

KIM'S KICKOFF

Igniting the future

Vol 5 November



District 201 Q1

Kim Forrest

District Governor
2018/2019

Never forgetting the past



1st VDG David Greenup
2nd VDG Narelle Parkins



We Serve

CHRISTMAS IS FAST COMING UPON US, TIME FOR FAMILY, FUN AND RELAXING...

I hope that everyone has had a wonderful 2018 and that you are now planning for 2019 with excitement and goals that are new and challenging.

"You cannot change the direction the wind blows, but you can alter your sails to take advantage of that wind"

Let's take this into the New Year, by listening to the words of our International President, make our clubs stronger, more exciting to belong to and more inviting to join.

I'd like to thank all of you for making this year a very special one for me, I'm now half way through my journey and am very excited to see how the next half plays out, but I can't do it alone.

Please everyone have a wonderful Christmas, stay safe and well.

Merry Christmas everyone

District Governor Kim Forrest – District 201Q1 2018-19

FROM THE DESK OF CABINET SECRETARY

Here we are on the downhill run to Christmas it's great to see our Christmas Cakes are out everywhere in the shops. I know how busy everyone is so don't forget to enter your activities and membership early and you won't have to worry at the end of the month when you're enjoying that well-earned break.

If you need to drop any members in December remember if you go past the end of the month you'll have to pay for them. LCI have sent a very clear message out to clubs. No refunds after the 31st December 2018.

Treasurers please remember you need to go into MyLCI and download your LCI dues they are not posted out anymore.

All of the drought effected areas in Q1 are being looked after by our Clubs. The Australian Lions Foundation gave Q1 a grant to be able to assist farmers with water fodder and much needed day to day house hold needs. We take for granted the taps will always have water there will be feed on the ground for our animals. Some can't afford much needed medicines from the pharmacy so thanks to the Australian Lions Foundation our district is helping the farmers where we can.

District figures as December = District 201Q1: 1,893

World Wide: 1,472,157

All correspondence to Cabinet Secretary PDG Lesley Lyons – **PO Box 4767, Forest Lake Qld 4078 or email to llyo5865@bigpond.net.au Mobile 0419 796 022**

DG KIM & LION ROSS WELCOME THE FOLLOWING NEW MEMBERS

Harrisville: Robert Quodling
Morton Bay: Grahame Edwards
Rosewood: Venita Daw
Southport: Alex Anbalagan, Joseph Docherty

To our Lions family David and I wish everyone a Healthy Safe and Wonderful Christmas.

Cabinet Secretary,
Lesley Lyons



***Newsletter Editor: send article & submissions
by 20th of each month to Lion Greg NOTHLING:***

***greg.nothling@gmail.com OR
info-officer@lions201q1.org.au***

CONVENTION 2019 UPDATE

Lion John Clark advised the 2019 Convention will be held at the Sharks Club in Southport 25-27 October 2019. Everything will be held on the one site and there's also accommodation available on site. There are a number of Clubs assisting with the arrangements. Packages will be coming out soon.

District will be hosting this Convention rather than an individual Club due no Club came forward to assist. 1st VDG David Greenup announced the following Club members on his committee:

Lion John Clark – Convention Chairman

Lion Jorge Salles – Finance Chairman

Lion Savva Argyrou – Programme Chairman

Marketing and Communications – TBA

ALCCRF

Well, what can I say? What a great response we are getting from our Merchandise this year! Pens, Aprons. Travel packs and Christmas pins, all very popular. At this year's Convention the ALCCRF Merchandising stand actually sold out.

Making a grand Total of \$1400.00 – incl two anonymous donations.

Big thanks to all

Sophia Argyrou

PEACE POSTER

There were only five clubs who participated in the Peace Poster Contest this year.

Between these clubs we had 11 posters sent in for judging. DG Kim judged the posters at our Q1 Convention and the winning poster was one of the entries from Tamborine Mountain Lions Club.

Three posters were disqualified this year because one was the wrong size and one had been folded and the third one had the Sticker in the wrong position on the back of the poster.

Thank you to the clubs who participated this year and I hope more clubs get involved in this project next year.

