

# Kent's Kitchen

What's cooking...



**Kent Wilcox**  
District Governor 201Q1 2014-15

**One Goal,  
Community  
Service.**



## District Governor – Kent Wilcox ISSUE10

Dear Lions,

### **Vanuatu Appeal**

Due to the continuing problems of feeding and providing fresh water to the people of Vanuatu, LCIF (Lions Clubs International Foundation) has given a US\$100,000 Major Catastrophe grant to assist the Lions of Vanuatu with both immediate and long-term relief efforts following Cyclone Pam.

LCIF and the Lions of Vanuatu and their communities are very grateful for the immediate help and generous donations provided by the Lions Family of Australia.

### **Donations**

Your donation to the LCI/LCIF Disaster Relief Fund will enable much needed assistance to be given to those in distress. Send your cheque in Australian Dollars to your District Cabinet Treasurer, cheques to be made payable to Lions Clubs International Foundation. Your donation marked as such is eligible to go towards a Melvin Jones Fellowship or Progressive Melvin Jones Fellowship. Conduct a bucket collection in your local community – everybody knows about Vanuatu and you could gain a few new members.

The Lions in Vanuatu are a small part of LCI, but are a part of our Family and need support to offer comfort and help to their communities in times of need with the assistance of LCIF and Lions around the world. 100% of every dollar donated to LCIF goes to the people in need.



### **Leo of the Year**

I have said before that Leos are the future of our organization and It is a special pleasure when one of your own district Leos has led the way and excelled, on behalf of the district I would like to congratulate the Queensland Leo of the Year winner Emily Somerville of Southern Cross. Emily's commitment is to be commended as she gives up her valuable spare time, which modern high school student have very little of, to travel and compete in the Leo of the year. Well done Emily.

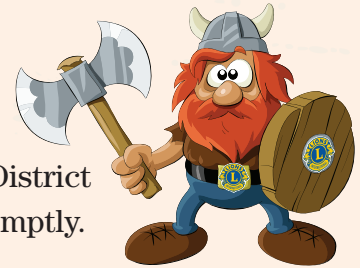
## Anzac Day 2015

I would like to highlight an important event in the upcoming month which will not only be an opportunity be part of history but for Lions to illustrate to the greater community that we are the “go to” community service organization no matter how large the task is.

As 2015 marks the 100th anniversary of the ANZACs, Q1 district lions will be with our partners in Q3 district delivering a traditional “Gun Fire Breakfast” for an estimated 10,000 at the Brisbane Dawn Service,

### Nominations time

The lions’ year has zoomed past and it once again club board nominations time to ensure your club executive details are correctly updated in the My LCI website and the 2015/16 Multiple District directory please ensure your club secretary submits the PU101 promptly.



### Lion Kent Wilcox

201Q1 District Governor (2014/15)

**lions australia**  
*One Goal, Community Service.*



## From the caBinet Secretary – Lesley Lyons

Thankyou Club Secretaries great results for March with only two clubs not entering their membership reports.

Remember 15th April for your PU101 returns.

Clubs please remember to go into MYLCI website and enter your board for 2015-2016. If you don't do this the new club officers won't be able to register to obtain a new password. Club officers who are carrying on in a President or Secretary role can use the same password.

If you haven't sent back your Forms for the Multiple District Convention please do so as I need to let Multiple District know for the Remembrance Ceremony.

Membership in our District has had a significant lift. Congratulations to all the Sponsors.

**Our District Membership stands at 1941 and Worldwide 1,396,104 members.**

*My computer has been hit by a very dangerous virus so be very careful what emails you are opening at present.*



**District Governor Kent and Lion Josephine would like to welcome the following 57 new members to our District from the month of March**

**Bonalbo Upper Clarence:**

**Brisbane Chinese:**

**Brisbane Holland Park:**

**Brisbane Macgregor:**

**Brisbane Pinelands:**

**The New Club of Brisbane United Asia:**

**Burleigh Heads:**

**Calamvale:**

**Carrara:**

**Gold Coast Mermaid:**

**Moreton Bay:**

**Murwillumbah:**

**Ormeau:**

**Redland Bay Victoria Point:**

**Redland City:**

**Robina:**

**Runaway Bay:**

**Sanctuary Cove:**

**St George:**

**Tamborine Village:**

**Tenterfield:**

Grant Whitney.

