



MD201-Q1 2015-16
DISTRICT GOVERNOR
Peter Oliver

District Newsletter
Vol 12 June 2016



Greenedy



Dignity.
Harmony.
Humanity.





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Membership

Lions Clubs International tells us that every Lion (over 1.4 million of us around the world) impacts on the lives of at least 50 people annually. That means that if we are to continue to make an impact on our communities we not only need to replace those members who leave for a range of reasons, including those who have gone on to higher service, but increase our numbers.

The very simple concept of **JUST ASK ONE** has been developed to assist Clubs in putting this idea into practice. So why not visit the **ASK ONE page** for ideas and also access a copy of the **Just ASK Guide** and discuss it at your next meeting.

One of the first places to start is to consider asking at least one family member, a friend or neighbour to join us at a meeting or event to find out what this Lions

business is all about. If even a small percentage of these invites from the majority of our **1,600 plus members** resulted in a new member, we would be able to do an even better job. Remember, new members not only bring two more hands to serve but also brand new ideas and passions that can make our clubs even stronger.

Lionsonoz in Action

While Travelling to Moree to join up with the Lions Vanners to wend their way to Echuca last month, Lionsonoz President Lion Ted Pickwell and Lion Hazel called in on Lions Kel and Yvie Kearns at Woolgoolga and took delivery of a vast amount of baby jackets, jumpers and beanies especially knitted by the Lionsonoz ladies for premature babies.

This is an ongoing project undertaken by the ladies, which helps to fill in the time between towns on their travels and also is a very worthwhile project as well.

This batch was presented to the Moree Hospital Obstetrics ward by Lion Hazel and the matron there was very pleased to receive them. This latest issue should keep the Moree hospital in premature baby's clothes for many months to come.

Australian Lionsonoz does not have an Activities account, nor does it conduct fund raising projects so the knitting project allows the members to participate in voluntary work while travelling all over this great land of ours.

Anyone who would like to participate in the Australian Lionsonoz program would be very welcome and for more details they could contact Lionsonoz Lion Yvie on 0427 497 660.

Lion Warren White.

The 2016 Ecuador earthquake

occurred on April 16 magnitude of 7.8. The very large thrust earthquake was centered approximately 27 km from the towns of Muisne and Pedernales in a sparsely populated part of the country, and 170 km from the capital Quito, where it was felt strongly.

Regions of Manta, Pedernales and Portoviejo accounted for over 75 percent of total casualties. Manta's central commercial shopping district Tarqui, was completely destroyed. Widespread damage was caused across Manabi province, with structures hundreds of kilometres from the epicenter collapsing. At least 659 people were killed and 27,732 people injured.

The 2016 Kumamoto earthquake

were a series of earthquakes, including a magnitude 7.0 mainshock which struck on April 16, 2016 beneath Kumamoto City of Kumamoto Prefecture in Kyushu Region, Japan, at a depth of about 10 kilometres and a foreshock earthquake with a magnitude 6.2 at on April 14, 2016, at a depth of about 11 kilometres. The two Japanese earthquakes killed at least 49 people and injured about 3,000 others in total. Severe damage occurred in Kumamoto and Ōita Prefectures, with numerous structures collapsing and catching fire. More than 44,000 people have been evacuated from their homes due to the disaster.

The response to the cause by the shopping public at Runaway Bay Shopping Village was so generous with over \$575 being donated. Runaway Bay Lions Club, who added another \$1,000 to the cause, were pleased to be able to post off a cheque for \$1575 in support of our those affected.

**At the 99th Lions International Convention in Japan,
PCC Lion David McKenzie has been appointed a Credentials Officer
24th-28th June 2016.**

From the Cabinet Secretary's desk



It has been a busy time with the multiple District Convention in Echuca. The Convention started on Thursday with the opening ceremony on the wharf. The informal function was very nice with a boxed dinner for everyone.

Saturday opened with Leo of the year final and the Leos were brilliant, the overall winner was Grace Walker from the Q districts.

The ID election was held on Sunday and finally at 4.30pm we were given the results PCC Tony Benbow was announced as our ID for the next two years. Tony & Sue were both extremely excited as they should be. What an Honour to represent area 7.

Sunday morning the Remembrance Ceremony was held, thank goodness we had a book as you couldn't read the screens and it never got any better all weekend.

The conventioners totalled over fourteen hundred, which was the best for some time. Our district had thirty delegates and alternates .all up forty four attended.

Sunday night thirty eight attended the district Function. We were fortunate to have four tables together on the mezzanine level. It was an excellent night, we had plenty of room and a great night was had by all.

Monday was Youth of the Year I felt the Q District entrant had it all, he won the Public Speaking section but the W Districts took out the overall win. They were all fantastic you wouldn't want to be a judge.

Awards – Christine Forrest received an award for the work she has done with Children's Mobility

Brisbane Macgregor came 3rd in the happiest club award and they were awarded a certificate.

PDG Ken Mulcahy was welcomed into the Australian Lions Foundation Hall of Fame, what a very worthy Lion to earn such a prestigious award. PDG Ken has more than done his share over the many years in Lions. Congratulations to Christine and Ken and of course Brisbane Macgregor.

Then it was time to welcome our incoming District Governor Graham and Lion Denise Jackson Graham & Denise will be off to Japan in June where Graham will be inducted as our Governor for the 2016/2017 year.

