

KIM'S KICKOFF

Igniting the future

Vol 8 February



District 201 Q1

Kim Forrest

**District Governor
2018/2019**

Never forgetting the past



**1st VDG David Greenup
2nd VDG Narelle Parkins**



We Serve

HAPPY NEW YEAR TO EVERYONE FROM MYSELF AND ROSS

January is nearly over, our year has certainly begun. Now is the time to get back to focussing on our goals that we have set for this year and see them through to the end.

I have just returned from the Council Meeting in Sydney which included a lovely Harbour Cruise evening and a few days spent with my parents on the Central Coast, NSW, so I'm all refreshed and ready to sprint to the end.

Membership numbers are still down, so I'm asking for everyone's help in getting them back up. I will certainly be doing my best for the District with a few new club ideas in mind that are now being put into action.

I must congratulate this District for your continued support of LCIF, when I was given the spread sheet of donations throughout Australian Districts, I was proud to see we were at the top. This is a great achievement as I know that most of you have been strongly supporting ALF with the Drought appeal, so to get 2 really good numbers for this District was fantastic, well done everyone.

There was also a request that I remind clubs to consider putting in for LCIF grants. In our Constitutional area not one club has put in for a grant from LCIF in the last couple of years. Think about your projects, look at combining other grants and then look at applying for an LCIF grant to match.

I need also to let you all know that the NAB Bank has now fully stopped as a major sponsor of the Youth of the Year contest. Clubs however, can still look at approaching your local branches to see if they would still like to be a sponsor and/or a judge.

Congratulations again to clubs in this District for your support with the gold tin Christmas cake sales, we have certainly contributed to the lowering of excess stock being held. Now is the time, however, to make sure that all accounts have been paid, and I have asked the Cake Chairman to give clubs a friendly reminder if they are still on the list, thank you for support in this.

The Lions Childhood Cancer Foundation is looking at attempting to break the world record of the longest 5cent coin trail, as a fundraiser. We were asked to promote this to all our clubs, at the Council Meeting, to help raise money to assist with this record attempt. I believe that Lions will get good PR out of doing this, unfortunately the time to do this is short as it needs to be collected before the 15th February 2019, when the record attempt will be done.

I know this is short notice but if anyone is interested please let me know ASAP and I'll send you the details.

I still have a few clubs to visit in the District, and am really excited to get around to doing this in the next short while.

The next Cabinet Meeting is going to be in Stanthorpe in February, and I'm sure I will have more to report to the District after that.

Yours in Lionism, have a fantastic week ahead

District Governor Kim Forrest – District 201Q1 2018-19

FROM THE DESK OF CABINET SECRETARY

On Saturday February 9th we have been asked to participate in the Brisbane Chinese Festival.

The Grand Parade is on the 9th February 4.00pm-6.30pm meeting up at King George Square Albert & George St Brisbane around 3.30pm. The march will go around the block. It's not too far and we come back to the square. It would be great if clubs would participate in this multicultural event.

There is a market on and plenty of parking in King George Square.

I have been asked if anyone has a Lion costume they would like to wear or let us borrow for the afternoon.

Please let me know if you would like to participate on 0419 796 022. It would be great to have at least 100 Lions to march.

There has been quite a few Lions losing access to MyLCI some have only lost it for a few days some it has been much longer. I can't give you any answers to why it's just happening at the LCI end. If you're off line for over a week please contact me.

I'm disappointed we have 20 clubs who have not put through their membership for January. The Zone chairman have constantly spoken to clubs offering to assist and I've put it in the newsletter every month.

We are celebrating International Women's Day in March and the flyer is attached. Lion Heather Veltmeyer has organised a great venue lunch and a guest speaker so get a group together and come to the coast for the day.