Daniel Wong, Kelvin Pei-Lin Yeh, Cyndy Zhao

Demelza Booth

Yolla Atmeh, Beverley Esau,

George Dempster, Sylvia Penhaligon

Arthur Stalley

Beverley Asbury, Heather Pyzik

Thakor Bhaga, Efren Chaux, Michelle

Esperanza, Tsz Leung Patrick Lee, Lance Liu,

Karen LUO, Melanie Canta, Ke Cheng, Tyrone

Kam, Tiansi Li, Simon Lockwood, Susie

YingSiLuo, Declan Maguire, John Miu,

Herrick Wong, Yushi Xu, Dian Meng, Danny

Sum, Pedro Wong, Bo Zhou,

John Fischer

Andre Caspersz

Colin Hoy, Barton McGee, Karen McGee

Gai Driscoll, Martin Driscoll

Cliff Leggoe,

Trevor Hill

David Osborne

Brett Petersons

Wallace Pawluk, Thomas Short

Jen Tai

Lessli Commette, Jacqueline Layton, Gail

Goodwin, Kerrie Sutton

Nicholas Fry, Sara Fry, David Moyes,

Lorraine Moyes

Allie Jones

Brett Bird

Lisa Dalton

**Please send District Mail To: Lion Lesley Lyons**

**Cabinet Secretary, District 201Q1**

**PO Box 4767, Forest Lake QLD 4078**

**Llyo5865@bigpond.net.au (H) 07 3279 9425 (M) 0419 796 022**



***Boy,***

***Did we cop some rain on the way home  
after the Incoming District Officers'  
Seminar on the Gold Coast!***

***It was so heavy that Cabinet Secretary,  
Lion Lesley, took three hours driving  
in the rain to get home.***

# National Convention 2015

Greetings to all Lions, Lionesses and Leos. Members of the Lions family in District N3 look forward to seeing you in Newcastle 1-5 May. Yes, it's getting rather close.

We have listed below some items of interest for those joining us from 1st to 4th May, and note particularly the cut-off date for hospitality. IT HAS TO BE APPLIED for catering, and with limited spaces, you may miss out if you leave it too long.

- **Train Service** - Trains to Newcastle now terminate at Hamilton. Buses meet each train on arrival at Hamilton to transport passengers to Wickham, Civic and Newcastle Stations. The return journey picks up from those stations (From the theatre, 130 metres).
- **Airport** - Bus services are available from the airport to the city, and some hotels have shuttle services. Be aware that a taxi could cost as much as \$100.
- **Registration** – There is no registration fee to attend business sessions. However, you must register to be recognised as an official conventioneer and to book for social functions by pre-purchased tickets. ***Please note, function ticket sales close on 10 April 2015. Don't delay, many functions do have limited numbers.***
  - Registration for convention will be in the Banquet Room at City Hall from midday to 5pm sharp on Thursday 30 April 2015. This room has a ground level entry from the western, eastern and northern entries to the City Hall.
  - Limited registration on other days will be in the bar area at the Civic Theatre.
  - The Registrar advises that many forms have been submitted without full details being included. This adds dramatically to the work of the Registrar.
  - Registration and Hospitality Forms are available on the web site and have already been distributed by Cabinet Secretaries to all Club Secretaries.
- **Wangi Excursion** - An additional Tour has been added to the 2015 Convention Hospitality Form. This Tour is scheduled for Saturday 2 May, 10am departure and return by 3.15pm. Cost \$37 pp and includes a guided tour of Dobell House, entry into the Dobell Arts Festival and a light lunch at the Festival. Only 45 seats available.
- **Convention Program** - A broad outline of the convention program is on the Newcastle Convention Page on the Lions Australia website. It is a DRAFT and is subject to change. A detailed full program will be distributed at registration time.
- **Fare Free Bus Zone** – State Transit buses are FREE within the inner city zone between 7.30am and 6pm daily. The free fare zone is bounded by the Hunter River to the north, the Pacific Ocean to the east, Church, Bull and King Streets to the south and Stewart Avenue to the west.
- **Park & Ride Facility** – a shuttle bus between Bar Beach Car Park and City Hall will run each morning from 8am – 10am. The afternoon service from City Hall to Bar Beach Car Park will be after the close of business sessions each day.
- **Night Bus Tickets** - A pre-purchased social function bus pass will cover Friday/Saturday /Sunday night social functions but only from the city (within the free bus zone precinct).
- **Disabled Seating** - is reserved on the ground floor towards the rear of the Civic Theatre due to the narrow aisles and the Art Deco styling. There will be help for "walker parking".

## Outward Bound

When Q1 Lions Clubs voted to partner with Outward Bound Australia at the District Convention in 2012 no one envisaged it would be so successful.

81 teenagers have completed the 12 day "NAVIGATOR" camp at Uki with life changing results **"WELL DONE LIONS CLUBS"**

I am now seeking sponsorship for the June/July and Sept/Oct camps.

The dates of these camps are: **June 29th–12th July** and **Sept 21st–Oct 2nd 2015**.

Currently I have received funding for 4 teenagers, but for the camp to proceed I need funding for at least 8 for each camp. The matter is now becoming somewhat urgent, and I encourage clubs that are considering sponsorship to contact me ASAP.

**Full sponsorship            \$1875.00**

**Half Sponsorship         \$938.00**

**Quarter Sponsorship    \$469.00**

Or any amount your club may determine.

By nominating a teenager in your area, between the ages of 15 and not have turned 18 at the commencement of the camp, he or she may be invited back to the sponsoring club as a guest speaker. It is gratifying to hear how the experience has changed their thoughts on their goals through life.

