

OUR BEAT

Creating a new
rhythm with
many **voices**



**LIONS Q1
NEWSLETTER**

**September 2019
Edition**



DAVID GREENUP
DISTRICT GOVERNOR 2019 - 2020

**DREAM BIG
WALK TALL**



Lions Clubs International

DISTRICT GOVERNOR'S MESSAGE

“

When the rhythm of life changes ~ dance to a new beat!



GREETINGS LIONS

Congratulations to all on a great start to the new Lions Year!

For many clubs the change in leadership brings new ideas, new opportunities for service and great new ways to promote our clubs to the community.

In our 102 year of service, the journey continues with new challenges in a rapidly changing world and yet our commitment to “We Serve” continues.

Adjusting our rhythm to meet the new needs of the community can be uncomfortable. We believe we might not have the skills or the resources to rise to these challenges and yet this is our best opportunity to ask for support.

Transforming our clubs into stronger and more diverse communities will help us serve the greater good in the long term.

To do this we must remember the 4 core functions our club and remember without all working together we limit our opportunity for success, we limit our opportunity to Dream Big!

Reflect and consider:

- 1. Service** - When was the last time your club did a new service project never done before?
- 2. Membership** - When was the last time you ask a friend to help you out on a project and asked if they enjoyed it?
- 3. Leadership** - How are you developing your members to support your service & leadership activities?
- 4. Marketing** - What did you last promote with your community about lions?

If the community can see you having fun they will be more interested in your new beat and willing to become a new voice.

A handwritten signature in black ink, appearing to read 'David Greenup'. The signature is stylized and cursive.

**DAVID GREENUP
DISTRICT GOVERNOR**

DG David Welcomes New Members

ROBINA

Phillip Hollowes

Peter Krook

ROSEWOOD

Madeleine McGarrigal

RUNAWAY BAY

Jan Hogerhuis

THORNLANDS PT HALLORAN

Kaitlin Randall

From the Cabinet Secretary's Desk

DG David, Council Chairperson Kim and PDG Ross have headed off to the Council Meeting in Sydney and then on to Jakarta for the ANZI Forum.

Secretaries please remember to do your membership (WMMR's) report. This needs to be done by 20th of the month. On the last day of August I still had 26 clubs who hadn't done it.

Delegate/Alternate and Remembrance Forms for District Convention will be sent out very soon.

An electronic copy of the Lions Directory was sent out to all club secretaries on 29/07/2019. I have had quite a few enquiries from members wanting a copy. If anyone still needs a copy please check with your secretary first if they can't help you then contact me and I will send you a copy.

Denise Jackson

PO Box 165

Pottsville Beach NSW 2489

cabsec.Q1@lions.org.au

0411598583



GLOBAL SERVICE TEAM UPDATE

LAP THP MAP on Sunday 17 November 2019

To promote healthy lifestyle and improve education awareness about Diabetes, we ask Clubs to consider staging an easy walk on 17 November 2019. Has your Board discuss this meaningful project? If you need any further information, please contact the Service Team in your Region.

ALDAF – Australian Lions Drug Awareness Foundation

ALDAF was founded in 1984, is primarily charged with the development and provision of suitable drug awareness resources and materials for use, in their own local communities, by Lions, Lioness and Leo Clubs of Multiple District 201. The Foundation is looking for a Lion to assist in promoting a number of projects underway. The person they are looking for must be prepared to visit Lions clubs to promote this extremely important project as we are all aware of the ravages that drugs are causing. In addition, **The Quest Skills** program is a school based program where teachers are trained to assist children with strategies to help them through life support is available as both the ALDAF secretary and

Lion Lance Roberts, ALDAF Queensland State Director, email: lanrob39@gmail.com; mobile: 0401 297 890.

HEARING DOG

Our District has four active application for hearing dogs, one being approved and three other awaiting interview. Any Club wanting to know a bit more on the program, contact Lion Christine Forrest, email: c.m.forrest@bigpond.com; mobile: 0409 341 567.

LEHP – Lions Eye Health Program

Research has shown that 1 in 5 Australian Children suffer from undetected vision problems. This is also showing up in the schools that participated in the Lions Vision scanning program so far. For those heading off to ANZI the Lions Eye Health Program will have a presence and would be well worth a visit. Q1 & Q2 District Representative on LEHP is Lion Irene Braddick, email: braddicks@tpg.com.au; mobile : 0422 013 387

LEO

We have the latest version of Lion-Advisors-and-Chairmen27s-Guide. Anyone like to have a copy for reference, please email me.