All correspondence to Cabinet Secretary PDG Lesley Lyons – PO Box 4767, Forest Lake Qld 4078 or email to llyo5865@bigpond.net.au Mobile 0419 796 022

DG KIM & LION ROSS WELCOME THE FOLLOWING NEW MEMBERS

Brisbane United Asia Business:

Carrara:

Gold Coast Tallebudgera:

Goondiwindi:

Logan Village:

Robina:

Rosewood:

Runaway Bay:

Upper Coomera:

Cabinet Secretary,
Lesley Lyons

Hao Guo, Edmond Wong, Patrick Yeung

Sandy Kolka, Heather Rogers

Cain Leech

Wayne Hamilton

John Watson

Lawrence Lau

Elizabeth Eagleton, Sonya Perkins, Michael Go

Georgia King, Gail McGraw

Carole Cory



*Congratulations to
our newest
Upper Coomera Lions Club
member: Carole Cory*

ROBINA LIONS CLUB

Celebrating
30 YEARS
Embracing the Past and
Building the Future

Join us for Fun & Fellowship in celebrating 30 years of service.

Date: Saturday 16/02/2019 6:30pm for 7:00pm Quality Hotel.
Corner of Sunshine Boulevard & Markeri Street, Mermaid Waters.

Meal & Entertainment : - \$35.00pp. Starter Drinks on Table.

RSVP by Mon 11/02/19 To. . . .

Wendy Ph. 5593 1868 email - wendyhal@bigpond.net.au

Toula Ph. 5575 9917 email - rjsinger@bigpond.net.au



D DOING
I INCIDENTAL
A ACTIVITY
B BOOSTS
E EXERCISE
T TOTALS :
E EQUALS A
S SLIMMER YOU !

LIONS CLUB OF EKIBIN

members and friends resting after an afternoon of supplying sausages to visitors to the Fairfield Carols in the Park in December

Almost \$1000.00 was raised and donated to Community Friends West End for their Christmas lunch for those in need.

A letter of thanks from Community Friends indicated a severe shortage of food in the foodbanks just before Christmas.

Lion William Scott, Club President
Lions Club of Ekibin Inc



LIONS THE GREAT ACHIEVERS

In front of 400 guests Lions Clubs Australia were awarded the Betty McGrath Award in recognition of their tireless efforts in supporting Mater Foundation over the past 40 years.

The Mater Foundation introduced the Betty McGrath Award to honour Mrs Betty McGrath AM a founding member of the Board of Directors of Mater Foundation. The Award recognises significant philanthropic support to Mater Foundation by an individual, group or organisation.

Lions Clubs Australia have supported many aspects of Mater including the Queensland Cord Blood Bank at Mater and in recent times' Prostate Cancer Research via the Lions Prostate Cancer Research and Treatment Project.

Nigel Harris CEO of Mater Foundation said when awarding Lions Australia the Betty McGrath Award, "We are deeply indebted to Lions for many reasons and have enjoyed friendship with Lions members for many years".

Lion John Grimstone

Coordinator for Lions Australia Prostate Cancer research project.



Lions Prostate Cancer Awareness Badge. \$5.00 each.

<http://lionsclubs.org.au/activities/health/prostate-cancer-research-treatment/>



LIONS YOUTH OF THE YEAR QUEST

The dates for all finals for the 2018/19 program have already been determined, and are as follows:

CLUB FINALS	to be held by Saturday 23 February 2019
ZONE FINALS	to be held on Saturday 2 March 2019
REGION FINALS	to be held on Saturday 9 March 2019
DISTRICT FINALS	to be held on Saturday 23 March 2019
STATE FINAL	will be held on Saturday 6 April 2019 - will be held in Q1



A NEW ADVENTURE

Congratulations to **The Lions Club of Brisbane Centurions QLD** for their **GSDVIA** function held at Parliament House, the Botanical Gardens and their parade march through streets in Brisbane City on 17-20 October 2018.