Lion Beverley Drysdale - Q1 Peace Poster Chairman



Photo of the winning poster

ENVIRONMENT

The Environment stand at the Convention was well received and generated a lot of interest and discussion amongst the attendees. Pleasingly, I had some request from clubs to do a presentation at a club meeting.

The Queensland Government Container Recycling Scheme went live on 1 November 2018. The aim is to reduce beverage container litter across the State. The scheme lets people get a 10-cent refund for each eligible container returned to a container refund point.

The online registration portal only opened on the 23 October, a little later than anticipated. There is some potential for clubs to earn some much needed money and help the environment. Further information can be obtained at Container Exchange and Containers for Change.

If I can assist please contact me on **0412 279 464** or kerrykilpatrick@yahoo.com.au

Kerry Kilpatrick

OPERATION FRIENDSHIP

The motion submitted to the District 201Q1 Convention was passed.

"That the Operation Friendship programme be continued for a further three years and be reviewed again at the 2021 District Convention."

Our visitors Karl and Lilly Jakobsen (Denmark) and Jouko and Liisa Kontturi (Finland) attended the District Convention and gave a presentation on the Friday evening. They found the convention most interesting and complete and congratulate the Convention Committee. They are now travelling through the district and will be travelling home on the 25 and 26 of November.

I would like to thank all those Lions and guests at the convention for making them so welcome.

Ivan Schindler

ZONE 3 BAREFOOT BOWLS SOCIAL AND FUNDRAISER FOR WEDGETAIL RETREAT (PALLIATIVE CARE)

On Sunday 28th October a Zone 3 Social Day/Fundraiser was organised at Pottsville Beach Sports Club. It was great to have five out of the 6 clubs in attendance. The bowlers had a lot of fun but it was a very hot day. We had our Operation Friendship couple from Finland Liisa & Jouko who also played bowls and Liisa ended up the winner of the bowls on the last bowl of the day.

While the bowls were happening those who didn't wish to play bowls were entertained with a Trivia competition which was also a lot of fun.

The six Zone clubs were asked to donate a prize and any members who had something to donate for a raffle on the day. The raffle was a huge success.

The day culminated with a lovely Lunch organised with the Kitchen at Pottsville Beach Sports Club. I am very pleased to say that we raised \$435 towards Wedgetail Retreat's wish list of equipment needed. Another Social Day/Fundraiser will be held in the new year before we do a handover.

Denise Jackson – Zone 3 Chairperson

YOUTH EXCHANGE

Thank you to all of the clubs that have hosted students over the past six months. There are some Malaysian students coming into Australia in the next few weeks and there are five students who have host families at the beginning of their stay but require hosting for a couple of weeks after Christmas.

Students Inbound

Students will be arriving from Malaysia in December and there are two students available who require hosting from 16th December until 5th January 2019. Please call me on 0409 894 221 or email kevvar@bigpond.com if anyone is interested in taking a young one over Christmas.

Students Outbound

Lions Clubs, I would like to ask that you might please think about sponsoring a youth to join the outbound programme in 2019. The cost of sponsoring is whatever amount you want to make it, however the cost of the uniform for the youth is the club's cost and that is \$240. Any other money donated after that is at the club's discretion. Some clubs have their student help on sausage sizzles and other fundraising events and work for donations. A great idea is to make this a club project. It can be someone in the community who deserves a chance, it could be a student chosen by their school as perhaps the most improved student or the highest achiever. Another suggestion is that the club's Youth of the Year entrant who made it through to the next round could be nominated. There are lots of possibilities and this is a great way for a student to experience another culture.

The countries in the exchange are;

USA and Canada; United Kingdom; Italy; New Zealand; Japan; Indonesia; Europe;

Scandinavia; And now very new to the program is Botswana

What better way is there to give a young person the opportunity to discover another world?

Our 2018 outbound students will be departing Australia for their destination early December and their pre-departure seminars have been set.

District Seminar

Each YE Chairman must hold a seminar prior to the outbound student's departure and will include the students, their parents and a representative of the sponsoring club.