All the current Governors were then on stage to be embarrassed by the Cabinet Secretaries it's all good fun. After the closing ceremony we took the District Governor for lunch.

Echuca is a lovely spot and all who attended enjoyed their stay. If you haven't attended a Multiple District Convention before next year the Convention is in Hobart so start planning now.

I would like to wish DG Peter & Lion Heather all the very best. DG Peter is the Chairman for the 2016 Convention in Kingscliff so he will be very busy.

The Convention Registration Form will be on line within the month. Please remember to book your accommodation early as its School Holidays and it could be quite busy.

Thank you Club officers for your dedication to our district, keep up the good work. It is so important to attend Club Officer Information Mornings there is always something for you to learn.

Remember you can go onto the MyLCI website any time of the month to do your membership reporting and keep your Activities up to date.

Fees will be coming out in July, Please remember Multiple District and District Dues Are posted From Cabinet Treasurer Libby Whitestyles but your LCI dues have to be down loaded from your MyLCI website.

District Governor Peter & Lion Heather welcome all the new members to our district.

Brisbane United Asia:

Brunswick Mullumbimby:

Casino:

Gold Coast Tallebudgera:

Lennox Head:

Moreton Bay:

Redland Bay Victoria Point:

Robina:

Runaway Bay:

Melody Chen

Roger Curran

Leila Beattie

David Searle, Faye Searle

Christine Stores

Ian Howes

Helmut Heim

Janice Brown

Verity Barton, Paul Nicholson, Shane O'Connor,

Allen Zhang, Kristyn Boulton, Vishla Nicholson, Akari Zhang

Lion Lesley Lyons

Cabinet Secretary, District 201Q1

PO Box 4767, Forest Lake QLD 4078

Llyo5865@bigpond.net.au

(H) 07 3279 9425 (M) 0419 796 022

DATES TO REMEMBER

Lions Medical Research Foundation Grand Final Saturday 18th June Royal on the Park Brisbane

District Q1 Changeover Saturday 23rd July: Sharks Football Cub at Southport 6.30 / 7.00 \$42.00 per head

Newsletter Editor - send article submissions to:

Lion Greg NOTHLING: greg.nothling@gmail.com OR info-officer@lions201q1.org.au

www.201q1.lions.org.au

Peace Poster Contest

Peace Poster Kits are available from Newcastle. Hopefully clubs have obtained their kits and have approached their schools with details of the contest. I have been unable to obtain a list of clubs that have purchased the kits from Newcastle as yet.

Paper - I have a quantity of paper available for clubs if they require it.
Best size for Australia is A2 which can easily be obtained from a printer.

Rules – Clubs have been asked to discuss the rules of the contest with the teachers conducting the contest at each school so that the work of the students is completed according to the rules. Particular emphasis should be given to the placing of the Winners Sticker to the bottom right hand side of the back of the poster and all details completed as requested on the sticker.

Winning posters need to be received by the **15 November** to enable District judging at the November Cabinet Meeting.

The winning posters should be mailed (in a tube) to –

Lion Beverley Drysdale, PO Box 2259, Sunnybank Hills Q 4109 by close of business on 15 November.

Posters will be judged at the November Cabinet Meeting by attending District Officers and the winning poster will be forwarded to be judged for the selection of a National winner.



Essay Contest

This contest has been running for almost five years but so far no club in Australia has entered. Clubs have been encouraged to find a suitable student to enter the Essay Contest which has the same topic as the Peace Poster, the same age qualifications. The entry details and rules are included in the Peace Poster Kit and are on the Lions website. Entries for the Essay Contest need to be forwarded to the above address by 15 November.

As Australia has not had an entry in this competition as yet it would be great to see Q1 have the first entry.

Fire Poster Contest

As there is no Fire Poster Chairman appointed for this year I have been asked to forward on to you the attached letter regarding the Fire Poster Competition. A little late but there is still time to enter this contest.

The contest is open to children in Grade 4 only and the posters the student prepare should be completed (on A3 size paper) following a visit from the local Fire Service who will talk to the children about "Fire Safety in the Home".

All clubs in Q1 (including northern NSW) are eligible to enter this contest.

Guidelines for the competition are – The theme for the competition is "FIRE SAFETY AT HOME"

The local fire service will highlight their promotional themes for the year and they will emphasize the safety measures to take to protect your home in suburban and rural areas.

Our theme enables the children to demonstrate the safety measures which relates to their own environment at home, whether that is in a city or in country areas.

The following are regulated guidelines for all clubs:-. CONDITIONS for the FIRE POSTER COMPETITION

1. Students in Grade 4 (FOUR) are only eligible to enter.
2. Posters are to be based on the theme "FIRE SAFETY AT HOME" and should reflect information conveyed to them in the fire safety talks.
3. The posters are to be produced on A3 sized normal paper only.
4. Posters can be drawn using Pens, Crayons, Felt Pens, Paints or a combination of these.
5. (Pencil is not acceptable because it cannot be electronically reproduced successfully)
6. Posters may be produced using computers and associated graphics. These students will compete for a separate prize and will be ineligible for the overall state winning trophy.
7. Parents may assist with ideas and approaches to the poster but the **ART WORK MUST BE THAT OF THE STUDENT.** If any judging panel at any level considers otherwise, the entry shall not be considered.
8. Each student's **NAME, SCHOOL, GRADE, TOWN or SUBURB** must be printed on the back of every poster. Those posters forwarded for state judging must have a contact name and telephone from the competing school and the Lions Club.
9. The club judging should be conducted by a panel from the Lions club, the Fire Brigade and any other interested person or organisation from the area.
10. Four entries per school participating at district level. (ie Winner & Runner Up and two others).
11. The minimum number of posters we would like to receive from any one Lions club is four, regardless of the number of schools participating.)
12. The state judging will be conducted by representatives from the QFRS, FPA and the Lions Clubs.