Love's Creative Carnival proudly supported by Quesnel Parliament and Brisbane City Council, its included the Happy Life Forum, Eco and SD Mini Expo, The Creative Artwork, Innovative DIY Parade, Vegetarian Feast and Tree Planting, etc... Duncan Pegg MP host for GSDVIA 17-19 event at Queensland Parliament House, Minister for Environment and Minister for Science and Minister for Arts attained the grant opening with Minister for Agricultural Industry Development and Fisheries, Chief magistrate Judge Ray Rinaudo, Consulate General of Russia Ms. Irina Bruk and Consulate General of Nauru Ms. Rosyie Harris and many association and communities' VIP.

The Lord Mayor Graham Quirk opened the Festival and Deputy Mayor Adrian Schrinner also attended the official opening. Based in Parliament House and the Botanical Gardens, many attended interesting forums and displays. Several Lions Clubs manned stalls and marched in the parade through Brisbane City with many dressed in their National Costumes. **Apple Maq Lions Club** were there together with **Brisbane Zhong Hua Lions Club**. It attracted many local and Chinese community members, also a contingent of 30 specially from Taiwan.

The **Brisbane Centurions QLD Lions Club** members were busy preparing for the GSDVIA event. It is a visionary and creative Non-profit Organization established in Brisbane under the watchful eye of the newly formed **Brisbane Centurions QLD Lions Club**. LCBCQ members have extensive experience ranging from the professions and industries across the globe. They are united to ensure they make a better world for generations to come and uphold the GSDVIA's vision - "Enhancing the creative and strengthening the Sustainable Development by integrating practice, research, and education for collaborative sustainability. It's mission is "Building a Sustainable Development Global Network Platform - an integration of the advanced goals through supporting and promoting actions for a strengthened Love, Health, Wellbeing and Environment agenda". It is a team of very dedicated and passionate people who are committed to taking a bold step in innovation and integration to ensure they tackle and achieve the objectives. The objective relates to enjoying a happy life. It also encompasses loving to live, enjoying a healthy diet, promoting wellbeing in a sustainable and eco-friendly environment.



The **Love's Creative Carnival** and involved many meetings to arrange such a successful day. Lions gave so much of their time and should be congratulated for their commitment and dedication over many months to organise the event. The event encourages healthy living by being aware of your own mind, body, soul and enjoying a happy, healthy balance. This is also a very good idea to look after ourselves. GSDVIA aimed to empower everyone to make healthier choices by eating vegetarian and eating a healthy diet.

By having this event here in Brisbane, the organisers hope to make Brisbane the most environmentally friendly city in Australia, with the key words -Reduce, Reuse & Recycle, it also promoted Queensland's agriculture, eco-tourism-hospitality, health industries and recycling to the world. Overall GSDVIA aimed to develop networks and associations with greater social cohesion and encouraging healthy behaviours by individuals. This we believe is a wonderful concept.

We like to thank District Governor Kim Forrest, we also appreciate the Immediate Past District Governor-Ann Reed for her support during the preparation for the event as well as on the day! Special thank you to the **Lions Clubs** from **Q1** and **Q3** who supported our event. Many thanks to Guiding Lions Robert Zee and Lion Penny Koura who supported this venture and encouraged us to continue. Thanks to Lion Penny Koura and IPDG Ann Reed who encouraged many to enter the Art Display for – Reduce, Reuse, Recycle. These were displayed at Parliament House for people to see and remind the importance of environmental agenda.

It was a remarkable success and the next country to host this event will be Taiwan in 2019.

Dr. Michelle Lee, President



THE ALSTONVILLE LIONS CLUB'S

Major fund raising project its 11th Cubby House, was finalised with its drawing on 21st December.

The winners, Jessica and Grant Halcrow reside on the Gold Coast and because of limited space will be donating the Cubby to the Biala Special School in Ballina as his mother has had a close working life in Special Education.

It will delivered prior to the commencement of the school year as the Principal has indicated he would wish it to be a surprise for the students on their first day back.

The minor prizes in the raffle went to Tugun and East Ballina.