PEACE POSTER

Any Club participating in Peace Poster this year? The theme for 2019-20 is "Journey of Peace". We have flyers to distribute at the District Convention. Anyone like to have an advance copy, please email me.

OPERATION SMILE

Holland Park Lions Club, under the chairmanship of PDG David Floyd, continues to support this project. Any donation please direct to the Club.

ALCCRF – Australian Lions Childhood Cancer Research Foundation

September is Childhood Cancer awareness month. The National President of ALCCRF Chairperson PDG John Thorpe is seeking Clubs to make some effort to recognise this in some way, be it an awareness day for what Lions are doing to improve the lives of Australian Children in your local shopping centre, at your Bunnings BBQ or any other activities that you may undertake during the month.

PDG Peter Ho

Global Service Team Coordinator 0412796243 Lion.peterho@gmail.com

To all Lions - District 201 Q1

Certified Guiding Lions Course.

District is planning to hold a "Guiding Lion Accreditation" course to re-certify current Guiding Lions whose tenure is about to expire, and to certify Lions who are interested in increasing their knowledge of Lions and are prepared to support new and existing clubs in their area.

We are looking for experienced and dedicated Lions who would like to help ensure we have strong clubs in our District and are willing to assist a new or struggling club in an area close to them excel.

The role of a Guiding Lions is to assist new clubs and clubs who are rebuilding. These Guiding Lions will guide a new club through its first 2 years of operation, orientate and train new club officers, and motivate and support the new club's growth. If you would like more information on the role please go to <http://members.lionsclubs.org/EN/districts/district-governors/guiding-lion-program.php>

The course will be formatted in two parts:

- A) Completion of the Certified Guiding Lion Program work-book
- B) Attendance at a training day.

On completion of the course, District Governor David will sign off on completion and you will receive your certification.

If you are interested, please email an expression of interest (half to one page) to glt-d@lions201q1.org.au stating your name, club, Lions experience (length of service, positions held), and why you would like to take on the role. You can also include other skills or experience which you think would assist you in this role.

Please have your expressions of interest to me by the **14th October 2019**.

Please note that the certification expires after 3 years. Therefore, to ensure those who are certified can be used in the role in a timely manner, selections may be on a need and location basis.

Please contact Ian Bruning, phone: 0417 368834, or email: glt-d@lions201q1.org.au if you would like to discuss anything further.

Ian Bruning

Lion Ian Bruning

District GAT Global Leadership Team (GLT) Coordinator



OPERATION FRIENDSHIP IN DENMARK 2020

District Governor Inge Guldhammer and the Lions family of District 106B, Denmark, extend an invitation to the Lions of District 201Q1 Australia, to visit our District in 2020 as part of the Operation Friendship program.

District 106B is one of the 3 Lions Districts in Denmark, which collectively make up Multiple District 106, which also includes the Faroe Islands and Greenland. The District has 112 Lions Clubs with about 2700 female and male Lions.

From the applications received, one Lions, singles or with his or her partner will be selected, to spend one month as guests of the Lions of District 106B. Other applications may be kept on file for future years. The visitors are expected to attend and address a number of Lions Clubs, and the District Convention which will be held from Saturday April 25, 2020 to Sunday April 26, 2020 in Skørping. To enable this, the visit should be planned for the visitors to arrive on or about Monday April 13. 2020, 2. Easter day (bank holiday in Denmark) and leave on or about Sunday May 10.

During the one-month period, food at host family homes and accommodation will be provided by the Lions of District 106B. Every effort will be made that the interests of the visitors will be included in the leisure and sightseeing activities. An itinerary will be planned, so that the visitors will be hosted in various parts of District 106B, these having different environments.

The visitors must arrange and pay for all travel costs and travel insurance from Australia to Denmark and return. District 106B Lions will not be responsible for any medical and general expenses incurred during the months stay.

A recent photograph should be included with all applications.

Typed applications to participate in Operation Friendship should be submitted to the address below, and must be received by November 15. 2019. The successful applicants will be advised by December 1. 2019 which will allow adequate time for travel preparations.