At this seminar the outbound students will be given advice and information on their travel. What to expect and how to behave. What to wear and when their uniform is to be worn. The student is required to make a presentation to a Lions Club (usually the sponsoring clubs of the host families) so bannerettes from the club would be a great start. A lot of time and preparation goes into these seminars to make sure that the student has the best possible information passed over to them and all of the safety measures have been met.

District Chair: I recently attended a 3 day Multiple District Meeting which was held at the Airport Motel in Brisbane. This MD meeting was extremely interesting and beneficial. I got to see the "before" and the "after", the challenges as well as the rewards, and by learning the Project Coordinator's jobs and responsibilities it enabled me to gain a more comprehensive understanding of the program.

Narelle Parkins

LCIF

LCIF CAMPAIGN 100

LCIF is our Foundation. United in service and empowered by our global foundation, we can take on big goals and transform millions of lives. Campaign 100 is a donation drive that has been initiated to help promote LCIF. In the last few years, LCIF grants have exceeded donations. We cannot continue to spend more than we earn. Therefore, it is vital that each Club help support our Foundation. Here is a video that provides a general overview of the campaign:

<https://files.acrobat.com/a/preview/4ea18d42-6dd8-4358-8112-1ea431cad575>

LCIF ACTUALS VS TARGET

LCIF has a worldwide target amount of US\$50M in donations during FY18/19 to cover approved grants. Last year, our district raised approximately \$72,100, which was the highest in MD201. This year, our district has been allocated a fundraising budget of \$36,100 (based on 1,900 members at \$19 per member). Of the 82 clubs we have in our district, 17 have contributed to the \$16,800 donated to date. If your Club hasn't yet made any LCIF donations this year, please consider doing so. With the recent disasters in places such as Sulawesi and Greece, your disaster relief aid could make a difference to many lives. Here is a video which focuses on disaster relief funding:

<https://files.acrobat.com/a/preview/e0b8dcf3-e63a-4896-8ad8-de7cde1eb89c>

Q1 GRANT RECEIVED SINCE 1976

Since 1976, Q1 has received 14 grants totalling just under \$400K.

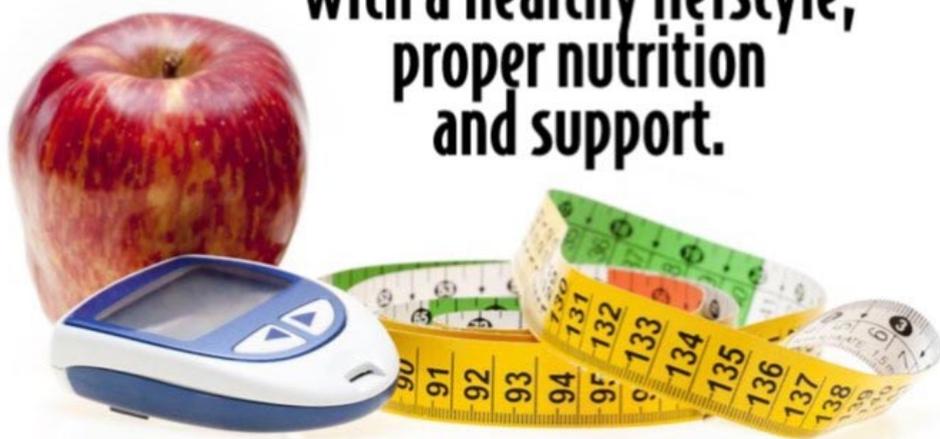
FURTHER ACTION

Once I receive the information pack and training materials for Club Coordinators, I will be in touch to distribute and explain further. Call to Action: Ensure that you donate a portion of your fundraising efforts this year to "LCIF" and support our own Foundation. If you would like to know more about LCIF, please contact me on the details provided below.

Lion Laurita Chu, Q1 LCIF Coordinator – 0403 189 941 laurita.chu@bclionsclub.org.au

THE PHOTO BELOW IS CALLED "DIABETES NUTRITION"

**YOU can control diabetes
with a healthy lifestyle,
proper nutrition
and support.**



Lion Jenny Maguire
Ph: 0412 358 205
email: lionjenny.01@bigpond.com

At the recent Q1 District Cabinet Meeting we were lucky enough to have a visit from Santa – who gave everyone in attendance a lovely little present of "hillbilly" novelty gifts. With the theme of "bring out your inner child" the present certainly put a smile on everyone's faces. Santa was also very kind to say hello to two little children who were having dinner in the same restaurant and he let them come and sit on his knee, and also posed with some photos with the two children and their parents. We were not allowed to get a picture of them, but they were very happy children. Thanks Santa XXX



MAKING YOUR OWN CHRISTMAS CRACKERS FOR YOUR CLUB CHRISTMAS PARTY?