**Lion Lois MCHenry**

**Chairman outbound – [07] 5590 7352 [M] 0427 310 408**

**[email] donlo200@gmail.com    www.outwardbound.org.au**



## Peace Poster – "Share Peace"

Your Peace Poster Kits are now available to obtain from Newcastle. Once you have received your kits please make yourself familiar with the Rules of the Contest so that when you take the Kit to the school you can advise the teacher of the correct Rules so that the students are advised correctly.

I would like to emphasize that clubs ensure that the correct size paper is used; no letters and no numbers on the entry; make sure the Winner Sticker is placed on the back bottom right hand corner of the poster; and it must be completed correctly and includes the parent's signature and email address. If the school loses the sticker you will have to purchase another kit as replacement stickers cannot be supplied and a photocopy of a sticker is not acceptable.

This is a great contest for students to show their talent in art and also to help them understand the meaning of peace around the world. I have sourced a supply of A2 paper for the contest so please let me know if you require some. Your local printer may also supply you with this paper. A2 is the best Australian sized paper to use.

## Essay contest – “Share Peace”

The entry form and rules for the Essay Contest can be downloaded from LCI or contact Project Coordinator for a copy. Essay is to be completed by children who are termed “legally blind” and are aged 11, 12 or 13 as at 15 November 2015. The essay is to be 500 words, typed with double line spacing.

Be the first club in Q1 to have an entry in this contest.

**Lion Beverley Drysdale**

**Q1 Project Coordinator**

**Ph. 0405 496 922 Email: [beverley.drysdale@bigpond.com](mailto:beverley.drysdale@bigpond.com)**

## Gunfire Breakfast to celebrate 100 years of ANZAC



**Districts Q1 & Q3 have been asked to work with the ANZAC Committee to bring breakfast to our ANZACS.**

### **Date 25th April 2015**

**Where QUEEN St near the GPO**

Between the two districts we require 20 stations set up on either side of the road. Set up will be from 8.00pm on the Friday evening and only 1 vehicle per station will be allowed in and you must unload then take the vehicle out. There is no parking in the area at all. There will be an access pass issued to the vehicle. Saturday starting time is 4.00am sharp. We have to be cleaned up and out by 8.00am at the latest.

#### **Club requirements**

- 6 workers
- 3x3 or 3x6 metres stand-alone gazebo
- 2 tables (Trestle)
- BBQ & cooking utensils
- Gas used will be reimbursed



**The Gunfire Committee will supply all Food Cool Rooms Urns and Food Warmers.**

**Shirts will be supplied and must be worn.**

**They will be a souvenir of the 100 year Anniversary.**

**At this time we need 10 clubs, we may need more if Q3 can't fill their 10.**

**We will need extra people once we sort out the stations for other jobs.**

**Clubs – If you would like to be part of this wonderful Anniversary contact me ASAP as I can only take 10 clubs.**

**Lion David Lyons**

**Media & Public Relations Ph: 0408 887 964 Email: [davidwlyons@outlook.com](mailto:davidwlyons@outlook.com)**

# Australian Lions Children's Mobility Foundation



I have five children on the books urgently in need of funding for mobility walkers of various types so I'm appealing to the generosity to all Clubs in this District for help to obtain funding as soon as we can so these children will have their own walkers. I thank the Clubs that have already helped with their donations it is much appreciated.

## *These children are:*

**Nicholas** from Victoria Point who requires a Buddy Roamer walker at a once only cost of \$5295, funds received so far \$2000, still required \$3295.

**Tara** from Murwillumbah who requires a Buddy Roamer walker at a once only cost of \$8170, funds received \$5000, funds required \$3170.

**Jasper** from Ocean Shores who requires a Kidwalk size 1 at a once only cost of \$7113, funds received \$3000, funds required \$ 4113.

**Ashton** from Goonellabah who requires a Buddy Roamer size 2 at a once only cost of \$5330, funds received \$500, funds still required \$4830.

**Alleigha** from Goonellabah who requires a Kidwalk size 2 at a once only cost of \$7107, funds received \$500, funds still required \$6607.

So again if you can help please contact me for any further details you may require.

I would like to visit your Club as a guest speaker on either Children's Mobility or Children of Courage so please contact me with a time and date.

I still encourage you to send your used stamps to the Australian Lions Stamp Club details are in the MD directory, all proceeds go towards the ALCMF.