The President of the Alstonville Lions Club, Des Burke, has expressed the Club's thanks to the community for its continued support in this and other community projects as well as the sponsors.

Photo: The winners Grant and Jessica Halcrow with son Jack on the verandah and Club members, Eddie Morey, Des Burke and Reg Alley.



LIONS DISTRICT Q1 DISTRICT GOVERNOR KIM FORREST INVITES YOU TO ATTEND A **“WOMEN IN SERVICE”** LUNCHEON

**PALMER COLONIAL
57 PARADISE SPRINGS AVENUE
ROBINA
AT 12.30 ON FRIDAY 8TH MARCH**

INCLUDES: GUEST SPEAKER, 2 COURSE MEAL

**R.S.V.P. BY 1ST MARCH TO: HEATHER VELTMEYER
PH: 07 5562 2514, M: 0409 040 957, OR
H.VELTMEYER@BIGPOND.COM**

**COST: \$40 PER PERSON
PAYABLE WITH BOOKING TO:
LIONS DISTRICT 201Q1
BSB 014202 ACC NO 900195229**

AUSTRALIAN ONLINE & TRAVELLERS LIONS CLUB CHARTERED 3RD JANUARY, 2018

It provides a unique "Service" Club membership and their primary focus is

- To retain existing Lions whose Lions Clubs may have closed and would still like to remain Lions.
- To welcome those Lions who would like to travel for extended periods of time within and outside Australia and still remain a Lions Family Member.
- To provide an option for those Lions who are unable to attend a mainstream Lions Club because they work away from home, who have health problems, or the nearest Lions Club is just too far away for them to remain Lions.

The Club's goals are in keeping with the humanitarian, community spirited, fun and service mindedness of Lions. Members are dedicated to assisting other Lions Clubs in helping to make their communities a better place to live, work and grow.

Currently it has members from Western Australia, Queensland, Victoria, South Australia, New South Wales and New Zealand.

Membership Chairman: Lion Ted Pickwell tad_pickwell@yahoo.com (there is an underscore in this address)



Good Club Communication involves. . .

Communicate regularly with club members, your community, your district and Lions Clubs International

• Internal

- Maintain club Web site
- Publish a club newsletter
- Provide a membership directory
- Present member recognition and awards

• External

- Post flyers on community bulletin boards
- Place ads in local church or other places of worship's bulletins
- Advertise and promote your club in local media

The question is: "Is our club doing sufficient in the area of good communication? Can we do better?"

TEXAS LIONS CHRISTMAS PARTY

Texas Lions were roaring up a storm at their Christmas dinner party held on the 11th December, at the Texas Motel, which is under new Management. Texas Lions were keen to show support for the new owners and invite associated Community groups that have supported Lions in the formation of the new Community Gardens, and the Lions Sponsored Dementia Friendly Group, and drought Support fundraisers,

These people have reached out to members of our community for Awareness of Dementia, and support for Associated family members and friends, in times of adversity.

The Texas Community Garden project has brought together many people, and has forged new friendships and a real sense of purpose for those involved and tourists to enjoy the shaded rest area at the gardens.

So Back to the Christmas party.

On arrival we were dazzled with festively decorated tables and pre-dinner savouries. A real buzz in the air, from the 45 people who attended. Lions members donated prizes for the multi Draw raffle, and the 40 gifts, wrapped for secrecy, caused a lot of fun for all participants. A sumptuous roast dinner and traditional pudding and trimmings for sweets finished off a terrific night.

Texas Lions have recruited 3 new members for 2018 and hope to swell their membership even more in 2019.

We are moving forward in our tiny QLD town of 1000 residents.

Our aim is to share with locals the great work Texas Lions Club does in the community, and the importance of new members to keep the Club prospering in our town.

Our current president Joan White, in Orange blouse (her husband has Dementia) with Debbie Morris, Community Garden Member. Assistant Secretary, Suzanne Jones.