A bus station is where a bus stops. A train station is where a train stops.

On my desk, I have a work station.....

PS: Have a really wonderful Christmas –from 'Crackers'

Possibly the worst joke of the year: Two elephants walk off a cliff . . .boom! boom!

PS: Have a really wonderful Christmas –from 'Crackers'

The Beenleigh Drive-in has a great slogan. "If you don't like movies, you can slash the seats."

PS: Have a really wonderful Christmas –from 'Crackers'

Overheard at the last Dinner Meeting:

A couple at parent interviews, anxious to find out how their son Angus, aged 4, was progressing at pre-school. Had he learned to spell his name? His teacher reassured them . . . "Oh yes, A-N-G-U-S-Enter."

PS: Have a really wonderful Christmas –from 'Crackers'

Overheard at the bar:

I just read "The A-Z of Bradman", by Alan Eason, of Austral. It includes an entry for 'Granny' Scholz."

"Who did she play for?" asked a fellow Lion.

"She's the Cootamundra midwife who delivered on August 27, 1908, Donald George Bradman, and thus was literally the first person to get him out." Groan.

PS: Have a really wonderful Christmas –from 'Crackers'

"Without question, the greatest invention in the history of mankind is beer. Oh, I grant you that the wheel was also a fine invention, but the wheel does not go nearly as well with pizza. Regular consumption of beer eliminates the weaker brain cells, making the brain a faster and more efficient machine. That's why you always feel smarter after a few beers."

PS: Have a really wonderful Christmas –from 'Crackers'

OH TO BE 8 AGAIN !

A man was sitting on the edge of the bed watching his wife , who was studying herself in the mirror.

Since her birthday was not far off , he asked what she would like for her birthday.

" I'd like to be 8 again " she replied , while still looking at herself in the mirror ,

With this thought, her husband started to plan for the occasion.

On the morning of her Birthday he arose early , made her a large bowl of Coco Pops for breakfast , following that, he drove her to Adventure World theme park - wow what a day it would be! He bought tickets for every ride in the park, The Death Slide , the Wall of Fear , The Roller Coaster , and even the Carousel , he made sure she rode on every one.

A few hours later they staggered out of the theme park , her head was reeling and her stomach felt upside down!

For lunch he took her to McDonald's, where he ordered her a McHappy Meal with extra fries .

Next stop , it was off to the cinema to see the latest Disney film , on the way into the movie he bought a large popcorn , a coke and her favourite candy, M&M's....what fun this all was!

Finally , she wobbled home with her husband and collapsed into bed , exhausted.

He leaned over to his wife with a big smile and lovingly asked, 'Well Dear, how did it feel being Eight all over again?

Her eyes slowly opened and her expression suddenly changed.I meant my DRESS SIZE you "flamin" retard!!!!'

The moral of the story: Even when a man is listening, he is still going to get it wrong!

DID YOU KNOW?

Lions Community Recovery grants are intended to aid districts interested in supporting short-term clean-up and repair efforts in situations where other organizations have already addressed immediate needs. The objective is for Lions to focus on select groups with specific unmet needs where gaps in relief services have been identified in the community. Lions are connected to the community and remain active in relief efforts long after immediate needs have been met.

LEADERS IN LIONS

Every person who joins a Lions Club is a potential President and each one should be capable of accepting that challenge.

Lions Clubs are organised to provide Leadership in many positions. eg,

- Committee Chairman
- Project Chairman
- Tailtwister
- Lion Tamer
- Club Director

These are all leadership positions.

