graham Wythes present the Music for Dementia equipment to Colleen Dix and Rena Newman at Lions Haven for the Aged

Lion Graham Wythes heard word of a Music for Dementia program that had been introduced by the Rotary Club of Geraldton Greenough in WA, and immediately thought that it may be a worthy introduction locally.

Lion President, Steve Grech did the required research, the result of which has seen Runaway Bay Lions Club members keen to implement the program at Lions Haven for the Aged, Hope Island.

Lions Haven Board Chairman, Max Tunnicliffe, said the facility was opened in 1992, as a result of collaboration and joint fundraising of Lions and Leo clubs on the Gold Coast, and the Board is justifiably proud of the high esteem in which Lions Haven is held in the Aged Cared community.

Lions Haven Facility CEO, Rena Newman, said “that the management and staff are excited to be able to introduce the Music for Dementia program to its residents, and are so appreciative of the support of the volunteer members of Runaway Bay Lions Club in bringing this exciting initiative to Lions Haven for the Aged”.

Runaway Bay Lions President, Steve Grech, said “ Our very active club donates raised funds to many very worthy disaster appeals, charities, community groups and individuals in need, all year, every year, but every now and then an opportunity arises that is a little bit special, and our members are thrilled to sponsor the programs introduction at Lions Haven.

Outstanding Contribution Awards

These three Ladies although now in different Lions Club have been reading stories to the Special Children at the Beenleigh Special School for 5yrs.

At the local school awards night they were proudly presented the TANYA ORMSBY MEMORIAL AWARD for Outstanding Contribution to the school Community.

Val Keg is from Helensvale Lions.

Lauris Lucciannio and Noela Lane are from Logan Village Lions Club.



Lionsonoz in Action

Australian Lionsonoz member Lion John Matheson assisted the Lions Club of Ormeau Inc in their Christmas Cake sales by setting up a Cake and Pudding Stall in conjunction with the annual Craft Markets at his Lifestyle Resort at Eagleby Qld.

Because Australian Lionsonoz Lions Club do not conduct their own fund raising projects members are free to assist "Main stream" Lions Clubs in their various projects, simply gaining service hours for their efforts.

Lion John has elected to man this stall for the past six years and although he said sales were down slightly on previous years but he was still able to sell almost \$1,000 worth of goods, so it made the project worthwhile.

Lion John then travelled to Iluka with the RV group from the Resort to enjoy a couple of days by the seaside.

PDG Warren White.



Pictured: Australian Lionsonoz member John Matheson conducting his Lions Christmas Cake and Puddings stall at Eagleby Lifestyle Resort.

Kingscliffe Lions Club in Action

Kingscliff Lions Club members in conjunction with Kingscliff NSW Fire and Rescue did a Bucket Drive on a Sunday morning around the streets of Kingscliff over approximately 2 hours to raise funds for the Bushfire victims.

One member sat in the Fire Engine with microphone spruiking and with the help of the Siren to make everyone aware of what was happening.



The community of Kingscliff and visitors to the area were fantastic with the club raising \$6,676.60 in such a short time. This money plus a \$1,000 donation from the Lions club and a cheque for \$200 from a member of the community totalling \$7,876.60 which was forwarded to the Australian Lions Foundation to be distributed to the Bushfire victims.

A big thankyou to the Kingscliff Community and to Kingscliff NSW Fire & Rescue for their help.

Lionsonoz in Action

Every year for the past 59 years Ouyen Community have conducted a Farmers Festival on Melbourne Cup Day. The Ouyen Lions Club (V1-4) have each year done their bit by manning the BBQ stall serving Sausages and hamburgers.

Lionsonoz member Peter Philippzig makes it a point to be on hand every year to help where he can. Lionsonoz members are encouraged to assist the “main Stream” Lions Clubs in their projects when they are in the vicinity.

The Farmers Festival have a float parade, fashions on the field, onsite bookie and a big screen for people to watch the all-important race.

In previous years the local Hospital has benefited from the various activities held eg Mallee Stump Auction. This year funds raised were donated to the CFA and SES.

PDG Warren White.



Pictured: Lionsonoz member Lion Peter Philippzig assisting the Ouyen Lions Club in their BBQ Project on Melbourne Cup Day.

The Melbourne Cup Charity Luncheon held at Woolgoolga Cex Club this year was the first of its kind for our Lion Clubs and was a resounding success.

Australian Lionsonoz combined forces with the Lions Club of Woolgoolga to make the event happen, 249 people attended and a total of \$7,544.95

was raised for the
**AUSTRALIAN LIONS CHILDHOOD CANCER
RESEARCH FOUNDATION**



The Lions would love to thank everyone who attended the Luncheon, the many individuals and businesses who donated money and prizes to the day, everyone who involved with the set up, organisation and the running of such a successful event.

There was a fabulous fashion parade showcasing local fashion retailers, raffles, lucky door, craft stall and entertainment and special awards for those who dressed up fancy on the day.

A special thanks to Walter for providing us with a delicious variety of food on the buffet table also the management and staff of the Club.

Due to the overwhelming positive feedback received by the guests and the host clubs we have booked in again for next year's cup

We look forward to next years Melbourne Cup Charity Luncheon which will even be bigger and better.

Lion Yvie and Kel Kearns
Lions.....we serve



A message from the Editor



Firstly I would like to wish you all a safe and happy festive period, with best wishes for the new year.

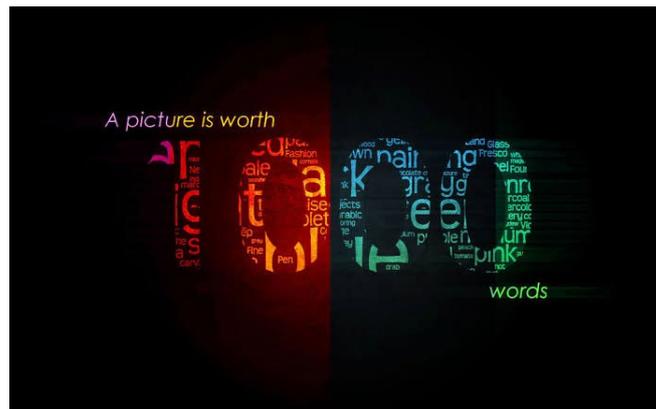
As always, thank you so much to those of you who have already taken the time to put pen to paper (and fingers to keyboard!) in order to keep the District up to date on the amazing work that you are doing for your local, and wider communities.

Thanks also to those of you who are still reading all the way to the end of this month's newsletter!!

If you would like to share your opinions, news and updates with the District, please can you submit your articles by the end of the previous month? Late submission can be included, but cannot be guaranteed, so don't be put off submitting late entries... ☺

This allows us to compile the details together in time for the 15th when the plan is to send it out to individual subscribers, and Clubs who have joined our mailing list.

TIP: You will find that a picture really helps to bring your stories to life...



Please submit your stories and articles to newsletter@lions201q1.org.au

Many thanks in advance!!

Carey Dobson

Cabinet Communications Officer

District 201Q1 Lions Clubs International