TIMETABLE for 2016

The Lions Clubs should contact their schools as early as possible to ascertain their participation.

The QFRS is to be advised of the Lions club's intentions and programme by the **18th March 2016**

Lions Clubs to arrange the SCHOOL Talks by QFRS after the **18th March 2016**

Lions Clubs to collect posters from their schools by the **24th June 2016**

Lions Club winners to be forwarded to their District Chairman by the **15th July 2016**

Each District Judging is to be completed by the **29th July 2016**

TEN district winning posters to be received by the Qld Coordinator by the **5th August 2016**

I understand that some of these dates have passed by but this information was not received until very recently.

I will be taking on this role in the 2016-17 year and will ensure the details are forwarded on to clubs very early in the year.

Lion Beverley Drysdale – Community & International Awareness Peace & Fire Poster, International Essay

PO Box 2259 Sunnybank Hills Qld 4109 Phone: (H) 07 3711 9859 (M) 0405 496 922 email: pc-peace&fire@lions201q1.org.au



News Around The District

Stretch yourself, take that extra step.

The difference between ordinary & extraordinary is that little extra!

Please email details to me at greg.nothling@gmail.com.

BRUNSWICK VALLEY DRIVER REVIVER

LIONS CLUB OF BRUNSWICK MULLUMBIMBY:

This is one of the biggest projects Lions Club of Brunswick Mullumbimby have through the year. The club project first stated back in 1990 with an old abandoned van. In 2008 they moved to their new site at the Yelgun Rest Area this is a fantastic site provided by RMS.

In 2010 they started the Christmas holiday period at Yelgun with a specialty built van with a donation from Lions NSW Community Trust , and other sponsors . With a great team of 85 volunteers and Lions Members they are able to work 24hr days all doing 4hr shifts.

To be able to do this their Lions men do the wee hour shifts like 10pm – 2am – 2am to 6am every day. They operate all QLD / NSW Holidays and Public Holidays all year round this is always a big ask at 6weeks of Christmas.



The Lions club runs the programme with a driver reviver committee of 7 members with Lion Trevor Watts as chairperson who also tows and stores the van each session.

During the Christmas / New Year 2015 - 2016 they had a very big programme open for 35 days, 24 hrs a day ,194x4 shifts total of 776 hours and served 11,414 cups. They are one of the busiest in Australia. Their Driver Reviver operate on sponsors from Bushells Tea/coffee, Toll Transport, Sunrise Sugar, Norco Milk , Arnotts Biscuits , Woolworths Mullumbimby . The public do give donations which are put back into the community.

Other Lions Driver Reviver programs are run by **LIONS CLUB OF WARWICK & LIONS CLUB OF ORMEAU** Driver Reviver volunteers come from a broad range of community groups and service organisations. Nationally the two largest groups are LIONS International and the SES (Individual State Emergency Services). Other groups include VRA (Volunteer Rescue Association), Rural and Volunteer Fire Services, Rotary, Apex, and many others.

The Driver Reviver is such an important part of Australia's history and every single family in Australia that has been on a road trip will understand the value of this great rest spot. Many lives have been saved as a result of the great volunteer work enabling people to get home safe on those long trips.

The Ormeau Lions club provides a beautiful rest spot and some great conversation to ensure every family that stops by gets home safely. The slogan 'Stop, Revive, Survive' is entrenched in all our minds and the importance of resting every 2 hours cannot be overstated.



Here is a recent picture taken from their driver reviver stand.

A PROJECT OF THE LIONS CLUB OF TEXAS INC.:

for the year 2015-2016 was to install a new monument for a Texas War Memorial.

The Monument holds names of Service Men buried at the Texas Cemetery. This is an ongoing project in conjunction with the Lions and Local Donations.

The Memorial was used for the first time for a Dawn Service on Anzac Day 2016



DISTRICT 201Q1 WEBSITE:

Lion Chris Richardson, spends a lot of time maintaining our Web Site

Please visit this site on a regular basis to keep up to date with District Activities. The Newsletter is posted on the District Website by Lion Chris Richardson, usually within 48 hours of it being distributed electronically. www.201q1.lions.org.au

Lion Stuart Perrett lists all 201Q1 Newsletters available for download @ www.lionsclubmember.com/District-201Q1

LIONS BIGGEST BBQ:

Casino Lions Club hosted the Lions Biggest BBQ at Mongogarie Lodge on 17 April to raise funds for the Australian Lions Childhood Cancer Research Foundation.

Mongogarie Lodge is a B&B and Olive Farm run by Lion Angelo Leo and his family about 25km south of Casino.

About 250 people turned up to share the day. They toured the olive farm and watched olives being made into olive oil. The pig-on-the-spit was very popular as well as steak, chicken and sausages cooked on the barbecue.