I have visited many Clubs where members proudly boast of being Club Secretary 6 times, or Club Treasurer 7 times. We have even had District Governor's repeating that job. While this may provide some development for that individual member I feel that after having done a job twice in Lions you are then really only becoming like the man who applied for a job saying he has had 20 years experience in that work. The employer wanted to know whether he had had 20 years experience or 1 year's experience 20 times.

It is important to retain new members by giving them the chance to grow. This is why Lions change their office-bearers each year. If the same Lions keep taking on the same jobs then there is no room for the new member to develop his/her own skills and **these are the Lions your Club will lose.**

The basis for a successful Club is in genuinely caring for each member, and one way to do this is for **EVERY** member to have a go at each position.

Believe it or not you don't have to be a good writer to be a good Club Secretary and you don't have to be a Bank Manager to be a good Club Treasurer. In fact many Bank Managers make poor Club Treasurers.

ALL YOU NEED IS A WILLINGNESS TO TRY.

Lions International and Your Club have a wealth of experience and information to assist you with your development. At one Club where I was a member the man who took on the job of President in a particular year was probably one of the most inarticulate people you could find anywhere, yet that year the Club won the Premier Club award for 201 V2 because he had the back-up of experienced members and Lions International.

Lions International has been going for 96 years and has 1000's of Clubs throughout the World. Not every Club has experts running their Club each year and yet the Clubs survive and thrive because ordinary people are prepared to have a go and because Lions International has a system that works,

DO YOURSELF A FAVOUR - HAVE A GO

CHRISTMAS DINNER – CABINET MEETING 2018



But who was he?



BRISBANE HELLENIC CHARITY DINNER

There is no doubt that you heard reports and saw footage of the devastating fires that engulfed the Mati area of Athens, Greece between the 23rd and 26th July 2018, with the resultant death of more than 80 persons and the destruction of over 1000 buildings. The surviving victims of the fires have lost everything and will need to be financially supported on an on-going basis.

Our Club had a function on 17th November 2018 with the sole aim of raising as much money as possible, and every dollar raised will go to the victims through our affiliated LIONS Organisation in Athens, Greece. The amount raised on the night was approximately Aud \$10,000. It was a great night had by all who attended. Thank you to all sponsors and donors for this evening without them it would not have been possible to reach our goal. It is still possible to donate to us at Brisbane Hellenic Lions Inc for this worthy cause.

BALLINA LIONS CLUB HOSTED ITS 17TH CONSECUTIVE MAGIC SHOW AT LISMORE WORKERS CLUB ON 5 NOVEMBER

This year, a full house of 465 disabled and disadvantaged children and their carers came along for an hour and a half of magic, wonder and laughter performed by Melbournian magician Michael Boyd and were not disappointed.

The feedback from the parents, guardians and especially the children was wonderful with everyone thoroughly enjoying themselves as they forgot about their daily challenges for a few hours.

This project would not have been possible without the support of the many businesses in the Northern NSW region who have unselfishly sponsored the children, some for several years.

Since the project was introduced to the area by Ballina Lions in 2002, the club has donated over \$145,000 from it to local, national and international community organisations, including the Lions District 201Q1 Northern NSW Community Trust.

PDG Peter Dean Treasurer, Ballina Lions Club



IT'S NOT TOO LATE!!

Your Club can still enter Youth of the Year for 2019. Why not give the local students in your area a chance to expand their horizons, progressing through the process and becoming Youth of the Year.

email brissiebee@hotmail.com or ph 0413 471312. Barbara Tate, YOTY Chair.

SUNNYBANK LIONS CLUB

TO ALL OF OUR
LIONS FRIENDS & FAMILY

Your members and partners are invited to attend our combined services dinner to be held



TUESDAY 8TH JANUARY 2019

Let's welcome in the New Year in style!!!

Guest Speaker

2 Course Dinner/ Raffles / Fun

\$20 per person

RSVP midot2@bigpond.com by 3 January, 2019

AUSTRALIAN BUSINESS NUMBER (ABN)

Question was raised in the Cabinet meeting on 17 & 18 November 2018 regarding Clubs having ABN (without GST register) set up for a number of years and no update of any Club information to the Australia Business Register (ABR). I have registered an ABN for an engineering institution in 2001 as the honorary Treasurer, just in order to open a bank account then. There was no communicate with ABR until 2014 that I received a letter seeking confirmation of (1) the business name, (2) postal and all business addresses, (3) contact details, and (4) associates of the entity. I responded by phone call and updated the current Treasurer name and contact details back in 2014.