Information in the applications submitted should be arranged under the following headings:

1. Personal Details

Lion's name, age and any other relevant details
Partner's name, age and any other relevant details
Mail address, telephone numbers and E-mail address
Details of any previous visits to Denmark

2. Lions Club Details

Name of Lions Club, District, Membership details
Brief history of the Lions Club
Club achievements and projects



3. Involvement in Lionism

Offices held at Club, District and Multiple District Levels.

Awards in Lionism

Any involvement in Operation Friendship

Applications should be forwarded to

Ivan Schindler

Operation Friendship Chairman,

111 Matthew St., Rosewood, Qld, 4340 Australia 4340

ivanapschindler@gmail.com

PH +61 407 370041, +617 54642108

and will then be passed on to

Lion Erik Thordal-Christensen or Jens Peder Nielsen

Operation Friendship Chairmen,

District 106B.

Erik Thordal-Christensen

Rørgårdsvej 2

DK 7850 Stoholm

Denmark

Email: erik@rorgaard.dk

Telephone: +45 97 54 19 54

Mobil: +45 24 40 10 22

Jens Peder Nielsen

Søndermarken 119, Søften

DK 8382 Hinnerup

Denmark

Email: jenspedern@gmail.com

Mobil: +45 40 30 21 45



DONATE TO

Spring for Research

Dr Olivia Holland, LMRF Research Fellow

I dream of a world where diabetes is under control, and where the impact of this major public health issue has been drastically reduced.

My name is Dr Olivia Holland, the 2019 recipient of the Lions Medical Research Foundation Fellowship, and with support from LMRF, I study diabetes.

The World Health Organisation estimates that 422 million adults had diabetes in 2014, and these numbers continue to rise. Gestational diabetes is a type of diabetes that occurs during pregnancy. In Australia, gestational diabetes makes up over a quarter of insulin treated diabetes cases, equating to over 100 women registered with gestational diabetes each day.

The consequences of gestational diabetes don't end with pregnancy. Thirty percent of children born from a gestational diabetic pregnancy will develop type 2 diabetes later in life, and one in two women who had gestational diabetes will also develop type 2 diabetes within five to ten years.

I hope to better understand gestational diabetes, and so to make a positive impact on women and their children who might otherwise be our future diabetics. I hope that by helping during pregnancy we can prevent the damage before it happens.

The Lions community is committed to funding research that will impact the health of Australians and people around the world, with diabetes a Global Cause for Lions Clubs International.

Medical research can improve many lives, and your support can help in kick starting the work of the next generation of researchers.

I invite you to help fund emerging researchers like myself, who over the coming years aim to make a difference to important health issues. Thank you - We couldn't do it without you.

Yours sincerely

Dr Olivia Holland

07 3832 1688 lionsmedicalresearchfoundation.org.au

info@lionsmedicalresearchfoundation.org.au facebook.com/lionsmedicalresearchfoundation



**LIONS
MEDICAL
RESEARCH
FOUNDATION**

DONATE TO THE 2019

Spring for Research

I would like to make a tax deductible donation to
Lions Medical Research Foundation's 2019 Spring For Research Annual Appeal.

DONATIONS OF \$2 OR MORE ARE TAX DEDUCTIBLE

Name of Club

.....

Please accept a donation of

\$

CONTACT DETAILS

Title Mr Mrs Ms Miss

Dr Other

First name

Surname

Address

.....

Suburb

State..... Postcode

Telephone

Email

PAYMENT DETAILS

Please debit credit card for the full amount.

VISA **mastercard**

Credit Card Number

.....

Expiry Date /

Name on card

.....

Signature

Cheque enclosed payable to
Lions Medical Research Foundation

Direct deposit \$

Account Name Queensland and Northern New South Wales Lions Medical Research Foundation
BSB 484 799 **Acc No.** 45094 1646

Please send donations (with this completed form) to: **Lions Medical Research Foundation**
GPO Box 1030, Brisbane QLD 4001

OR DONATE ONLINE AT
lionsmedicalresearchfoundation.org.au

DIABETES IS ON THE RISE



422 MILLION adults have diabetes

3.7 MILLION

deaths due to diabetes and high blood glucose

1.5 MILLION

deaths caused by diabetes

THAT'S 1 PERSON IN 11





AUSTRALIAN LIONS HEARING DOGS.

More info. on events & happenings at our Hearing Dog Training Centre:-

ALHD is a Member of Assistance Dogs International..

