

Kent's Kitchen

What's cooking...



Kent Wilcox
District Governor 201Q1 2014-15

**One Goal,
Community
Service.**



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District Governor – Kent Wilcox ISSUE5

Dear Lions,

It is nearly that time of year again and Christmas is nearly upon us for many lions it is the busiest time of the year with Christmas cake sales reaching their climax. At this time I would like to acknowledge and extend a special thank you to all the clubs who have continued to participate in this worthwhile Lions project. To those clubs who do not participate I would ask you to consider or reconsider doing so.

Associated with hard work is always hard play please see below picture of lions of the district enjoying fellowship at a recent Christmas Function.



On behalf of district 201Q1 Lion Josephine and I would like to wish everyone a Merry Christmas and a Happy New Year. Please enjoy the fellowship of your fellow lions at your local Christmas parties and for those who are travelling please drive safely.

In the New Year the team and I are looking forward to catching up with Lions of the district as you continue to make a difference in each and every local community within our district and throughout the world.

Merry Christmas Lions!

Lion Kent Wilcox
201Q1 District Governor
(2014/15)



**NEW TEAM PIN ARE
AVAILABLE FOR
\$5.00 each or
for \$20.00**



lions australia
One Goal, Community Service.



From the cabinet Secretary – Lesley Lyons

We are in to our six month of District Governor Kent's year and the silly season is upon us ,it's a wonderful time for friends and family. Everywhere you go Lions are selling Lions Christmas Cakes.

Club secretaries please remember to change any club members address if they have moved as it saves the Lions magazine being returned to Multiple District Also if you have changed your email address please notify me so you continue to receive district emails.

My computer is very quiet at present without going emails so enjoy your Christmas break it won't last long enough.

It has been a good month for new members remember to enter them onto the MyLCI website, .you can enter new members any time you wish and you can go in any time of the month and as many times as you like.

The District Governors team has almost finished their Club visits with just a few in February. Remember to send me any important events you may have coming up if you would like the Governor to attend as he still has a very busy schedule.

District Governor Kent and Lion Josephine would like to welcome the following new members to our District for the month of November.

Brisbane Holland Park:

Steve Griinke

Brisbane MacGregor:

Geoff Anstey, Michael Cosgrove, Otto Borchert,
Aaron Richardson, Narelle Wyvill-Anstey,
Helen M Ross

Burleigh Heads:

Guy Porter, Ruth Porter

Cabarita Beach & Pottsville Beach:

Pam Zions

Capalaba:

Cheryl Archdall, Jamie Ear:E, Gay Stormon,
Gordon Archdall, Desmond Stormon

Coolangatta Tweed Heads:

Graham Ball

Gold Coast Tallebudgera:

Janina Peace

Goondiwindi:

Howard Bowen, Shawn Hyson,
Ron Hyson, John Toohey

Greater Mount Gravatt Mansfield:

Noelene Brownley, Rebecca Brownley,
Kathleen Lewis, Ian McDonnell, Jeanie Mitchell,
Rosanna Perovic, Barbara Purcell, Dennis Purcell
Maureen Hayward, Anne-Maree Maguire

Griffith University:

Ray Buckley

Logan Village:

Linda Schier

Tamborine Mountain:

Gary Bradley, Rod Martin

Tamborine Village:

Gregory Graham, Phillipa Lillyman,
James Lillyman

Tenterfield:

Woodridge Kingston:

Bonnie Webb

I would like to wish all members a Very Merry Christmas and a Happy New Year. From The Cabinet Secretary Lesley

Please send District Mail To: Lion Lesley Lyons

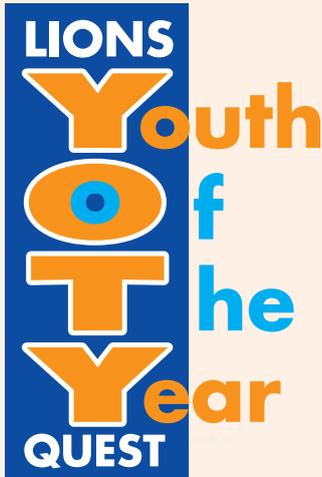
Cabinet Secretary, District 201Q1

PO Box 4767, Forest Lake QLD 4078

Llyo5865@bigpond.net.au (H) 07 3279 9425 (M) 0419 796 022



Lions Youth of the Year Program 2014-15



I now have received 43 applications from clubs to participate in this year's program. If your club hasn't sent in its Registration Form yet it's still not too late. Contact me if you have any questions. Two (2) clubs in the district have already held their competitions.