I called again on 19 November just to confirm all the details that I have provided are up-to-date. My understanding from talking to one of the agents that there is no need to inform ABR unless there is change in the four points above. If the contact person for the ABN has changes, the Club should inform ABR.

As far as I can gather, using the Club name to operate Lions activities without incorporation would need an ABN, first to open bank account, second to avoid 47% (from 1 July 2017) tax withhold when receiving payment from invoicing without ABN.

For those Clubs having ABN but without any communication with ABR, I suggest you check the status using the link <https://abr.business.gov.au/FAQ/ABNBasics>, then type in your ABN from the ABN LOOKUP at the top. There are plenty more information regarding ABN on this website if you need more information

AUSKey

Another question raise is AUSKey and how to acquire one. Use the following links below to find out more on the top: www.abr.business.gov.au/AUSKey/AUSKey-explained/

If your Club has an ABN and what to create an AUSKey, let me now and I can provide some steps to create it. If you want to speak to a custom service representation, look up the appropriate phone numbers or try using the on-line help (Ask Alex for help): www.ato.gov.au/About-ATO/Contact-us/Phone-us/#Speaktoacustomerservicesrepresentative

ABN and AUSKey are operated nationally. There shouldn't be any different approach whether the Club is registered in Queensland or NSW.

PDG Peter Ho, Constitution and By-Laws – 0412796243 Lion.peterho@gmail.com

LIONS CAMP DUCKADANG REPORT



40th Anniversary of Lions Camp Duckadang

Volunteers for the working bee 16-18 November 2018 were down slightly, but several local families arrived in time for afternoon tea on the Saturday afternoon.

They were joined by Past and current District Governors and a District Governor – elect, to share stories and experiences. We also had some from our skilled team who moved boulders and placed them for new retaining walls.

All gathered under the Peter Boge Shelter adjacent to the Tresise Dining Room and awaited the call to dinner. We now know how to change a hot day to rainy weather – ensure several Governors are present. Suddenly, a very strong breeze blew, and down came a torrential downpour of rain. All good things come to an end, and those who had sought refuge in the Dining Room were able to return outside.

A sumptuous feast was prepared by Belinda (Camp Manager) and her helpers.

Past District Governor Jim Bayley (also Patron and a Life Member), whose connection with the Camp goes back to 1972, gave a history of how Lions Camp Duckadang eventuated after the late Graeme and Valmai Burnett offered Lions some land for a youth Camp. At that time, Lions worked hard to set up a basic camp, and when Lions gained title to the land in 1978, bookings for early 1979 were taken. Jim's knowledge of the early days and until he retired as Chairman in October 2002 proved very interesting. He has retained an interest ever since.

Jim 'spoke from the heart' of his love for the Camp, as did the other Life Member Peter Boge, who first visited the Camp in 1992 for a leadership course. It was all he needed to keep returning for working bees, and in 1995 he brought his Club, Petrie Lions, up for a weekend. He was elected to the Board at the 1998 Annual General Meeting and has served as Board Secretary for seventeen years.

Past District Governor Roley McAtee also spoke of Lions' involvement over the years.

During the weekend, Lions who had not visited for some years noted what had changed, and were told of further planned improvements to facilities and activities.

Past District Governor Jim Bayley and District Governor Carmel Goldsworthy attended to the cutting of the Anniversary Cake. The Board thanks all members of the Lions Family for their physical and financial support over many years.

LIONS CAMP DUCKADANG REPORT CONT.

Tasks completed at the working bee 16-18 November 2018:

- Refit curtain rails where loose (Hamilton Hall)
- Painting to games area under Hamilton Hall (largely completed)
- Repair/replace rusted stormwater pipes and check for correct operation (partly completed)
- Additional rock walls below Hamilton Hall
- Install weather strips to doors, MacDonald and Jamieson Houses
- Refit timber shower doors to open outwards, Jamieson House
- Paint brick fireplace to Tresise Dining Hall (Charcoal colour)
- Lay new concrete base to floor in power distribution room
- Install new cupboards and chest freezer in power distribution room
- Additional work on reducing flood problems to tennis courts.