A coffee machine was supplied free of charge for the day and coffee beans were donated by the Mackellar Range Coffee Plantation located near Mongogarie.

A local amateur apiarist donated honey which was sold to make our final profit of over \$1500.

Casino Lions are very appreciative of the coverage for the event by the editor of the local newspaper, **The Richmond River Express** and for the articles that also appeared in the Northern Star and the Rural Weekly which have a wide coverage of Northern NSW.





LIONS GREENBACK TAILOR FISHING COMPETITION:

I advise the club will be conducting the above event
11 Jun, 2016 - 12 Jun, 2016 Sat 8:00am - Sun 6:00pm

Cabarita Beach
www.google.com.au/maps/place/Cabarita+Beach+NSW+2488
Pandanus Parade Bogangar, NSW
www.tweed.nsw.gov.au



This event should be of interest to members who are interested in fishing. Lions members requiring information can contact the club via the website. Lions Club of Cabarita Beach & Pottsville Beach



AFTER a year out of action, the Lions Charity Greenback Tailor Fishing Competition, on 11 & 12 June is back for its 30th year with a revised format.

The event was originally kicked off by a group of amateur fishermen and women at the old Cabarita Beach Hotel in the mid-1980s. Pat and June O'Keefe are the Greenback patrons and were the people behind the first 20-odd years of the tournament. The Lions Club took over the running of the event in 2006 under **Lion Stan Dawson AO**.

Since then the Lions Club has thrown itself into staging the annual competition that benefits rescue organisations including the Cabarita Beach Surf Life Saving Club and Tweed Volunteer Rescue Association as well as local primary schools along the Tweed Coast.

The Cabarita Beach – Pottsville Beach Lions Club has proudly raised over \$100,000 for the above beneficiaries.

This year the event is all about the fishing and big prizes on offer. Entrants can sign on for the comp between 10am and 6pm on Saturday, 11 June and start fishing from 10.30am the same day.

The Lions Club of Ormeau have recently inducted several new members to both **LEO CLUBS AT ORMEAU WOODS STATE HIGH SCHOOL AND LIVINGSTONE CHRISTIAN COLLEGE.**

Both clubs are very active, with many projects in the planning, including helping out at the **“Ormeau Lions Fair” to be held on 3rd and 4th September.** The Fair is the main fund-raiser for Ormeau Lions each year, and all proceeds after expenses are donated back to the local community. Local businesses interested in sponsoring the Fair or advertising in the Fair Program should contact Lion Marg Kelley on 0434 440805. Some sites are still available, with registration and application available on the Fair website – www.ormeaufair.com.au. The Fair Committee would love to hear from you if you are able to volunteer some time and energy over the Fair Weekend, from the setting up on the Friday right through to the cleaning up of the oval on the Monday. Meeting schedules have been a bit upset with the Public Holidays recently, but generally Dinner Meetings are held on the 1st Monday of the month at Shearers Arms Tavern, and Fair Meetings at the Progress Hall with the next meeting on Thursday 16th June - all are welcome to attend. **For more details, please contact President Margaret O'Neill on 0401 232 767 or 0403 537 573 or President Elect Pauline Weatherby on 0407 370 592.**



Like us on facebook and check out our website for the Fair www.ormeaufair.com.au. You can email us on ormeau@lions201Q1.org.au

MD201 CONVENTION NOTES

YOTY “NATIONAL” FINAL

On the last day of the MD Convention in Echuca, VIC – it was a packed house to witness the Lions Youth of the Year National Final – and what a Final it was. It was just simply fantastic to see the “cream of the crop” with six talented contestants representing each of the six States across Australia complete in the Final.

All six contestants did a great job on the day and definitely showed why they had all won their respective State Finals in the YOTY Program. After much deliberation by the Judges, **Joseph Dwyer** (QLD contestant) (L in photo) was announced as the *Public Speaking Winner* and **Riley Faulds** (WA contestant) (R in photo) was then announced as the *Overall Winner*. Our congratulations to Joseph from QLD, and to Riley from WA – a job well done.



The second photo is of the fantastic crowd – a packed full house – watching the final.



The Leo of the Year speeches and the Leos were brilliant, the overall winner was Grace Walker from the Q districts.

The ID election was held and PCC Tony Benbow was announced as our ID for the next two years. Tony & Sue were both extremely excited as they should be. What an Honour to represent area 7.

The conventioners totalled over fourteen hundred, which was the best for some time. Our district had thirty delegates and alternates - all up forty four attended.

Sunday night thirty eight Q1 members attended the district Function.



RUNAWAY BAY LIONS WRAPPING FOR PARADISE KIDS:

Runaway Bay Lions Club wrapped the Mothers Day love in support of Paradise Kids.

With the support of Runaway Bay Shopping Village, the Runaway Bay Lions Club, raised funds by undertaking a gift wrapping service at the Runaway Bay Shopping Village during the lead up to Mothers Day.



Paradise Kids is a Gold Coast Children's Charity founded in 1996 to help children learn life-skills to deal with grief through death, loss or illness. Whether the loss is the death or approaching death of a parent, grandparent or sibling, grief through the stress of separation or divorce, or the child's own chronic life-limiting illness, Paradise Kids provides programs to 'help heal the heartache.