Contestant Entry Forms

Before handing out the contestant entry forms, make sure that you please staple one of the supplied consent forms to the front of each one **and also** that you complete the "dates" boxes on the inside page of the Entry Form, so that all participants are aware of the dates of the various levels of Judging.

It should look like this (*once you've filled in the dates*):

Club: ...(enter your club final date here)	<input type="text" value=" / /"/>
Zone:	<input type="text" value="07 / 03 / 2015"/>
Region:	<input type="text" value="14 / 03 / 2015"/>
District:	<input type="text" value="28 / 03 / 2015"/>
State:	<input type="text" value="11 / 04 / 2015"/>



Tips on looking of Judges

The composition of the Judges is to be an *ODD* number of 'gender'

EG : 1 male / 2 females or 1 female / 2 males

You **must** have an odd number of Judges (4 Judges is *NOT* permitted).

As they are still the national sponsors, one Judge should be from the National Australia Bank – please advise me in writing of any issues raised with obtaining a NAB Judge.

Judges can only judge at *ONE* Final per YOTY year – so if they are a judge for you at your Club level, they cannot be a judge for another Club or at another Final in the same year.

Judges *CANNOT* be : (a) Lions - (inc Honorary Lions, Privileged Lions and Affiliate members), Lionesses or Leos, (b) not staff members of Contestants' schools; and (c) not otherwise associated with Contestants.

If in doubt – please just give me a call.

Finals

Rosewood Lions Club will host the District Final in 2015. Thanks to the other clubs who expressed an interest in holding the final. I wish you all a merry festive season and come back in 2015 ready to finalise your Youth of the Year competition.

Lion LiBBY Whitestyles

201Q1 District YOTY Chairman

Ph : (m) 0404 035 884 or (e) pc-yoty@lions201q1.org.au

Lions Camp Duckadang News

At the **Annual General meeting** held 12 October, Ian Pelly (Woodford) and Graham Hunwick (Narangba) were elected to the Board of Directors.

The Board and portfolios held are:

PDG Brian Stringer (Dalby) – Chairman

Peter Boge (Pine Rivers) – Secretary

Cliff Hocking (Narangba) – Vice-Chairman and Treasurer

Graham Hunwick (Narangba) – Marketing and Promotion

Ian Pelly (Woodford) – Assets and Maintenance

Andrew McDougall (Rosewood) – Alternate Director for DG of Q1

Ex-Officio **DG Ken Wilcox** (Q1),

Ex-Officio **DG Greg Rollason** (Q3),

Ex-Officio **DG David Trigg** (Q4).



Work completed at Duckadang Working Bee 8/9 November 2014

Repaint outside of Bayley house – Brunswick Green for weatherboards & Classic Cream for fascia.

Replace rotted weatherboards around roller doors on MacDonald & Jamieson Houses.

Install new strapping to top beam of single rope obstacle. Ensure all strapping firmly fixed. Also check/fix same problem near Bayley House.

Re-fix loose seating to chapel with new screws/angle brackets.

Clean and re-oil decking to chapel floor

Re-fix outside tap to end of Rubie House.

Replace missing logs from edging to Playground. Move logs adjacent to Mini Golf Course next to fence line (to make mowing/yard maintenance easier).

Install edging to bottom of fence at back of mini - golf course (to prevent golf balls going under/through the fence).

Repair & re-install sliding door to Tresise Dining Hall (security door closest to MacDonald house jams on top track).

Replace tap near water tank in Rotunda.

Clean out fire pit & spread ash around base of trees along fence lines.

Repair gas leak to BBQ in Rotunda.

Replace hinges to Mini Golf gate & re-hang to open outwards.

Fix cupboard doors to Jamieson House closed.

Electrical: Install 6 x double power points to Hamilton Hall

Repair/replace light fitting to Observatory (blows new bulbs immediately).