Peter J Boge, Secretary to the Board, Lions Camp Duckadang

UPDATE FROM THE DISTRICT TREASURER

With everyone thinking about the upcoming festive season I thought I would send a reminder to clubs about the 2nd Semi-Annual Dues.

- Clubs will be billed based on their membership numbers, taken from MyLCI, at the end of December 2018. Whereas previously Lions Clubs International (LCI) have provided an adjustment to the January statement for members dropped in January this will no longer occur.
- I will be emailing Club Treasurers and Secretaries their Multiple District and District Semi-Annual Dues by mid-January 2019. Due date for payment will be 15th February 2019.
- LCI should have their Dues Statement available to be downloaded from MyLCI, by 3/1/19.

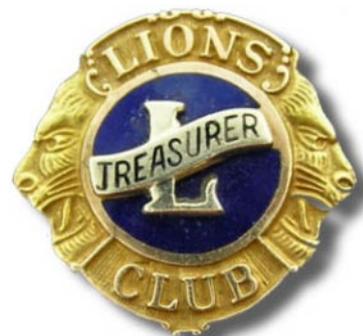
Finally, just a reminder that in MyLCI, a statement is generated each month and it is good practice for clubs to regularly check if there are any payments due to LCI for new members etc. If your club is in Credit then this will be taken off the next bill.

Libby Whitestyles, DISTRICT TREASURER 2018/19 – DISTRICT 201Q1

LONG STANDING LIONS MEMBER RECOGNIZED 50 YEAR OF SERVICE

It was a milestone that Lion Bill Ritchie, one of our long standing Lions Members reached - 50 year of service to Lions Club International. Lion Bill joined at first in August 1958 with the Lions Club of Hillston Inc. –NSW and then still in NSW with the Lions Club of Sawtell ,before he and wife Gail moved to Warwick in 2001 joined the Lions Club of Warwick Inc.

1stVDG David Greenup, who visited our Warwick Lions in October 2nd dinner meeting night, performed the duty in presenting Lion Bill with a medallion of 50 years' service to LCI and a certificate of Half Century. VDG David expressed words of appreciation for Life Member Lion Bill's service that he gave over the years. Club President Jenny Rainbird also thanked Lion Bill on behalf of the Lions Club of Warwick Inc and she attached the service pin to Lion Bill. Present also was ZC. Con Lo Giudice who congratulated Lion Bill on behalf of the Zone 11 Clubs. In a Mutual understanding with his Club, Lion Bill resigned in good standing for health reason.



The photo is called "diabetes food face"

"Fill your plate each day with as many vegetables that you can"

UPPER COOMERA LIONS CLUB CELEBRATES ITS CHARTER PRESENTATION

On Wednesday 24th October 2018, Upper Coomera Lions Club was delighted to welcome members, friends, family and surrounding Lions Clubs to join them for their Charter Event at Gainsborough Greens Golf Course. The Event was well attended with 86 Guests on the night.

Upper Coomera President, Carey Dobson stated: "We would like to express our heartfelt thanks to the many attendees on our Special Night. It was humbling to see the great support that was offered to us on the night. A huge thank you to our members who worked hard to deliver a successful and enjoyable evening, and to our parent club Ormeau for their guidance assisting us towards our standalone status, as well as their generous contribution to our Gavel and flags. Similarly a big thank you District Governor Kim Forrest, plus numerous Cabinet members for their help navigating the logistics of forming our Club, and their financial contribution towards other Charter costs, and a \$1,000 donation towards our future community activities."



SOMETIMES WE FIND OURSELVES IN UNUSUAL PREDICAMENTS

However, one of the benefits of Lions Membership is that we can always find someone in our Lions Family to assist us. The benefits of becoming a member of a Lions Club include fellowship, good times, meeting people, building lasting friendships,



service to the community, learning new skills, leadership and personal development.

Membership is open to men and women over the age of 18 years and of good moral character and reputation.

I don't want much for Christmas. I just want the person who is reading this to be healthy, happy and loved.