**Lion Christine Forrest**

**District Chairman – ALCMF and Children of Courage**

## **MISSED A PREVIOUS DISTRICT 201Q1 NEWSLETTER?**

**No Problems, all 2013–14 & 2014–15 201Q1 newsletters  
are available for download [www.lionsclubmember.com/District-201q1](http://www.lionsclubmember.com/District-201q1)  
INCLUDING MONO VERSION FOR EASY PRINTING**

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**Newsletter Editor**

**Lion Greg NOTHLING: [greg.nothling@gmail.com](mailto:greg.nothling@gmail.com)  
My email address is – [info-officer@lions201q1.org.au](mailto:info-officer@lions201q1.org.au)**



## Lions Youth of the Year Program 2014-15



On Saturday 28th March 2015 the District Final for Youth of the Year was held at the Country Comfort Motor Inn, Raceview, hosted by the Rosewood Lions Club. This saw the completion of our competition for another year. From 47 clubs we had six (6) finalists who represented their Regions well. Although we didn't have as many people attend as the 50th Anniversary celebration last year, I believe all that did would have had a good time.

The contestants were: Region 1 Jordyn Gray, Tweed South Coast Lions Club; Region 2 William Choy, Robina Lions Club; Region 3 Amelia Thorne, Rochedale Springwood Lions Club; Region 4 Sean McCarthy, Brisbane Camp Hill Carindale Lions Club; Region 5 Amaris Moxon, Rosewood Lions Club and Region 6 Bronwyn Pike, St George Lions Club.

The format of the judging was the same as every other level of the competition with an interview earlier in the day and the Public Speaking - 2 Impromptu Questions and Prepared Speech in the evening. These talented youth all have a bright future ahead of them.

Congratulations to the overall winner from Region 4 Sean McCarthy, who also took out the Public Speaking prize. Sean is in Year 12 at Brisbane State High School. He now goes on to represent the District at the State Final at Kedron Wavell Services Club on 11th April, 2015. See details later in the newsletter.

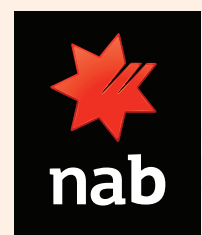


I would like to thank the Rosewood Lions Club members who attended and helped out on the night and in particular Lion Christine Forrest for her role in running the District Final.

**Lion LiBBY Whitestyles**

**201Q1 District YOTY Chairman**

**Ph: (m) 0404 035 884 or (e) [pc-yoty@lions201q1.org.au](mailto:pc-yoty@lions201q1.org.au)**



# Breast cancer Awareness



## Where have you helped so far ? –

I'm pleased to advise that from the fundraising efforts & donations thus far, we have been able to make two great donations - \$ 2,000 has been forwarded to the National Breast Cancer Foundation (for QLD researchers) and also \$ 2,000 forwarded to the Kim Walters Choices Program (inc. for Breast Care Nurses – who go face to face to the patients). This money is where it needs to be – helping at the cold face : in research and helping with the care of patients. The balance from the first round of fundraising will be donated when more funds come in. Please forward your funds from the “March Musk Madness Month” to the Breast Cancer Awareness so that we can make more donations very soon. Just a small reminder - please consider the Lions Breast Cancer Awareness when you are doing your “end of year” disbursements in May / June.

## From the Experts.....

### The main types of breast cancer are:

- 1 - *Early breast cancer* - Early breast cancer is breast cancer which started in the breast's ducts or lobules and has spread into the surrounding breast tissue. It is sometimes called 'invasive' breast cancer. Early breast cancer may also have spread to the lymph nodes in the breast or armpit.
- 2 - *Ductal carcinoma in situ (DCIS)* - DCIS is breast cancer which is contained within the milk ducts of the breast. These breast cancer cells have not spread outside the ducts into the normal surrounding breast tissue.
- 3 - *Lobular carcinoma in situ (LCIS)* - LCIS is breast cancer which is contained within the lobules of the breast. These breast cancer cells have not spread outside the lobules into the normal surrounding breast tissue.

### Less common types of breast cancer include:

- 1- *Locally advanced breast cancer* - Is breast cancer that has spread from the breast to other nearby areas such as the chest wall, or skin or muscle nearby to the breast.
- 2 - *Paget's disease of the nipple* - Is a rare form of breast cancer where cancer cells grow in the nipple or the areola (the area around the nipple).
- 3 - *Inflammatory breast cancer* - Is a rare form of breast cancer that affects the blood vessels in the skin of the breast. It usually starts with the breast becoming red and inflamed, rather than a lump.
- 4 - *Secondary breast cancer* - (also called advanced or metastatic breast cancer) occurs when the breast cancer cells spread to other parts of the body, such as the bones, liver or lungs.

### Early Detection is the Key – Check your Breasts:

- Look at the shape, appearance and nipples of the breast in the mirror with your hands down.
- Raise your arms above your head and look for any changes in the shape of the breast or lumps.
- Feel your breasts to check for lumps or any areas that feel differently to the rest of your breast.
- Look for any change that's unusual for you, a lump or lumpiness, any pain that is unusual for you, a swelling in your armpit or around your collarbone.
- A good time to check your breasts is after the last day of your menstrual cycle. Any changes, see your doctor.