Cleaning done throughout the camp by several of the Ladies who were at the Camp: windows, screens, tables, chairs, rotunda etc.

All of this was done by fewer than fifteen people.

Tentative dates for next Working Bee: 06-08 March 2015.

Lion Peter J Boge

Secretary to the Board, Lions Camp Duckadang

Australian Lions Children's Mobility Foundation

"Walk with Pride" – Australia, Papua New Guinea, Norfolk Island

The last couple of weeks have seen some applications arrive and are all from the Northern Rivers area. The total value of these applications is \$27,720. There are two from the Goonellabah area, one from Ocean Shores and one from Murwillumbah, the clubs in Zones 1, 2 and 3 have been contacted for help with funding but I would appreciate it if any club in the District would be able to help as this is a lot of money to be raised from one area.

The children from Goonellabah are Alleigha who requires a Kidwalk size 2 at a once only cost of \$7107 and Ashton who requires a Buddy Roamer size 2 at a once only cost of \$5330. The child from Ocean Shores is Jasper who requires a Kidwalk size 1 at a once only cost of \$7113, the child from Murwillumbah is Tara and she requires a Buddy Roamer at a once only cost of \$8170.

Once again if any club can help I'm sure the Families of these children would appreciate it as I know I would if I was in their position of wanting to see my child walk and be independent and mobile. Please contact me if you can help.

On a lighter note I would like to thank everyone for their support over the year and wish all Clubs and Members a very Happy Christmas, have a great one and enjoy time with your families.

Remember to keep saving those used postage stamps for the Foundation funds. I am available to be a guest speaker at either a Zone or Club meeting so please contact me to discuss a date.



Children of Courage

I hope everyone enjoyed the Children of Courage at the District Convention, I know it was a long one with that many children's stories to present but the smiles on their faces says it all and I know the families were very grateful that we recognise these children.

Recently I attended Robina Lions Clubs Children of Courage presentation it was a lovely morning and some very proud children and parents were there. Thank you Robina Lions for your participation in this wonderful project.

The next Children of Courage presentation for this year will be at Brunswick Mullumbimby on Friday 28th November and I'm sure that will be appreciated by all who attend.

MERRY CHRISTMAS AND A HAPPY NEW YEAR TO ALL

Lion Christine Forrest

ALCMF and Children of Courage District Chairman



Lions Hearing Dogs Inc

2015 CALENDARS NOW AVAILABLE \$10 ea

A beautiful collage of 12 Lions Hearing Dogs with Chelsea a Poodle sourced from the R.S.P.C.A. in South Australia on the front cover. These Hearing Dog Calendars are the ideal gift at \$10. each for Clubs to pass out at Christmas Time.



**Contact Andrew McDougall
and your request for
Calendars will be sent
freight free within 24 hours.**

Phone 07 5464 1921

Mobile 0419 780 68

email

pc-hearing@lions201q1.org.au

Leo Clubs



The last month Club activity has fallen away due to exams both School and University, however some Clubs, in Particular Palm Beach Currumbin State High School, Southern Cross K-12 School and Robina State High School have continued to be active.

With the end of the School Year approaching most Clubs will lose membership, I ask advisors to be particularly active at the start of next year when for the first time we will have two streams of students (7 & 8) arriving at their High School. It is imperative that we approach student to join Leos early in the School year before they get the opportunity to become involved in other activities.

I felt that the Leos Forum at Convention was disappointing. I did not have the time to discuss important matters which Leos and Advisors should be aware of, and believe that if we are to run these Forums successfully then time needs to be allocated away from the Lunch hour whilst other Convention matters are being discussed.

I am pleased to advise that we have established a new Club at Xavier Catholic College at Skennars Head. This Club is sponsored by Lennox Head Lions Club and I congratulate them in being involved with the Leo Club Program. A special mention of Lion Kate Somerville who has worked hard to see the Club established.

John Wearne

Leo Club Advisoir

Local Lions CLUBS join forces to

help cystic FiBrosis Qld....

Cystic Fibrosis (CF) is the most common genetic disease affecting Australians. Currently there is no cure and hospital admissions are an ongoing necessity.

In every community children are affected by CF. Cystic Fibrosis Qld provide information and support to the families affected.

