



Sophia Argyrou is 48 years old and was born in Taree, New South Wales. She has been a barber and business owner for more than 30 years, building a career she is passionate about while also enjoying the opportunity to work with and support people in her community.

Sophia has been a member of Lions International for nine years and has held several roles at club level. She is a **proud member of the Lions Club of Capalaba**, where she continues her Lions journey surrounded by passionate members who share her commitment to service.

Sophia is also involved with the **Australian Lions Childhood Cancer Research Foundation (ALCCRF)**, where she held the position of Q1 Trustee

Family is very important to Sophia. She has been married to her husband, Savva, for 27 years, and together they have a 20-year-old daughter. They also share their home with a much-loved dachshund — who Sophia happily admits is the one really in charge of the household!

Outside of Lions and her business, Sophia enjoys travelling, discovering great food, playing tennis and golf, and going to the movies. She loves meeting new people, building friendships and being part of a community where people come together to make a difference.

For Sophia, Lions is about **friendship, service and making a positive difference — We Serve.**