### Help Support...Many thanks

**Jenny Maguire**

**Breast Cancer Awareness**

**Ph : (m) 0412 358 205 or (e) lionjenny.01@bigpond.com**

**John Kelly, executive officer of the Kangaroo Industries Association of Australia, wants to know why you Don't eat more kangaroo.**

It's interesting isn't it? Researchers in South Australia recently announced exciting new work confirming the Tamar wallaby has special bacteria in its digestive system which causes it to emit negligible levels of methane. Cattle and sheep on the other hand belch methane by the tonne, making them a significant source of greenhouse gas pollution.



The researchers, and the press, have run away all excited because this opens up the possibility of introducing this bacteria into the stomachs of cattle and sheep and therefore hopefully reducing their methane output.

But hang on a second. Aren't we missing an obvious point here? Before we start playing around with the guts of animals and causing goodness knows what unforeseen consequences, shouldn't we be asking, 'Why don't we promote the consumption of more kangaroo meat to reduce our carbon foot print?'.

Kangaroos are a sensational resource. They are super-abundant: there are currently in excess of 30 million of them. They are adapted to this land. They emit almost no methane. And they taste great and produce the world's best leather.

Why aren't we screaming out to make more use of this resource?

It's not because of sustainability concerns. The kangaroo industry has been harvesting kangaroos on a large commercial scale for more than 40 years. State and federal governments have extremely complex and rigorous systems in place to ensure the harvest is sustainable. During the recent drought the kangaroo population fell to only historically average levels, in spite of an ongoing commercial harvest.

It's not because of animal welfare concerns. Kangaroos are harvested under a code of practice enforced by extensive government monitoring. Unlike cattle, they are not shipped all over the place and killed by untrained people in abattoirs. Kangaroo Harvesters have to undergo TAFE training and accreditation by government officers in welfare regulations before they can get a licence.

It's not because the meat isn't good for you. Kangaroo meat is at most only 2% fat. Plus it's full of a compound called conjugated linoleic acid, which actively reduces blood pressure. And it really does taste pretty good.

The national emblem thing is rubbish. The Canadians pour their national emblem over pancakes by the tanker load; no one tells the French not to eat coq au vin; the Welsh sing of the culinary delights of their national emblem; the South Africans have been eating springbok for centuries; and the dear old Kiwis even have a couple of lambs on their national emblem.

Is it just because we were settled by boring old Poms? I suspect if the French had got here first kangaroo would be the country's national dish.

I like to claim that kangaroo has been the red meat of choice amongst the Australian dining public for 40,000 years. It's only in the past couple of hundred or so that there's been a bit of a hiccup in its marketing program, and I hope we're on the way to turning that around.

Seriously, though, rather than playing God with the stomachs of cattle and sheep, why don't we celebrate the fact we have an extraordinary resource already which offers an immediate part of the solution to global warming?

## cyclone Pam Destruction To Vanuatu

On Friday night, the 13th March 2015, Cyclone Pam smashed through Port Vila and across the many islands of Vanuatu, causing widespread devastation. Cyclone Pam came with wind-speeds over 340 km/hour, a category 5 wind that has been described as one of the most powerful storms in the Pacific ever.

Unfortunately many deaths are being recorded as families fled their corrugated and thin wooden houses to crowd into emergency shelters or go to higher ground.

Due to the continuing problems of feeding and providing fresh water to the people of Vanuatu, LCIF has given a US\$100,000 Major Catastrophe grant to assist the Lions of Vanuatu with both immediate and long-term relief efforts following Cyclone Pam.

Your donation to the LCI/LCIF Disaster Relief Fund will enable much needed assistance to be given to those in distress. Send your cheque in Australian Dollars to our District Cabinet Treasurer PCC David McKenzie. Your donation marked as such is eligible to go towards a Melvin Jones Fellowship or Progressive Melvin Jones Fellowship. Perhaps conduct a bucket collection in your local community – everybody knows about Vanuatu and you could gain a few new members.

*As a norm, 100% of every dollar donated to LCIF goes to the people in need.*

### ACHIEVING LCIF DONATION TARGET in 2014-15

Our District target for LCIF donation is US\$57k. Up to early March 2015, Clubs in our District have hitherto contributed \$23.8k, leaving US\$33.2k to reach the target. Converting this to Melvin Jones Fellowship, we need 34 (at US1,000 each). Hope all the Clubs in our District can consider giving out a MJF to a worthy recipient.

**Lion PPG Peter Ho**

LCIF Chair 2009-2015 [Lion.peterho@gmail.com](mailto:Lion.peterho@gmail.com)



## Biggest Morning Tea – Supporting CANCER COUNCIL QUEENSLAND



Presented by Lions Club of Brisbane Camp Hill-Carindale Inc.