The shopping public at Runaway Bay Shopping Village donated \$375 in support of the gift wrapping. Runaway Bay Lions Club tipped in another \$625 to make a total donation of \$1,000 to assist the Paradise Kids program that has another 70 children commencing this week.

As is the case with all Lions projects, every single cent raised from the public is returned to the community.

Photo: Left to Right ; Lions Geoff, Vivienne and Jeannie with Runaway Bay Shopping Village's Melissa

Runaway Bay Lions Club took the donations tins to the Runaway Bay Shopping Village recently to raise funds in support of the communities of Japan and Ecuador ravaged by Earthquakes.

RUNAWAY BAY BLANKET APPEAL PROMISES TO BE BIGGEST EVER In previous years loving generosity of the shoppers and traders of Runaway Bay Shopping Village has known no bounds with a large number of blankets donated to help keep the homeless and at-risk kids warm this winter. A collective effort by Runaway Bay Lions Club and Runaway Bay Shopping Village should see over 300 blankets made available for immediate distribution by Rosies and the Salvation Army to those in need on these cold winter nights. Thanks to the amazing generosity of donors, many homeless and crisis care kids in our community will have more comfortable nights this winter.



DO YOU READ THE DISTRICT NEWSLETTER EACH MONTH?

It's a great read that keeps you up to date with happenings in our District 201Q1.

I hear that the Editor and his team do a great job in producing an interesting & readable Newsletter.

OUR DISTRICT NEWSLETTER

We have the newsletter to ensure there is a communication flow across our District. The information helps members be aware of what is happening elsewhere, helps them to know that they are not alone. We have Lions everywhere and it is our service ethic that holds us Together, ensures that we work as a Team. Our Centenary slogan - **Where there is a NEED, there is a LION!** - says it all. Lions do great things TOGETHER, with other Lions and with their Communities. We have many stories to share. We Care and We Serve. Let us always keep that focus.

A very sincere thank you for submitting your articles for the June issue.

The deadline for the July edition of the Newsletter is strictly the 20th June.

Copy received after the deadline will be held over to the following month.

Please email your articles to greg.nothlin@gmail.com

When submitting articles could I please ask you to send them to me in "word" (not PDF) and I will format from there...Many thanks.

Breast Cancer Awareness

A message from the Experts



Fatigue & Breast Cancer -

Many women diagnosed with breast cancer experience fatigue at some point after diagnosis. Fatigue is often described as extreme tiredness, lack of energy or physical / mental exhaustion. Fatigue can be distressing and frustrating, making it hard to do day-to-day tasks, participate in work and other activities, and feel up to socialising with family and friends.

What causes fatigue? - Fatigue can be a side effect of the cancer itself, and also of breast cancer treatments. Medications used to help manage pain and nausea can also cause fatigue. Fatigue can also be related to the emotional aspects of being diagnosed, such as stress, anxiety or depression. Dealing with pain, sleep difficulties, and travelling for treatment and appointments can also contribute to fatigue.

What can help reduce fatigue? - If fatigue is ongoing talk to an oncologist or GP to address any possible underlying health issues. A number of things that can also assist : doing daily physical activity can help reduce fatigue. Starting slowly, perhaps a 10-minute walk around the neighbourhood at the time of day when less tired. Eating a healthy, balanced diet that includes a variety of foods, as well as drinking enough water, can also help manage fatigue. Sitting down when preparing meals, keeping pre-cooked meals in your freezer for times when cooking is the last thing on the mind, organising practical help around the house, such as help with housework, cooking or caring for children will also help. Time to rest during the day and allowing the body time to recover can be helpful. Try to limit daytime naps so that night time sleep is still required. Relaxation activities such as meditation or yoga can be helpful. When women find something that works for them, they will start to feel better and will start to overcome fatigue slowly but surely. But please consult an oncologist or GP.



And one from Jenny

Remember to look out for the "Painted Celebrity Bras" & the "Breast Wishes Cookbooks" at convention in October. Thanks for your "support".

Thanks for your Support...

Jenny Maguire – Breast Cancer Awareness

Ph: (m) 0412 358 205 or (e) lionjenny.01@bigpond.com



Lions, you are invited to the Lions Golf World Cup & European Championship

From 30 October through 6 November, 2016, come meet your fellow Lions in Andalucía, Spain, and compete in a tournament that benefits the Lions Clubs International Foundation (LCIF). Andalucía is a paradise for golf lovers with over 100 golf courses and exceptional climate, sun and warm weather all year round. **Almenara Golf Resort** is part of it, surrounded by great golf courses and only a long tee shot away from Ryder Cup course Valderrama, the #1 golf course in Europe.

The deadline to receive the "early bird booking rate" is 10 June, 2016. Be sure to reserve your spot and save by booking early!

For further information about the Lions Golf World Cup & European Championship, please visit: www.lionsgolf.info (website is available in English only). Or, download this informational flyer. A portion of all proceeds will be donated to LCIF and the European Migrant/Refugee Crisis. **We look forward to see you in sunny Spain!**

With best regards,

The Lions Golf Organizational Team

PID Luis Calderon Dominguez, Dr. Volker Bernhardt: charity@drgolf.info



IMPORTANT MESSAGE:

All Lions in District 201Q1 are invited to sign up to have the District Newsletter emailed directly each month. All you have to do is to go to www.lionsclubmember.com/District-201Q1 and sign up. Rest assured the mailing list will be kept strictly private and be not used for any other purpose.