We are very proud that our Training Centre is the only Hearing Dog Training Centre in Australia, and is officially recognised by **Assistance Dogs International**. The accreditation process is very comprehensive, and our Training Centre meets these standards set down by Assistance Dogs International, who are a combination of not for profit assistance dog organisations whose purpose is to improve training, placement and utilization of assistance dogs. Membership also improves staff and volunteer education, plus educating the public about assistance dogs & being an advocate for the legal rights of people with disabilities partnered with assistance dogs.



In May 2018, the **Assistance Dogs International Oceania** Board meeting was held at our Training Centre, and we were delighted to welcome representatives from Assistance Dogs Australia, Guide Dogs Qld., Mobility Trust NZ., Guide Dogs WATAS and the Royal Society for the Blind - Guide and Assistance Dogs.



Our CEO David Horne is a Board Member of Assistance Dogs International – Oceania. This appointment has led to the opportunity to showcase our program and facilities, whilst networking with our peers.

ALHD Program Director Darren Coldwell is also a member of an Assistance Dogs International Committee involved in setting accreditation standards for Trainers within ADI organisations.



As you can imagine the Board of Directors and Staff at the Australian Lions Hearing Dogs training centre are immensely proud of David and Darren and these positions they've undertaken with the ADI Committees. They are both extremely well skilled for these appointments, and the knowledge and connections acquired will benefit our organisation.



Hey! Check out our Wheels!!!
For those that haven't seen our cars - don't they look fantastic? Quite eye catching. No mistaking now when our Trainer is in your area, maybe delivering a dog, or perhaps it's Darren conducting PAT'S (Public Access Testing). Great advertising Guys!!!

More news next month.....

*The Board of Directors,
CEO & Staff of ALHD.*

Stanthorpe Fire and Drought Relief Appeal

We are in the process of getting everything in place to start our appeal, Lions Club of Stanthorpe is a registered charity but not for tax donations, our Australian Lions Foundation is registered for Tax-Deductible donations and can be made through that channel... Our Foundation will be making funds available straight away to our community.

<https://lionsclubs.org.au/about/donation-bequests/>

I will be attending a Emergency Relief and Drought Interagency Meeting / Recovery Group meeting and the outcomes from that will determine what is required short term and long term and how Lions will be best able to serve our community.

Once again, thank you for your support and we will be announcing appeal after meetings today and tonight's Lions Club meeting... please follow use on facebook for all the announcements and ways in which donations can be made.

<https://www.facebook.com/Stanthorpe.Lions/>

Lion Stuart Perrett
Lions Club of Stanthorpe
04111 73 499
stuart.perrett@lions201q1.org.au

Club Assistant Secretary (Reporting) 2019-2020
District GMT Chairman 2019-2020



STANTHORPE

Fire & Drought Appeal

LIONS INTERNATIONAL

100% of donations go to those directly effected by fire & drought

Donate today at any NAB - Stanthorpe Lions Club Inc
BSB: 084-927 Acct No: 03-889-4089



LIONS CLUB OF SUNNYBANK

*invites you, family and friends
to its annual*

Melbourne Cup

CHAMPAGNE BREAKFAST

Sunday 3 November, 2019 - 8:00am start

at the Lions Club Community Hall

95 Lister Street, Sunnybank

**OUR
BIG BIG BUFFET BREAKFAST
with a glass of bubbly
RAFFLES AND LUCKY DOOR PRIZES**

\$15 PER HEAD

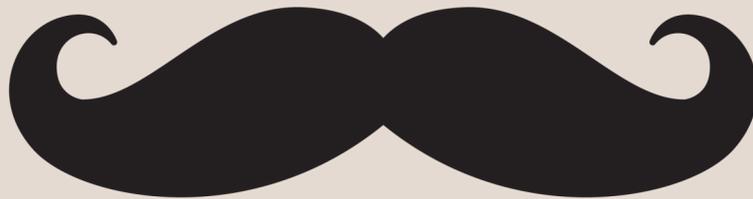
Lots of laughs



**BOOKINGS
by 30 October
ESSENTIAL**

BOOK NOW with Di 0499 604 516

Calamvale Lions Mo-moment



Saturday 30th November, 2019

10.15am for 10.30am

at the Runcorn Tavern

Gowan Road, Runcorn (downstairs in Ballroom)

Tickets - \$ 25.00 pp (pre paid tickets)

RSVP - by 23/11/19

to Club Secretary : calamvale.lions@gmail.com

and direct transfer to :

Calamvale Lions Club BSB : 638 070

A/C : 9801 782

(using your surname as the reference)

*Come & support Lions Prostate Cancer
Research Foundation and Mo-vement.*

Camp Duckadang Update

Funding was arranged by Region 4 Chairman PCC Rodd Chignell, with those Clubs providing 50% of the approximate total cost of \$30 000.