MARGE GRAHAM AWARDED 2019 TAMWORTH PEEL VALLEY LIONS CLUB INC. COUNTRY MUSIC COMMUNITY SERVICE AWARD

Marge Graham was presented with the prestigious 2019 Peel Valley Lions Club Australian Country Music Community Service Award during the Tamworth Country Music Festival on Tuesday January 22nd for her exemplary service to the community through her association with country music.



The award was presented by Peel Valley Lions Club Secretary Terry Hill at a ceremony on the Toyota Fan Zone stage and Marge received one of the famous and collectable Fred Hillier "dunny" trophies and \$500 which she will donate to her local Riding for The Disabled branch.

Marge is a talented singer and songwriter from the Northern Rivers region of New South Wales and she volunteers her many skills, talents and time to her local community through her country music concerts, festivals radio show, nursing home visits and fundraising events for worthy local projects.

She hosts her own country music program, "Country Breakfast" on North Coast Community Radio, 92.9 MHz Lismore (2NCR FM)

and has been involved in radio for over 40 years. Marge is well respected within the station as she has been involved for 41 years, and she is an inspiration to younger broadcaster at the station.

Over the past twenty years Marge has shared her talents to entertain the elderly and infirm at Aged Care Facilities in the area on a monthly basis including, St Joseph's Lismore (seven years), Ballina Ex Services Home (ten years), Bupa Ballina (six years), Richmond Lodge Casino (seventeen years), Cedars Nursing Home Casino (ten years), Crowley Village Ballina (seven years), Baptist Care Hostel Nursing Home at Coraki (ten years), Lismore City Bowls Club events for the disabled (twenty years) and Richmond Valley Club for Aged People (Twenty years)

She has been the voluntary co-ordinator of the Cedars Guitar Country Music Festival in Lismore and surrounding areas for the past thirty-eight years, sings at country music clubs around the region and has fundraising concerts for various schools, sick people, community members who have lost everything through fire etc and natural disasters and she organised two concerts to bring a local person's body home to Casino from Katherine in the Northern Territory for burial in his hometown.

In her own words Marge says: "I am a long time Country singer with the love of country music and a love for people and service to the Community."

Marge was nominated by the Lions Club of Lismore Inc.

Terry Hill, Secretary

Tamworth Peel Valley Lions Club

Phone: 02 67656042 email: secretarypeelvalleylionsclub@gmail.com

SAVE THE DATE

Saturday 2 March 2019 is Lions Awareness Day, a national day for Lions to celebrate and share the amazing work we do in our communities.

A day to showcase in our communities the work we do locally, nationally, internationally, and worldwide.

Lions awareness day has only been running for a couple of years now, with the fantastic work John Clarke has done it has now been picked up as a Multiple Districts project, but some of our clubs have had more successful days, than others.

The whole focus of this day is to share our successes with the public, let's first share our successes with each other. I would love to hear, how your lions Awareness days have gone so far.

What worked?

What didn't?

Any ideas?

What can we do differently?

Could you please send any comments or ideas, or photos, you have to LIONS AWARENESS Michael McDonald (Sharon) - Mudgeeraba lionsaware@lions201q1.org.au 0412 879 343 3 Umpara Cres Mudgeeraba Qld 4213.



Register now!

***Come Join Us in the
City by the Bay***

Geelong 4-6 May 2019

**MD201 Australia & Papua New Guinea
67th National Convention**

3 days of affordable events, fun and fellowship!

District Functions
Lioness Lunch
ID, PID, PIP, PCC's Partner Lunch
Meet & Greet Lunch
1st Conventioneers / Key Members Breakfast
Partners Tours
Past & Present Cab Sec, Treas, current DG & Partner's
Transport Options
Souvenirs

& the Gala Dinner

www.md201conventiongeelong.com/docs/flyer.pdf

www.md201conventiongeelong.com

BRISBANE LORD MAYOR'S 2019 AUSTRALIA DAY AWARDS



What a pleasure and privilege for our **Brisbane MacGregor Lions club** to receive the Lord Mayor's 2019 Australia Day Award "Community Event of the Year" for the "Health & Wellbeing Expo" for seniors.