STOP PRESS, STOP PRESS

Outward Bound

Just received from Outward Bound Headquarters is an increase in the cost to send participants to all NAVIGATOR Camps from July 1 2016.

Previous costs per head were \$1,875.00 New cost per head will be \$2,300.00

I already have sufficient funds for all previously approved applicants for the July 2016 camp, but all approved applicants for the September 2016 camp will require increased funding. New costs per head will require a further \$425.00 to enable them to attend.

All further applicants will need to be funded with the amount of \$2,300.00.

At the last District Cabinet Meeting in 2015, a motion was approved unanimously to continue this District project for a further 3 years. However, in view of these previously unannounced cost increases, this decision may have to be revisited.

There is still no doubt of the personal advantages these camps provide for the youths attending and my hope is that all District Lions Clubs will continue to support this valuable youth project with the necessary funding.

New recommended Club contributions are as follows;

Full Sponsorship \$2,300-00 · ½ sponsorship \$1,150-00 · ¼ Sponsorship \$575-00

I thank all clubs who have previously contributed to this valuable project and look forward to continuing in my role in 2016 - 17

Thank you, For further information please contact:

Lion Lois McHenry, Chairman 201Q1 Outward Bound Youth Project

362 Cobaki Road Cobaki NSW 2486 [P] 07 5590 7352. [M] 04273 10408. Email: donlo200@gmail.com

Operation Friendship

On the 7th April 2016, Lois and I headed off to spend a month in Finland as guests of the Lions of District 107N, Finland; under the banner of our District Q1 ,Operation Friendship Project.

We arrived in Helsinki in – 3 Degrees C. Temperature, snow on the ground and bloody freezing. We were collected at the airport by our host, PDG Ulf Nummelin and driven to our new home in the City of Porvoo, the third oldest town in Finland. Thankfully, all homes there have central heating, provided by burning trash and piping the heated water to all homes there.

Thankfully, the weather improved rapidly, as we set out to enjoy our visit, with visits to both the Men's and Women's Lions Clubs in Porvoo. PDG.Ulf's partner, Leena Kuismanen was a Charter President of the Ladies Lions Club, Porvoo Blanka and we participated in a project called the "Red Feather" which raises funds for all forms of needy children throughout Finland.

Also during our stay, we were guests of the current District 107N D.G. Veikko Teerioja and Guest Speakers at their District Convention and Gala Dinner where we presented a Power Point presentation of our District and, plus a gift from Gold Coast Mayor, Tom Tate and a promotional video showcasing the Gold Coast City.

It was not all Lions duties, however, as we managed to include a day cruise to Estonia and the capital, Tallin, plus a four day cruise and overnight stay in the city of St.Petersburg, Russia. An experience never to be forgotten, as it was on the 1st. Of May, "Labor Day". Almost everything was closed for the celebrations and the Grand Parade, but we managed to overcome this and enjoyed a beautiful 19Degree C. Day as we toured this incredible city.

All too soon, our stay was over, just as the temperature reached a pleasant 22 degrees C. We will certainly never forget the experience and hope that we convinced the Lions Members of District 107 N, Finland to join in our Lions Operation Friendship Exchange Program.

Lions Don and Lois Mc Henry.

ALCMF

Nearing the end of a fairly successful year of fundraising and assistance to some very lovely children. The fundraising would not have been as good if it weren't for the untiring efforts of our Zone chairmen taking on the challenge of seeking their clubs donations in support of a Zone project. Obviously it is extremely difficult for clubs to raise around \$6000 for a walker so our district – being the most successful in the Nation- has Zone chairman chasing pledges from their clubs to sponsor a child with the provision of a Walker. Again, in appreciation, we did have three clubs go solo with provision of Walkers(Carrara \$1913 and Capalaba \$7061 and Logan Marsden \$1663). Zone participation was very high with Zone 4 clubs contributing \$6731, Zone 8 (with some outside assistance) \$5725, Zones 1 and 2 almost raising the full amount of \$6347 and Zone 6 raising \$1773 for a smaller walker. Zone 9 chairman had his clubs finance a \$5685 walker within a short period. Added to this, Kingscliff club found \$673 for an accessory for a walker. With other clubs donations we forwarded \$40,000 to national kitty. Request (\$3453) for a walker for a Hillcrest child has just arrived and if we can have more clubs donating towards this we will have achieved our \$50000 target(well almost)

Regretably non- communication from the physios has meant that a lot of sponsoring clubs were not able to witness the fittings which is a wonderful experience. However, during the latter part of this year we have been able to have the children present at our Regional meetings so members can meet these beautiful children in their new Walkers. Hopefully that will inspire the members to continue assisting this great cause.

At the risk of repeating myself, and on behalf of the children's carers, my heartfelt thanks to all those clubs that donated to this project. Your reward is the expression on the children's faces as they walk for the first time.



Childhood Cancer



Australian Lions

Childhood Cancer Research Foundation 

This is a portfolio that very much depends on the generosity of the clubs. In this regard the world's biggest BBQ is one in which a number of clubs get involved and dedicate their full proceeds towards this cause. The number of clubs involved still remains disappointing. For those that recall DG Peter pleaded with the clubs at convention to increase their participation. 19 clubs did so which is similar to last year but still short of our target of 30 (double last year) so clubs need to realize that although most like to support local charities this, in effect, can be one because you never know if you have a cancer stricken child in your midst. Anyway 7 clubs have already contributed nearly \$5000 towards the cause so hopefully the other 12 will double this amount. Thank you to those clubs that did nominate for the BBQ and for those that haven't the council still has those lovely bios (worth \$5) available. The website has a means of purchasing them.