**Guest Speaker – Prof. Ian Frazer AC**

*Australian of the Year 2006*

**Parade by Fashions on Mayfield,**  
Mayfield Road, Moorooka  
Raffles, Lucky Door

**Where?** Belmont Services Bowls Club, Narracott St., Carina

**Time?** 10am

**When?** Thursday 21st May 2015

**Cost?** \$25 p.p. Bookings & Prepayment Essential

**Tickets?** Mary Phone: 3398 8927, Mobile: 0491 111 149





# Lions Camp Duckadang



Lions Camp Duckadang continues to fulfil its role since 1978 of providing learning opportunities for youth, the disadvantaged and other groups, through recreational experiences in a safe rural environment. Your Board of Directors is fully aware of its responsibility to maintain and upgrade facilities at the Camp to cater for everyone's needs.

**We acknowledge and greatly appreciate the level of support and interest shown by District Governors Ken, Greg and David. They are commended for the level of support, both financial and through manual labour, provided by many Lions and Lioness Clubs in Districts 201Q1, Q3 and Q4. Sincere thanks for this support. It is always encouraging to see Clubs represented at our Annual General Meeting, with the next one in October 2015.**

**There are three ways** in which Clubs traditionally have assisted Lions Camp Duckadang:

- (a) An annual donation. *Thanks to all Clubs for their support in the past.*
- (b) Attendance at working bees during the year.

*The next scheduled working bee is 20-21 June... a family outing!*

- (c) Sponsorship of youth and disadvantaged groups attending the Camp.

***The Board would like to invite you and your Members to become 'part of the gang at Duckadang'. All Members of the Lions Family in Q1, Q3 and Q4 are already part owners of the Camp north of Linville. IT IS YOUR CAMP!***

## **Report on Working Bee at Lions Camp Duckadang, 07- 08 March 2015**

The recent working bee was attended by over forty members of the Lions Family. Children and grandchildren came and were welcome to explore the many activities available. There was time for a happy hour, even for three people to celebrate their birthdays. Occupants of Jamieson and McDonald Houses commented on the new wall fans which made sleeping conditions comfortable. So many tasks were achieved, and others will be completed by volunteers who are visiting the Camp in the next few weeks.

### **Maintenance Jobs**

1. Repaint exterior of Jamieson House, MacDonald House and 2nd coat to Bayley House. Project led by Clifton Lions Club. **COMPLETED**
2. Sand in Pool filter to be replaced. **COMPLETED**
3. Parts of old obstacle course to be removed (injury hazard). **COMPLETED**
4. Repairs to ropes course (ropes fraying). **COMPLETED**
5. Repairs to guttering. **COMPLETED**
6. Install/unblock drain holes for mini golf. **COMPLETED**
7. Move, repair and repaint covered seating unit from old mini golf course. **COMPLETED**
8. Remove/repair damaged retaining wall below Hamilton House. **PARTLY DONE. TO BE COMPLETED IN MARCH**
9. Remove low branches from selected trees. **COMPLETED**
10. Install new window pane to Hamilton Hall. **IN HAND - TO BE COMPLETED IN MARCH**
11. Install new latch to shower door, Jamieson House. **COMPLETED**
12. Repaint edges of steps with safety paint. **NOT DONE. ON LIST FOR NEXT WORKING BEE**
13. Install new pipe to cold water tap, hand washing sink in kitchen. **COMPLETED**
14. Re-fix loose weatherboards at rear of Dining Hall. **COMPLETED**
15. Brush cut grass and weeds behind shed. **COMPLETED**
16. Repair bench on deck to Hamilton Hall. **COMPLETED**
17. Remove unwanted irrigation pipe along fence line with road. **COMPLETED**
18. Clean area around garage and build compost heap. **COMPLETED**
19. Mow entire Camp reserve. **COMPLETED**

Directors were on hand to explain major projects in the planning stage, and to advise Lions on some replacement items of equipment which are urgently needed. Thanks to all who worked so well together to achieve the above.

The Secretary will send the annual letter to Clubs in Q1, Q3 and Q4 at the end of March.

The next working bee is scheduled for 27-28 June 2015. Families are most welcome.

Thanks go to Belinda Bowie (Manager) for providing a delicious dinner on Saturday night.

**Lion Peter J Boge**

**Secretary to the Board, Lions Camp Duckadang**



## Daily SPECIALS... out amongst the CLUBS



### Lionsonoz Knitting Project a great success.

For 8 years now, the Lions Ladies of Australian Lionsonoz, the Lions Club that caters for the growing number of Lions who have become "Grey Nomads" have been busily knitting various garments for underprivileged babies and children both here and overseas.

While the Lions travel this great country of ours in caravans and mobile homes, it's usually the husband who drives and the lady sits in the passenger's seat and fills in her time knitting. It is remarkable just how many garments can get churned out.

Apart from the items our ladies produce, we are also supported by quite a number of ladies, in the Lions family and many with no connections with Lions at all, who are busily knitting babies clothes and "trauma" dolls and Teddies to be used in hospitals or ambulances where children are in sometimes frightening situations following an accident or a sudden calamity of some type.

Recently a huge box of children's clothes was given to the Australian Bush Church Aid and these have been distributed to missions all over Australia where they are needed.