PCC Rodd lodged a successful grant application with the Australian Lions Foundation for the other half.

Manager of Lions Camp Duckadang Belinda Bowie (right) is shown with two Lions from Enoggera, who were at the Camp for its first successful 'test run'.

PCC Rodd Chignell

Photo below shows the new Oven installed in the kitchen of Lions Camp Duckadang



Letters to



Father Christmas

Dear Lions Club President / Secretary,

With your District Governor'S permission, Vermont Lions Club would like to give your members the opportunity to bring joy to the young children in your community this Christmas! With Lions help, Father Christmas will send each child their very own letter before Christmas.

This is a very flexible project that can be tailored to suit your Club. You can raise some funds by asking for a small donation, or provide the letters free of charge as a community service. Either way Lions will reap a ton of good will with children and their families.

There are many ways of running this project. We have suggested a couple of ways that we know work, but you can also design your own method. The 12 letters from Father Christmas are illustrated in this brochure and are designed to fit any situation that you will encounter. Select the letters that you need and order in packs of 100 on the enclosed Order Form. Prices are shown on the order form.

SUGGESTED METHODS:

- 1. Contact local Kindergartens, Childcare Centres, and Pre schools.*
- 2. Advertise the project through your normal sources (Local paper, newsletters, notice boards etc.)*

For further information on using one or all of these methods please refer to the You Tube video to be found by accessing You Tube and searching "Vermont Lions letters to father christmas".

The letters can be provided free of charge as a community service or a donation can be asked for to cover mailing costs and provide a small donation to your Lions Community Service Account.

Appoint an enthusiastic Chairman and have your Club spread joy to our children at Christmas.

*Kingsley Fiske
Letters to Father Christmas Chairman
Vermont Lions Club
(03) 9872 4279*



"LETTERS TO FATHER CHRISTMAS"

ORDER FORM 2019

Father Christmas Letters

Letters and envelopes (if required) are supplied in packs of 100.
 Please select the letters and number required from the accompanying illustrated brochure.
 Packs of 100 assorted letters can be supplied but total order must be in multiples of 100.
 Letters A, B, C, D, E & F are designed as a reply to a letter written by the child, whilst letters 1,2,3, 4, 5 and 6 are letters directly from Father Christmas to the child.

Letters & Envelopes

Please supply: () pack/s of 100 letters & envelopes @ \$60.00 per pack.

Amount \$ _____

Letter	No. A	No. B	No. C	No. D	No. E	No. F
No. Required						
Letter	No. 1	No. 2	No. 3	No. 4	No. 5	No. 6
No. Required						
TOTAL ORDERED						

Letters Only

Please supply: () pack/s of 100 letters only @ \$45.00 per pack.

Amount \$ _____

Letter	No. A	No. B	No. C	No. D	No. E	No. F
No. Required						
Letter	No. 1	No. 2	No. 3	No. 4	No. 5	No. 6
No. Required						
TOTAL ORDERED						

Order and payment.

Please make out your cheque to **Lions Letters to Father Christmas** and forward with your ORDER FORM to:
 Lions Letters to Father Christmas, 6 Sunburst Court Mooroolbark, 3138.
 OR email your order to jdelacy@hotmail.com and pay by direct deposit to account name Lions Club of Vermont Letters to Father Christmas Account - BSB 633-000, Account No. 157450388.

Your Club Details:

Lions/Lioness/Leos Club of

Mailing address

.....

State Postcode

Person placing order Phone No.

Email address

For further information contact Project Chairman Kingsley Fiske, (03) 9872 4279.
 The Lions Letters to Father Christmas program is conducted by the Lions Club of Vermont



Letters to use in reply to a child's letter to Father Christmas



Dear

Another big sack of letters has arrived at my workshop at the North Pole where I am very busy with Mrs Claus and my helpers getting ready for our long trip to Australia.

Your letter was among the mail delivered. Thank you for writing to me. I love to receive letters and drawings from children in many parts of the world.

I will do my very best to bring you what you would like for Christmas. Some times many children ask for the same things and I run out of certain presents.