Prostate Cancer

This portfolio has been seriously neglected because of my business interests. An inability to visit clubs on a regular basis has been a drawback in managing my three portfolios and even though the ALCMF portfolio has been managed well it is primarily due to the helpfulness of our Zonies and the generosity of the clubs for that cause. Unfortunately I have chosen to 'hand over the keys' to this portfolio although I still have plenty of my designed badges to sell so should anyone who may want another please contact me on 55266630. I am hoping that John is still getting good Dollars nationally for this cause.



PDG Merv Ferguson OAM - Childrens Mobility Foundation & Prostate Awareness

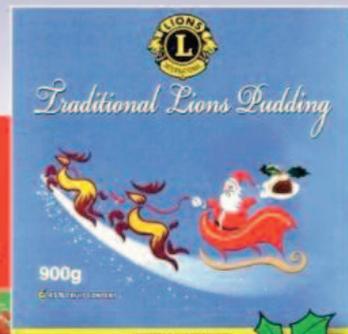
PO Box 1653 Burleigh Heads Qld 4220 Phone: (H) 07 5526 6630 (M) 0411 392 210 email: mobil-cancer@lions201q1.org.au

A Great Opportunity Awaits All Clubs

Now is the time to approach all your local Sporting Clubs, Hotels, Restaurants, Community Organisations to ascertain their requirements for a Christmas in July Function. They will require Lions Fruit Cakes and Puddings.

This will enhance the Lions name in your community and may attract new members.

LIONS CHRISTMAS CAKES & PUDDINGS





The Follow Your Dream Foundation – Australia Great Aussie Pie Month

We will be encouraging clubs to sell pies to support Disadvantaged women and Children in MD 201. Clubs are asked to run pie sales for the month of June. Clubs can pick the time in June they wish to do the pie sales or they can do each weekend for the month.

They can use local pie manufacturers or a larger manufacturer who are familiar with charity pie drives. Why not use in conjunction with a sausage sizzle and heat the pies in the BBQ. Clubs can use all types of pies and sell cold or hot. They can take orders through schools and business houses. Prizes to be awarded at state and District levels to the highest fund raiser clubs.

In addition the most creative sales idea will receive a prize yet to be determined. Promotional material to be supplied by the Foundation to each club that participates. Application forms on web site and brochure.

Join the great Aussie Pie Month and finish the year with a bang.



www.followyourdreamfoundationaustralia.org

Club Installations functions listed below.

Here is a great chance to go and see what other Lions Clubs do. Go and visit and perhaps come back with some ideas for our Club to adopt! Full Invites can be found at www.lionsclubmember.com/District-201Q1

- | | |
|--|--|
| Brisbane Holland Park: | Tuesday, 7 June – 6.30 for 7.00 pm \$30pp
at the home of Lions Don and Lila Cameron 21 Jordan Street, Greenslopes Ph: 0417 733 515 |
| Gold Coast Mermaid Broadbeach | Thursday, 16 June – 6.30 for 7.00pm \$25pp
Mermaid Beach Bowls Club 9 Markeri St Mermaid Beach Ph: 0419 678 261 |
| Brisbane Untied Asia Lions Club | Friday, 17 June – 6 for 6.30pm \$65pp 1st Anniversary Dinner, secretary@ualions.org.au
Parkland Restaurant Shop 38 Sunnypark Shopping Centre, Cnr Mains Rd & McCullough St, Sunnybank |
| Lions Club of Rosewood | Saturday 18 June – 6.30 for 7.00pm \$25pp
The Royal George Hotel, John St. Rosewood Ph: 07 5464 1144 |
| Lions Club of Killarney | Sunday 19 June – 12.00 for 12.30pm \$30pp
Killarney Bowls Club Ph: 0419 785 900 |
| Lions Club of Redland City | Saturday, 25 June – 6.30 for 7.00pm \$25pp Lions Community Hall 122 Shore St North |
| Lions Club of Capalaba | Saturday, 25 June – 6.30 for 7.00pm \$30pp
Jeffrey & Geraldine Community Centre 55-57 Degen Road, Capalaba Ph: 0411 716 679 |
| Lions Club of Brisbane Chinese | Sunday, 26 June – 21st Changeover Dinner, at Landmark Chinese Restaurant, Sunnybank. |
| Lions Club of Warwick | Sunday, 26 June – 59th Changeover Dinner \$30pp
Warwick Golf Club Hawker Road Ph: 0439 724 710 |
| Lismore City Lions Club | Sunday, 26 June – 11.30 for 12 Noon \$28pp
Lismore & District Workers Club Keen St LISMORE Ph: 0406 785 472 |
| Logan City Marsden | Tuesday, 28 June – 6.30 for 7.00pm Logan City Recreational & Sporting Club 4 Alba Lane KINGSTON
Theme: Colours of the Rainbow. Ph: 0408 025 525 |
| Casino Lions Club | Wednesday, 29 June – 6.30 for 7.00pm \$25pp Casino RSM Ph: 0266 621 302 |
| The Macleay Island Lions Club | Wednesday, 29 June – 6.00 for 6.30pm start \$30 per person Ph: 0417 504 450
James Bond Night: Disguise-Best SpyWear 2 Gordon Road, Macleay Island (Golf Club) |
| Lions Club of Stanthorpe | Saturday, 2 July – 6.00 for 7pm 55th Changeover Dinner \$30pp
Stanthorpe international Club Club Road Ph: 0447 016 805 |
| Moreton Bay Lions Club | Sunday, 3 July – 8.00 for 8.30am \$25pp Changeover Breakfast
The Wynnum-Manly Leagues Club 92 Wondall Road, Manly West Ph: 0417 779 527 |
| Cleveland Challenge | Monday, 4 July – 6.30 for 7.00pm \$25pp (15th)
Grand View hotel Shore St Cleveland Ph: 3206 7287 |
| Lions Club of Goondiwindi | Saturday, 9 July – 6.00 for 7.00pm \$35pp
O'Shea's Royal Hotel 48 Marshall Street, Goondiwindi lionssecretary@goondiwindi.org.au |