The Australian Lionsonoz Lions Club is now in its 8th year. We have a membership at present of 37 with another 4 awaiting transfer from their current Lions Club. President Lion Neil Bilney of Dunsborough Western Australia said that the numbers of our members are constantly changing. When a Lion decides to retire, buy a mobile home or caravan and take off to see the wonders of Australia, many of these Lions were lost to Lionism before Lionsonoz.

Now they simply apply for a transfer from their current Lions Club and take up membership with Lionsonoz. When they finish with their travels they have the choice of staying as a member of Lionsonoz or re-join a "Main stream" Lions Club where they intend to settle.

He said that the advantage of Lionsonoz is that we meet monthly, the 3rd Monday of the month on the internet through Skype so members can attend meetings no matter where they are in Australia. Members are encouraged to seek out the Lions Club in the various towns they visit and offer their services to assist in that Club's projects. It works very well.

Any Lions wanting more information about Australian Lionsonoz may contact the secretary **Lion Gwyneth Payne on 0439258644 or [sagr.payne@bigpond.com](mailto:sagr.payne@bigpond.com)**



*Photo: District Governor of N1 Peter Willis-Jones and L.L. Pam with members of Lionsonoz and Pacific City Lions Clubs with knitted "Trauma Teddies" ready for distribution to the Coffs Harbour hospital to be used to help children undergoing scans and X-rays.*

**EDITOR:** Lionsonoz members come into contact with Clubs in every district in Australia from time to time so it is probably a good idea for us to know who they are and that their intentions are quite honourable.

Lionsonoz does not have an Activity account. They cannot raise money or give money away.

Virtually the only way they can achieve these ends and also gain service hours is to assist the local Lions Clubs in whose towns they happen to be visiting at the time.



## Daily Specials... out amongst the clubs



### Ormeau Lions Combined with Twin Rivers Lions

to hold a joint Youth of the Year Quest at club level this year, with Lion Ken Freney co-ordinating the event at Calvary Christian College in Carbrook. Club level winner for Ormeau was Cynthia Bond who has been invited to speak at an upcoming dinner meeting. Another entrant, Tahlia Camilleri who also impressed the judges, attended the meeting on 16th March, where she was presented with her own "hammer" equipment for her chosen sport of "hammer throw".

Ormeau Club held their 8th World's Greatest Shave event at the Shearer's Arms Tavern on Saturday 14th March. The team headed up by Lion Lyn Young raised approximately \$3000 for the Leukaemia Foundation, with shaves, colours, face-painting, sales of raffle tickets and lavender items, as well as hand-knitted beanies. Some lavender and beanies are still available and further sales will be counted in the final amount raised.



Many thanks to the local businesses who donated prizes for the raffle, and vouchers for the "brave" ones who shaved and/or coloured.

As well as the regular Sausage Sizzles on Saturday mornings at Drakes Supa IGA, the club is holding their Lions Biggest BBQ at Masters Upper Coomera store on Saturday 11th April, raising funds for Children's Cancer Research, and will also be providing the breakfast at the Anzac Day ceremony at the Pimpama service.

Planning for the 9th Annual Ormeau Lions Fair is well under way, with registrations coming in for both market and food sites. The dates for this year's fair have been changed to 5th & 6th September due to the Rugby League finals being held on the oval during August, but the date is the only change – it will still be the Northern Gold Coast's "Mini Ekka" with FREE entry, FREE entertainment and lots of fun for all ages. **The Classic Car competition will be held again, along with an interesting team event for motor enthusiasts. Register your "Pride & Joy" or apply for a site online at [www.ormeaufair.com.au](http://www.ormeaufair.com.au)**

	<b>LIONS CLUB of CAPALABA</b> "Jeffrey & Geraldine Underhill" COMMUNITY CENTRE
<b>LIONS CLUB MEETING</b> 2nd TUESDAY of the MONTH at 6.30pm Phone: 0457 205 382 Email: <a href="mailto:capalaba.lions@underhillcentre.com.au">capalaba.lions@underhillcentre.com.au</a>	<b>FOR HIRE</b> BOOKINGS & ENQUIRIES Phone: 0474 203 846 Email: <a href="mailto:bookings@underhillcentre.com.au">bookings@underhillcentre.com.au</a>

The Lions Club of Capalaba are  
hosting a **FASHION PARADE**  
on **14 April**  
at their **Community Centre**  
55-57 Degen Road, Capalaba  
at **10.30am**  
**Cost: \$15pp**

All funds raised go to the Redlands Community Centre

**RSVP Pauline @ 0428 456 053 by 7 April 2015**

**Morning Tea, Raffle, Lucky Door Prize**





## Daily SPECIALS... out amongst the CLUBS



### Runaway Bay Lions celebrates 40 Years of Community Service

The Runaway Bay Lions Club is turning 40, and is reaching out to former members to join us in a celebration dinner on 7th May 2015.