An ongoing challenge with hospital admissions is keeping the kids spirits up and keep them occupied during this time. Cystic Fibrosis Qld provide every child with a "Boredom Buster Bag". Inside the bag is age appropriate items to help combat some of the boredom. Pencils, paper, activities to name just a few.

Unfortunately funding is becoming a very big issue for not only CFQld but many charities. One of the services that they were looking to cut down or remove was the Boredom Buster Bags.

Tamborine Village Lions saw the need and along with Ormeau Lions and Twin Rivers Lions and raised \$6250 for Cystic Fibrosis so they could continue to provide the Boredom Buster Bags.

Elissa Robinson from Cystic Fibrosis Qld when presented with the cheque, said that it would allow them to continue the program for approximately another 9 months.

Tamborine Village Lions will now raise funds for Cystic Fibrosis on an annual basis the ensure the children continue to receive a Boredom Buster Bag on admission to hospital.

<https://www.facebook.com/CysticFibrosisQLD>

What is the correct way to write Dates?

The answer to this question depends on what you mean by "correct."

Different countries have different customs. In the U.S.A. a **month-day-year** format is common:

12/25/2014 **12-25-2014**

Most other countries use a **day-month-year** format, such as:

25.12.2014 **25/12/2014**

International standard ISO-8601 mandates a **year-month-day** format, namely either

2014-12-25 or **20141225**

In all of these systems, the first two digits of the year are frequently omitted:

25.12.14 **12/25/14** **14-12-25**

This confusion leads to misunderstandings. What is 02-03-06?

To most people it is 2 March 2006;

to an American it is 3 Feb 2006;

and to a person using the international standard it would be 6 Mar 2002.

If you want to be sure that people understand you, I recommend that you write the month with letters instead of numbers, and write the years as 4-digit numbers. e.g. 2 March 2006

Breast cancer Awareness



A big thank you so far – A big thank you to the following for your wonderful donations received so far to this very worthwhile cause:

- **Redland Bay Victoria Point Lions Club - \$ 500.00**
- **Algester Lions Club - \$ 500.00**
- **St Andrews Lutheran College Leos Club - \$ 1,000.00**

Keep the money coming in from your October challenge month, and together we can do so much for Breast Cancer research, and hopefully one day a cure will be found.

Our Breast Recipes Cookbooks – Did you miss out on the Breast Cancer cookbooks at Convention – don't worry I still have a few copies of each edition (literally 3 copies of each left) – Volume 1 and Volume 2 of the Breast Cancer recipe books. They are \$ 10.00 each and an extra \$ 2.00 if they are being posted. Please email me if you are interested in one and I can let you know the payment details. Unfortunately as mentioned I only have limited supplies left then that is it until the next book is made.

From the Experts..... A message of inspiration:

From "T", age 48 (*names changed to protect the privacy of the survivor*)

"I was diagnosed in February 2010, had a lumpectomy and axillary clearance followed by chemotherapy. A double mastectomy and a tram flap reconstruction followed in November 2010 – and the discovery that my cancer had spread to my spine. Recently another large lump was found in my (reconstructed) breast. I'm on heaps of tablets, including oral chemotherapy.

However, I'm still very much alive and, with the help and strength of my wonderful husband and beautiful children, will remain so for a long time. I look at life differently now; trying not to stress as much and making the most of each beautiful day. I have my wonderful support group whom I adore and without whom I'd struggle to cope. People like these and other special friends get me through the inevitable tough days. Being unable to work and having a chronically ill son also make it tough financially, but we manage to scrape through.

My message for you is never surrender. Fight for as long as you can, because a cure for this disease may be just around the corner. Love your family, friends and life with everything you've got. We're women, we're strong – and life is great."

This is a story from a Breast Cancer survivor – a woman just like you and me. The next person that you meet, could be the next Breast Cancer patient – this is why doing as much as we can for Breast Cancer research is so vitally important.

You may think that it is only a couple of dollars here and there, but just imagine if every member in our District was to donate just \$2.00 – then for our current membership of 1954 – this would be almost \$ 4,000.00 raised in one simple "Act of Kindness".

So let's try to do as much as we can....