But you will know that I will choose your special gift, maybe more, with care and love.

I hope you and your friends and loved ones will have a very happy and peaceful day.

Your friend,
Father Christmas



Letter A

A

Dear

I am very pleased that you wrote me a letter. I receive letters and drawing from children everywhere and each one is special.

I have taken note of what you would like for Christmas.

If it's not exactly what you've expected, I am still sure it will make you happy. Sometimes, at the last minute, everyone wants the same thing and my workshop cannot supply it in time before I leave the North Pole in my sleigh.

But every child gets something nice which they will enjoy.

I hope you and everyone who shares your life will have a very happy Christmas with lots of fun.

Thank you again for writing to me.

Your friend,
Father Christmas



Letter B

B



Dear

Your letter has arrived at the North Pole. What a wonderful surprise. Thank you for writing.

I do hope to be able to bring you what you would like. But sometimes my sleigh is very heavy and I can't deliver everything that every child wants.

Yet I am sure that on Christmas Day, you will be happy with what I deliver from my sleigh when I land on your roof with my reindeers.

I am still busy with Mrs Claus and my helpers but the reindeers are ready to go. They get very excited about flying across the world just once each year.

Have lots of fun on Christmas Day with everyone who loves you.

I am sure you will have a fantastic time with lots of good food to eat.

Your friend,
Father Christmas



Letter C

C



Dear

It is so cold here at the North Pole so I am really looking forward to visiting Australia during your summer at Christmas. I was so pleased to receive your letter. I showed it to Mrs Claus and my helpers. Some children also send drawings which my helpers pin up on the wall.

I hope that I can bring you the special present you would like but if it is not the exact gift you have wanted, I am sure it will make you very happy.

We are working very hard to make sure that all the presents are ready in time for Christmas eve to be opened by children in most parts of the world the morning after. We are so busy that we do not feel the cold so much inside my workshop but it will be different when my reindeers pull my sleigh from some places which are cold to others which are hot.

I hope you and your family and friends who will share your Christmas day will have a wonderful time and that you enjoy many more in the future when I will visit you again.

Your friend,
Father Christmas



Letter D

D



Letters to use in reply to a child's letter to Father Christmas



Dear

Thank you very much for your lovely letter. I have such fun reading children's letters and pinning up drawings and Mrs Claus and our helpers enjoy them so much too that it is often hard to get back to work. Yet we always do. We do not want to see any children disappointed on Christmas day.

We try to give everyone exactly what they want but sometimes our supplies become very low and, with no time left, I must replace the present a child wants most with another gift. But it is always special and chosen with love and care.

About 50 years ago, a little girl who lived in a tiny town where no fruit was grown, wrote to me. Her parents were very poor and could not afford the little fruit which could be bought in a shop. It was grown in other places. She asked for one thing - an orange. Can you imagine that? I found another present. It was a rag doll. They were very popular a long time ago. She kept and loved that doll until she was grown up - and gave it to her own daughter who loved it as much.

I will not leave you an orange but something really nice which will make you happy.

Do have a lovely day with the people who care for you.

Your friend,

Father Christmas



Letter E

E

Dear

It was a fantastic surprise to open your letter at the North Pole. I receive many letters but each one makes me so happy. Thank you for sending your letter to me.

Some children ask for only one present. Others send a long list. I always try to bring what they want when my reindeers land me and my sleigh on so many rooftops. But sometimes, the sleigh is so heavy that I cannot carry everything each child has asked for but I'll do my best to bring you the next best thing if the sleigh is too full.

I am sure that what I leave for you will make you happy.

Mrs Claus and my helpers are working non-stop to be ready in time for Christmas eve but I know we will make it in time for my long trip. The reindeers have been ready to leap into the sky for weeks although they are tired when they return.

Enjoy Christmas Day with the people who love you - with lots of fun and yummy things to eat.

Your friend,

Father Christmas



Letter F

F



Letters suitable for children who have not written to Father Christmas



Ho, Ho, Ho,

It's almost Christmas time again. I am writing to tell you that I am looking forward to visiting your house after I have been brought there by my wonderful reindeers in my sleigh.

Some children go away at Christmas. Others stay at home. But do not worry. My reindeers are very clever. They always find every child who expects me to visit.

Even if someone's house does not have a chimney, I have magic which allows me to get in.