In 1975, a small band of community minded people banded together to form the Runaway Bay Lions Club, and it has been serving the local community ever since.

Over the course of the past 40 years, since the club was Chartered, many fine people have given of their time generously to help make our community what it is today.

If you, or someone you know, is a former member of Runaway Bay Lions Club we urge them to contact the club so we can facilitate them joining us to recognise their significant contribution.

Contact can be made by email to [runawaybaylions@hotmail.com](mailto:runawaybaylions@hotmail.com) or by phoning **0403 049 535**.

For more information or for photo opportunities contact: Steve Grech 0419 905 632.

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### Lions CLUB of Goondiwindi



*to attend a weekend of celebration with*  
**Goondiwindi Lions Club**  
*on September 12 & 13, 2015*

[50years@goondiwindi.org.au](mailto:50years@goondiwindi.org.au) *Goondiwindi Lions Club Group*

They are planning to hold the event over the same weekend as a Race Meeting and the Gourmet in Gundy food festival.





## Daily SPECIALS... out amongst the CLUBS



### Zone 3 Social Bowls Day

Zone 3 held a Social Bowls Day at Burringbar Sports Club on Sunday 22nd March with more than 40 people in attendance from Kingscliff, Murwillumbah, Brunswick Mullumbimby and Tweed Coast South Lions.

The day started with morning tea followed by lawn bowls, some barefoot. Those bowlers who knew what they were doing helped those who tried to be bowlers with lots of laughs in between ends. The rain threatened but held off until after all teams had finished.

The winning team was skippered by Robert Lewis from Kingscliff with Cheryl Nyland & Charmian Cornell from Brunswick Mullumbimby and Richard Quan from Murwillumbah.



After the presentation to the winning team four rounds of trivia were played with two teams tying for first place.

A great day of fun and fellowship was had by all involved.

After all the fun & games there was a surplus of \$300 and it was decided to donate this to the Cyclone Pam ravaged Vanuatu Appeal.

**John Everingham**, Zone 3 Chairman.

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### District Convention • 9th–11th October 2015

Registration Form at  
**[www.convention.stanthorpeclub.com](http://www.convention.stanthorpeclub.com)**

#### **Lion Mike Bonoguore**

201Q1 District Convention Chairman

Ph : (h) 07 4681 3184 or (m) 0429 813 184 (e) [info@stanthorpeclub.com](mailto:info@stanthorpeclub.com)

### **Lions CLUB'S** Don't forget to Place your CLUB'S order...

All clubs are invited to submit stories to be included to  
this years **daily specials** menu for publication.



Send details to: [greg.nothing@gmail.com](mailto:greg.nothing@gmail.com)

PO Box 158, Stanthorpe Qld 4380

9th-11th October 2015

REGISTRATION FORMS @ [WWW.CONVENTION.STANTHORPECLUB.COM](http://WWW.CONVENTION.STANTHORPECLUB.COM)

DETAILS	PERSON 1	PERSON 2
Type (eg. Lion, Lioness, Leo, Lions Partner, Guest, Child)		
Title (eg. Mr, Mrs, Ms, PDG, etc.)		
Surname		
Given Names		
Lions Club		
District (If not 201 Q1)		
Phone (one required)		

Postal Address:

Email:

Special dietary requirements:

Special disable access requirements:

**EARLY BIRD BOOKINGS — SAVE \$25 • PLEASE INDICATE EACH HOSPITALITY EVENT YOU ARE ATTENDING**

**FULL HOSPITALITY PACKAGE**

Cost per person & Includes all items with\*

**BOOK / PAY BEFORE 25TH SEPT 2015 ONLY**

☐ \$125

☐ \$125

**Friday 9th October 2015**

Registration from 12.30pm

Golf / Lawn Bowls (Afternoon)	\$TBA		
Welcome Dinner	\$20*		

**Saturday 10th October 2015**

Breakfast	\$12.50*		
Morning & Afternoon Tea	\$10*		
Lunch	\$15*		
Partners Tour (Afternoon)	\$25		
Convention Dinner & Entertainment	\$60*		

**Sunday 11th October 2015**

Breakfast	\$12.50*		
Morning Tea	\$ 5*		
Lunch	\$15*		
Convention Pin	\$ 5		

**SUBTOTAL**

**TOTAL PAYABLE \$**

**\$150 AFTER 26TH SEPTEMBER 2015 — FINAL CUT OFF FOR HOSPITALITY PACKAGE 5TH OCTOBER 2015**

Payments via Direct Deposit: Lions Club of Stanthorpe NAB — BSB 084 927 Account 846 038 686 REF: Surname + Initials

Payments via Cheque: Lions Club of Stanthorpe • Postal Address: Stanthorpe Lions Convention PO Box 158 Stanthorpe QLD 4380

Telephone: 07 4681 3184 • Email: [convention@stanthorpeclub.com](mailto:convention@stanthorpeclub.com)

*Celebrating 25 years of District201Q1*