Help Support...Many thanks

Jenny Maguire

Breast Cancer Awareness

Ph : (m) 0412 358 205 or (e) lionjenny.01@bigpond.com

Lions CLUB of Boonah 50th Charter Anniversary.

Planning is now fully underway for our celebration of 50 years of "Lionism" that will be held on the 14th February 2015, at the Boonah Bowls Club.

The evening promises to be a mix of the old and present days, in Lionism. As our venue can only cater for 110 people, we are letting you know early so you can book yourself and partner in and share this milestone with us. To secure your booking we ask that you prepay by using a direct deposit to our Club account and this will also save time at the door when you arrive. A booking without payment will not guarantee you a seat.

Once banked we require your confirmation by email or letter to P.O. Box 86 Boonah Q 4310, advising Club and Names of attendees, together with date paid, amount and banking receipt number.

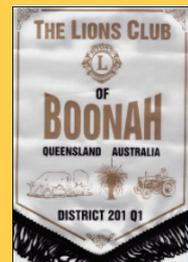
Some details:-	Date	14th February 2015
	Where	Boonah Bowls Club
	Time	6.30pm – 7.00pm
	Cost	\$35.00 / head
	Dress	Suit / Jacket & tie. Awards to be worn
	Bank Details	BSB 034 630 A/C 29 3368 (Correct New Details)

As a way of remembering the night, the Club is offering for sale at only \$20 / bottle, a choice of wines that have been specially selected to celebrate our 50th Charter Anniversary. This wine is not to be consumed at the function due to licensing laws. Our next notice in this Newsletter will advise the wine on offer

We really look forward to sharing the night with you, so ensure you book and pay early to reserve your seat. Please address any enquiries to President / Chairman PDG Tony Firmin P.O.Box 86 Boonah Q 4310.

Tony J Firmin

A/H 07 5463 2154, Mob 0418 764 792 or email tony.firmin@bigpond.com



PEACE POSTER CONTEST WINNER

The Peace Posters were judged at the Cabinet Meeting on the weekend and the winning entry was submitted by the Lions Club of Tamborine Mountain.

The entry was completed by Sunday Howie from the St Bernards State School.

Thank you to all the clubs who entered the contest and hopefully we will have many more entries in the competition next year.

ESSAY CONTEST

Unfortunately we received no entries for this contest this year. Hopefully we can get an entrant in next year's contest.

Lion Beverley Drysdale

Peace Poster & Essay Contest Project Coordinator

COUP for Australian Lions Drug Awareness Foundation. (ALDAF)

The Queensland Education Department are introducing a Drug and Alcohol Awareness module into the curriculum. After several communications with the department,

David McKenzie and Lance Roberts attended a meeting with the two departmental representatives who were drawing up the guidelines. The initial meeting proved to be extremely successful, with agreement reached to include links to the ALDAF website. Further meetings and communications have ensured that ALDAF has a strong input into the program. ALDAF is one of the websites highlighted in the Guideline to Teachers online facility, and also included the purchase of a TINO DVD as a reference for the teachers.

The program has recently been included in the Year 11 and 12 Alcohol and other Drugs program for the Term that commenced on October 7th under THE SAFE NIGHT OUT STRATEGY. The Years 7 to 10 programs are scheduled to commence at the start of the 2015 school year, and includes the link to TINO.

If the program proves successful it may go nationwide.

Lion Lance Roberts

MOBILIZING SUPPORT FOR EBOLA VICTIMS

The outbreak of Ebola in West Africa has taken 5,000 lives and estimated 4,000 children orphaned. LCIF in the recent Europe Forum announced a US\$150,000 grant towards Ebola Aid. With 167 Clubs and more than 8,000 Lions in the affected countries, Lions and LCIF are pledging for their support for those most in need. Please consider a donation to LCIF Ebola Aid campaign and bring hope to Ebola victims, their families and those affected by the outbreak.

COMMUNITY RECOVERY GRANTS

LCIF in the past has excluded drought relief applications for Emergency Grants. Recently, a pilot program to expand Lions emergency response to include grants for:

- Disaster Preparedness
- Community Recovery Grants

Due to severity of the droughts in Queensland and NSW, LCIF Chair IPIP Barry Palmer has agreed for six Lions Districts, Q1, Q2, Q3, Q4, N1 and N4 to have the opportunity for each of their District Governors to apply for a LCIF Community Recovery Grant up to US\$20,000.