Congratulations to Chairman Pat Allport and the Health & Wellbeing committee and members and partners who have contributed to make the annual Health & Wellbeing Expo so successful. Over the years, with support from the community, the event has grown and is getting bigger and better. In 2018 there were 30 exhibitors and eight keynote speakers. Examples of topics covered by the speakers include how to avoid scams, understanding your pension, misadventure in medication, sleep disorders and melanoma risks. Displays from organisations such as Diabetes Queensland, Alzheimer's Australia and Queensland Ambulance Service also feature.

The award was received at a ceremony on Thursday night where Pat Allport, as committee chairman & project founder, was presented with the framed award & \$100 gift voucher which will be used for a raffle prize for our Expo. As Club President,

Narelle Wyvill-Anstey attended, as well as committee member Bev Fraser and our local councillor Steven Huang who supports us for this project. Councillor Krista Adams who is also a big supporter attended the Citizenship Ceremony with us at Brisbane City Hall for the announcement to the public on Australia Day.

The nomination states "The MacGregor Lions Health and Wellbeing Expo is a perfect example of an event that works with multiple community groups and different levels of government to ensure the seniors of Brisbane are well-informed and cared for."

A great achievement and wonderful recognition. Fantastic news.

We can look forward to increased awareness of our free community service event for Seniors which will be held on Wednesday, 15th May this year.



LIONSONOZ IN ACTION

Lionsonoz members were kept busy over the Australia Day Long weekend helping the local Lions Clubs in the towns where they found themselves, cooking BBQs preparing for sporting events and/or any of the myriad activities conducted on our one and only National Day.

Lionsonoz members Lions Brad and Debbie Weeks found themselves at **Crescent Heads** where the local Lions Club was conducting an Australia Day BBQ breakfast. They rolled up their sleeves and joined in cooking sausages, handing out dishes and cutlery, making endless cups of tea and coffee and then lent a hand in the cleaning up. They had a great time!

Lionsonoz member Lion Warren White joined in and assisted the **Tamworth Peel Valley Lions** in their Marshalling duties for the Country Music fans in Peel Street Tamworth.

The Tamworth civic leaders became concerned about recent "Drive By" terrorists activities in major events throughout the world so Peel Street was blockaded off so the hundreds of Buskers could perform to the great crowds of Country Music lovers in safety.

Vehicle access was only allowed through one entrance. The driver must show an official certificate stating the reason to enter and each vehicle was led through the crowd by a Lion walking in front who waited for the driver to complete his duties and then lead them back out again. The entrance was barricaded by a "Road Closed" sign and a Council Vehicle was parked blocking the way as an added precaution against any intended Terrorism.

There was no trouble, but there could have been.

PDG Lion Warren White

Pictured: Lionsonoz member Lion Warren White performing his marshalling duties with the Tamworth Peel Valley Lions at the Tamworth Country Music Festival



CITIZENSHIP CEREMONY 2019

The Lions Club of Rochedale Springwood again ran its annual Citizenship ceremony on Australia Day, 26 January 2019, at Trinder Park Rest Home Community Hall.

This year there were 51 conferees coming from 25 different nations around the world and some came in their national costume. It was a great morning with Dr Jim Chalmers MP again acting as our Presider for the ceremony.

Again this year we were so very fortunate to have the Southern Cross Voices in attendance and they sang a number of songs before and during the ceremony.

A special moment was when they sang the National anthem and then did it again in the local aboriginal dialect.

The Club then presented to all families a native tree to plant to remember this day. These trees were kindly provided by the Logan City Council.

After the formal proceedings all present enjoyed a wonderful morning tea.

A great project.



Newsletter Editor: send article & submissions to Lion Greg NOTHLING:

**greg.nothling@gmail.com OR
info-officer@lions201q1.org.au**