Actually, I don't like chimneys very much. My Santa suit gets dirty and my reindeers have to quickly lick it clean. But they have magic too so it doesn't take very long.

I hope you like what I bring and that you have a happy day with friends and people who love you.

Your friend,

Father Christmas



Letter 1

①

Dear

My reindeers have been groomed by my helpers to be ready for our long trip to visit you on Christmas eve.

They will have plenty to eat before we leave the North Pole in the sleigh with many sacks of presents.

They have been doing their work for a long time and are very fit. They love the chance to take to the sky with me.

I am sure that you will like what we bring to your house. Perhaps you will get a big surprise.

I hope that you have a lot of fun with friends and the people who care for you.

Your friend,

Father Christmas



Letter 2

②



Letters suitable for children
who have not written to
Father Christmas



Dear

Do you know that I have been planning on how to make Christmas Day wonderful for every child - and also what to bring each one.

Someone who loves you has sent me a message to make sure I don't forget you. Of course I wouldn't. But I won't tell you about the present I am delivering as I like to leave surprises.

It is well known that I am a big, smiling old man but sometimes, after my reindeers and I have visited everyone, I return to the North Pole fatter than before I left. This is because some children know I will be thirsty and leave me out a drink. Others leave a biscuit or piece of cake too so I won't get hungry. But usually, I have eaten such good, healthy food at the North Pole in the months before Christmas that I am very fit for a hard night's work. So are my reindeers.

I will find you wherever you are and climb down your chimney. But if you don't have one I will use my magical powers and become invisible. So do go to bed early and wake up to a wonderful Christmas Day with the people who love you,

Your friend,

Father Christmas



Letter 3

③

Dear

Now that Christmas is nearing, I thought you'd like to know that my reindeers are ready to leave the North Pole as they are really healthy and looking forward to their long trip around the world. They love to be in the cold and snowy weather and my helpers train and feed them well. They brush the reindeers' coats and they look very smooth and sleek before my helpers lead them to my very heavy sleigh which holds so many presents.

The reindeers work very hard to stay fit and love rising into the sky on this important night when every child awaits our arrival on the rooftop.

Make sure you go to bed early and we hope you will open your presents happily and maybe get a surprise or two.

I am sure that you will have a really cool and fun time on Christmas Day with family and friends who care so much about you.

Your friend,

Father Christmas



Letter 4

④



Dear

I am very excited that Christmas eve will soon be here and I will be on my way to visit you and the many children who are awaiting my arrival. Mrs Claus is excited. She just loves wrapping presents. The helpers are excited. They really like stacking the many gifts ready for packing into my big sleigh.

Even my reindeers are excited. They are fit and well and pawing the snow ready to pull me and the sleigh into the sky as they only do this once a year. And each time, they aim for a speed record.

I know you are excited too as well as your family and friends who will share Christmas Day with you and, I hope, many good things to eat.

When we return, the reindeers will be fed well and have a long rest as they will be tired, especially if they have sped around most of the world in really fast time.

As for me, I will give Mrs Claus a big kiss to thank her for her hard work and give her and my helpers a present each. Then I will take off my Santa suit, have a bath, a long sleep then get up to walk around the snow outside to plan for my next Christmas - and yours.

With every good wish for a very happy Christmas and lots of fun.

Your friend,

Father Christmas



Letter 5

⑤



Dear,

" 'Twas the night before Christmas when all through the house
Not a creature was stirring, not even a mouse."

You may know the whole of this poem written about me a long time ago and it always makes me happy when I learn that families have read it to their children or boys and girls have read it themselves. As many families leave home for holidays at Christmas, some boys and girls become concerned that my clever reindeers and I will not find them. Once, parents with three children could not find a place to spend Christmas eve while travelling and ended up staying in a strange motel. The children were so upset that they asked their parents to write me a letter in the hope I would find them. I did, of course. I already knew where they were.

Other children worry, that if their house doesn't have a chimney, I won't be able to visit. But I have special powers which mean I can always get inside and bring them presents I hope they will like.

Have a very happy Christmas with everyone you love and who love you.

Your friend,

Father Christmas



Letter 6

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DISTRICT NEWSLETTER SUBMISSIONS

I would like to request that all updates intended for the following month's newsletter are sent to newsletter@lions201q1.org.au by **25th of the previous month** to ensure details can be incorporated in a timely manner. Copy received after this date, unless urgent, may be held over for the following month.

Many thanks

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