ACHIEVING LCIF DONATION TARGET in 2014-15

Our District target for LCIF donation is US\$57k. Up to early November, Clubs in our District have contributed just over \$17k, leaving US\$40k to reach the target. Converting this to Melvin Jones Fellowship, we need 40 (at US\$1,000 each). Hope all the Clubs in our District can consider giving out a MJF to a worthy recipient.

PDG Peter Ho

LCIF Chair 2009-2015 Lion.peterho@gmail.com



Lion David: “Did you hear about the terrible accident at sea? A pink cruise ship collided with a purple cruise ship.”



Lion Leslie: “What happened?”

Lion David: “All the passengers were marooned!”

Lion Peter offered the following piece of advice to all: “Make your wife happy, it’s easily done. Remember her birthday, but forget which one.”

Lion Chris said that his local dentist listed all the procedures he provides on a sign by the door. He was intrigued by one procedure – Mithing tooth replathment.



Australians have a great time at Christmas, exchanging Chrissie pressies with each other, and often enjoy a barbie (not the doll, a barbecue) on December 25th.

In Australia we still cling to European Christmas traditions. Many Christmas cards feature holly and snow. The trees decorated for Christmas are often exotic pines. Santa may be seen depicted in swimsuits, and arrives at Aussie beaches on a surfboard - quite a change from sliding down a chimney!

Decorations can include Aussie images like kangaroos and koalas stifling in Santa hats or red scarves! Christmas cards reflect the same extremes from traditional Victorian images to a summer Santa!

Our traditions include Carols by Candlelight in the parks and gardens of most cities and towns. The Sydney to Hobart Yacht race is an Ocean Racing Blue Water Classic. It starts on Boxing Day in the Australian city of Sydney,. 630 nautical miles later after some notorious rough water and incredible coastline it finishes in Hobart - the capital of Australia's island state, Tasmania.

Christmas in Australia is within three days of the longest day of the year therefore we have long daylight hours with warm temperatures instead of short days with long cold nights. Of an evening the sound of children playing outdoors drifts across the suburbs. You can have any type of weather for your Christmas in Australia except a white Christmas. It's that time of year again when friends and family think about the Christmases of the past and plan for the coming holiday with their loved ones in mind. As we reflect on this wonderful holiday, we must keep in mind that Christmas is not just any holiday but may be the most important one of the year for some people. It is a time for remembering, a time to share the goodness of your heart with others, and for expressing with words and gifts what someone means to you. It is a chance to make wishes come true and to give something from your heart. It is a chance to give a message that will express love and caring to the ones we care about the most.

Lions Country Kitchen – By Lion Stuart Perrett

Tim Tam Roll (Forget the Rum Balls!)

Ingredients

- 2 Packets of Tim Tams (200g ea)
- 1 Can of Condensed Milk (375ml)
- 1 Bowl of Coconut (shredded)

Step 1 – Measure all ingredients,
woohoo, nothing to measure.

Step 2 – Place 2 packets in Food Processor /
Blender, blend until smooth.

Step 3 – Add whole can of Condensed Milk
(without the tin, Mr Len Rigg) Blend until combined,
don't over-process, you can do this by hand also.

Step 4 – Weigh at 20g each and roll in to a ball, then roll in the coconut.

Step 5 – Eat straight away, or popped in the fridge to harden slightly.

WARNING! Once you have one, you'll be wanting more...

Have yourself a limit, and stick to it.

Approx 40 Balls, well you will have
to try a couple at least.

Optional Finish: If you don't like
coconut, try grating a chocolate bar
and rolling the balls in the
chocolate... Overkill on the
chocolate but hey it is Christmas.



MISSED A PREVIOUS DISTRICT 201Q1 NEWSLETTER?

No Problems, all 2013–15 201Q1 newsletters
are available for download including Recipe Book
www.lionsclubmember.com/district-201q1

NEW MONO VERSION FOR EASY PRINTING

Newsletter Editor

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www.201q1.lions.org.au