EDITOR'S APOLOGY: I do not have internet access at the moment so I have not been able to list any further invitations

IMPORTANT WEB LINKS

CONVENTION REGISTRATION

lions australia kingscott **district 201Q1** convention 2016
Friday 7th to Sunday 9th October

DETAILS

Typing: Line, Name, Sex, Lines (Partner, Guest, Child)
Title (eg. Mr, Mrs, Mx, PhD, etc)
Name (Preferred Name)
Surname
Lines Club of (eg Kingscott)
Residing in (CL)
Consecutive Absent - 1 for 1st time absent
Special/Disability access requirements:
Postal Address:
Suburb: State: Post Code:
Email: (Please check - Confirmation will be sent)
Phone: (Required)

PAYMENT PLAN

OPTIONAL DETAILS - Be sure to add additional costs for your duty station (Public Holiday / Weekend Package)

Cell (Friday/Saturday) Pay on the day \$ 50A \$ 50A
Lunch & Afternoon Tea (Friday/Saturday) Pay on the day \$ 50A \$ 50A
Private Room (Saturday/Sunday) \$ 115 \$ \$
Convention Pin (Not included in package) \$ 5 \$ \$
See to/from accommodation (See enq) \$ 10 \$ \$
Alcohol Accommodation (No Pickup)

SUBTOTAL A: \$ **SUBTOTAL B: \$** **SUBTOTAL C: \$** **SUBTOTAL D: \$**

GRAND TOTALS A + B = TOTAL PAYABLE: \$ **PLEASE DOUBLE CHECK**

Repayment via Direct Deposit: Lions Club of Kingscott to C201Q1 Convention 2016
Data Post: ESO 962 C78 Account 968 062 012 PER: Jerome & Debra (Direct)
 Cheque: Lions Club of Kingscott Inc 201Q1 Convention 2016 - Postal Address: Kingscott Lions Convention PO Box 1001 Kingscott NSW 2887
Registration fees to: 185 Photo to: 8511 72 498 - Email forms to: reg@lionsclubmember.com - Call Joe Zwart Perret on 08 81 72 489
www.facebook.com/District201Q1Lions www.kingscottlions.org.au

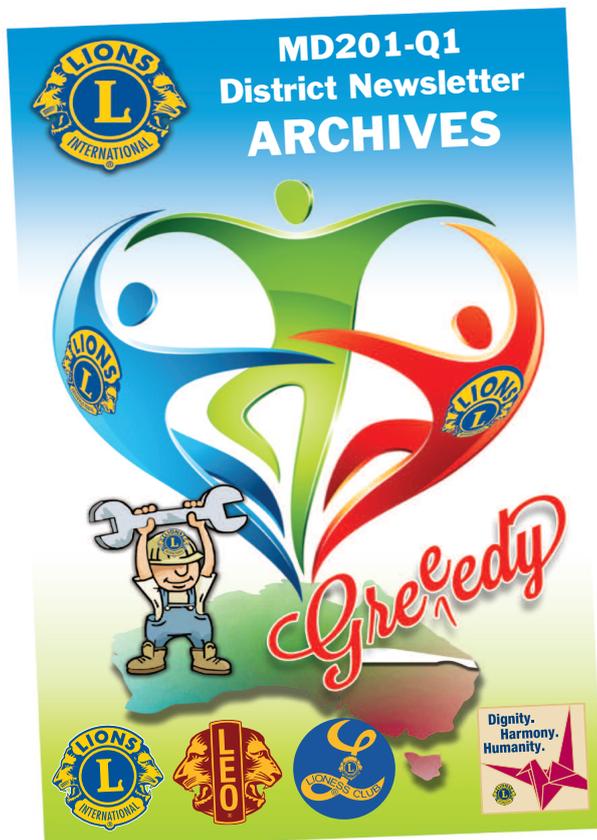
<http://www.lionsclubmember.com/District-201Q1/201Q1-16-Convention-Rego-Form.pdf.zip>

CHANGE-OVER INVITES



<http://www.lionsclubmember.com/Installations.html>

NEWSLETTER ARCHIVES



<http://www.lionsclubmember.com>

JOIN EMAILING LIST



<http://eepurl.com/br7EYz>